

Course Title: Curriculum Development in Physical Education
Code Number: HPE-412
Credit Hours: 03 hrs
Pre-Requisites course Requirement/Skills: Nil

Objectives of Course

At the successful completion of this course students will be able:

- 1) This course is designed with the purpose to acquaint students with basic concepts, theories and types of Health & Physical Education Curriculum related to development process and strategies adopted for evaluation and changes in curriculum as required.

Course Contents

Unit-I Introduction

- 1.1 Definition, Objective of Physical Education Curriculum
- 1.2 Types of Curriculum
- 1.3 Factors effecting Physical Education Curriculum

Unit-II Planning the Physical Education Curriculum

- 2.1 Curriculum Development, Tasks in curriculum planning

Unit-III Curriculum Research and Change

- 3.1 Curriculum Reform, Experimentation in Physical Education
- 3.2 Contemporary social problems & Physical Education Curriculum

Unit-IV Organization for Instruction

- 4.1 Determining Scope, Sequence and scheduling the curriculum
- 4.2 The need for multiple teaching stations
- 4.3 Time Allotment for program Elements, Correlation and Integration
- 4.4 Organizational Design of the curriculum.

Unit-V The Curriculum Guide

- 5.1 Curriculum Design, preliminary consideration
- 5.2 The curriculum coordinating committee, collecting materials and constructing the guide

Unit-VI The Physical Education Program

- 6.1 The physical education curriculum for Kindergarten, primary, Middle Grade, Secondary & Higher Secondary levels

Unit-VII

Evaluating the Curriculum

- 7.1 The intent of Measurement and Evaluation
- 7.2 Measuring progress in Elementary School
- 7.3 Secondary School Evaluation,
- 7.4 Appraising the Total Curriculum

Teaching Learning strategies

- a) Inquiry based learning
- b) Cooperative Learning
- c) Multimedia usage
- d) Concrete examples
- e) Think -Pair-Share

Assessment and Examination

#	Elements	Weightage	Details
1	Theory Examination based Assessment	40%	It takes Place at the mid-point of the semester. It is mostly in the form of a test but owing to the nature of the course. The teacher may assess their students based on term paper, research proposal development, field work and report writing etc.
2	Formative Assessment	60%	It is continuous assessment. It includes classroom Participation, attendance, assignments and Presentations, homework, attitude, and behavior, hands on activities, short test, quizzes etc.

Recommended Books

- 1 Kirk, D. (2014). *Physical Education and Curriculum Study (Routledge Revivals): A Critical Introduction*. Routledge.
- 2 Blyth, W. A. L. (2017). *Development, Experience and Curriculum in Primary Education (1984)*. Routledge.
- 3 Metzler, M. (2017). *Instructional models in physical education*. Routledge.
- 4 Capel, S., & Whitehead, M. (2015). *Learning to Teach Physical Education in the Secondary School: A companion to school experience*. Routledge.
- 5 Mawer, M. (2014). *Effective teaching of physical education*. Routledge.
- 6 Almond, L. (2014). *Physical education in schools*. Routledge.