

Dr. IRAM FATIMA

- Professor (TTS) • Institute of Applied Psychology, University of the Punjab, Lahore
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Education

GOVERNMENT COLLEGE UNIVERSITY LAHORE <i>PhD in Psychology</i>	Lahore, Pakistan 2010
INSTITUTE OF APPLIED PSYCHOLOGY, UNIVERSITY OF THE PUNJAB <i>MPhil Applied Psychology</i>	Lahore, Pakistan 2003
GOVERNMENT COLLEGE LAHORE (UNIVERSITY OF THE PUNJAB) <i>MSc Psychology</i>	Lahore, Pakistan 1993
LAHORE COLLEGE FOR WOMEN (UNIVERSITY OF THE PUNJAB) <i>Bachelor of Arts (BA)</i>	Lahore, Pakistan 1990
LAHORE COLLEGE FOR WOMEN, B.I.S.E LAHORE <i>Intermediate (FA)</i>	Lahore, Pakistan 1988
KINNAIRD HIGH SCHOOL, B.I.S.E LAHORE <i>Matriculation</i>	Lahore, Pakistan 1986

Other Trainings

TRAINING COURSE IN PSYCHOLOGY, HIGHER EDUCATION COMMISSION <i>June 2, 2003 – June 8, 2003</i>	Islamabad, Pakistan
WORKSHOP ON RORSCHACH COMPREHENSIVE SYSTEM, FRONTIER WOMEN UNIVERSITY Pakistan <i>November 27, 2007 - November 30, 2007</i>	Peshawar,
TWO-DAY WORKSHOP ON STRUCTURAL EQUATION MODELING, GCU <i>May 16, 2011 – May 17, 2011</i>	Lahore, Pakistan
TRAINING PROGRAM FOR CORE MODULES: COMMUNICATION SKILLS AND COMPETENT ENGLISH LANGUAGE USAGE ESSENTIALS (CELUE), UNIVERSITY OF THE PUNJAB <i>October 18, 2011 – October 22, 2011</i>	Lahore, Pakistan
TWO-DAY WORKSHOP ON “MIXED METHODS RESEARCH ORGANIZED BY INSTITUTE OF RESEARCH PROMOTION <i>February 19, 2014 – February 20, 2014</i>	Lahore, Pakistan
INDIGENOUS ON-CAMPUS TRAINING PROGRAM FOR MANAGEMENT TEAM, UNIVERSITY OF THE PUNJAB <i>December 8, 2014 – December 12, 2014</i>	Lahore, Pakistan
TRAINING WORKSHOP ON GETTING PUBLISHED IN INTERNATIONALLY REPUTED JOURNALS. NUML <i>January 7, 2016 – January 8, 2016</i>	Islamabad, Pakistan

Professional Experience (*Teaching*)

TENURED PROFESSOR, INSTITUTE OF APPLIED PSYCHOLOGY, UNIVERSITY OF THE PUNJAB <i>27-11-2024 – Present</i>	Lahore, Pakistan
ASSOCIATE PROFESSOR, INSTITUTE OF APPLIED PSYCHOLOGY, UNIVERSITY OF THE PUNJAB <i>4-11-19 – 26-11-2024</i>	
ASSISTANT PROFESSOR, INSTITUTE OF APPLIED PSYCHOLOGY, UNIVERSITY OF THE PUNJAB	

1-12-2010 – 3-11-2019

- *BS and M.Sc. Courses:* Research methods and designs, Social Psychology, Statistics in Psychology, SPSS
- *MPhil and PhD Courses:* Advanced data analysis, Professional Ethics, Psychological assessment

LECTURER, GOVT. FATIMA JINNAH COLLEGE FOR WOMEN, CHUNA MANDI

Lahore, Pakistan

9-10-1997 - 30-11-2010

- *M.Sc. Courses:* Research methods, Statistics in Psychology, Computer in Psychology, Social Psychology, Educational Psychology

LECTURER, GOVERNMENT COLLEGE FOR WOMEN

Kamoki, Pakistan

17-6-1995 – 8 -10-1997

- *FA and BA Course:* Psychology

Professional Experience (*Administration*)

MEMBER OF BOARD OF FACULTY OF BEHAVIORAL AND SOCIAL SCIENCES

IAP, PU, Lahore, Pakistan

2024

MEMBER OF DEPARTMENTAL SEMESTER & EXAMINATION COMMITTEE

2024

SYLLABUS REVISION COMMITTEE

2024

DIRECTOR

Institute of Applied Psychology, Lahore, Pakistan

10-01-2020 – 9-3-2020

LOOK AFTER THE CHARGE OF ROUTINE MATTERS

14-6-2019 – 9-1-2020

MEMBER DEPARTMENTAL CURRICULUM COMMITTEE

2017 – Till date

COORDINATOR M. PHIL PROGRAMME

2013 – 2020

MEMBER DEPARTMENTAL PURCHASE COMMITTEE

2012 – 2021

MEMBER DEPARTMENTAL SCHOLARSHIP COMMITTEE

2012 – Till date

COORDINATOR M. PHIL / PHD ADMISSIONS

2012 – 2016

MEMBER OF THE BOARD OF STUDIES

2019 – Till date

MEMBER BOARD OF FACULTY OF LIFE SCIENCES

2012 – 2014

MEMBER DEPARTMENTAL DOCTORAL PROGRAM COMMITTEE

2010 – Till date

Workshops / Seminars Conducted

ONLINE WORKSHOP CONDUCTED IN UNIVERSITY OF CENTRAL PUNJAB ON “MODERATION ANALYSIS”

Lahore, Pakistan

April 18, 2021

THREE DAYS' WORKSHOP ON "ADVANCED STATISTICAL TECHNIQUES" IN LAHORE COLLEGE FOR WOMEN UNIVERSITY.

August 28, 2018 – August 30, 2018

ONE DAY WORKSHOP ON "REGRESSION ANALYSIS" IN CLINICAL PSYCHOLOGY UNIT, GCU

November 20, 2017

ONE DAY WORKSHOP ON MODERATION THROUGH REGRESSION ANALYSIS IN GCU

March 06, 2013

ONE DAY WORKSHOP ON STATISTICAL ANALYSIS IN CENTER OF CLINICAL PSYCHOLOGY, PU

March 07, 2012

EXTENSION LECTURE ON ETHICAL STANDARDS IN RESEARCH IN CENTER OF CLINICAL PSYCHOLOGY, PU

May 16, 2012

ONE DAY WORKSHOP ON REGRESSION ANALYSIS IN LAHORE COLLEGE FOR WOMEN UNIVERSITY

May 18, 2012

SEMINAR ON RESEARCH REPORT WRITING IN QUEEN MARRY COLLEGE

February 12, 2011

Researches

RESEARCH PUBLICATIONS

Khalid, A., **Fatima, I.**, & Tariq, O. (2025). Development and validation of a Coping Scale for pregnant women in Pakistan. *Journal of Health Psychology*, 30(7)

<https://doi.org/10.1177/13591053251320062>. ISSN No. 1359-1053, 1461-7277 (**W category;**

Impact factor: 2.2)

Bibi, M., **Fatima, I.**, & Tariq, O. (2025). The varied experiences of widowed and divorced single mothers in rural areas of Pakistan. *Current Psychology*. <https://doi.org/10.1007/s12144-025-08205-z>. (**W**

category; Impact factor: 2.6)

Yousaf, K., **Fatima, I.**, Malik, F., Raiza, N., Asif, S., & Fatima, M. (2025). The Game of Exposure: An Experimental Study on the Contrast Effect, the Perception at Second Sight. *Insights-Journal of Life and Social Sciences*, 3(1), 62–71. <https://doi.org/10.71000/w6be9x55>. ISSN No. 3007-2956, 3007-2956. (**Y category)**

Chobthamkit, P., Sutton, R. M., English, A. S., Wongvorachan, T., Datu, J. a. D., Chung, K. L., Tan, C., Imada, H., Ozkan, Z., Ashraf, F., Cayubit, R. F. O., Chaleeraktragoon, T., Cheng, C., Chien, C., Ching, B. H., **Fatima, I.**, Jiang, D., Kamble, S. V., Khan, A., . . . Yusoff, A. M. (2024). Belief in a just world for the self and others, Karma, system justification and well-being during COVID-19 pandemic: Evidence from 15 Asian nations. *Asian Journal of Social Psychology*, 28(1), e12667.

<https://doi.org/10.1111/ajsp.12667>. ISSN No. 1467-839X, 1367-2223. (**W category; Impact factor: 2.1)**

- Ajmal, A., Kausar, R., & **Fatima, I. (2024)**. Development and validation of the scale of psychosocial factors in economic decision making. *Research Journal for Societal Issues*, 6(2), 392–411. <https://doi.org/10.56976/rjsi.v6i2.237>. ISSN No. 2788-7219, 2788-7227. **(Y category)**
- Ajmal, A., Kousar, R., & **Fatima, I. (2024)**. Psychosocial and personality factors in economic decision making. *Journal of Professional & Applied Psychology*, 5(1), 34–46. <https://doi.org/10.52053/jpap.v5i1.247>. ISSN No. 2710-2785, 2710-2793. **(Y category)**
- Farooq, A., & **Fatima, I. (2024)**. Moral perfectionism, moral judgment, altruism and forgiveness in young adults. *Human Nature Journal of Social Sciences*, 5(4), 120–131. <https://doi.org/10.71016/hnjss/djkhjg34>. ISSN No. 2788-5232, 2788-5240. **(Y category)**
- Rasheed, S., **Fatima, I.**, & Qayyum, S. **(2024)**. Perceived control, marital satisfaction, social support and infertility related stress: a mediated moderation. *Journal of Asian Development Studies*, 13(3), 1506–1516. <https://doi.org/10.62345/jads.2024.13.3.122>. ISSN No. 2788-452X, 2304-375X. **(Y category)**
- Hassan, K. Inam, A. & **Fatima, I. (2023)**. Gender differences of resilience among young adults in Punjab province. *Al-Mahdi Research Journal (MRJ)*, 5(2), 111-126. <https://ojs.mrj.com.pk/index.php/MRJ/article/view/142>. ISSN 2789-4150, 2789-4142. **(Y category)**
- Rasheed, N., **Fatima, I.**, & Tariq, O., **(2023)**. The Impact of Perceived Control on Undergraduate Students' Ability to Tolerate Uncertainty during the COVID-19 Pandemic in Pakistan: Meaning in Life as a Moderator. *Human Nature Journal of Social Sciences* 4 (1). 482-94. <https://hnpublisher.com/ojs/index.php/HNJSS/article/view/163>. ISSN No. 2788-5240, 2788-5232. **(Y category)**
- Bokhari, N. Q. M., Bokharey, N. I. Z., Warris, N. S. H., Mazhar, N. N., Akhtar, N. N., & **Fatima, I. (2023)**. Urdu Translation and adaptation of Glasgow Antipsychotic Side-Effect Scale (GASS). *PJPPRP*, 14(1). <https://doi.org/10.62663/pjpprp.v14i1.22>. ISSN No. 1818-6416, 1818-6416 **(Y category)**
- Basharat, F., **Fatima, I.**, & Yousaf, K. **(2023)**. Patience, belief in a just world and emotion regulation in mothers of toddlers. *Applied Psychology Review*, 2(1), 66–83. <https://doi.org/10.32350/apr.21.05>. ISSN No. 2959-1597, 2959-1600 **(Y category)**
- Ilyas, A., **Fatima, I.**, & Yousaf, K., **(2023)**. Parental Expectations, Academic Stress, and Academic Satisfaction in Premedical Students. *Al-Mahdi Research Journal (MRJ)*, 5(2), 325–345. Retrieved from <https://ojs.mrj.com.pk/index.php/MRJ/article/view/168>. ISSN No. 2789-4150, 2789-4142 **(Y category)**
- Ramzan, N., Malik, F., & **Fatima, I. (2023)**. Father Involvement and Psychological Adjustment in Pakistani Adolescents: Family Environment as a Mediator. *Marriage & Family Review*, 59(8), 504-522. <https://doi.org/10.1080/01494929.2023.2199731>. ISSN No. 15409635, 01494929 (first online on 02.5.2023). **(W category; Impact factor: 1.3)**

- Khaliq, A. A. ., **Fatima, I. .**, & Lewis, C. A. (2022). Efficacy of Intervention Program to Reduce Junk Food Consumption: A Quasi Experimental Study. *Journal of Professional & Applied Psychology*, 3(2), 257–266. <https://doi.org/10.52053/jpap.v3i2.73>. ISSN No. 2710-2785,2710-2793. (Published 30.6.22) **(Y category)**
- Rasheed, N., **Fatima, I.**, & Tariq, O. (2022). University students' mental well-being during COVID-19 pandemic: The mediating role of resilience between meaning in life and mental well-being. *Acta Psychologica*, 227, 103618. <https://doi.org/10.1016/j.actpsy.2022.103618>. ISSN No. 1873-6297,0001-6918.(first online on 16.5.2022) . **(W category; Impact factor: 1.984)**
- Raza, T., & **Fatima, I.** (2022). Religious Beliefs, Work Motivation, Risk Perception and Posttraumatic Growth in Healthcare Workers during COVID-19. *Journal of Professional & Applied Psychology*, 3(1), 15-28. <https://doi.org/10.52053/jpap.v3i1.84>. ISSN No. 2710-2785,2710-2793 (Published 31.3.2022) **(Y category)**
- Ramzan, N ., Malik, F ., & **Fatima, I.** (2021). Development and Validation of Perceived Inter-Parental Conflict Scale for Adolescents. *Pakistan Journal of Psychological Research*, 36(3). 495-514. ISSN 1016-0664 **(Y category)** <https://doi.org/10.33824/PJPR.2021.36.3.27>
- Fatima, I.**, Yaqoob, S., Jamil, F., & But, A. (2021). Relationship between loci of control and health-promoting behaviors in Pakistani women with polycystic ovary syndrome: Coping strategies as mediators. *BMC Women's Health* 21, Article 356. ISSN: 1472-6874. **(Impact factor: 2.742; W category)** <https://doi.org/10.1186/s12905-021-01489-w>
- Iftikhar, M., Qureshi, M. I., Qayyum, S., **Fatima, I.**, Sriyanto, S., Indrianti, Y., Khan, A., & Dana, L. (2021). Impact of multifaceted workplace bullying on the relationships between technology usage, organizational climate and employee physical and emotional health. *International Journal of Environmental Research and Public Health*, 18(6): Article 3207. ISSN -4601. **(Impact factor: 2.849; W Category)** <https://doi.org/10.3390/ijerph18063207>
- Rubab, S. U., Qayyum, S., & **Fatima, I.** (2021). Organizational trust, organizational identification, psychological contract breach and organizational citizenship behavior. *Psychology and Education*. 58(2). 5075-5087. ISSN 0033-3077. **(Y category)** <http://psychologyandeducation.net/pae/index.php/pae/article/view/2909>
- Malik, U., Qayyum, S., & **Fatima, I.** (2021) Physical work environment, sick building syndrome and mental health of factory workers. *Journal of Contemporary Issues in Business and Government*, 27(1). 558-591. ISSN 2204-1990 **(Y Category)** https://cibg.org.au/article_7483.html
- Yousaf, A., Kausar, R., & **Fatima, I.** (2021) Cognitive behaviour therapy with compulsive hoarding: A single case study. *Journal of the Pakistan Medical Association* 71 (1) 356-359. ISSN 0030-9982 **(X Category; Impact Factor 0.642)** <https://jpma.org.pk/PdfDownload/10410>
- Arshad, T., Kausar, R., & **Fatima, I.** (2021). Remedying mild cognitive impairment with Cognitive Stimulation Therapy: A trial study in Pakistan. *Pakistan Journal of Social and Clinical Psychology*,

18(1). 3-10. ISSN 1727-4931. **(Y Category)** <https://gcu.edu.pk/wp-content/uploads/2021/03/No.-1-Tehreem-Arshad-Page-3-10.pdf>

Khaliq, A. A., **Fatima, I.**, Iftikhar, M., & Alam, Q. (2020). Loneliness and aggression in adolescents living in institutionalized care. *Pakistan Journal of Professional Psychology: Research and Practice*, 11(2). 69-84. ISSN 1818-6416. **(Y Category)**

http://pu.edu.pk/images/journal/clinicalpsychology/PDF/5_v11_2_20.pdf

Arshad, T., Kausar, R., & **Fatima, I.** (2020). Psychosocial determinants of cognitive functioning in older adults. *Journal of Liaquat University of Medical and Health Sciences*, 19(03), 208-14. ISSN 1729-0341 **(Y Category)** <https://www.lumhs.edu.pk/jlumhs/Vol19No03/14.pdf>

Fatima, I., & Suhail, K. (2019). Protective factors for subjective well-being in mothers of children with Down Syndrome. *Pakistan Journal of Psychological Research*, 34 (4), 655-669. ISSN 1016-0664 **(X category)** <https://www.pjprnip.edu.pk/index.php/pjpr/article/view/428/363>

Farooq, Z., & **Fatima, I.** (2018). Predictors of relational turbulence in early years of marriage. *Journal of Behavioral Sciences*, 28 (1), 71-88. ISSN 1028-9097 **(X category)**

http://pu.edu.pk/images/journal/doap/PDF-FILES/05_v28_1_18.pdf

Tabbasum, H., Farooq, Z., & **Fatima, I.** (2017). Family conflict, perceived work overload, and work Exhaustion in employees of the banking sector. *Pakistan Journal of Commerce and Social Sciences*, 11 (1), 439-451. ISSN 1997-8553 **(Y category)** <http://jespk.net/paper.php?paperid=372>

Naveed, A., & **Fatima, I.** (2017). Trait forgiveness, friendship quality, and forgiveness-granting communication styles. *International Journal of Educational Enquiry and Reflection*, 1 (2), 1 – 21. ISSN 2410-2008

Khalid, S., **Fatima, I.**, & Khan, W. (2016). Types of conflicts in doctors in private and public-sector hospitals. *Annals of King Edward Medical University*, 22 (2), 139 – 143. ISSN 2079-0649 (online); ISSN 1684-6680 (print) **(X category)**

<https://www.annalskemu.org/journal/index.php/annals/article/view/1298/1008>

Khalid, S., & **Fatima, I.**, (2016). Conflict types and conflict management styles in private and public hospitals. *Pakistan Armed Forces Medical Journal*, 66(1), 122-126 ISSN 0030-9648 (X category).

<https://pafmj.org/index.php/PAFMJ/article/view/397>

Gul-E-Sehar & **Fatima, I.** (2016). Dark triad personality traits as predictors of bullying and victimization in adolescents. *Journal of Behavioural Sciences*, 26(1), 51 – 65. ISSN 1028-9097 **(X category)**

http://pu.edu.pk/home/journal/24/V_26_No_1_2016.html

Farhat-ul-Ain & **Fatima, I.** (2016). Personal belief in a just world and self-compassion as predictors of body appreciation in individuals with amputation using and not using prosthesis. *Annals of King Edward Medical University* 22 (2), 109 – 114. ISSN 2079-0649 (online); ISSN 1684-6680 (print) **(X category)** <https://www.annalskemu.org/journal/index.php/annals/article/view/1304/1013>

- Anwar, T., **Fatima, I.** & Malik, J. (2016). Risk factors of health risk behaviors in intermediate students. *Pakistan Journal of Psychological Research*, 31 (2), 347-363. ISSN 1016-0664 (X category) <http://www.pjprnip.edu.pk/index.php/pjpr/article/view/319/266>
- Khalid, S., **Fatima, I.**, & Khan, W. (2015). Personality Traits and Conflict Management in Bankers. *Journal of Behavioral Sciences*, 25(2), 165-182 (X category) http://pu.edu.pk/home/journal/24/V_25_No_2_2015.html
- Khalid, S., Amjad, N., **Fatima, I.**, & Arshad, A. (2015). Confirmatory Factor Analysis of ROCI-III. *Journal of Quality and Technology Management*, 11(1), 137-148. ISSN 1816-2185 (X category) http://pu.edu.pk/images/journal/iqtm/PDF-FILES/008-Confirmatory_v_xi_issue1_jun15.pdf
- Arif, N. & **Fatima, I.** (2015). Marital satisfaction in different types of marriages. *Pakistan Journal of Social and Clinical Psychology*, 13(1), 36-40. ISSN 1727-4931 (Y category) <https://gcu.edu.pk/wp-content/uploads/2020/04/pjscp20151-5.pdf>
- Ashraf, R., & **Fatima, I.** (2014). Role of personality and spirituality in non-violent behavior in young adults. *Journal of Behavioral Sciences*, 24(1), 57-70. ISSN 1028-9097 (X category) http://pu.edu.pk/home/journal/24/V_24_No_1_2014.html
- Kamran, W., & **Fatima, I.** (2013). Emotional intelligence, academic procrastination and anxiety in intermediate science students. *Pakistan Journal of Social and Clinical Psychology*, 11 (2), 3 – 6. ISSN 1727-4931 (Y category) <https://gcu.edu.pk/wp-content/uploads/2020/04/pjscp20132-1.pdf>
- Husnain, S. F., & **Fatima, I.** (2012). Perfectionism, loneliness and life Satisfaction in engineering Students. *Journal of Behavioral Sciences*, 22(3), 33-48. ISSN 1028-9097 (X category) http://pu.edu.pk/home/journal/24/V_22_No_3_2012.html
- Fatima, I.**, & Suhail, K. (2010). Belief in a just world and subjective well-being: Mothers of normal and Down syndrome children. *International Journal of Psychology*, 45, 461–468. DOI: [http://10.1002/\(ISSN\)1464-066X](http://10.1002/(ISSN)1464-066X); ISSN:0020-7594 (Impact factor: 1.226) <https://onlinelibrary.wiley.com/doi/abs/10.1080/00207591003774519>
- Fatima, I.**, & Khalid, R. (2007). Some aspects of the reliability and validity of the Beliefs in a Just World Questionnaire. *Pakistan Journal of Social and Clinical Psychology*, 5, 15 - 24. ISSN 1727-4931 (Z category) <https://gcu.edu.pk/wp-content/uploads/2020/04/pjscp2007-2.pdf>

PAPER PRESENTATIONS

- Oral Presentation on “Predictors Of Resilience In Young Adults” in **4th International Conference on Social Sciences and Humanities**, from 26th -28th February 2024 held in Lahore organized by **Kinnaird College for Women: Office of Research Innovation and Commercialization**
- Oral presentation on “Cyber bullying victimization, displaced aggression and bullying behavior in social media influencers”. **International conference on peace building: policies, research and strategies.** (15 and 16 March 2023)

- Oral presentation on “Cognitive stimulation therapy: An effective approach in treating mild cognitive impairment in Pakistan”. **23rd International Psychiatric conference of the Pakistan Psychiatric society.** *25th to 27th November 2022.*
- Oral presentation on “Perceived Inter-parental conflicts and adolescent psychological adjustment: Moderating role of gender” in the **9th International Conference, Trauma, Abuse and violence: Thriving for a world without torture, July 23, 2022.** National Institute of Psychology, **Quaid-i-Azam University, Islamabad**
- Oral presentation on “Effects of Anti-Bullying intervention plan on high school boys” in the **9th International Conference, Trauma, Abuse and Violence: Thriving for a world without torture, July 23, 2022.** National Institute of Psychology, **Quaid-i-Azam University, Islamabad**
- “Occupational Self-Efficacy, Job Commitment and Performance in Bankers and Teachers” **8th International Conference on Mental Health and Productivity: The Emerging Challenges for Youth.** National Institute of Psychology, **Quaid-e-Azam University, Pakistan. (21-22nd October, 2021)**
- “Development and Validation of Perceived Inter-Parental Conflict Scale for Adolescents” **8th International Conference on Mental Health and Productivity: The Emerging Challenges for Youth.** National Institute of Psychology, **Quaid-e-Azam University, Pakistan. (21-22nd October, 2021)**
- "Attachment with Mothers and Interpersonal Relationships of Married Men" **International E-Conference on Health Psychology.** Department of Applied Psychology, **Bahauddin Zakariya University, Multan, Pakistan. (March 18th-20th, 2021)**
- "Effect of an Educational Program on Junk Food Consumption in Adolescents," International E-Conference on Health Psychology. Department of Applied Psychology, **Bahauddin Zakariya University, Multan, Pakistan. (March 18th-20th, 2021)**
- “The Role of Father and Mother Involvement in Adolescent Psychological Adjustment: The Moderating Effect of Gender,” International Conference on Gender Studies. **Department of Gender Studies, University of the Punjab, Lahore. (March 8th - 9th , 2021)**
- “Personality, Self-Esteem, and Ideal Partner Preferences in University Students” 1st International Conference. Government Post-Graduate Islamia College (Women), **Cooper Road, Lahore. (February 12th-13th, 2020)**
- “Appearance-Based Testing, Social Interaction Anxiety and Quality of Life in Individuals with Acne Vulgaris” **1st International Conference.** Government Post-Graduate Islamia College (Women) **Cooper Road, Lahore. (February 12th-13th, 2020)**
- “Health, Locus of Control, Social Support, Coping Strategies and Health Promoting Lifestyle Behaviors in Young Women with Polycystic Ovary Syndrome,” **1st International Conference.** Government Post-Graduate Islamia College (Women), **Cooper Road, Lahore. (February 12th-13th, 2020)**
- “National identity, ethnocentrism and cultural diffusion in Pakistan. **1st International Conference.** **Kinnaird College for Women, Lahore. (April 25th-27th, 2018)**

- “Parenting styles, moral sensitivity, perfectionism, judgement and virtues in young adults”. **7th International Conference**. National Institute of Psychology, **Quaid-i-Azam University, Islamabad**. (November 29th-30th, 2018)
- “Personality stress and creativity in fine arts and science students”. **1st International Conference**. Institute of Clinical Psychology, **UMT Lahore**. (March 9-10, 2017)
- “Trait forgiveness, friendship quality, and forgiveness-granting communication styles among same sex friends”. 1st International Conference. **Institute of Clinical Psychology, UMT Lahore**.
- “Psychometric properties of the teenage Non-Violence Test”. **International Conference on Peace, Conflict and Violence**. Department of Humanities, **COMSATS, Lahore**. (November 29-30, 2017)
- “Psychological distress, Anxiety and depression in active and passive smokers” **International conference Health and Well-Being**. Department of Applied Psychology, **LCWU, Lahore**. (December 11-13, 2017)
- “Emotion self-disclosure and fear of intimacy in newly married women”. **1st International conference (ICCTP-2016)**. **Bahauddin Zakariya University Multan**, (31 March 2016)
- “Personal belief in a just world, self–compassion and Quality of life in individuals with amputation using and not using a prosthesis. **One-day conference on Islamic traditions in Psychology**. **Lahore School of Management**, (5 March 2016)
- “Emotion regulation and psycho social well-being in social workers”. **14th International Conference of Psychology**. **University of the Punjab** (19-21 March 2015)
- “Rumination, self-compassion and stress in women living in shelter homes”. **14th International Conference of Psychology**. **University of the Punjab, Lahore** (19-21 March 2015)
- “Internet addiction and Psychological well-being in undergraduate students,” **14th International Conference of Psychology**. **University of the Punjab, Lahore** (19-21 March 2015)
- “Perceived parenting styles and assertiveness in college students. **14th International Conference of Psychology** in the **University of the Punjab, Lahore** (19-21 March 2015)
- “Patience and psychological well-being” presented in the **International Conference of Clinical Psychology** held at the **Center for Clinical Psychology, University of the Punjab** (2 – 3 April 2014)
- “Indigenous sources of academic stress in intermediate science students, **ACAP, Singapore** (7 – 8 May 2014)
- “Role of Dark Triads and empathy in bullying” presented in **the International Conference of Social Psychology** held at **Government College University, Lahore** (20- 21 May 2014)
- “Psychosocial and personality factors in economic decision making”. Presented at the **28th international congress of applied psychology-ICAP 2014, Paris, France** (8 – 13 July 2014)
- “Role of work experience in present organization and Personality in conflict management styles at workplace” presented in the **International Research Conference on Business, Economics, and Social Sciences**, IRC in **Istanbul, Turkey** (September 21 – 22, 2014)

- “Persistence for short-term goals in high school children” presented at the **18th National Research Conference (SZABIT)** held at *Shaheed Zulifqar Ali Institute of Science and Technology in Islamabad*, Pakistan (January 16, 2014)
- “Predictors of persistence in high school children” was presented in the **Kinnaird Multidisciplinary Research Conference (KMRC 2013)** held at *Kinnaird College, Lahore*, Pakistan (November 18 – 19, 2013)
- “Belief in a just world and subjective well-being: Mothers of normal and Down syndrome children” presented at the **International Conference arranged by the Department of Psychology, GC University, Lahore**, Pakistan (2009)
- “Belief in Just World and Subjective Well-being” in Mothers of Children with Down Syndrome” presented at the **12th Biennial Conference of the International Society for Justice Research in Adelaide, Australia** (August 14, 2008 – August 17, 2008)

PROJECTS

HEALTH LOCUS OF CONTROL, ILLNESS BEHAVIOR, AND HEADACHE-RELATED QUALITY OF LIFE IN MIGRAINE PATIENTS. UNIVERSITY OF THE PUNJAB

2017 – 2018

PSYCHOMETRIC PROPERTIES OF A NON-VIOLENT TEST. UNIVERSITY OF THE PUNJAB.

2014 – 2015

BELIEF IN A JUST WORLD, AGGRESSION, AND WELL-BEING AMONG PLAINTIFFS. UNIVERSITY OF THE PUNJAB

2012 – 2013

INDIGENOUS SOURCES OF ACADEMIC STRESS IN INTERMEDIATE SCIENCE STUDENTS. UNIVERSITY OF THE PUNJAB

2011 – 2012

Journal/ Conferences Editing and Reviewing

- **Associate editor, *Journal of Behavioral Sciences***, Published by the Institute of Applied Psychology, University of the Punjab
- **Consulting editor, *Pakistan Journal of Professional Psychology***, Research and Practice, Published by Centre of Clinical Psychology, University of the Punjab
- **Reviewer for *Pakistan Journal of Social and Clinical Psychology***, Published by GCU, Lahore
- **Member of the editorial team** of the “*Journal of Clinical & Counseling Psychology Review*” (CCPR)
- **Member of the scientific committee, *National Conference of Psychology***, Department of Psychology, Lahore Garrison University, 2017,
- **Member of the scientific committee, *International Conference on Peace, Conflict, and Violence***, COMSATS Lahore, 2017
- **Member of the scientific committee, *International Conference on Health and Well-being***, Department of Applied Psychology, LCWU Lahore, 2017

- **Session Chair at Pre-conference workshop** on “Psychological Intervention in Relapse Prevention”. 10th International PACBT/PACT Conference 2020: Prospect of Low Intensity CBT in Global Mental Health, 5th-7th March 2020. Organized by **Fatima Jinnah Women's University, Lahore**. (2020)
- **Member Board of Studies, Psychology Department, Fazaia College of Education for Women**, Lahore Cantt. (2020)
- **Judge for Poster Competition in the 8th International Conference** “Mental Health and Productivity: The Emerging Challenges for Youth” Held by **the National Institute of Psychology, Quaid-e-Azam International University, Islamabad**, Pakistan (2021)
- **Reviewer Journal “Healthcare”** (W category) 2022
- **Reviewer Journal “Social Sciences”** (X category) 2022
- **Reviewer Journal “International Journal of Environmental Research and Public Health”** (W category) 2022
- **Reviewer “Pertanika Journal of Social Sciences and Humanities”** (X category) 2022
- **Reviewer Journal “Journal of Professional and Applied Psychology”** (Y category) 2023
- **Reviewer Journal “Behavioral Sciences”** (W category) 2023
- **Reviewer “Journal of Islamic Thought and Civilization”** (Y category) 2023
- **Reviewer Journal “Frontiers in Psychology”** (W category) 2021, 2022, 2023
- **Reviewer Journal “Critical Review of Social Sciences and Humanities”** (Y category) 2024
- **Reviewer on Pakistan Journal of Social Sciences** (Y category) 2024

RESEARCH SUPERVISION

PH.D COMPLETED

2021	Tehreem Arshad (co-supervision)	Psychosocial predictors of quality of life and management of mild cognitive impairment in older adults
2022	Nosheen Ramzan (Co-supervision)	Father involvement, family environment, interparental conflicts and psychological adjustment in adolescents
2022	Asma Yousaf (co-supervision)	Factors of compulsive hoarding and its therapeutic intervention
2024	Komal Hassan (Co-supervision)	Predictors of Resilience and Efficacy of Resilience Enhancement Program in Young Adults
2024	Ahmed Bilal	Risk and Protective Factors for Sexual Quality of Life in Men with Type 2 Diabetes (Notification Awaited)

PH.D. STUDENTS UNDER SUPERVISION (Thesis submitted)

2018-2025	Amira Iftikhar	Psychosocial Sources of Marital Conflict in Women
2018-2025	Ayesha Farooq	Precipitating and Protective Factors of Cyberchondria in Adults

M.PHIL./MS THESIS SUPERVISED

2025	Asma Ilyas (M.Phil)	AI chatbots usage, academic self-efficacy, academic stress, and academic performance among university students
2025	Muhammad Zubair Saleem (M.Phil)	Interpersonal Trust, Political Efficacy, Knowledge and Cynicism in Adults
2025	Seemal Hijab (M.Phil)	Perfectionism, Social Support, Self-Efficacy and Academic Burnout in University Students

2025	Hifza Shamshad (M.Phil)	Attributional Styles, Perceived Organizational Support, Job Satisfaction, and Sales Performance Among Sales Employees
2025	Kainat Saeed (M.Phil)	The Role of Dark Tetrad, Perceived Anonymity, Negative Social Potency, and Digital Expression on Online Trolling Behavior in Young Adults
2024	Moazama Shabbir (co-supervision)	Sexual Objectification, Self-Compassion, Psychological Well-being, and Turnover Intentions in Lady Health Workers
2024	Nirma Khan (co-supervision)	Psychosocial Experiences of Chinese International Students living in Pakistan
2023	Kainat Yousaf (M.Phil)	Attachment styles, paranoia in relationship and conflict resolution in newly married and long wed adults
2023	Kainat Khalid (M.Phil)	Partner phubbing, excessive use of internet, perceived partner responsiveness and relationship satisfaction in married females
2023	Sehar Zulfiqar (M.Phil)	Perception of aging, forgiveness and meaning in life in older adults
2023	Salma (M.Phil)	Psycho-social correlates of infertility related stress in women seeking fertility treatment
2023	Sana Mustafa (M.Phil)	Parental monitoring, psychopathy and bullying perpetration in adolescents
2022	Mariam Maqbool (M.Phil)	Perfectionism, Appearance schemas, appearance contingent self-worth and body image in youth having cross-sex friendship
2022	Sonia Bashir (M.Phil)	Perfectionism, Atychiphobia, and creativity in university students
2022	Maryam Bibi (Co-supervision) M.Phil	Psycho-social experiences of single mothers in raising children in rural areas
2022	Amna Nuzhat (MS Health)	Fear, Efficacy and health-promoting behaviours in women with PCOS
2022	Aqsa Khalid (Co-Supervision) (MS Health)	Development and validation of pregnancy coping scale
2022	Mariam Maqbool (M.Phil)	Perfectionism, Appearance schemas, appearance contingent self-worth and body image in youth having cross-sex friendship
2021	Tehreem Raza	Religious Beliefs, Work Motivation, Risk Perception, and Posttraumatic Growth in Healthcare Workers During Covid-19,
2021	Shahzarey Ashraf	Cyber Bullying Victimization, Displaced Aggression, and Bullying Behavior in Social Media Influencers
2021	Sana Ijaz	Development and Validation of Attitude towards Rape Scale
2021	Nisma Rasheed (Co-supervised)	Tolerance of Uncertainty, Resilience, Perceived Control, Meaning in Life, and Subjective Well-being in University Students During the Covid-19 Pandemic
2020	Asma Amanatullah (M. Phil)	Personality, Occupational Self-Efficacy, Job Commitment and Performance in Bank Employees and Teachers
2020	Asma Naveed (M. Phil)	Mindset and Post-Failure Behavior in Adolescents
2020	Farah Yaqoob (M. Phil)	Psychological Predictors of Entrepreneurial Intentions
2020	Lubna Nasreen (M. Phil)	Self-Esteem and Academic Achievement: The Mediating Role of Sandbagging in Medical Students
2019	Muqeet ul Wara (M. Phil)	Personality, Self-Esteem and Ideal Partner Preferences in University Students

2019	Sahar Yaqoob (M. Phil)	Health Locus of Control, Social Support, Coping Strategies and Health Promoting Lifestyle Behaviors in Young Women with Polycystic Ovary Syndrome
2019	Sara Ali (M.Phil)	Appearance Based Teasing, Social Interaction Anxiety and Quality of Life in Individuals with Acne Vulgaris
2019	Sara Rafique (M.Phil)	Parenting Styles, School Engagement and Character Strengths in Early Childhood
2018	Anam Arif Butt (M.Phil)	Psychopathy, Criminogenic Thinking Styles and Criminal Social Identity in Recidivist Women Offenders.
2018	Iqra Abdul Haq (M.Phil)	Self-Compassion, Experiential Avoidance, Anxiety and Academic Procrastination in Undergraduate University Students
2018	Momna Saba (M.Phil)	Maladaptive Perfectionism, Mindfulness and Psychological Distress in University Students
2017	Ayesha Farooq	Parenting styles, moral sensitivity, perfectionism, judgment and virtues in young adults
2017	Jaweria Fatima Naqvi	Role Centrality, Strength of domain, supportive communication and work-family balance in female university teachers
2017	Sadaf Waheed	Organizational trust, role ambiguity, interpersonal conflict and burnout in employees of mobile franchises
2017	Saleha Younas	National identity, Ethnocentrism and Cultural diffusion across three generations
2016	Ayesha (MS health Psychology)	Testing Protection Motivation Theory to Reduce Junk Food Consumption
2015	Farhat-UI-Ain (MS health Psychology)	Personal belief in a just world, self-compassion, body appreciation and quality of life of individuals with amputation using prosthesis and not using prosthesis
2015	Ghuncha Naqvi (M. Phil)	Perception of aging, attributional styles, social support and psychological well-being of older adults
2015	Madiha Nazir (M. Phil)	Modes of delivery, Postpartum depression, and Post traumatic stress symptoms in mothers after birth of first child
2015	Madiha Yaseen (M. Phil)	Rejection Sensitivity, Perceived Stigma, Rumination and Psychological Distress in Divorced Women
2015	Mahwish Idrees (M. Phil)	Perceived social support, rejection sensitivity, self-control and adjustment in university hostel students
2015	Sania Riaz (M. Phil)	Content Analysis of dreams in relation to neuroticism
2015	Sheeba Saeed (M. Phil)	Work family spill over, relational communication and crossover of family satisfaction in dual-earner couples
2014	Alishba Hafeez (M. Phil)	Patience and Psychological well-being
2014	Amna Rafique (M. Phil)	Attachment with mothers, social competencies, and interpersonal relationships of married men
2014	Arooj Arshad (M. Phil)	Emotion Regulation, Marital Aggrandizement and Marital Satisfaction in long-wed couples
2014	Gul-E-Sehar (M. Phil)	Role of Dark Triads, Empathy and Self-efficacy in Bullying and Victimization
2014	Nadia Ashraf (M. Phil)	Self-efficacy, Coping Strategies and Health Related Quality of Life in people with Chronic Asthma
2014	Sumera Siddique (M. Phil)	Attachment Styles, Moral Judgment and Empathy as predictors of Volunteerism in university students
2014	Zaeema Farooq (M. Phil)	Relational Uncertainty, Partner Interference and Relational Turbulence in young married couples

2013	Ali Ajmal. (M. Phil)	Personality and psycho-social factors of economic decision making
2013	Amarah Qureshi. (M. Phil)	Predictors of Persistence in School Children
2013	Kashmala Sehar (M. Phil)	Conflict management styles in relation to personality and religiosity
2012	Aneeqa Mazhar (M. Phil)	Satisfaction with the Hostel Environment and Adjustment in Hostel Students
2012	Nadia Arif (M. Phil)	Marital satisfaction in relation to types of marriage
2012	Rida Ashraf (M. Phil)	Predictors of non-violence behavior in Young adults
2012	Tahera Anwer (M. Phil)	Risk Factors of Academic Stress and Health Risk Behaviors in Intermediate Students

MSc / B.S THESIS SUPERVISED

2025	Muzna Mehmood Hashmi (BS-R)	Autistic Traits, Difficulties in Emotional Regulation, and Social Skills in University Students
2025	Maila Naveed (BS-R)	Personality Traits, Coping Strategies, and Resilience in Medical Students
2025	Haris Abdullah (BS-R)	Social Intelligence, Job Satisfaction, and Work Engagement in IT Sector Employees
2025	Aliya Baig (BS 5 th -8 th , M)	Sleep Quality, Anxiety, and Cognitive Functioning in University Students
2025	Muqadas Zara (BS 5 th -8 th , R)	Personality Trait, Existential Intelligence, and Psychological Wellbeing in Medical Students
2025	Aiman Shahzadi (BS 5 th -8 th , R)	Burnout, Sleep Disturbance, and Cognitive Failure in freelancers
2025	Taha Sarfraz (BS 5 th -8 th , R)	Emotional intelligence, peer influence and risk-taking behaviors in emerging adults
2025	Zunorain (BS 5 th -8 th , R)	Identity Formation, Self-Efficacy, and Mental Health in Emerging Adults
2025	Elisha Sharif Chaudhry (BS 5 th -8 th , R)	Cognitive Functioning, Time Management, and Occupational Burnout in IT Sector
2025	Zara Yaseen (BS 5 th -8 th , R)	Self-Compassion, Mindfulness, and Body Image in College Students
2025	Syeda Ayesha Batool (BS 5 th -8 th , R)	Parental Attachment, Internet Addiction, and Social Skills in Young Adults
2025	Khadija (BS 5 th -8 th , R)	Subjective Well-being, Emotional Regulation in Pet Owners and Non-Pet Owners
2025	Rubana Anwar (BS 5 th -8 th , R)	Gratitude, Social Connectedness, and Life Satisfaction in University Students
2024	Sattara (BS M)	Ambivalent Sexism, Religiosity and Attitude Toward Working Women in Working Males
2024	Maha John (BS M)	Social Discrimination, Self- Esteem and Psychological Wellbeing in Religious Minority
2024	Sarah Waheed (BS M)	Perceived interparental conflict, gender role attitude and attitude towards marriage in emerging adults
2024	Farheen Wahid (BS E)	Ostracism, Resilience, and Job Stress in Corporate Employees
2024	Qirat Nazeer (BS E)	Emotional regulation, Mindfulness and Eudaimonic Well-Being a cross cultural analysis
2024	Shabbeeh Mujtaba (BS E)	Misanthropy, Machiavellianism and Bullshitting in Young Adults
2024	Fiza Ashraf (MSc M)	Conscientiousness, Neuroticism and Procrastination in Undergraduate Students

2024	Iqra Saeed (MSc M)	Perceived Social Support, Quality of Sleep in relation to Academic Stress in Undergraduate Students
2024	Yumna Kaniz Fatima (MSc M)	Resilience, Forgiveness and Self-improvement among university students
2024	Kainat Nisar (MSc M)	Peer Victimization, Rumination and Social Anxiety in University Students
2024	Noor ul Saba (MSc M)	academic self-efficacy, homesickness and academic stress among hostelites
2024	Zunairah Muzzamal (MSc E)	Personality and Self-Esteem in University Students
2024	Sunaina Ali (MSc E)	Workplace Ostracism and emotional dissonance on organizational cynicism in banking sector of pakistan
2024	Sumaira Bibi (MSc E)	Achievement Goal, Sleep Quality, and Academic Performance In University Student
2024	Samina Talib (MSc E)	social media use , social comparison and materialism among young adults
2023	Bin Tul Islam	Childhood trauma, resilience and psychological distress in adults
2023	Hamna Saeed (BS M)	Gender discrimination, workplace ostracism and emotional exhaustion among working women
2023	Esha Zaman (BS M)	Emotional regulation, forgiveness gratitude, and marital satisfaction married women
2023	Nyle Imtiaz (BS M)	Effect of classical and pop music on mood in young adults
2023	Maleeha Shahbaz (BS M)	Effect of awareness of illusion of transparency on quality of public performance in adolescents
2023	Asma Ilyas (BS E)	Parental expectations, academic stress, and academic satisfaction in premedical students
2023	Maida Zulfiqar (BS E)	Self-efficacy, procrastination and academic achievement in adolescents
2022	Tayabba Bahadur (BS-M)	Alexithymia, Self-Esteem, and Eating Attitudes in Young Adults
2022	Minahil Ijaz (BS-M)	Social Media Usage and Prosocial Behavior in Young Adults
2022	Momina (BS-M)	Time Management, Procrastination, and Academic Performance in University Students
2022	Laiba Iftikhar (BS-R)	Emotional Intelligence, Narcissism and Bullying in Adolescents
2022	Esha Azhar (BS-R)	Emotive Language, Interest, and Consumer Preference in Young Adults
2022	Syeda Fatima Zehra (BS-R)	Parenting Styles, Self-Concept, and Aggression in Late Adolescents
2022	Hafsa Khalid (M.Sc-M)	Resilience, Self-Regulation, and Psychological Well-being in Young Adults
2022	Sana Shahzadi (M.Sc M)	Social Support, Self-Efficacy, and Goal Orientation in Intermediate Students
2022	Wardah Tahir (M. Sc-M)	Perceived Parenting Styles, Resilience, and Academic Stress in Hostel Students
2022	Zainab Javed (M. Sc-M)	Alexithymia, Empathy, and Prosocial Behavior in Young Adults
2022	Reeba Sharif Chaudhry (M. Sc-R)	Academic Stress, Caffeine Consumption, and Academic Performance in Undergraduate Students
2022	Amna (M. Sc-R)	Peer Pressure, Performance Anxiety, and Attitude towards Cheating in Undergraduate Students

2022	Zainab Arshad (M.Sc-R)	Bullying Victimization, Emotion Regulation and Academic Stress in Intermediate Students
2022	Samavia (M.Sc-R)	Perceived Stress, Emotion Regulation and Job Satisfaction in Police Officers
2021	Sadaf Nazir (BS M)	Perfectionistic Self-Presentation, Impression Management and Social Connectedness in Youth
2021	Muhammad Arshad (BS M)	Academic Stress, Self-regulation and Psychological Well-being in University Students
2021	Wahba (BS M)	Materialism, Body Surveillance, and Body Shame among Young Adults
2021	Mubassher (BS R)	Proactive Personality, Forgiveness and Mental Wellbeing in Adolescents
2021	Maryam (BS R)	Mindfulness, Emotional Regulation and Academic Burnout among Undergraduates
2021	Umme Abeeha (BS R)	Proactive Personality, Work Autonomy and Job Satisfaction in Freelancers versus Regular Employees
2021	Fatima Qadeer (M.Sc M)	Personality Traits, Self-esteem and Patterns for coping with decisional conflict in University Students
2021	Dania Saeed (M.Sc M)	Emotional Intelligence, fear of negative Evaluation and assertiveness in Young Adults
2021	Nimra Akhtar (M.Sc M)	Trust, Friendship Satisfaction and Life Satisfaction in Adolescence
2021	Muhammad Umar (M.Sc M)	Academic Grit, Self-efficacy and Academic Life Satisfaction among University Students
2021	Razia (M.Sc R)	Academic Stress, Peer pressure and Goal adjustment among University Students.
2021	Hina Anwar (M.Sc R)	Locus of Control, Self-esteem, and Aggression in Adolescents
2021	Zainab Husnain (M.Sc R) (Co-Supervision)	E-Learning Motivation, Self-Regulated Learning and Academic Performance in Students during COVID-19
2021	Shajiha (M.Sc R) (Co-Supervision)	Parenting Styles, Self-esteem and Bullying Behavior in Adolescents
2020	Amber Mehmood (BS)	Spiritually, Empathy, and Prosocial behavior in University students
2020	Aroosh Amir (BS)	Job Stress, Cynicism, and Job Involvement in Nurses
2020	Javaria Malik (BS)	Job security, Adaptation and Job satisfaction in Industrial Employees
2020	Ramsha Khalid (BS)	Work-life Balance, Gratitude and Marital Satisfaction in School Teachers.
2020	Saba Ashraf (BS)	Academic stress, social isolation and quality of life in medical students
2020	Saba Aslam (BS)	Occupational Stress, Resilience and Turnover Intention in Dolphin Police
2020	Azhar Yaqoob (M. Sc)	Self-compassion, work related psychological flexibility and psychological empowerment in managers.
2020	Hadiqa Noor (M. Sc)	Familism, Sibling Relationships and Psychological Wellbeing in Young Adults
2020	M. Ahmad (M. Sc)	Organizational Culture, Organization Based Self-esteem and Job Involvement In Industrial Employees
2020	M. Zulqernain (M. Sc)	Emotional labor, supervisory support, and turnover intention in industrial employees
2020	Mehak Ijaz (M. Sc)	Self-criticism, self-moral image and burnout in Police Officers

2020	Nayyab Neelam (M. Sc)	Social Anxiety, Social Support and Life Satisfaction in Old People Living in Old Age Homes
2019	Aima Khan (BS)	Decision Making Styles, Integrity and Perceived Stress in Police Officer
2019	Azqa Younas (BS) Co-supervised	Mindfulness, Impulsivity and Psychological Well-Being in Young Adults
2019	Huda Ijaz (BS) Co-supervised	Narcissism, Jealousy and Cyber Bullying in Adolescents
2019	Humna Abid (BS) Co-supervised	Personality Traits, Self-Efficacy and Attitude towards Corporal Punishment in School Teachers
2019	Iffa Rameen (BS)	Street Harassment and Psychological Functioning in Female University Students
2019	Iqra Zainab (BS)	Cyberbullying and Mental Health in Media Professionals
2019	Iqsa Shehzadi (BS)	Time Management Skills and Exam Anxiety in Undergraduate Students
2019	Irfa Munawar (BS) Co-supervised	Self-Efficacy, HIV Knowledge and HIV Risk Taking Behaviors in Young Adults
2019	Mahnor (BS)	Self-Silencing, Communication Patterns and Marital Adjustment in Married Couples
2019	Ramla Haram (BS) Co-supervised	Social Support, Inmate Adjustment and Depression in Female Prisoners
2019	Rida Zainab (BS)	Workplace Bullying, Organizational Politics and Subjective Career Success in Bankers
2019	Zahra Batool (BS) Co-supervised	Perfectionism, Stress and Academic Performance in Undergraduate Students
2019	Ansa (M.Sc.)	Emotional Intelligence and Psychological Flexibility in University Students
2019	Ayesha Ishaq (M.Sc.)	Social Anxiety and Perfectionist Self Presentation in Young Adults
2019	Faiqa Bashir (M.Sc.) Co-supervised	Physical Activity and Mental Health in Adolescents
2019	Hamza Sarwer (M.Sc.)	Effects of Anti-Bullying Intervention Program on Bullying and Victimization in High School Boys
2019	Iram Murtaza (M.Sc.)	Self-Control, Life Satisfaction and Psychological Flexibility in University Students
2019	Kiran Shehzadi (M.Sc.) Co-supervised	Job Stress, Moral Disengagement and Counterproductive Work in Female Nurses
2019	Naima Mukarram (M.Sc.) Co-supervised	Self-Compassion, Gratitude and Quality of Life in Nurses of Intensive Care Units
2019	Zainab Khan (M.Sc.)	Mother-Child Relationship and Anger Expression in Mothers of Children after Cochlear Transplant
2018	Samavia Malik (BS)	Perfectionism, Procrastination and Academic Performance among University Students
2018	Sana Amin (BS)	Personality Advertisement Appeals and Brand Loyalty among University Students
2018	Akhtar Ali (M.Sc.)	Job Demands, Job Control and Burnout among Punjab Police Constable

2018	Alina Arif (M.Sc.)	Self-Esteem, Jealousy and tendency to Gossip in Students
2018	Bushra Mubarak butt (M.Sc.)	Parental Marital Conflict and Attitude towards Marriage in Unmarried Young adults
2018	Hira Waseem (M.Sc.)	Social Influence, Materialism and Compulsive Buying in Young Adults
2018	Izza Mahfooz (M.Sc.)	Irreligiosity, Narcissism and Criminal Thinking in Criminals
2018	Sabina Shehzadi (M.Sc.)	Family Centrality, Supportive Communication and family Satisfaction in Female School Teachers
2018	Shahrukh Saleem (M.Sc.)	Psychological Empowerment and Job Stress in Engineers
2018	Uzma Naheed (M.Sc.)	Family Functioning, Self-Control and Smoking Behavior in Young Adults
2017	Amna Maqsood (BS)	Psychological distress, Anxiety and depression in active and passive smokers
2017	Iqra Shafqat (BS)	Family cohesion, sibling relationship and psychological well-being of adolescents
2017	Anum Amin (Msc)	Self-construal and communication predisposition in undergraduate students
2017	Fatima Nadeem (Msc)	Stigma of mental illness, burnout and attitude towards seeking professional psychological help
2017	Laila Ashraf (MSc)	Empathy and quality of friendship in University students
2017	Maria Ashfaq (MSc)	Self-forgiveness, regulation and academic procrastination in university students
2017	Sania Razaq (MSc)	Jealousy, gossip and relational aggression in adolescents
2017	Seemal Amin (Msc)	Mindset, Resilience, and rejection sensitivity in individuals with physical disabilities
2016	Fareena Saleem(BS)	Migraine Severity, Cognitive Failures and Quality Of Life
2016	Jaweria Nazeer (BS)	Parental Differential Treatment and Aggression Among Adolescents
2016	Seher Naveed (BS)	Communal and Agentic Traits and Marital Adjustment in Married Men and Women
2016	Asma Naveed (MSc)	Trait Forgiveness, Friendship Quality and Forgiveness Granting Communication Styles Among Same Sex Friends
2016	Jassia Sheikh (MSc)	Internet-Addiction, Psychopathy and Cyberbullying Perpetration In College Students

2016	Muneeza Ansar (MSc)	Self-appraisal and Decision Making Styles In Judges
2016	Sabeen Khan (MSc)	Irrational Beliefs, Locus Of Control and Procrastination In Science Students
2016	Zenab Imran (MSc)	Personality, Stress and Creativity in Fine Arts and Science Students
2015	Arooba Liaqat (BS)	Self-concealment, perceived stigma and attitude towards seeking professional psychological help
2015	Rabia Ayaz (BS)	Self-control and academic dishonesty in post graduate students
2015	Amna Tahir (MSc)	Emotional self-disclosure and fear of intimacy in newly married women
2015	Anum Shazia (Msc)	Self-efficacy, assertiveness and stress in medical interns
2015	Asma Ghaffar (MSc)	Emotion regulation and social anxiety in first year university students
2015	Jabar Hussain (Msc)	Vocational identity, negative career thoughts and quality of work life of internees
2015	Myra Tariq (MSc)	Differential parenting and rejection sensitivity in adolescents
2015	Rabia But (MSc)	Emotional awareness, communication competence and friendship quality in adolescents
2015	Saba Safdar (MSc)	Parenting styles and psychological flexibility in university students
2015	Sonia Sharif (MSc)	Work life conflict, social support and interpersonal problems in working married women
2014	Aqsa Latif (BS)	Perceived Parenting Styles and Assertiveness in College Students
2014	Beenish Najam (BS)	Internet Addiction and Psychological Wellbeing in Undergraduate Students
2014	Saleha Younis (BS)	Emotion regulation and psycho social well-being in social workers
2014	Tayyaba Mehboob (BS)	Rumination, Self-Compassion and Stress in Women living in Shelter Homes
2014	Azka Arshad (Msc)	Job Stress and Cognitive Failures in Female School Teachers
2014	Hira Tabassum (Msc)	Work Family Conflict, Perceived Work Overload and Work Exhaustion in Employees of Banking Sector
2014	Hooria Batool (Msc)	Mindfulness and Psychological Well Being in Elderly People

2014	Qurat -Ul –Ain (MSc)	Optimism, Personal Growth Initiative and Positive Interpretation of Illness in Patients with Asthma
2014	Rabia Akbar (MSc)	Self-Objectification and Turnover Intention in Female Receptionists
2014	Rabia Butt (Msc)	Daydreaming and Life Satisfaction in Adolescents
2014	Sitara Kanwal (Msc)	Personality Traits, Environmental Awareness and Pro Environmental Behavior among University Students
2014	Syeda Rabia Sajid (Msc)	Gratitude, Forgiveness And Optimism between Married and Unmarried Adults
2013	Amna Wajahat (BS)	Study of humor and stress in retired people of Lahore
2013	Mashal Fatima (BS)	Academic Procrastination and Self-Efficacy in College Students
2013	Rukhshanda Younas (BS)	Social Support, Locus of Control and Burnout in University Teachers with Dual Role
2013	Shazia Ilyas (BS)	Self-esteem and academic adjustment in adolescent migrants from rural areas
2013	Ayesha Aslam (Msc)	Persistence in High and Low Achievers of First Year Intermediate Students
2013	Naila Noreen (Msc)	Self-Efficacy, Self-Regulated Learning Strategies and Student's Academic Achievement
2013	Saba Ikhlas (Msc)	Quality of work life, Job Embeddedness, and turnover intentions in private sector nurses
2013	Sara Mubeen (Msc)	Body Image and Depression among Female Students in Single Sex and Coeducation Universities
2013	Shabana Luqman (Msc)	Self-Compassion and Positive Psychological Functioning In University Students
2013	Shahzad Jamil (Msc)	Parenting styles, jealousy and family relations among adolescents
2012	Mahwish Idrees (BS)	Self-Silencing, Self Esteem and Disordered Eating in Professional women
2012	Syeda Fatima Husnain (BS)	Perfectionism, Loneliness and Life Satisfaction in Engineering Students
2012	Wafa Kamran (BS)	Emotional Intelligence, Anxiety and Academic Procrastination in Intermediate Science Students
2012	Hafiza Maryam Rafique (MSc)	Suicide: Science Academic Stress and Attitude towards and Arts Intermediate Students
2012	Hina` Mehreen (MSc)	Relationship of Religiosity and Compassion with Job Satisfaction
2012	Iqra Akbar (MSc)	Parents, peers, media and appearance-based anxiety in college students.
2012	Sanam Khalid (MSc)	Assertiveness and Parenting Stress in Housewives Living in Joint and Nuclear Families
2011	Jamila Kausar (MSc)	Parenting styles and level of motivation in down syndrome children

2011	Khadija Rehman (MSc)	Quality of life and treatment motivation in heroin addicts
2011	Maral Anum (MSc)	Relationship between attachment with parents and marital adjustment with parents and marital adjustment in infertile females
2011	Sabiha Tahir (MSc)	Cognitive coping strategies used by paramedics
2011	Salma Nasreen (MSc)	Relational identity orientation, trust and marital satisfaction in professional women

Interests

- *Positive Psychology*
- *Social Psychology*
- *Organizational Psychology*
- *Health Psychology*
- *The application of Statistics in Psychology.*

References

- 1. *Dr. Kausar Suhail (PhD supervisor). Ex-Professor, Department of Psychology, Government College University, Lahore. Currently Clinical Psychologist, Surrey Mental Health and Addictions, Fraser Health Authority, Surrey, B. C., Canada. Email: kausarsuhail@gmail.com*
- 2. *Dr. Claudia Dalbert (Eminent researcher). Professor, Department of Educational Psychology, Institute of Education, Martin-Luther-Universität Halle-Wittenberg, D-06099 Halle (Saale), Germany. Email: claudia.dalbert@paedagogik.uni-halle.de*