



Code	Subject Title	Cr. Hrs	Semester
SOCW-408	Population Welfare and Demography	3	VIII
Year	Discipline		
4	Social Work		

Objective:

The course is designed to help the students to understand that social work has a significant responsibility to contribute to population planning activities. It is further to help the students to recognize that the problem of population planning require entire professional activity or approach.

The emphasis in this course is on the population planning policies, implementation of and programmes, specially in Pakistan. The course also includes information about education and motivation in family planning, techniques and skills of motivation and other important areas.

II. Population Planning as a Humanitarian Response to Social Problems.

- a. Nature of Population Problems and policies around the world and in Pakistan.
- b. Importance of Population Planning and Family Planning Programme in Pakistan.
- c. Need for new values and Behavior regarding Family size in Pakistan.

III. Population Problems as a concern to Social Workers.

- a. Impact of excessive fertility on society
- b. Role of Social Work profession in Population Planning.

IV. Population Growth Consequences of Society

- a) Effects on the Economy, resources, environment and human services including housing, transportation, education, food supplies health and welfare services.

V. Demographic Processes, Concepts and Terms.

- a) Demographic concepts: Birth Rate, Death Rate and Fertility Rate.
- b) The composition of population: Age, Sex, Urban Rural Economic conditions, Education, Race Ethnicity, Religion, and Marriage.

VI. Principles of Population Dynamics.

- b) Factors effecting population trends and the demographic transition.
- a) Political factors involved in population Dynamics including public policy programme.
- b) Immigration and migration as influences in population dynamics.
- c) Predictions and projections for future population.

VII. Prospects and problems of population welfare planning.

Recommended Books:

- Akber S. Ahmed, Pakistan Society (First Edition 1989)
- Bryan Carllenge: Monitoring the Environment (Oxford 1992).
- Calenderone, M.S. Manual of Family Planning 2nd ed. Baltimore: The Williams and Wilking Co. 1970.
- Ehrltoh & Ehrltch, Population Resources, Environments Issues in Human Ecology. San-Francisco: W.H. Freeman and co. 1970.
- Hankinson, R.K.S. Family Planning and National development. London: International Planned Parenthood, 1969.
- Haselkorn, F. Family Planning: Readings and Case Materials New York: Council Social Work Education.
- Katchadourian, H.A., fundamentals of human Sex laity, New York, Hold, Rinchart and Winston, Inc., 1972.
- Kendall, Katherine A. Population Dynamics and family Planning: A New Responsibility for Social Work education, New York, Council on Social Work Education.
- Lee, Lake T., Studies in Family Planning Vol.4, New York: Population Council, 1971.
- Mansoff, M.T. (ed), Family Planning Training for Social Service. New York: Planned Parenthood-World Population, 1970.
- National Academy of Science, Rapid population growth. Consequences and policy implications. Baltimore, The John Hopkins Press, 1971.
- Nortman, Dorthy, Population and family planning programmes: A fact book, New York: Population Council, 1971.
- Oppenhetmer, V.K. Population. Headline Series. No. 206, New Foreign Policy Association, 1971.
- Peel, John and Malcolm Potts. Text Book of Contraceptive practice London. Cambridge University Press, 1969.
- Population council, Contry profiles, New York. The population council.
- Rawson and Salkeid, Communication, Family Planning, and parenthood London: Parenthood, 1972.
- Tepperman, Lorne and Rosenberg Michael, "Macro/Micro: A Brief Introduction to Sociology" Prentice – Hall Canada Inc. 1998.

- United Nations, Measures Policies and Programmes Affecting Fertility with particular reference to national family planning programme; Sales No.E.71 RIII.S.
- United Nations, Report of the Inter-Regional Meeting of expert on the social welfare aspect's of family planning. Sales No.E.71, IV.II
- Zawachi, A.A., A Text Book for Family Planning Field Worker. Chicago: Community and Family Study Centre, University of Chicago. 1971.