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**THE ANSWERS MUST BE ATTEMPTED ON THE ANSWER SHEET PROVIDED**

**Q.1. Answer the following short questions: (6x5=30)**

1. Differentiate between health promoting and health compromising behaviors with examples.
2. What is a consumerist doctor/patient relationship?
3. Write a note on risk factors of contracting HIV.
4. What are the psychological consequences of cancer?
5. What are the lifestyle factors leading to obesity? Briefly explain.
6. Who gave the Theory of Planned Behavior? Draw its flow chart.

**Q.2. Answer the following questions. (3x10=30)**

1. Write a detailed note on Health Belief model. Explain using example of Obesity.
2. What are Big five Personality traits? Explain the role of personality in establishing health beliefs and illness recovery.
3. Explain two main types of eating disorders and describe the physical and psychological problems related to them.