



Code	Subject Title	Cr. Hrs	Semester
SOCW-311	Social Gerontology	3	VI
Year	Discipline		
3	Social Work		

**OBJECTIVES:**

To impart knowledge about the problem of aging and aged to learn about welfare service and the role of social workers for the senior citizens.

**CONTENTS:**

1. **Introduction to Social Gerontology**
  - a) **Meaning, Definition and its importance**
2. **Aging and Culture**
  - a) Psychology of Aging
  - b) Cultural Values and Aging
  - c) Religion and Aging
3. **Islamic concept regarding care of senior citizens.**
4. **Social Problems of Aging and the Aged**
  - a) **Social Problems** (Accommodation, Transportation, Recreational, Religious Practices etc).
  - b) **Psychological Problems** (Loneliness, Isolation, fear of death, family issues, Protection etc).
  - c) **Physical Problems** (Sight, Hearing, general weakness, diet and other disabilities).
  - d) **Economic Problem** (Poverty, Unemployment, pension and financial investment).
5. **Legislation and Welfare Services for Senior Citizens**
  - a) Various legislations for the Senior Citizens
  - b) Institutional Care.
  - c) Medical facilities
6. **Basic Requirements and Benefits for the Aging and Aged**
  - a) Financial Assistance, Pension, Gratuity, Bonus and medical treatment.
  - b) Employment Opportunity for those who can perform their duty having good health.
  - c) Provisions for senior citizen in Rural and Urban Area.
7. **Societies/Organizations for the senior aged**
  - a) Senior Citizens Associations, role and function.
  - b) Functional Role of Senior Citizen in development of family, community and society at large.
8. **Role of Social Worker**

Preventive, Curative, Rehabilitative and Leisure time engagements etc).

**Recommended Books:**

1. Alexander Leaf. "Youth in Old Age". New York, MacGraw-Hill, 1975.



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2. Cary S. Kart, Eileen S. Metress, and James F. Metress, “Aging and Health: Biologic and Social Perspectives”. Menlo Park, Calif: Addison – Wesley, 1978.
  3. Gordon F. Streib and Harold L. Orbach, “The Development of Social Gerontology and the Sociology of Aging”, in the uses of Sociology, New York: Basic Book, 1967.
  4. James E. Birren and Vivian Clayton, “History of Gerontology, In Aging: Scientific Perspectives and Social Issues, New York: D. Van Nostrand, 1975.
  5. James E. Birren, “The Psychology of Aging “. Chicago: University of Chicago Press, 1968.
  6. Khalid M. “Social Work Theory and Practice”. Kifayat Academy, Karachi, 2008.
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