



BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
APSY- 232	Environmental Psychology (Revised)	3	III
Year	Discipline		
2	Applied Psychology		

Course Objectives

The main objectives of the course are:

- to familiarize students with the concepts of Environmental Psychology, theories and perspectives, and research methods of environmental psychology.
- to provide knowledge about human-environment interaction and how both affect each other.

Course Outcome

After having completed the course students will be able to:

- explore and understand various perspectives on human-environment interrelationship and develop an insight into the ways in which the environment influences our feelings and experiences

Course Contents

Introduction

Definition and Scope
Historical background
Importance and Application of Environmental Psychology

Nature and Human Behavior

Environmental perception, cognition & attitude
Social interaction and the environment
Impact of environment on personality development and individual differences

Theories of Environmental Psychology

Arousal Theories
Stimulus Load
Behavioral Constraint
Adaptation Level Theories
Environmental Stress Theories (Ecological Theories)

Research Methods in Environmental Psychology

Weather, Climate and Human Behavior

Disasters, toxic hazards and pollution
Catastrophes and Human Adjustments
Future Environmental Challenges posed to humanity
Impact of Environment Changes in Industrial and Geographical Development
Personal space and territoriality
Noise, air and water pollution
Factors in Adjustment to Environment: gender, age, job, family, fashion, religion, society
Effects of Environmental stressors

Town Planning and Urbanization

Phenomenon of Urbanization

Planning and design for human behavior

High density and crowding

The Built Environment and Human Adjustment

Design in residential and institutional environments

Work, Learning and Leisure environments

Changing behavior to save the environment

Mob and Group Behavior in Environmental and Cultural Variances

Recommended Books

Baum, A. (1998). *Advances in environmental psychology*. New York: Lawrence Erlbaum Associate.

Bell, P. A., Greene, T. C., Fisher, J. D., & Baum, A. (2001). *Environmental psychology* (5th ed.). USA: Harcourt College Publishers.

Cassidy, T. (1997). *Environmental psychology*. UK: Psychology Press.

Garling, T., & Golledge, R. (Eds.). (1993). *Behaviour and environment: Psychological and geographical approaches*. Amsterdam: North Holland.

Golledge, R. G. & Stimson, R. J. (1997). *Spatial behavior: A geographic perspective*. NY: Guilford Press.

Spindler, G. D. (1998). *Making of psychological anthropology*. California: University of California Press.

Stokols, D., & Altman, I. (Eds.). (2000). *Handbook of environmental psychology*. New York: Wiley.
