



UNIVERSITY OF THE PUNJAB

B.S. 4 Years Program / Fourth Semester – Spring 2022

Roll No.

Paper: Physical Education

Course Code: PE-211

Time: 3 Hrs. Marks: 60

THE ANSWERS MUST BE ATTEMPTED ON THE ANSWER SHEET PROVIDED

Q.1. Answer the following short questions. (6x5=30)

- i. Define Physical Education?**
- ii. What is Recreation?**
- iii. Differentiate Active and Passive Recreation ?**
- iv. Highlight the Basic Characteristics of a Good Leader?**
- v. Briefly explain the Main Theme of Idealism Philosophy?**
- vi. Highlight the Sociological Factors Affecting Physical Education**

Q.2. Answer the following questions (3x10=30)

- i. Define Philosophy? Also explain the Components of Philosophy.**
- ii. What is Leadership? Explain the Styles of Leadership in detail.**
- iii. Comprehensively explain the Values of Physical Education in Light of Quran and Sunnah ?**