

CURRICULUM VITAE RUBEENA ZAKAR

MBBS, MPS, PHD
PROFESSOR OF PUBLIC HEALTH
Department of Public Health
INSTITUTE OF SOCIAL AND CULTURAL STUDIES,
UNIVERSITY OF THE PUNJAB, LAHORE
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EDUCATIONAL QUALIFICATIONS

YEAR	NAME OF DEGREE	DEGREE AWARDING INSTITUTION
1998	MBBS (Bachelor of Medicine and Bachelor of Surgery)	Sindh Medical College Karachi University (Pakistan)
2000	FCPS (P-I) (Post-graduation in gynecology & Obstetrics)	Fellow of the College of Physicians and Surgeons, Pakistan
2006	MPS (Master in Population Sciences)	Department of Population Sciences, Institute of Social and Cultural Studies, University of the Punjab, Lahore (Pakistan)
2012	PhD in Public Health (with Summa cum Laude)	Department of Public Health Medicine, School of Public Health, Bielefeld University

Areas of research and teaching interests

- Quantitative and qualitative research methods
- Determinants of Migration and Livelihood Restoration
- Violence against women
- Women's health in developing countries
- Reproductive health
- Human rights
- Information technology and infectious diseases
- Population Displacement
- Aging
- Child and infant health
- Gender in international perspective
- Health care resource utilization by immigrant women

Awards

- 1998 8th Position in Final MBBS
- 2006 University Gold Medalist
- 2008-2012 Doctoral Scholarship
Heinrich Boell Foundation,
Germany
- 2012 PhD with *Summa cum Laude*
- 2012 Best Dissertation
Research Award
Wesfaellichen Lippen University
Society, Germany
- 2013 International AOK Award

COURSES TAUGHT

TITLE OF COURSE	LEVEL	INSTITUTION
Women's health in international perspective	MSc	School of Public Health, Bielefeld University, Germany
Gender and health	MSc	School of Public Health, Bielefeld University, Germany
Research methods	MSc	School of Public Health, Bielefeld University, Germany
Reproductive health & Population aging	MPhil Public Health	Institute of Social and Cultural Studies, University of the Punjab
Quantitative research methods Quantitative data analysis	M Phil/ PhD	Institute of Social and Cultural Studies, University of the Punjab
Applied Statistics	PhD	Institute of Social and Cultural Studies, University of the Punjab
Qualifying Paper	PhD	Institute of Social and Cultural Studies, University of the Punjab

ADMINISTRATIVE EXPERIENCE

INSTITUTION	POSITION HELD	PERIOD	
		FROM	TO
Department of Public Health, University of the Punjab, Lahore	Coordinator	April 2013	To Date
Punjab Higher Education Commission	Member, Expert Review Committee	October 2016	To date
Punjab University Medical & Dental College	Member Board of Studies	May 2017	To date
Faculty of Health Sciences, University of the Punjab, Lahore.	Member, Physician Assistant, Program Directors and Coordinators	May 2017	To date
University of the Punjab	Member, Development Projects of Capacity Building of Government Departments	March 2016	To Date
United Against Breast Cancer	Focal Person, Pink Ribbon Day	November 2016	To Date

Student Advancement Fund and endowment funded by PEP Newyork	Executive Director, Students Advancement Fund Endowment	May 2015	To Date
Institute of Social and Cultural Studies, University of the Punjab, Lahore.	Member, Doctoral Program	2012	To Date
University of the Punjab, Lahore.	Member, Child Protection and Welfare Bureau for preparing the Child Protection Policy	March 2018	To Date

RESEARCH EXPERIENCE AND RESEARCH PROJECTS

YEAR	DESIGNATION	PROJECT	FUNDING ORGANIZATION
2018	Principal Investigator	Exploration of Socio-Cultural and Institutional Factors of Child Sexual Abuse in Kasur, Pakistan	Ministry of Human Rights, Government of Pakistan, Islamabad
2018	Principal Investigator	Evaluation of Mother and Child Health Week in Pakistan	UNICEF
2018-2020	Co-Principal Investigator	Role of Punjab health care commission in Engaging Non-State providers for Strengthening Health system: Challenges and Opportunities	Higher Education Commission (HEC)
2017	Program Coordinator	University Partnership Program between PU & Arizona State University, USA	Arizona State University
2017	Co-Principal Investigator	Training Women and Men Lawyers to provide legal services to women, including minority women	USAID
2016-2017	Co-Principal Investigator	Evaluation of Post Doctorate Fellowship Programs	Higher Education Commission (HEC)
2016-2017	Co-Principal Investigator	Preparation of Initial Country Report of United Convention of Rights of persons with Disabilities	Oxfam Great Britain
2016-2017	Co-Principal	Research study for	Danish Centre for

	Investigator	analysis of linkages between art and culture & sustainable development and peace and reconciliation in Pakistan	Cultural and Development (CKU)
2015	Quantitative research expert	Gender mainstreaming in hydropower projects	World Bank
2015	Co-Principal Investigator	Development of curriculum on Human Right based approach to health for health professionals	World Health Organization
2014-2015	Co-Principal Investigator	Childhood Immunization barriers in hard to reach areas in Punjab, Pakistan	World Health Organization
2014	Co-Principal Investigator	Gender mainstreaming in Energy Sector	World Bank
2013- 2014	Co-Principal Investigator	International covenant on economic, social and cultural rights (ICESCR)	Ministry of Law, Justice and Human Rights, Govt. of Pakistan.
2013-2104	Acting as Supervisor on <i>Violence against Women</i> Research Line	Violence Research and Development in cross Cultural Perspective	International Centre for Violence Research, Bielefeld University, Germany
2013-2014	Qualitative Researcher	Rapid Assessment of Chief Minister's Health Initiative on Improving for Attainment and Realization of MDGs Project, Reduction of Maternal and Information Mortality	Technical Resource Fund (TRF)
2012-2013	Co-Principal Investigator	Rapid Assessment on Children involved in the worst form of child labour in district Okara and Muzaffar Ghar, Punjab	ILO, Government of the Punjab (Pakistan)
2012-2013	Gender Expert on Resettlement and Rehabilitation Issues	National Center on Resettlement and Rehabilitation, ISCS	World Bank
2010-2011	Principal Investigator	Health care resources utilization by immigrant South Asian women in Germany	FOKO, School of Public Health, Bielefeld University, Germany

Activities

- Organize volunteer social events such as Pink Ribbon Awareness Days for Women's Health.
- Media live talk shows, Live streaming [web-based media channels]
- PhD Viva Voice External examiner

PUBLICATIONS IN INTERNATIONAL PEER-REVIEWED JOURNALS

SR. #	ARTICLE	IMPACT FACTOR
1.	Tariq J., Sajjad A., Zakar R. , Zakar MZ, Fischer F.(2018). Factors Associated with Under-nutrition in Children under the Age of Two Years: Secondary Data Analysis Based on the Pakistan Demographic and Health Survey 2012–2013. Nutrients , 10, 676. doi:10.3390/nu10060676	3.55
2.	Mehmood KQ, Zakar R. , and Zakar MZ (2018) Role of Facebook use in predicting bridging and bonding social capital of Pakistani university students Journal of Human Behavior in the Social Environment https://doi.org/10.1080/10911359.2018.1466750	0.47
3.	Zakar R. , Zakar MZ, and Hamid N, (2018) Gender mainstreaming in politics: Perspective of female politicians from Pakistan Asian Journal Of Women’s Studies , https://doi.org/10.1080/12259276.2018.1464109	0.21
4.	Amjad A, Amjad U, Zakar R. , Usman A, Zakar MZ, and Fischer F (2018) Factors associated with caesarean deliveries among child-bearing women in Pakistan: secondary analysis of data from the Demographic and Health Survey, 2012–13 BMC Pregnancy and Childbirth 18:113 https://doi.org/10.1186/s12884-018-1743-z	2.70
5.	Saleem, J., Zakar, R. , et al. (2018) High dose vitamin D C in the treatment of severe acute malnutrition: a multicenter double blind randomized control trial. American Journal of Clinical Nutrition . (in press)	6.90
6.	Mian et al. (2018). Approaches towards improving the quality of maternal and newborn health services in South Asia: Challenges and Opportunities for healthcare systems. Globalization and health . 17, 14. https://doi.org/10.1186/s12992-018-0338-9	2.54
7.	Jafree, SR., Zakar, R. , Zakar, MZ, Fischer, F. 2017. Assessing the patient safety culture and ward error reporting in public sector hospitals of Pakistan. Safety in Health , 3:10. https://doi.org/10.1186/s40886-017-0061-x	3.98
8.	Iqbal., S., Maqsood, S., Zakar, R. , Zakar, M. Z. , Fischer, F. (2017). Factors associated with infants’ and young children’s (6–23 months) dietary diversity in Pakistan: evidence from the demographic and health survey 2012–13. https://ncbi.nlm.nih.gov/pubmed/29208001	2.60
9.	Iqbal., S., Zakar, R. , Zakar, M. Z. , Fischer, F. (2017). Perceptions of adolescents' sexual and reproductive health and rights: A cross-sectional study in Lahore District, Pakistan. BMC International Health and Human Rights . https://doi.org/10.1186/s12914-017-0113-7	1.60
10.	Hussain, S, Usman, M., Sabir, M., Zakar, R. , Usman, A. (2017). Prevalence of Spousal Violence and Associated Risk Factors: Facts from Pakistan Demographics and Health Survey 2012–13. Journal of Family Violence . https://doi.org/10.1007/s10896-017-9915-6	1.17
11.	Iqbal., S., Maqsood, S., Zakar, R., Zakar, M. Z., Fischer, F. (2017). Continuum of care in maternal, newborn and child health in Pakistan: Analysis of trends and determinants from 2006 to 2012. BMC Health Services Research . https://doi.org/10.1186/s12913-017-2111-9	1.71
12.	Mustafa, M., Zakar, R. , Zakar, M. Z., Chaudhry, A., & Nasrullah, M. (2017). Under-Five Child Mortality and Morbidity Associated with Consanguineous Child Marriage in Pakistan: Retrospective Analysis using Pakistan Demographic and Health Surveys, 1990–91, 2006–07, 2012–13. Maternal and Child Health	2.08

Journal.https://dhsprogram.com/publications/journal-details.cfm?article_id=2546&C_id=0&T_ID=120&P_ID=0

13. Jalil, A., **Zakar, R.**, Zakar, M. Z., Fischer, F. (2017). Patient satisfaction with doctor-patient interactions: a mixed methods study among diabetes mellitus patients in Pakistan. **BMC Health Services Research.** <https://doi.org/10.1186/s12913-017-2094-6> 1.76

SR. #	ARTICLE	IMPACT FACTOR
14.	F Tayyab, N Kamal, T Akbar, R Zakar. (2017). Men and Women's Perceptions of Justifications of Wife Beating: Evidence from Pakistan Demographic and Health Survey 2012–13. Journal of Family Violence. 1-10. https://doi.org/10.1007/s10896-017-9910-y	1.17
15.	Zakar, R. , Zakar, M. Z., Aqil, N., Chaudhry, A., & Nasrullah, M. (2017). Determinants of maternal health care services utilization in Pakistan: evidence from Pakistan demographic and health survey, 2012–13. Journal of Obstetrics and Gynaecology. 1-8. http://tandfonline.com/doi/abs/10.1080/01443615.2016.1250728	1.55
16.	Rizvi, S., Zakar, R. , Zakar, M., Fischer, F. (2016). Nurse perceptions of organizational culture and its association with the culture of error reporting: A case of public sector hospitals in Pakistan. BMC Health Services Research. 2016; 15(1):3. https://doi.org/10.1186/s12913-015-1252-y	0.87
17.	Jalil, A., Usman, A., Zakar, R. 2016. When sellers' behaviour goes bad: Linking customer discrimination and customer's visible characteristics. Anthropological Notebooks. 22(1):77-94. http://www.drustvo-antropologov.si/AN/PDF/2016_1/Anthropological_Notebooks_XXII_1_Jalil.pdf	0.55
18.	Zakar, R. , Nasrullah, M., Zakar, M.Z., Ali, H. (2016). The association of intimate partner violence with unintended pregnancy and pregnancy loss in Pakistan. International Journal of Gynecology & Obstetrics, 133, 26-31. http://doi.org/10.1016/j.ijgo.2015.09.009	1.55
19.	Zakar, R. , Zakar, MZ., Abbas, S. (2016). Domestic violence against rural women in Pakistan: An issue of health and human rights. Journal of Family Violence. 31 (1), 15-25. https://doi.org/10.1007/s10896-015-9742-6	1.17
20.	Nasrullah M, Zakar, R. , Zakar MZ, Abbas S, & Safdar R, (2015) Circumstances leading to intimate partner violence against women married as children: a qualitative study in Urban Slums of Lahore, Pakistan BMC International Health and Human Rights. https://doi.org/10.1186/s12914-015-0060-0	2.36
21.	Rizvi, S., Zakar, R. , Zakar, M. (2015). Factors associated with low birth weight of children among employed mothers in Pakistan. Maternal and Child Health Journal. http://doi.org/10.1007/s10995-015-1708-z	2.24
22.	Zakar, R. , Zakar, M. , Aqil, N., Naruallah, M. Paternal factors associated with neonatal mortality and births with low weight: evidence from Pakistan Demographic and Health Survey 2006-07. (2015). Maternal and Child Health Journal. https://doi.org/10.1007/s10995-015-1674-5	2.24
23.	Rizvi, S., Zakar, R. , Fischer, F., Zakar, M. (2015). Ethical violations in the clinical setting: The hidden curriculum learning experience of Pakistani nurses. BMC Medical Ethics. 16:16 https://doi.org/10.1186/s12910-015-0011-2	1.60
24.	Jalil. A., Zakar, R. , Zakar, MZ. (2015). A secondary analysis of maternal factors determines low birth weight in Pakistan. Iranian Journal of Public Health, 44(1), 136-137. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4450002/pdf/IJPH-44-136.pdf	0.58

25.	Kraemer, M. U., Perkins, T. A., Cummings, D. A., Zakar, R. , Hay, S. I., Smith, D. L., & Reiner, R. C. (2015). Big city, small world: density, contact rates, and transmission of dengue across Pakistan. Journal of The Royal Society Interface , 12(111), 20150468. https://doi.org/10.1098/rsif.2015.0468	3.92
26.	Nasrullah M, Zakar, R. , Zakar MZ, Abbas S, Safdar R, Shaukat M, Krämer A (2014). Knowledge and attitude towards child marriage practice among women married as children-a qualitative study in urban slums of Lahore, Pakistan. BMC Public Health 14(1): 1148 https://doi.org/10.1186/1471-2458-14-1148	2.32
SR. #	ARTICLE	IMPACT FACTOR
27.	Zakar, R. , Zakar, M. Z. Aqil, N. (2014). Adverse birth outcomes associated with consanguineous marriage in Pakistan. International Journal of Gynecology and Obstetrics . 127 (2), 211-212. https://doi.org/10.1016/j.ijgo.2014.06.013	1.99
28.	Zakar, R. Zakar, M. Z., Qureshi, S, and Fischer, F. (2014) Harnessing information technology to improve women's health information: evidence from Pakistan. BMC Women's Health 2014, 14:105 https://doi.org/10.1186/1472-6874-14-105	1.66
29.	Nasrullah, M., Zakar, R. , Zakar, M. Z. (2014). Child Marriage and Its Associations With Controlling Behaviors and Spousal Violence Against Adolescent and Young Women in Pakistan. Journal of Adolscnt Health , 55(6), 804–809. https://doi.org/10.1016/j.jadohealth.2014.06.013	3.75
30.	Zakar M. Z., Zakar, R. , Aqil, N., Qureshi S., Saleem, N., Imran, S. (2014). "Nobody likes a person whose body is covered with mud": Health hazards faced by child laborers in the brick kiln sector of the Okara District, Pakistan. Canadian Journal of Behavioral Science . https://doi.org/10.1037/a0036262	0.66
31.	Rizvi S, Zakar R, Zakar MZ. Gender Segregation as Benefits for Female Nurses: A Qualitative Study from Pakistan 2014, Journal of Nursing Management. https://doi.org/10.1111/jonm.12244	1.90
32.	Bugvi, A. Rahat, R., Zakar, R. , Zakar M. Z, Fischer, F. Nasrullah, M. Manawar, R. (2014). Factors associated with non-utilization of child immunization in Pakistan: Evidence from the Demographic and Health Survey 2006-07. BMC Public Health , 14:232. https://doi.org/10.1186/1471-2458-14-232	2.32
33.	Nasrullah, M., Zakar, R. , Zakar, M.Z, Kramer, A. (2014). Girl Child Marriage and its Associations with Morbidity and Mortality of Children under-five in a nationally, representative sample of Pakistan. Journal of Pediatrics , 164(3), 639-649. https://doi.org/10.1186/1471-2458-14-1148	4.36
34.	Zakar, R. , Zakar, M.Z., & Krämer, A. (2013). Men's belief and attitudes towards intimate partner violence against women in Pakistan. Violence Against Women . https://doi.org/10.1177/1077801213478028	1.32
35.	Zakar, R. , Zakar, M. Z., & Krämer, A. (2012). Voices of Strength and Struggle: Women's Coping Strategies against Spousal Violence in Pakistan. Journal of Interpersonal Violence . 27(16), 3268-3298. https://doi.org/10.1177/0886260512441257	1.63
36.	Zaman, M., Zakar, M. Z., Sharif, A., Sabir, I., Zakar, R. , & Arif, M. (2013). Exchange Marriage System, Traditional Gender Roles and Obscured Transformation in a Community of Pakistan: Interplay of Structure Agency and Social Change. International Journal of Sociogy of the Family . Vol. 39 (1-2). https://jstor.org/stable/43488405	0.50
37.	Zakar, R. , Mikolajczyk,R., Khan, M., Krämer, A. (2013). Spousal Violence Against Women and Its Association With Women's Mental Health in Pakistan Health Care for Women International Vol. 39(9) 795-813.	0.93

<https://doi.org/10.1080/07399332.2013.794462>

38.	Yunus A, Iqbal S, Munawar R,, Zakar R , Mushtaq S.K., Sadaf F, and Usman A (2013) Determinants of Postnatal Care Services Utilization in Pakistan- Insights from Pakistan Demographic and Health Survey (PDHS) 2006-07 Middle-East Journal of Scientific Research 18 (10): 1440-1447. https://www.idosi.org/mejsr/mejsr18(10)13/11.pdf	0.49
39.	Zakar, R. , Zakar, M. Z. , Mikolajczyk, R., & Krämer, A. (2012). Intimate partner violence and its association with women’s reproductive health in Pakistan. International Journal of Gynaecology and Obstetrics 117(1)10-14. https://doi.org/10.1016/j.ijgo.2011.10.032	2.17
SR. #	ARTICLE	IMPACT FACTOR
40.	Zakar, R. , Zakar, M. Z., Faist, T., & Krämer, A. (2012). Intimate partner violence against women and related immigration stressors among Pakistani immigrant families in Germany. Springer Plus, 1:5. (Internationally highly accessed article). https://doi.org/10.1186/2193-1801-1-5	1.61
41.	Zakar, R. , Zakar, M. Z., Hornberg, C., & Krämer, A. (2012). Coping strategies adopted by pregnant women in Pakistan to resist spousal violence. International Journal of Gynaecology and Obstetrics 116 (1) 77-78.doi:10.1016/j.ijgo.2011.08.006. https://doi.org/10.1016/j.ijgo.2011.08.006	2.045
42.	Zakar, R. , Zakar, M. Z., & Krämer, A. (2011). Spousal violence against women in the context of marital inequality: Perspectives of Pakistani religious leaders. International Journal of Conflict and Violence , 5(2) 371-384. https://doi.org/10.4119/UNIBI/ijcv.96	0.56
43.	Zakar, R. , Zakar, M. Z., & Krämer, A. (2011). Primary health care physicians’ response to the victims of spousal violence against women in Pakistan. Health Care for Women International, 32(9), 811-832. https://doi.org/10.1080/07399332.2011.569042	0.63
44.	Zakar MZ, Zakar R , Itani T. Association Between Neonatal Mortality And Paternal Characteristics: Evidence From Pakistan Demographic And Health Survey 2006–07. Das Gesundheitswesen. 2011;73 (08/09), A369 https://doi.org/10.1055/s-0031-1283689	0.41
45.	Zakar R, Zakar MZ, Itani, T. Factors Associated With Use Of Maternal Health Care Services In Pakistan: Evidence From Dhs Pakistan. Das Gesundheitswesen . 2011; 73 (08/09), A374 https://doi.org/10.1055/s-0031-1283690	0.41
46.	Wilke B, Hippler J, Zakar MZ. Violence Research from North Africa to South Asia: A Historical and Structural Overview. International Journal of Conflict and Violence. 2011; 5(1), 33. https://doi.org/10.4119/UNIBI/ijcv.135	0.95

PUBLICATIONS IN HEC RECOGNIZED JOURNALS

SR. #	ARTICLE	HEC CATEGORY
47.	Aisha Jalil, Rubeena Zakar, Muhammad Zakria Zakar. 2018. Patient satisfaction with doctors in public diabetes clinic of Pakistan: prevalence and determinants. Rawal Medical Journal, 43(1): 8-13.	X
48.	A Latif, Z Zakar, R Zakar. Political Insight of Youth Development: An Investigation Form Public Sector Colleges in Lahore. 2016. South Asian Studies 31(2).	X
49.	A Jalil, A Usman, K Ahmed, R Zakar. Does increased cost of living, education of daughters and reproductive health override son preference! An in-depth inquiry. (2016) Science International, 28(5)	X
50.	A Jalil, A Usman, R Zakar. Maternal Factors Determining Low Birth Weight in Punjab: A Secondary Data Analysis. 2016. FWU Journal of Social Sciences, 10(2).	X
51.	Rubeena Zakar, Shazia Qureshi, Muhammad Zakria Zakar, Muhammad Ashraf, Nauman Aqil, Safdar Abbas, Saeed Watto. (2014), Caught in the Crossfire: Aggression and Violence against Doctors in Pakistan after 9/11 Journal of Political Studies, 21(1), 281-298.	X
52.	Abbas, Safdar, Shazia Qureshi, , Rabia Safdar, Rubeena Zakar. (2013). Peoples' perceptions about visiting Sufi Shrine in Pakistan. South Asian Studies, 28(2), 369-387.	Y
53.	Zakar, Muhammad Zakria, Shazia Qureshi, Raza-Ullah, Rubeena Zakar, Nauman Aqil, Riffat Manawar. (2013). Universal Primary Education in Pakistan: constraints and challenges. South Asian Studies, 28(2), 427-444.	Y
54.	Qureshi, Shazia, Safdar Abbas, Rabia Safdar, & Rubeena Zakar. (2013). Gender responsive budgeting in Paksitan: Scope and Challenges. Journal of the Research Society of Pakistan, 50(1), 1-24.	Y
55.	Jalil, Aisha, Rubeena Zakar, Shazia Qureshi. (2013). Physical wife abuse in rural Sindh, Paksitan: Prevalance and risk factors. Journal of the Research Society of Pakistan, 50(1), 171-186	Y
56.	Zakar, Muhammad Zakria, Shazia Qureshi, Rubeena Zakar, Saleem Rana. (2013). Unsafe injection practices and transmission risk of infectious diseases in Pakistan: Perspectives and practices. Pakistan Vision	Y
57.	Zakar, Muhammad Zakria, Rubeena Zakar, Florian Fischer. (2012). Climate change-induced water scarcity: A threat to human health. Journal of South Asian Studies, 27(2), 293-312.	Y
58.	Zakar, Muhammad Zakria, Rubeena Zakar. (2009). Diffusion of Information technology for agricultural development in rural Punjab: Challenges and opportunities. Pakistan Vision, 9(2), 136-174.	Y

Published Conference Proceedings

Zakar Muhammad Zakar, Rubeena Zakar, Taha Itani, Alexander Krämer. Paternal factors associated with adverse birth outcomes: Evidence from Pakistan Demographic and Health survey. Mainz//2011. 56. Jahrestagung der Deutschen Gesellschaft für Medizinische Informatik, Biometrie und Epidemiologie (gmDs), 6. Jahrestagung der Deutschen Gesellschaft für Epidemiologie (DGEpi). Mainz, 26.-29.09.2011. Düsseldorf: German Medical Science GMS Publishing House; 2011. Doc11gmDs252 DOI: 10.3205/11gmDs252, URN: urn:nbn:de:0183-11gmDs2528 It is available on

<http://www.egms.de/static/en/meetings/gmDs2011/11gmDs252.shtml>

Zakar Rubeena, Muhammad Zakar Zakar, Taha Itani, Alexander Krämer. Determinants of maternal health care service utilization in Pakistan. Mainz//2011. 56. Jahrestagung der Deutschen Gesellschaft für Medizinische Informatik, Biometrie und Epidemiologie (gmDs), 6. Jahrestagung der Deutschen Gesellschaft für Epidemiologie (DGEpi). Mainz, 26.-29.09.2011. Düsseldorf: German Medical Science GMS Publishing House; 2011. Doc11gmDs251. DOI: 10.3205/11gmDs251, URN: urn:nbn:de:0183-11gmDs2511 It is available on

<http://www.egms.de/static/en/meetings/gmDs2011/11gmDs251.shtml>

PUBLISHED BOOKS/CHAPTERS IN EDITED BOOKS

Rubeena Zakar (2012). Intimate Partner Violence against Women and its Implications for Women's in Pakistan. Disserta Verlag: Hamburg

Zakar Muhammad, **Rubeena Zakar**, Florian Fischer. (2013). Klimawandelbedingte Wasserknappheit: Auswirkungen auf Gesundheit durch politische und soziale Konflikte In: Klimawandel und Gesundheit – Internationale, nationale und regionale Herausforderungen und Antworten. Jahn HJ, Krämer A, Wörmann T (Eds); Berlin, Heidelberg: Springer: 153–175.

REVIEWER FOR PEER-REVIEWED JOURNALS

I am acting as reviewer for the following international peer-reviewed journals:

- Canadian Journal of Behavioral Sciences
- Journal of Family Violence
- International Journal of Gynecology and Obstetrics
- British Journal of Gynecology and Obstetrics
- BMC Journals

CONFERENCES

PLACE & DATE	TITLE OF CONFERENCE/ THEME	MAIN ACTIVITY/ CONTRIBUTION	SPONSORING ORGANIZATION	ORGANIZING PERSON
Bielefeld University 23 rd April, 2009	Gender and Violence— Quantitative Findings of Research on Risk factors from Violence (Geschlecht und Gewalt—quantitative Forschungsergebnisse zu Ausmaß, Erscheinungsformen und Risikofaktoren von Gewalt)	Participated in discussion	Gender Studies Interdisziplinär Bielefeld University	Dr Monika Schröttle
Bielefeld University 4 th June, 2009	Health Consequences of Violence and its relevance to Public Health Research (Gesundheitlichen Folgen von Gewalt und ihre Relevanz für das Gesundheitswesen)	Participated in discussion	Gender Studies Interdisziplinär Bielefeld University	Prof Dr Hornberg
CeBitech Building, Bielefeld University 8 th July, 2009	Programme for the Indian delegation's visit to Bielefeld University	I have shared my experiences of living and studying in Bielefeld with members of Indian delegation	International office, Bielefeld University	Dr Anna Spiegel
Bielefeld University 14 th September 2009	Meeting of Cluster Initiative on "Societal Integration: Causes and Control of Violence (Gesellschaftliche Integration: Ursachen und Kontrolle von Gewalt)	Presented paper on "Domestic violence against women: An overview of cause analysis, forms, impact assessment and coping strategies"	Institut für interdisziplinäre Konflikt- und Gewaltforschung Universität <i>Bielefeld</i>	Prof. Dr. Wilhelm Heitmeyer
Jugendgästehaus und Bildungszentrum Bielefeld University 1-2 October, 2009	Workshop on "Gesellschaftliche Integration: Ursachen und Kontrolle von Gewalt"	Presented paper on "Domestic violence against women: Implications on women's health and their social integration"	Institut für interdisziplinäre Konflikt- und Gewaltforschung Universität <i>Bielefeld</i>	Prof. Dr. Wilhelm Heitmeyer
Bielefeld University 23 rd November, 2009	International symposium: The challenges of education for peace and tolerance towards the "others".	Participated in discussion	Faculty of History Philosophy and Theology, University of Bielefeld	
Bielefeld University 23 rd Jan, 2010	Young researchers meeting	Presented paper based on quantitative results of my dissertation research	Gender Studies (Interdisziplinär Geschlecht Forschung) Bielefeld University	Dr. Monika Schröttle

PLACE & DATE	TITLE OF CONFERENCE/ THEME	MAIN ACTIVITY/ CONTRIBUTION	SPONSORING ORGANIZATION	ORGANIZING PERSON
ZiF Bielefeld University 11-12th Feb, 2010	Cluster Initiative Workshop on "Gesellschaftliche Integration: Ursachen und Knotrolle von Gewalt"	Participated in discussion and presented my research experiences	Institut für interdisziplinäre Konflikt- und Gewaltforschung Universität <i>Bielefeld</i>	Prof. Dr. Wilhelm Heitmeyer
Filmhaus Bielefeld 7th March, 2010	Frauen film tage Bielefeld Shame—Die Schuld eine Frau zu sein	Participated as guest speaker In the event	Terre Des Femmes Stadtgruppe Bielefeld	Frau Ulla Reißland & Dr. N. Driever
Bielefeld University, 11-12th March, 2010	Visit of delegation of Gujrat University Pakistan	Arranged meetings of delegation with different University Faculties	International Office, Bielefeld University	Frau Monika Böckermann, International Office, Bielefeld University
Bielefeld University 18th March, 2010	Guest lecture on "An exploratory analysis of serial rape in South Africa"	Participated in discussion and gave technical input	Faculty of Psychology and Sport Sciences, Bielefeld University	Prof. Gerd Bohner
Bielefeld University 7th April, 2010	Internationalen Abend bei der Schülerakademie	Shared my experiences of living and studying in Germany as well as abroad with groups of high school scholars	Das SchülerInnen-Büro International office, Bielefeld University	Frau Helen Menges, International office, Bielefeld University
Berlin 17th-19th April 2009	Forum „von und für Stipendiat/inn/en beim Einführungsseminar "Ansichten einer Stiftung",	Presented findings of my dissertation	Heinrich Böll Stiftung in Berlin	Dr. Justus Lentsch
Mercure Hotel, Bielefeld 10-14th May, 2010	International research conference on „Youth, Institutions and Violence: Challenges for social integration	Presented paper on "Violence in domestic sphere: Youth as victim, perpetrator, and witness "	International Platform for Violence research, Institut für interdisziplinäre Konflikt- und Gewaltforschung Universität <i>Bielefeld</i>	Prof. Dr. Wilhelm Heitmeyer
ZiF Bielefeld University 16-18th June, 2010	Conflict, peace and violence	Participated in discussion	Faculty of Education Science, Bielefeld University	Prof. Dr. Andreas Zick
ZiF Bielefeld University 28-30th June, 2010	Human dignity and medical technology	Participated in discussion	ZiF, Bielefeld University	Dr. Ralf Stoecker
Bielefeld University, 12-23th July, 2010	Visit of Professor of Punjab University Pakistan	Arranged meetings of	International Office, Bielefeld	Frau Beatrice Künzel, International Office,

		professor with different University Faculties	University	Bielefeld University
PLACE & DATE	TITLE OF CONFERENCE/ THEME	MAIN ACTIVITY/ CONTRIBUTION	SPONSORING ORGANIZATION	ORGANIZING PERSON
Bielefeld University 14th July, 2010	Guest lecture on “Academic freedom in high violence societies”	Participated in discussion and shared my experiences on the topic	Faculty of Health Sciences, Bielefeld University	Prof. Alexander Krämer
Bielefeld University 7th Sep, 2010	Young researchers meeting	Participated in discussion on gender issues	Gender Studies (Interdisziplinär Geschlecht Forschung) Bielefeld University	Dr. Monika Schröttle
Berlin, 22-24th Sep, 2010	Conference 2010 on Individual Prevention and Epidemiology: The Modern Medicine	Presented one paper on Domestic violence in Pakistan: Implications for women’s health	Dt. Gesellschaft für Sozialmedizin und Prävention Dt. Gesellschaft für Epidemiologie European Union of Medicine in Assurance and Social Security	Dr. Martin Schlaud
Mainz 26-29th Sep, 2011	DGEpi Conference 2011	Presented one paper on: Determinants of maternal health care service utilization in Pakistan	Gesellschaft für Epidemiologie (DGEpi)	
Bielefeld 17-22nd November 2012	Conference on Violence research and development			Prof. Dr. Wilhelm Heitmeyer
PC Hotel, Lahore 30th June 2013	Population, Development and Women’s Health Launching Ceremony on “Aawaz Voice & Accountability Program 2012-2017” District Lahore.		Contech International Hospitality Inn Lahore, 25-26 Egerton Road, Lahore.	Dr. Naeemu-din-Mian a
Bielefeld University, Germany 4th -22nd Nov 2013	Winter school on Violence Research and Development	Delivered lectures	BMZ, Germany	Dr. Boris Wilke
Punjab University, Lahore 20th March 2014	International Conference on higher education: Challenges and opportunities	Organized the conference	PEP Foundation, USA	Dr. Khalid Iqbal
Punjab University, Lahore 9th-11th April 2014	Mid-term workshop on Violence Research and Development	Give a talk on Gender, violence and health	BMZ, Germany	Dr. Boris Wilke
Erfurt University, Germany	Role of Social Media in Youth development	Participated in discussion	DAAD, Germany	Prof. Dr Malik

PLACE & DATE	TITLE OF CONFERENCE/ THEME	MAIN ACTIVITY/ CONTRIBUTION	SPONSORING ORGANIZATION	ORGANIZING PERSON
2nd-9th August 2014 Bielefeld University, Germany 16th-24th Nov 2014	Violence and development	Give a talk on legitimization of violence against women	BMZ, Germany	Prof. Heitmeyer
Punjab University 9-11th Feb 2015	Journalist workshop	Organized the events	ICFJ, Washington DC	Elisa Tinsely
Punjab University, Lahore 12th March 2015	National Forum on Higher Education 2015: Role of Industry in Higher Education	Organized the conference	PEP Foundation, USA	Dr. Khalid Iqbal
Punjab University 13-15th March 2015	Journalist workshop	Organized the events	ICFJ, Washington DC	Elisa Tinsely
Punjab University, Lahore 26th March 2015	Violence in Pakistan: Challenges and Perspectives	Organized the conference	Punjab University	Dr. Boris Wilke
Punjab University , Lahore 18th April 2015	International Conference on "A role for family and woman in a peaceful society"	Organized conference	Institute of Social and Cultural Studies.	
Punjab University, Lahore 1-3rd May 2015	Journalist workshop	Organized the events	ICFJ, Washington DC	Elisa Tinsely
07th April 2016	To attend 1 st award Ceremony on Pink Ribbon Youth Awareness Drive 2016.	Give a talk on youth awareness Drive	HEC head Office, Islamabad	Omer Aftab CEO
22nd April 2016	To attend workshop on "Academic Writing"	Give a talk on research idea to research question and developing theoretical concepts.	DAAD information Centre Islamabad.	Lars Bergmeyer Director
Institute of Administrative Sciences, University of the Punjab, Lahore 19th May 2016	To attend a national conference on "Emerging trends in Governance and Management in Pakistan"	Participated as guest speaker in the event	Institute of Administrative Sciences, University of the Punjab, Lahore	Prof. Dr. Nasira Jabeen Dean, Faculty of Economics & Management Sciences
Denish Centre for Culture and Development, Quetta 02nd June 2016	One Day Consultative Meeting for Analysis of Linkages between art and Culture & Sustainable Development and Peace and reconciliation in Pakistan.	Participated in discussion and shared my experiences on the topic	Denish Centre for Culture and Development, Quetta	
Government of Punjab, Planning & Development Board 29th June 2016	Workshop on Prevention and Control of Hepatitis and Infection.	Give a talk on Hepatitis B, and Hepatitis C	Planning & Development Auditorium	Health Section P&D Department
FMH College of Medicine & Dentistry 23rd September 2016	To attend Workshop on "SPSS Analysis"	Give talk on SPSS analysis.	FMH College of Medicine & Dentistry	Prof. Dr. Iram Manzoor Director, Medical Education
Lahore College for	To attend 1 st International	Present a paper	Lahore College	Prof. Dr. Sarah Shahed

Women University, Lahore. 14th – 16th November 2016	Conference of Gender Studies on “Global Gender Perspective”	related to Gender health, Issues in Leadership and Entrepreneurship, education & learning, violence, harassment and Trafficking.	for Women University, Lahore.	Chief Organizer
PLACE & DATE	TITLE OF CONFERENCE/ THEME	MAIN ACTIVITY/ CONTRIBUTION	SPONSORING ORGANIZATION	ORGANIZING PERSON
Punjab University, Lahore 22nd November 2016	Awareness Seminar on Self-examine for screening of Brest Cancer	Organized the Seminar	Institute of Social & Cultural Studies	
Islamabad Margla Hotel 21st – 22nd December 2016	Consultative Meeting for Analysis of Linkages between Art and Culture & Sustainable Development and Peace and reconciliation in Pakistan.	Participated in discussion and shared my experiences on the topic	Denish Centre for Culture and Development, Quetta	
Univresity of the Punjab, Lahore 17th January 2017	Orientation / Consultative Workshop with Law Firms/Chambers	Participated in discussion and shared my experiences on the topic	Univresity of the Punjab, Lahore 17 th January 2017	
Government of Punjab, Bureau of Statistics 31st January, 2017	Second Consultative Workshop on Multiple Indicator Cluster Survey (MICS) Punjab 2017	Participated in discussion and shared my experiences on the topic	Auditorium of Punjab Medical College, Faislabad	Ch. Sajid Rasul Director General
Punjab Innovation Fund for Family Planning, 20th August 2017	A seminar on E-Health and Family planning in “Consultative session on Innovation for Population Development”	Presented paper on E-Health and Family planning	Punjab Innovation Fund for Family Planning	
Punjab University, Lahore 14th October 2017	Graduation Ceremony on Education is the key to success in life, and teachers make a lasting impact in the lives of their students”.	Organized this Event	Institute of Social & Cultural Studies	
20th October 2017	Symposium- Global Health – Hot Topics for the Future	Presented paper: Urban vs rural domestic violence against women in Punjab, Pakistan	University of Bielefeld, Germany	Alexander Kramer
Punjab University, Lahore 08th November 2017	Consultative Workshop on “ Gender Assessment Study and Strategy Development Report”	Give a talk on Gender Assessment Study and Strategy Development	Institute of Social & Cultural Studies	
23rd – 24th November 2017	International Conference on Gender, Human Rights & Islam “Attitude of Husbands’ towards wife battering: An exploratory study of rural vicinities of south Punjab, Pakistan”.	Participated in discussion and shared my experiences on the topic		

Punjab University, Lahore 28th November 2017	Awareness Seminar on Self-examine for screening of Brest Cancer	Organized the Seminar	Institute of Social & Cultural Studies	
20th – 22nd December 2017	18 th Annual Population Research Conference: Population Growth and Investing in Human Resource Development	Presented paper on Tracking Pakistan Progress on Family Planning 2020 pledge.	Government College University Lahore	Population Association of Pakistan
PLACE & DATE	TITLE OF CONFERENCE/ THEME	MAIN ACTIVITY/ CONTRIBUTION	SPONSORING ORGANIZATION	ORGANIZING PERSON
Punjab University, Lahore 26th February 2018	Workshop on Evaluation of Mother and Child Week		Institute of Social & Cultural Studies with Collaborating by UNICEF	
3rd – 4th February 2018	To Attend 2 nd International Conference on “Health Issues”	Give a talk on health issues.	Shalamar Medical & Dental College.	Mr. Zaheer-ud-din Shalamar Medical & Dental College.
Punjab University, Lahore 07th February 2018	A conference on Microbiology & Molecular Genetics,	Participated in discussion and shared my experiences on the topic	Department of Microbiology & Molecular Genetics	Prof. Dr. Anjun Nasim Sabri Chairperson
27th February 2018	To attend “One Day International Conference on “World Trends in Freedom of Expression & Media Development: A Pakistan perspective on UNESCO report”.	Participated in discussion and shared my experiences on the topic	Al-Razi Hall, Undergraduate Studies, University of the Punjab, Lahore.	ICS, University of Punjab, Lahore.
University of the Punjab, Lahore, 27th February – 01st March 2018	To attend inaugural session, Cultural Night and Dinner of 38 th Pakistan Congress of Zoology and celebration of Golden Jubilee of Zoological Society of Pakistan	Participated in discussion and shared my experiences on the topic	Department of Zoology	Prof. Dr. Javed Iqbal Qazi Chairman
28th February – 01st March 2018	To attend Two day International Conference on “Working within and against the structures: Women, Media and Transnational perspective”.	Participated in discussion and shared my experiences on the topic	IAS, University of the Punjab, Lahore.	IAS
06th – 07th March, 2018	To participate in 2 nd International Conference on ERSED 2018	Presenting Research Paper	Inter continental Regency, Manama – Bahrian.	
University of the Punjab, Lahore. 12th March 2018	To attend Launching Ceremony of Diploma in Indian Studies	Give a talk on Indian Studies	Centre for South Asian Studies	Prof. Dr. Umbreen Javaid
Crystal Hall, Pearl Continental, Lahore. 20th March 2018	Inaugural Session of International Conference on Governance, Management & HR: Strategic directions	Participated in discussion and shared my experiences on the topic	Institute of Administrative Sciences	Prof. Dr. Nasira Jabeen, Dean, Faculty of Economics & Management Sciences
Punjab University,	Six-Day Workshop on	Participated in	Institute of Social	Dean, Faculty of

Lahore. 20th March 2018	Proposal Development for Young Faculty Members, M.Phil. and Ph.D. Scholars on Comparative Analysis: Use of quantitative and Qualitative Research Methods	discussion and shared my experiences on the topic	& Cultural Studies	Behavioural & Social Sciences
Crystal Hall, Pearl Continental, Lahore. 21st March 2018	Keynote Addresses in International Conference on Governance, Management & HR: Strategic directions	Participated in discussion and shared my experiences on the topic	Institute of Administrative Sciences	Prof. Dr. Nasira Jabeen, Dean, Faculty of Economics & Management Sciences
PLACE & DATE	TITLE OF CONFERENCE/ THEME	MAIN ACTIVITY/ CONTRIBUTION	SPONSORING ORGANIZATION	ORGANIZING PERSON
Punjab University, Lahore. 27th March 2018	Six-Day Workshop on Proposal Development for Young Faculty Members, M.Phil. and Ph.D. Scholars on Tips and Tricks of Proposal Writing	Participated in discussion and shared my experiences on the topic	Institute of Social & Cultural Studies	Dean, Faculty of Behavioural & Social Sciences
Punjab University, Lahore. 28th March 2018	Six-Day Workshop on Proposal Development for Young Faculty Members, M.Phil. and Ph.D. Scholars on Academic Writing	Participated in discussion and shared my experiences on the topic	Institute of Social & Cultural Studies	Dean, Faculty of Behavioural & Social Sciences
Hotel Margala Islamabad 29th March 2018	Pre-Conference workshop on Linking Patient outcomes to Education and Training	Participated in discussion and shared my experiences on the topic	Collaboration of Association For Excellence in Medical Education and Pakistan Association of Private Medical & Dental Institutions	Prof. Dr. Umar Ali Khan Pro Vice Chancellor Isra University & Secretary General AEME
Punjab University, Lahore. 30th March 2018	Six-Day Workshop on Proposal Development for Young Faculty Members, M.Phil. and Ph.D. Scholars on Use of Reference Manager & End Note	Participated in discussion and shared my experiences on the topic	Institute of Social & Cultural Studies	Dean, Faculty of Behavioural & Social Sciences
Hotel Margala Islamabad 31st March 2018	Main Conference on Linking Patient outcomes to Education and Training	Participated in discussion and shared my experiences on the topic	Collaboration of Association For Excellence in Medical Education and Pakistan Association of Private Medical & Dental Institutions	Prof. Dr. Umar Ali Khan Pro Vice Chancellor Isra University & Secretary General AEME
Punjab University, Lahore.	One Day Seminar on Cancer Prevention Through	Participated in discussion and	Institute of Social & Cultural Studies	Dean, Faculty of Behavioural & Social

3 rd April 2018	Healthy Lifestyle	shared my experiences on the topic			Sciences
Punjab University, Lahore. 05 th April 2018	International Symposium: "DNA in Crime Investigation:	Participated as guest In the event		Al –Razi Hall, Undergraduate Block	Dr. Nadeem Sheikh Director CAMP
Punjab University, Lahore. 05 th April 2018	Seminar on Pakistan Maritime Affairs: Prospects & Challenges	Participated as guest In the event		Collaboration of Centre for South Asian Studies and Department of Political Science	Prof. Dr. Umbreen Javiad Director
PLACE & DATE	TITLE OF CONFERENCE/ THEME	MAIN ACTIVITY/ CONTRIBUTION		SPONSORING ORGANIZATION	ORGANIZING PERSON
Punjab University, Lahore. 05 th April 2018	Seminar on A reflection on Indian Atrocities in occupied Kashmir Pakistan	Participated as guest In the event		Collaboration of Centre for South Asian Studies and Department of Political Science	Prof. Dr. Umbreen Javiad Director
Hotel Luxus Grand, Lahore 10 th April 2018	Provincial Consultative Workshop for SDG-3 localization of Indicators and Targets for Punjab	Participated as guest In the event		Government of the Punjab Policy and Strategic Planning Unit	Program Director Policy and Strategic Planning Unit
University of the Punjab, Lahore 18-04-2018	Seminar on Awareness Campaign on Gender Equality & Women's Rights	Participated as guest In the event		The Punjab Commission on the Status of Woment Government of the Punjab	
Al-Razi Hall Undergraduate Block University of the Punjab, Lahore 18-04-2018	Seminar on Islamic Banking	Participated as guest In the event		Meezan Bank	Dr. Fouzia Hadi Ali Director, External Linkages PU, Lahore.
Government of Punjab, Lahore 19-04-2018	Seminar on "Tracking the Disease Literacy in Public: A case study of Lahore" and "Need Assessment of Independent Trauma Centers in Punjab"	Participated as guest In the event		Planning & Development Departmnet	Dr. Mumtaz Anwar Director
University of the Punjab, Lahore 20-04-2018	A seminar on Role of Reading in personality development	Participated as guest In the event		Department of Information and Management Sciences	Dr. Fouzia Waqar, Chairperson Punjab Commission on Women
University of the Punjab, Lahore 24-04-2018	Seminar on Prevention and Control of Hepatitis B&C and Infection.	Participated as Chief guest In this event		Office of Research Innovation & Commercialization	Dr. Farah Rauf Shakoor Director, ORIC
Department of Special Education University of the Punjab, Lahore 24-04-2018	1 st International Conference on Research in Special Education	Participated as Chief guest In this event		Collaboration of Department of Special Education, HEC, Punjab Higher	Dr. Humara Bano, Conference Secretary

			Education Commission	
Office of Research Kinnaird College for Women 24th – 28th April 2018	1 st International Workshop on “Engaging Communities through Museum and Heritage in Pakistan”	Participated in discussion and shared my experiences on the topic	Collaboration of Office of Research Kinnaird College for Women and ICOM Pakistan and ICOM-ICME Cooperation	Director, Kinnaird College for Women
Department of Special Education University of the Punjab, Lahore 26-04-2018	1 st International Conference on Research in Special Education	Participated as Chief guest In this event	Collaboration of Department of Special Education, HEC, Punjab Higher Education Commission	Dr. Humara Bano, Conference Secretary
PLACE & DATE	TITLE OF CONFERENCE/ THEME	MAIN ACTIVITY/ CONTRIBUTION	SPONSORING ORGANIZATION	ORGANIZING PERSON
Uppr Mall Scheme, Laohre 04th May 2018	Six Week Common Training Course For Ministerial Staff “Gender main Streaming in Public Service”	Deliver a lecture	Government of the Punjab, Management and Professional Department, Uppr Mall Scheme, Laohre.	Government of the Punjab
University of the Punjab, Lahore 04th May 2018	Seminar on “Discover the Marvels of Cyberspace”	Participated as guest In this event	Institute of Social and Cultural Studies	ISCS
Indus Hall, Avari Hotel Lahore 12th -13th May 2018	International Conference on Pakistan Futures: Imagination, Impact & Dialogue	Presented paper on “Legitimatization of Violence against Women in Pakistan”	Collaboration of Arizona State University and University of the Punjab, Lahore	Arizona State University

LANGUAGES

LANGUAGE	READ	WRITE	SPEAK	CERTIFICATE OBTAINED
English	Excellent	Excellent	Excellent	
German	Good	Good	Good	B-2 level
Urdu	Excellent	Excellent	Excellent	

COUNTRIES VISITED

NAME	DATE	DURATION	PURPOSE OF VISIT
United States of America	2003-2004	1 year	Study tour
Germany	2006-2012	6 years	PhD Studies

LIST OF PHD'S PRODUCED BY PROF. DR. RUBEENA ZAKAR

SR NO.	NAME OF SCHOLAR	TOPIC OF THESIS	DATE OF NOTIFICATION
1.	Sara Rizavi Jafferi	Nurse Perceptions of Organizational Culture and Its Influence on Error Reporting Evidence from Pakistan Public Health Care Sector	March 2015
2.	Tehmina Sattar	Social predictor for academic performance of high school students in southern Punjab (Pakistan)	December 2016
3.	Hussain Ali	Cultural barriers in assessing maternal health care services in Malakand, Pakistan	April 2017
4.	Qaiser Khalid Mehmood	Use of Social Network site as a source of social capital among youth: A cross sectional study of university students in Lahore	December 2017
5.	Arfan Latif	Developmental assets and its implications on youth development among public sector colleges in Lahore	December 2017
6.	Aisha Jalil	Patient satisfaction with diabeteologist's conduct and competence in public outpatient clinic of Lahore	December 2017

LIST OF M PHIL STUDENT SUPERVISED BY PROF. DR. RUBEENA ZAKAR

SR. #	PROGRAM	ROLL NO	NAME	THESIS TITLE	SESSION
1.	M.Phil PH	1	Farhan Zaib	Job satisfaction of dental surgeons working in Punjab dental hospital	2016-2018
2.	M.Phil PH	2	Afzaal Bashir	Social acceptance after recovery from facial burn among young females	2016-2018
3.	M.Phil PH	8	Falak Shan	DENGUE	2016-2018
4.	M.Phil PH	10	Sharjeel Mahmood Cheema	Incidence of traffic rules awareness in accident victims at Gujranwala	2016-2018
5.	M.Phil PH	13	Farida Rafique	HIV related self-stigma and Health related quality of life of people living with HIV/AIDS	2016-2018
6.	M.Phil PH	10	Ahmad Mehmood	Status and Factors Associated with Hepatitis B and C among Blood Donors. A Retrospective Study in Lahore	2016-2018

SR. #	PROGRAM	ROLL NO	NAME	THESIS TITLE	SESSION
7.	M.Phil PH	17	Fizza Ramzan	Knowledge ,Attitude and Practice among Punjab university female students towards breast cancer	2016-2018
8.	M.Phil PH	19	Qurat-ul-Ain	Factors affecting the utilization of T.T vaccine among pregnant women in punjab	2016-2018
9.	M.Phil PH	22	Ayesha Jamil	Stunting Growth in Orphans or Schizophrenia.....	2016-2018
10.	M.Phil PH	25	Anam Khursheed	Understanding of reproductive health issues among females	2016-2018
11.	M.Phil PH	26	Sana Sattar	Effect of Social Support on the Level of Mental Well-being of Elderly in Islamabad	2016-2018
12.	M.Phil PH	27	Aqeela Shaheen	Prevalence of common work related muskosal disorders among operation theatre staff	2016-2018
13.	M.Phil PH	28	Muhammad Omer Pasha	Cost of treatment in severe TRAUMATIC BRAIN INJURY following road traffic accidents: An avoidable burden on public health	2016-2018
14.	M.Phil PH	29	Khadija Tahira	Health beliefs and breast cancer screening among health care workers	2016-2018
15.	M.Phil PH	33	Iqra Shakeel	Social Determinants of Health in Adolescent Pregnancy	2016-2018
16.	M.Phil PH	35	Khunsa Junaid	Of respiratory tract diseases in the population in vicinity of coal fired power plant Qadradabad	2016-2018
17.	M.Phil PH	36	Samer Fatima	Working Environment for pregnant doctors in hospitals of Lahore	2016-2018
18.	M.Phil PH	37	Sahrish Saleem	HIV / AIDS	2016-2018
19.	M.Phil PH	38	Hassan Ali	Frequency & reasons for delayed HIV medical care after diagnosis in patients with human immunodeficiency virus infection in pakistan	2016-2018
20.	M.Phil PH	39	Ahad Muhammad Ali	Incidence of Hepatitis B in Health care worker's after needle stick Injury	2016-2018
21.	M.Phil PH	47	Tahira Mariam	Work –Family Conflict & its effects on woman Health	2016-2018
22.	M.Phil PH	49	Muhammad Imran	Outcomes of dermatological lesions presenting at beauty salons	2016-2018
23.	M.Phil PH	52	Assia Riaz	Common Biological Hazards & their outcome among junior staff in hospital during working hours	2016-2018
24.	M.Phil PH	59	Abdul Jabbar	Diphtheria Situation in Punjab: Prevalence factors and prevention	2016-2018
25.	M.Phil PH	62	Zeeshan Ali Shad	Association of Poor sleep quality among individuals with diabetes mellitus attending patient's clinics in Lahore	
26.	M.Phil PH	40	Fatima Asghar	Prevalence and Determinants of Self Medication for RTI and Diarrhoea among Children under Five	2015-2017

SR. #	PROGRAM	ROLL NO	NAME	THESIS TITLE	SESSION
27.	M.Phil PH	48	Cheema Sidra	Years of Age in Lahore Mothers Satisfaction with Institutional Childbirth Care and Associated Factors at Hospitals of Lahore	2015-2017
28.	M.Phil PH	28	Iram Anwar	Status and Factors Associated with Hepatitis B and C among Blood Donors	2015-2017
29.	M.Phil PH	53	Sadaf Iftikhar	Psychosocial (Occupational) Hazards as Predictors of Job Performance of Hospital Staff Nurses	2015-2017
30.	M.Phil PH	60	Ahmad Mehmood	Status and Factors Associated with Hepatitis B and C among Blood Donors. A Retrospective Study in Lahore	2015-2017
31.	M.Phil PH	13	Kalsoom Tariq	Smartphone Usage among School Going Children (5-16 years) and its effects on their wellbeing in Lahore	2015-2017
32.	M.Phil PH	43	Waseem Haider	Food Safety Practices of Food Handlers in Canteens of King Edward Medical University and its Allied Hospitals	2015-2017
33.	M.Phil PH	52	Qurat ul Ain	Comparative Study of Trained and Untrained Teachers: A Study of District Lahore	2015-2017
34.	M.Phil PH	24	Faryal Shahid	Determinants of Consanguinity and its Association with B-Thalassemia: A Mix Method Study in Lahore	2015-2017
35.	M.Phil PH	7	Razia Bashir	Awareness, Understanding of Breast Cancer Risk Factors Besides Knowledge, Attitudes & Performance (KAP) of Brest Self-Examination among University Going Female Students	2015-2017
36.	M.Phil PH	4	Farhana Kousar	Factors Contributing to Unhealthy Lifestyle among hosteliseds nursing students	2014-2016
37.	M.Phil PH	5	Saba Asghar	Effect of Mobile Phone Use on Student's academic Performance	2014-2016
38.	M.Phil PH	9	Hafiz M. Shiraz	Reforms in Health Sector of Pakistan	2014-2016
39.	M.Phil PH	15	Mamouna Faqir Hussain	The Medicalization of Education, an Evaluation of Health care policies and its implementation in Public schools in Punjab	2014-2016
40.	M.Phil PH	16	Sidra Sultan	Experience of Verbal and Physical abuse by Patients in Health care setting	2014-2016
41.	M.Phil PH	19	Dr. Muhammad Ali	Health Related Quality of Life HR (QoL) of elderly people in urban setting of Lahore using Duke Health Profile	2014-2016
42.	M.Phil PH	21	Amna Shafait	Determinants of Diarrheal Disease in Children Under Five Years of Age	2014-2016
43.	M.Phil PH	22	Dr. Ayub	An Analysis of Awareness and Utilization of	2014-2016

			Sabir	Contraceptives amongst Married woman attending a basic health unit in Lahore	
44.	M.Phil PH	23	Dr. H. Saleem Faisal	Assessing Dietary Intake, Eating and Exercise Attitudes and Fitness Levels in Collage Aged Students	2014-2016
SR. #	PROGRAM	ROLL NO	NAME	THESIS TITLE	SESSION
45.	M.Phil PH	24	Ms. Ammara Javid	Why do poor women still prefer traditional birth attendants on community midwives:	2014-2016
46.	M.Phil PH	28	Dr. S. Osama Talat	Incidence of Hepatitis C in Health care worker's after needle stick Injury	2014-2016
47.	M.Phil PH	30	Sabrina Inam	Food quality and safety Consumer Perception and Public Health Concern	2014-2016
48.	M.Phil PH	32	Rahat Afza	The Effect of Polygamous Marital Structure on Behavioral, Emotional and Academic Adjustment in Children in Pakistan	2014-2016
49.	M.Phil PH	37	Dr. Abdul Manan	Prevalence of Irritable Bowel Syndrome Among Medical Students and its Determinants	2014-2016
50.	M.Phil PH	38	Dr. Irfan Ahmad	A Synthetic Review of Factors Affecting Utilization of Contraceptive Supplies by Punjab health Department	2014-2016
51.	M.Phil PH	44	Abida Tehreem	Factors Associated with Stigma Related to Infertility among Reproductive Age Women	2014-2016
52.	M.Phil PH	47	Dr. Atif Shamshad	Nutrition and Health Status Survey of School Children	2014-2016
53.	M.Phil PH	54	Dr. S. Kashif Raza Rizvi	Prevalence of Determinants of Community acquired Pneumonia in Children Presented at Tertiary care hospital of LHR	2014-2016
54.	M.Phil PH	60	Mamata Bhattarai	Awareness of Mothers Regarding Exclusive Breastfeeding in Children under 6 months of Age at tertiary care hospitals Lahore	2014-2016
55.	M.Phil Sociology (Replica)	19	Muhammad Kamran Hanif	Examination the Stress, Coping Strategies and Problems of Parents who Have Children With Physical and Mental Disabilities	2014-2016
56.	M.Phil Sociology (Replica)	10	Ms. Iqra Sultana	Criminal Justice System Response to Violence against Women in Lahore	2014-2016
57.	M.Phil Sociology (Replica)	18	Ayeshs Allah Ditta	The Influence of Empowerment and Gender Role on Fertility Experiences of Women	2014-2016
58.	M.Phil EPD	9	Rabbia Khan	Factors Associated With NON Enrolment in School: A Comparative Study of Urban Slums of Okara And Lahore	2014-2016
59.	M.Phil	8	Hina Maqbool	Factors Associated with School Dropout at	2014-2016

EPD		Primary and Secondary Level of Children Living I Urban Slums of Lahore			
60.	M.Phil EPD	19	Shumaila Iqbal	Factors Affecting the Quality Education of Public Primary School of Southern Punjab	2014-2016
61.	M.Phil PH	66	Uzma Azeem	Symptomology an nutritional status of menopause: a comparison between pre and ost menopausal women in idistrict lahore	2013-2015
SR. #	PROGRAM	ROLL NO	NAME	THESIS TITLE	SESSION
62.	M.Phil PH		Uzma Manzoor	Nurses job satisfaction and its effects on their quality of Life	2013-2015
63.	M.Phil PH	1	Maria Saman	Determinants and Risk Factors Associated with Chronic Kidney Disease among Adults Population in Lahore	2013-2015
64.	M.Phil PH	3	Rukia Tariq	Risk Factors and Associated Diseases of overweight and obesity among 35-60 years women in lahore pakistan	2013-2015
65.	M.Phil PH	4	Salman Akram	Assesment of Rational Prescribing Practices of Antibiotics at Primary Health Care Level of Pattoki	2013-2015
66.	M.Phil PH	9	Usman Javed Iqbal	Materna Risick factors assocaited with low weight british in tertiary care naspitac of lahore pakistan	2013-2015
67.	M.Phil PH	12	Sumbal Shahbaz	Social Determinants of Health in Adolescent Pregnancy and Associated Morbidities in semi urban lahore	2013-2015
68.	M.Phil PH	21	Kaneez Zainab	Brest Feeding Practices: Trend and factors in upper vs lower middle class famileies in Lahore Pakistan	2013-2015
69.	M.Phil PH	30	Faisal Mansha Batth	the Prevalence of refractive error and its effect on quality of life in school going children of pakistan	2013-2015
70.	M.Phil PH	31	Rabail Kanwal	Provision of antenatal care to reproductive age women in Lahore GAP and challenge	2013-2015
71.	M.Phil PH	37	Sheikh Asad Ali	Prevalence and risk factors associated with diasshea in children under five years age in eminabad	2013-2015
72.	M.Phil PH	40	Mudasar Fatima	Knowledge, Attitude and Practices survey about smoking among Health care providers in tertiary care setting Lahore, Pakistan	2013-2015
73.	M.Phil PH	41	Anum Syed Gillani	Risk factors associated with Gestational Diabetes mellitus in tertiary care hospitals lahore	2013-2015
74.	M.Phil PH	42	Alia Rani Sial	Determinants, knowledge and attitude of sexuality transmitted diseases among adults of lahore	2013-2015

75.	M.Phil PH	56	Noor Fatima	Association of Poor sleep quality among individuals with diabetes mellitus attending outpatient's clinics in Lahore	2013-2015
76.	M.Phil PH	60	Nyla Altaf	Prevalence and Determinantes of Anxiety and Depression among adolescents: a comparative study of Male and Female students	2013-2015
77.	M.Phil PH	65	Alqa Rehman	Prevalence of common work related musculoskeletal Disorders among computer operators at two selected softare houses	2013-2015
SR. #	PROGRAM	ROLL NO	NAME	THESIS TITLE	SESSION
78.	M.Phil PH	69	Zain Shahid	Prevalence & Determinants of Premature briths in tertiary care hospitals of lahore pakistan	2013-2015
79.	M.Phil PH	73	Sumiya Mashadi	Prevalence of Work related musculoskeletal disorders among the dentists in pakistan	2013-2015
80.	M.Phil PH	31	Rabail Kanwal	Provision of antenatal care to reproductive age women in Lahore GAP and challenge	2013-2015
81.	M.Phil Sociology (Regular)	10	Mudasir Mustafa	Prevalence of Stalking, Psychological and Educational Consequences, and Coping Strategies, Among Girls Students, Lahore, Pakistan	2013-2015
82.	M.Phil Sociology (Regular)	1	Rabia Safdar	Health Literacy and its association with general health perceptions among University Students in Pakistan	2012-2014
83.	M.Phil Sociology (Regular)	7	Serosh Iqbal	Adolescent's Perception about sexual and reproductive health and Rights (SRHR) in District Lahore: Constraints & Challenges	2012-2014
84.	M.Phil Sociology (Regular)	11	Mehwish Khalid	Effects of organizational environment of employee's turnover in public and private schools, kasur, Pakistan.	2012-2014
85.	M.Phil Sociology (Regular)	6	Mahvish Suman	Human Error in Perception writing: A Triangulation Study in Teaching Hospitals in Lahore	2012-2014
86.	M.Phil Sociology (Regular)	16	Kanwal Iqbal	Role of Electronic Media (Television in shaping Perception and Attitudes of Educated People about Spousal Violence in Pakistan Society	2012-2014
87.	M.Phil Sociology (Regular)	13	Shaiba Arooj	Barriers in Utilization of Maternal Health Care in Muzaffarabad Azad State of Jammu & Kashmir	2012-2014
88.	M.Phil Sociology	1	Rabia Safdar	Health Literacy and its association with general health perceptions among University Students in	2012-2014

(Regular)		Pakistan			
SR. #	PROGRAM	ROLL NO	NAME	THESIS TITLE	SESSION
89.	M.Phil EPD	4	Hassan Raza	Effects of Teaching and learning environment on nurturing educational capabilities among student	2012-2014
90.	M.Phil EPD	1	Naseem Abbas	Marrying Students Satisfaction with Learning Environment: A Study of University of the Punjab	2012-2014
91.	M.Phil EPD	17	Nasir Khan	The Impact of Institutional Environment on Motivation and Self Recognition of Educators at Secondary School Level	2012-2014
92.	M.Phil Sociology (Regular)	9	Mahwish Batool	Impact of Cyber Technology on the Students of Punjab University	2011-2013
93.	M.Phil Sociology (Regular)	15	Samia Ishaq	Effect of Social Support on the Level of Mental Well-being of Elderly in Lahore	2011-2013
94.	M.Phil Sociology (Regular)	7	Syed Maidalshtiaq	Adolescent Experiencing Violence Within Domestic Sphere, Their Resistance Strategies against domestic Violence of hatisabad	2011-2013
95.	M.Phil. Sociology (Regular)	16	Sara Siddiqui	Gender Inequality within the household and its implications for women's health	2011-2013
96.	M.Phil. Sociology (Regular)	13	Farheen Farwa	An Exploratory Study of The Relationship between individual characteristics and Social Trust	2011-2013
97.	M.Phil. Sociology (Regular)	6	Saima Sakhi	Understanding of reproductive health issues among females adolescents of Lahore city, Pakistan	2011-2013
98.	M.Phil. Sociology (Regular)	10	Nadir Hayat	Sexual and Reproductive Health Knowledge, Attitude and practices (KAP) Survey of Un married male youth in District Kasur	2010-2012
99.	M.Phil. Sociology (Regular)	5	Aisha Jalil	Physical Wife Abuse in rural Sindh, Pakistan: Prevalence Protective and risk factors	2010-2012
100	M.Phil. Sociology (Regular)	6	Sitwat Farooq	Perceptions about mate selection and delayed marriages among students of University of the Punjab	2010-2012
101	M.Phil. Sociology (Regular)	9	Huma Saleem	Impact of Information and Communication Technology on Interpersonal Relationship of Users	2010-2012

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