Course Title	Course Code	Course Type	Credit Hour
	Semester 1		
Functional English	GENG-101	General	<u>3</u>
Civics and Community Engagement	GCCE-101	General	2
Islamic Studies / Ethics (for Non-Muslims)	GISL-101 / GETH-101	General	2
Athletics I (Theory)	PE-103	Major	<u>2</u>
Games I (Theory)	PE-101	Major	<u>2</u>
Fehm-e-Quran	HQ-001N	Major	<u>0</u>
Games I (Practical)	PE-102	Major	
Athletics I (Practical)	PE-104	Major	<u></u>
Physics for Everyday Life (NS)	NPHY-110	General	<u>3</u>
	Same and an 2		Total Credit Hours 16
Introduction to Health and Dhysical Education (AII)	Semester 2 APED-111	General	3
Introduction to Health and Physical Education (AH)		General General	<u>2</u> 3
Quantitative Reasoning (I)  Entrepreneurship	GQR-101 GENT-101	General General	<u> </u>
Ideology and Constitution of Pakistan	GICP-101	General	<u> </u>
Athletics II (Theory)	PE-153	Major	<u> </u>
Games II (Theory)	PE-153	Major Major	<u></u>
Tarjuma-e-Quran	HQ-002	Compulsory	<u>_</u> 1
Games II (Practical)	PE-152	Major	2
Athletics II (Practical)	PE-154	Major	<u>~</u> 2
Auncues II (I factical)	1 E-134	Wajui	Total Credit Hours 16
	Semester 3		Total Cicuit Hours 10
Applications of Information and Communication Technologies	GICT-201	General	2
Expository Writing	GENG-201	General	3
Athletics III (Theory)	PE-203	Major	<u> </u>
Games III (Practical)	PE-201L	Major	<u>-</u> 2
Games III (Theory)	PE-201	Major	<u>~</u> 1
Tarjuma-e-Quran	HQ-003	Compulsory	0
Athletics III (Practical)	PE-203L	Major	<u>~</u> 2
Talent Identification in Sports (Theory)	PE-205	Major	<u>=</u> 2
Talent Identification in Sports (Practical)	PE-205L	Major	<u>=</u> 1
Pakistan Studies.	GPST-201	General	
Applications of Information and Communication Technologies	GICT201L	Major	1
(Lab)		3	<del>-</del>
	'		Total Credit Hours 17
	Semester 4		
<u>GEN(SS)</u>		General	<u>2</u>
Quantitative Reasoning (II)	<b>GQR-202</b>	General	<u>3</u>
Athletics IV (Theory)	PE-253	Major	<u>1</u>
Games IV (Practical)	PE-252	Major	<u>2</u>
Games IV (Theory)	PE-251	Major	1
× /	113-251		
Tarjuma-e-Quran	HQ-004	Compulsory	<u> </u>
Tarjuma-e-Quran Athletics IV (Practical)	HQ-004 PE-254	Major	1 2
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory)	HQ-004 PE-254 PE-255	Major Major	1 2 1
Tarjuma-e-Quran Athletics IV (Practical)	HQ-004 PE-254	Major	1 2
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory)	HQ-004 PE-254 PE-255 PE-256	Major Major	1
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)	HQ-004 PE-254 PE-255	Major Major Major	1 2 Total Credit Hours 15
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)  Interdisciplinary	HQ-004 PE-254 PE-255 PE-256	Major Major Major Interdisciplinary	1 2 Total Credit Hours 15
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)  Interdisciplinary Interdisciplinary	HQ-004 PE-254 PE-255 PE-256 Semester 5	Major Major Major Major Interdisciplinary Interdisciplinary	1 2 Total Credit Hours 15 3 3
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)  Interdisciplinary Interdisciplinary Specialization in Track & Field (Theory)	HQ-004 PE-254 PE-255 PE-256  Semester 5  PE- 303	Major Major Major Major Interdisciplinary Interdisciplinary Major	1 2 Total Credit Hours 15
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)  Interdisciplinary Interdisciplinary Specialization in Track & Field (Theory) Anatomy and Physiology (Practical)	HQ-004 PE-254 PE-255 PE-256  Semester 5  PE- 303 PE-302	Major Major Major Major  Interdisciplinary Interdisciplinary Major Major	1 2 Total Credit Hours 15 3 3 2 1
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)  Interdisciplinary Interdisciplinary Specialization in Track & Field (Theory) Anatomy and Physiology (Practical) Anatomy and Physiology (Theory)	HQ-004 PE-254 PE-255 PE-256  Semester 5  PE-303 PE-302 PE-301	Major Major Major Major  Interdisciplinary Interdisciplinary Major Major Major Major	1 2 Total Credit Hours 15 3 3 2 1 2
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)  Interdisciplinary Interdisciplinary Specialization in Track & Field (Theory) Anatomy and Physiology (Practical) Anatomy and Physiology (Theory) Tarjuma-e-Quran	HQ-004 PE-254 PE-255 PE-256  Semester 5  PE- 303 PE-302 PE-301 HQ-005	Major Major Major Major  Interdisciplinary Interdisciplinary Major Major Major Compulsory	1 2 Total Credit Hours 15 3 3 2 1
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)  Interdisciplinary Interdisciplinary Specialization in Track & Field (Theory) Anatomy and Physiology (Practical) Anatomy and Physiology (Theory) Tarjuma-e-Quran Specialization in Track & Field (Practical)	HQ-004 PE-254 PE-255 PE-256  Semester 5  PE-303 PE-302 PE-301 HQ-005 PE-304	Major Major Major Major  Interdisciplinary Interdisciplinary Major Major Major Compulsory Major	1 2 Total Credit Hours 15 3 3 2 1 2 0
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)  Interdisciplinary Interdisciplinary Specialization in Track & Field (Theory) Anatomy and Physiology (Practical) Anatomy and Physiology (Theory) Tarjuma-e-Quran Specialization in Track & Field (Practical) Research Methodology in Physical Education (Theory)	HQ-004 PE-254 PE-255 PE-256  Semester 5  PE-303 PE-302 PE-301 HQ-005 PE-304 PE-305	Major Major Major Major  Interdisciplinary Interdisciplinary Major Major Major Compulsory Major Major Major	1 2 Total Credit Hours 15 3 3 2 1 2
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)  Interdisciplinary Interdisciplinary Specialization in Track & Field (Theory) Anatomy and Physiology (Practical) Anatomy and Physiology (Theory) Tarjuma-e-Quran Specialization in Track & Field (Practical)	HQ-004 PE-254 PE-255 PE-256  Semester 5  PE-303 PE-302 PE-301 HQ-005 PE-304	Major Major Major Major  Interdisciplinary Interdisciplinary Major Major Major Compulsory Major	1 2 Total Credit Hours 15 3 3 2 1 2 0 1 2
Tarjuma-e-Quran  Athletics IV (Practical)  Gymnastics (Theory)  Gymnastics (Practical)   Interdisciplinary  Interdisciplinary  Specialization in Track & Field (Theory)  Anatomy and Physiology (Practical)  Anatomy and Physiology (Theory)  Tarjuma-e-Quran  Specialization in Track & Field (Practical)  Research Methodology in Physical Education (Theory)	HQ-004 PE-254 PE-255 PE-256  Semester 5  PE-303 PE-302 PE-301 HQ-005 PE-304 PE-305 PE-306	Major Major Major Major  Interdisciplinary Interdisciplinary Major Major Major Compulsory Major Major Major	1 2 Total Credit Hours 15 3 3 2 1 2 0
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)  Interdisciplinary Interdisciplinary Specialization in Track & Field (Theory) Anatomy and Physiology (Practical) Anatomy and Physiology (Theory) Tarjuma-e-Quran Specialization in Track & Field (Practical) Research Methodology in Physical Education (Theory) Research Methodology in Physical Education (Practical)	HQ-004 PE-254 PE-255 PE-256  Semester 5  PE-303 PE-302 PE-301 HQ-005 PE-304 PE-305	Major Major Major Major  Interdisciplinary Interdisciplinary Major Major Compulsory Major Major Major Major Major Major Major	1 2 Total Credit Hours 15 3 3 2 1 2 0 1 2 0 1 2 1 2 1 2
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)  Interdisciplinary Interdisciplinary Specialization in Track & Field (Theory) Anatomy and Physiology (Practical) Anatomy and Physiology (Theory) Tarjuma-e-Quran Specialization in Track & Field (Practical) Research Methodology in Physical Education (Theory) Research Methodology in Physical Education (Practical)	HQ-004 PE-254 PE-255 PE-256  Semester 5  PE-303 PE-302 PE-301 HQ-005 PE-304 PE-305 PE-306	Major Major Major Major  Interdisciplinary Interdisciplinary Major Major Compulsory Major Major Major Interdisciplinary	1 2 Total Credit Hours 15 3 3 2 1 2 0 1 2 2 1 2 1 2 1 2 1 2 1 2 1 2
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)  Interdisciplinary Interdisciplinary Specialization in Track & Field (Theory) Anatomy and Physiology (Practical) Anatomy and Physiology (Theory) Tarjuma-e-Quran Specialization in Track & Field (Practical) Research Methodology in Physical Education (Theory) Research Methodology in Physical Education (Practical)  Interdisciplinary Interdisciplinary	HQ-004 PE-254 PE-255 PE-256  Semester 5  PE-303 PE-302 PE-301 HQ-005 PE-304 PE-305 PE-306  Semester 6	Major Major Major Major  Interdisciplinary Interdisciplinary Major Major Compulsory Major Major Major Interdisciplinary Major Major Major Major Major Major Major Major	1 2 Total Credit Hours 15 3 2 2 1 2 0 1 2 2 1 Total Credit Hours 15
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)  Interdisciplinary Interdisciplinary Specialization in Track & Field (Theory) Anatomy and Physiology (Practical) Anatomy and Physiology (Theory) Tarjuma-e-Quran Specialization in Track & Field (Practical) Research Methodology in Physical Education (Theory) Research Methodology in Physical Education (Practical)  Interdisciplinary Interdisciplinary Application of Statistics in Physical Education (Theory)	HQ-004 PE-254 PE-255 PE-256  Semester 5  PE-303 PE-302 PE-301 HQ-005 PE-304 PE-305 PE-306  Semester 6	Major Major Major Major  Interdisciplinary Interdisciplinary Major Major Compulsory Major Major Major Major Interdisciplinary Major Major Major Major Major	1 2 Total Credit Hours 15 3 3 2 1 2 0 1 2 2 1 2 1 2 1 2 1 2 1 2 1 2
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)  Interdisciplinary Interdisciplinary Specialization in Track & Field (Theory) Anatomy and Physiology (Practical) Anatomy and Physiology (Theory) Tarjuma-e-Quran Specialization in Track & Field (Practical) Research Methodology in Physical Education (Theory) Research Methodology in Physical Education (Practical)  Interdisciplinary Interdisciplinary Application of Statistics in Physical Education (Theory) Sports Nutrition (Practical)	HQ-004 PE-254 PE-255 PE-256  Semester 5  PE-303 PE-302 PE-301 HQ-005 PE-304 PE-305 PE-306  Semester 6	Major Major Major  Interdisciplinary Interdisciplinary Major Major Major Compulsory Major Major Major Interdisciplinary Major Major Major Major Major Major Major	1 2 Total Credit Hours 15  3 3 2 1 2 1 2 0 1 2 1 2 1 Total Credit Hours 15
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)  Interdisciplinary Interdisciplinary Specialization in Track & Field (Theory) Anatomy and Physiology (Practical) Anatomy and Physiology (Theory) Tarjuma-e-Quran Specialization in Track & Field (Practical) Research Methodology in Physical Education (Theory) Research Methodology in Physical Education (Practical)  Interdisciplinary Interdisciplinary Application of Statistics in Physical Education (Theory) Sports Nutrition (Practical) Sports Nutrition (Theory)	HQ-004 PE-254 PE-255 PE-256  Semester 5  PE-303 PE-302 PE-301 HQ-005 PE-304 PE-305 PE-306  Semester 6  PE-353 PE-352 PE-351	Major Major Major Major  Interdisciplinary Interdisciplinary Major Major Compulsory Major	1 2 Total Credit Hours 15  3 3 2 1 2 1 2 0 1 2 1 2 1 Total Credit Hours 15
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)  Interdisciplinary Interdisciplinary Specialization in Track & Field (Theory) Anatomy and Physiology (Practical) Anatomy and Physiology (Theory) Tarjuma-e-Quran Specialization in Track & Field (Practical) Research Methodology in Physical Education (Theory) Research Methodology in Physical Education (Practical)  Interdisciplinary Interdisciplinary Application of Statistics in Physical Education (Theory) Sports Nutrition (Practical) Sports Nutrition (Practical) Sports Nutrition (Theory) Tarjuma-e-Quran	HQ-004 PE-254 PE-255 PE-256  Semester 5  PE-303 PE-302 PE-301 HQ-005 PE-304 PE-305 PE-306  Semester 6  PE-353 PE-352 PE-351 HQ-006	Major Major Major Major  Interdisciplinary Interdisciplinary Major Major Compulsory Major Compulsory Major Major Major Compulsory	1 2 Total Credit Hours 15  3 3 2 1 2 1 2 0 1 2 1 2 1 Total Credit Hours 15
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)  Interdisciplinary Interdisciplinary Specialization in Track & Field (Theory) Anatomy and Physiology (Practical) Anatomy and Physiology (Theory) Tarjuma-e-Quran Specialization in Track & Field (Practical) Research Methodology in Physical Education (Theory) Research Methodology in Physical Education (Practical)  Interdisciplinary Interdisciplinary Application of Statistics in Physical Education (Theory) Sports Nutrition (Practical) Sports Nutrition (Practical) Tarjuma-e-Quran Application of Statistics in Physical Education (Practical)	HQ-004 PE-254 PE-255 PE-256  Semester 5  PE-303 PE-302 PE-301 HQ-005 PE-304 PE-305 PE-306  Semester 6  PE-353 PE-353 PE-351 HQ-006 PE-354	Major Major Major Major  Interdisciplinary Interdisciplinary Major Major Major Compulsory Major Major Major Major Major Major Major Major Compulsciplinary Major Interdisciplinary Major	1 2 Total Credit Hours 15  3 3 2 2 1 2 2 0 1 1 2 2 1 1 Total Credit Hours 15  Total Credit Hours 15  3 3 2 2 1 1 2 2 1 1 2 2 1 1 2 2 1 1 1 1
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)  Interdisciplinary Interdisciplinary Specialization in Track & Field (Theory) Anatomy and Physiology (Practical) Anatomy and Physiology (Theory) Tarjuma-e-Quran Specialization in Track & Field (Practical) Research Methodology in Physical Education (Theory) Research Methodology in Physical Education (Practical)  Interdisciplinary Interdisciplinary Application of Statistics in Physical Education (Theory) Sports Nutrition (Practical) Sports Nutrition (Theory) Tarjuma-e-Quran Application of Statistics in Physical Education (Practical) Sports Biomechanics (Theory)	HQ-004 PE-254 PE-255 PE-256  Semester 5  PE-303 PE-302 PE-301 HQ-005 PE-304 PE-304 PE-305 PE-306  Semester 6  PE-353 PE-352 PE-351 HQ-006 PE-354 PE-355	Major Major Major Major  Interdisciplinary Interdisciplinary Major Major Compulsory Major Major Major Major Major Major Compisciplinary Interdisciplinary Interdisciplinary Major	1 2 Total Credit Hours 15  3 3 2 1 2 1 2 0 1 2 1 2 1 Total Credit Hours 15
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)  Interdisciplinary Interdisciplinary Specialization in Track & Field (Theory) Anatomy and Physiology (Practical) Anatomy and Physiology (Theory) Tarjuma-e-Quran Specialization in Track & Field (Practical) Research Methodology in Physical Education (Theory) Research Methodology in Physical Education (Practical)  Interdisciplinary Interdisciplinary Application of Statistics in Physical Education (Theory) Sports Nutrition (Practical) Sports Nutrition (Practical) Tarjuma-e-Quran Application of Statistics in Physical Education (Practical)	HQ-004 PE-254 PE-255 PE-256  Semester 5  PE-303 PE-302 PE-301 HQ-005 PE-304 PE-305 PE-306  Semester 6  PE-353 PE-353 PE-351 HQ-006 PE-354	Major Major Major Major  Interdisciplinary Interdisciplinary Major Major Major Compulsory Major Major Major Major Major Major Major Major Compulsciplinary Major Interdisciplinary Major	1 2 Total Credit Hours 15  3 3 2 1 2 1 2 0 1 2 1 Total Credit Hours 15   3 3 3 2 1 1 2 1 1 2 1 2 1 1 2 1 1 2 1 1 2 1 1 2 1 1 2 1 1 1 2 1 1 1 2 1
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)  Interdisciplinary Interdisciplinary Specialization in Track & Field (Theory) Anatomy and Physiology (Practical) Anatomy and Physiology (Theory) Tarjuma-e-Quran Specialization in Track & Field (Practical) Research Methodology in Physical Education (Theory) Research Methodology in Physical Education (Practical)  Interdisciplinary Interdisciplinary Application of Statistics in Physical Education (Theory) Sports Nutrition (Practical) Sports Nutrition (Theory) Tarjuma-e-Quran Application of Statistics in Physical Education (Practical) Sports Biomechanics (Theory)	HQ-004 PE-254 PE-255 PE-256  Semester 5  PE-303 PE-302 PE-301 HQ-005 PE-304 PE-305 PE-306  Semester 6  PE-353 PE-352 PE-351 HQ-006 PE-354 PE-355 PE-356	Major Major Major Major  Interdisciplinary Interdisciplinary Major Major Compulsory Major Major Major Major Major Major Compisciplinary Interdisciplinary Interdisciplinary Major	1 2 Total Credit Hours 15  3 3 2 2 1 2 2 0 1 1 2 2 1 1 Total Credit Hours 15  Total Credit Hours 15  3 3 2 2 1 1 2 2 1 1 2 2 1 1 2 2 1 1 1 1
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)  Interdisciplinary Interdisciplinary Specialization in Track & Field (Theory) Anatomy and Physiology (Practical) Anatomy and Physiology (Theory) Tarjuma-e-Quran Specialization in Track & Field (Practical) Research Methodology in Physical Education (Theory) Research Methodology in Physical Education (Practical)  Interdisciplinary Interdisciplinary Application of Statistics in Physical Education (Theory) Sports Nutrition (Practical) Sports Nutrition (Practical) Sports Nutrition (Theory) Tarjuma-e-Quran Application of Statistics in Physical Education (Practical) Sports Biomechanics (Theory) Sports Biomechanics (Practical)	HQ-004 PE-254 PE-255 PE-256  Semester 5  PE-303 PE-302 PE-301 HQ-005 PE-304 PE-304 PE-305 PE-306  Semester 6  PE-353 PE-352 PE-351 HQ-006 PE-354 PE-355	Major Major Major Major  Interdisciplinary Interdisciplinary Major Major Major Compulsory Major Major Major Major Major Major Compulsory Major Major Major  Interdisciplinary Interdisciplinary Major	Total Credit Hours 15  3 3 2 1 2 1 2 1 2 1 2 0 1 2 1 Total Credit Hours 15   3 3 2 1 1 2 1 2 1 1 2 1 1 2 1 1 2 1 Total Credit Hours 16
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)  Interdisciplinary Interdisciplinary Specialization in Track & Field (Theory) Anatomy and Physiology (Practical) Anatomy and Physiology (Theory) Tarjuma-e-Quran Specialization in Track & Field (Practical) Research Methodology in Physical Education (Theory) Research Methodology in Physical Education (Practical)  Interdisciplinary Interdisciplinary Application of Statistics in Physical Education (Theory) Sports Nutrition (Practical) Sports Nutrition (Practical) Sports Nutrition (Theory) Tarjuma-e-Quran Application of Statistics in Physical Education (Practical) Sports Biomechanics (Theory) Sports Biomechanics (Practical)	HQ-004 PE-254 PE-255 PE-256  Semester 5  PE-303 PE-302 PE-301 HQ-005 PE-304 PE-305 PE-306  Semester 6  PE-353 PE-352 PE-351 HQ-006 PE-354 PE-355 PE-356  Semester 7	Major Major Major Major  Interdisciplinary Interdisciplinary Major Major Major Compulsory Major Major Major Major Major Major Major  Interdisciplinary Interdisciplinary Major	1 2 Total Credit Hours 15  3 3 2 1 2 1 2 0 1 2 1 Total Credit Hours 15   3 3 3 2 1 1 2 1 1 2 1 2 1 1 2 1 1 2 1 1 2 1 1 2 1 1 2 1 1 1 2 1 1 1 2 1
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)  Interdisciplinary Interdisciplinary Specialization in Track & Field (Theory) Anatomy and Physiology (Practical) Anatomy and Physiology (Theory) Tarjuma-e-Quran Specialization in Track & Field (Practical) Research Methodology in Physical Education (Theory) Research Methodology in Physical Education (Practical)  Interdisciplinary Interdisciplinary Application of Statistics in Physical Education (Theory) Sports Nutrition (Practical) Sports Nutrition (Theory) Tarjuma-e-Quran Application of Statistics in Physical Education (Practical) Sports Biomechanics (Theory) Sports Biomechanics (Practical)	HQ-004 PE-254 PE-255 PE-256  Semester 5  PE-303 PE-302 PE-301 HQ-005 PE-304 PE-305 PE-306  Semester 6  PE-353 PE-352 PE-351 HQ-006 PE-354 PE-355 PE-356  Semester 7  PE-408	Major Major Major Major  Interdisciplinary Interdisciplinary Major Major Major Compulsory Major Major Major Major Major Major Compulsciplinary Interdisciplinary Major	1 2 Total Credit Hours 15  3 3 2 1 2 1 2 0 1 2 1 Total Credit Hours 15   3 3 3 2 1 Total Credit Hours 15   1 2 1 1 2 1 1 1 2 1 Total Credit Hours 16
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)  Interdisciplinary Interdisciplinary Specialization in Track & Field (Theory) Anatomy and Physiology (Practical) Anatomy and Physiology (Theory) Tarjuma-e-Quran Specialization in Track & Field (Practical) Research Methodology in Physical Education (Theory) Research Methodology in Physical Education (Practical)  Interdisciplinary Interdisciplinary Application of Statistics in Physical Education (Theory) Sports Nutrition (Practical) Sports Nutrition (Theory) Tarjuma-e-Quran Application of Statistics in Physical Education (Practical) Sports Biomechanics (Theory) Sports Biomechanics (Practical)  Fieldwork / Intership Common Sports Injuries, Treatment & Rehabilitation (Practical) Common Sports Injuries, Treatment & Rehabilitation (Theory)	HQ-004 PE-254 PE-255 PE-256  Semester 5  PE-303 PE-302 PE-301 HQ-005 PE-304 PE-305 PE-306  Semester 6  PE-353 PE-352 PE-351 HQ-006 PE-354 PE-355 PE-356  Semester 7  PE-408 PE-407	Major Major Major Major  Interdisciplinary Interdisciplinary Major Major Major Compulsory Major Major Major Major Major Major Major  Interdisciplinary Interdisciplinary Major	Total Credit Hours 15  3 3 2 1 2 1 2 1 2 0 1 2 1 Total Credit Hours 15   3 3 2 1 Total Credit Hours 15   3 1 2 1 1 2 1 1 2 1 Total Credit Hours 16
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)  Interdisciplinary Interdisciplinary Specialization in Track & Field (Theory) Anatomy and Physiology (Practical) Anatomy and Physiology (Theory) Tarjuma-e-Quran Specialization in Track & Field (Practical) Research Methodology in Physical Education (Theory) Research Methodology in Physical Education (Practical)  Interdisciplinary Interdisciplinary Application of Statistics in Physical Education (Theory) Sports Nutrition (Practical) Sports Nutrition (Theory) Tarjuma-e-Quran Application of Statistics in Physical Education (Practical) Sports Biomechanics (Theory) Sports Biomechanics (Theory) Sports Biomechanics (Practical)  Fieldwork / Intership Common Sports Injuries, Treatment & Rehabilitation (Practical) Common Sports Injuries, Treatment & Rehabilitation (Theory)	HQ-004 PE-254 PE-255 PE-256  Semester 5  PE-303 PE-302 PE-301 HQ-005 PE-304 PE-305 PE-306  Semester 6  PE-353 PE-352 PE-351 HQ-006 PE-354 PE-355 PE-356  Semester 7  PE-408 PE-407 PE-405	Major Major Major Major  Interdisciplinary Major Major Major Major Compulsory Major Major Major Major Major Major Major  Interdisciplinary Interdisciplinary Major	Total Credit Hours 15  3 3 2 1 2 1 2 0 1 2 0 1 2 1 Total Credit Hours 15   3 3 2 1 Total Credit Hours 15   Total Credit Hours 16
Tarjuma-e-Quran Athletics IV (Practical) Gymnastics (Theory) Gymnastics (Practical)  Interdisciplinary Interdisciplinary Specialization in Track & Field (Theory) Anatomy and Physiology (Practical) Anatomy and Physiology (Theory) Tarjuma-e-Quran Specialization in Track & Field (Practical) Research Methodology in Physical Education (Theory) Research Methodology in Physical Education (Practical)  Interdisciplinary Interdisciplinary Application of Statistics in Physical Education (Theory) Sports Nutrition (Practical) Sports Nutrition (Practical) Sports Nutrition (Theory) Tarjuma-e-Quran Application of Statistics in Physical Education (Practical) Sports Biomechanics (Theory) Sports Biomechanics (Practical)  Fieldwork / Intership Common Sports Injuries, Treatment & Rehabilitation (Practical) Common Sports Injuries, Treatment & Rehabilitation (Theory)	HQ-004 PE-254 PE-255 PE-256  Semester 5  PE-303 PE-302 PE-301 HQ-005 PE-304 PE-305 PE-306  Semester 6  PE-353 PE-352 PE-351 HQ-006 PE-354 PE-355 PE-356  Semester 7  PE-408 PE-407	Major Major Major Major  Interdisciplinary Interdisciplinary Major Major Major Compulsory Major Major Major Major Major Major Major  Interdisciplinary Interdisciplinary Major	Total Credit Hours 15  3 3 2 1 2 1 2 1 2 0 1 2 1 Total Credit Hours 15   3 3 2 1 1 2 1 1 2 1 1 2 1 1 2 1 1 2 1 1 2 1 1 2 1 1 2 1 1 1 2 2 1 Total Credit Hours 16

Scientific Sports Coaching (Theory)	PE-401	Major	<u>2</u>
Scientific Sports Coaching (Practical)	PE-402	Major	1
Exercise Physiology (Theory)	PE-403	Major	<u>2</u>
Sports Psychology (Practical)	PE-406	Major	1
			Total Credit Hours 15
	Semester 8		
Administration and Management in Sports (Theory)	PE-456	Major	<u>2</u>
Adapted Physical Education (Practical)	PE-455	Major	<u>1</u>
Adapted Physical Education (Theory)	PE-454	Major	<u>2</u>
Sports Medicine (Theory)	PE-452	Major	<u>2</u>
Capstone Project	PE-451	Major	<u>3</u>
Tarjuma-e-Quran	HQ-008	Compulsory	1
Sports Medicine (Practical)	PE-453	Major	1
Administration and Management in Sports (Practical)	PE-457	Major	1
Specialization in Field Hockey (Theory)	PE-458	Major	2
Specialization in Field Hockey (Practical)	PE-01	Major	1
			Total Credit Hours 16

Signature