

## **DR. Muhammad Ishaq**

**Address:** BMT Hostel, University of the Punjab, Quaid-e-Azam Campus, Lahore, Pakistan

**Mob:** 0092 (0) 3416014999

**E-mail:** ishaq.iscs@pu.edu.pk

### **PERSONAL PROFILE:**

---

My passion for pedagogy comes from my vast experience as an academic, which allowed me to apply my intellectualism into expertise in multiple subject areas. My academic journey has led me to appreciate the complexity and nuance of learning and pursue a career supporting individuals and organizations. My expertise includes Social Sciences, Sociology of Islam, Anthropology, Ethnography, Sociology of Health & Illness and Data Analytics. I am an Approved Ph.D Supervisor by the HEC, I have a record of publishing in peer-reviewed impact factor local and international journals. I enjoy generating new ideas and devising feasible solutions to broadly relevant problems. I would describe myself as a self-driven, resourceful individual who maintains a positive and proactive attitude when faced with adversity.

### **SKILLS:**

---

Teaching and Delivering Lectures

Qualitative Fieldwork

Curriculum Development

Research and Supervision

Teamwork & Collaboration

Research & Analytical Skills

Planning and Strategic Thinking

Leadership & Motivation

Interpersonal Communication

Problem Solving and Decision Making

### **Subject Specialism(s):**

Sociology, Social Sciences, Humanities, Social Movements, Sociology of Religion, Social Transformation, Sociology of Development, Islam and Sustainable Development, Community Development, Sociology of Education, Society and Culture, Research Methodology, Project Management, Sociology of Health and Illness, Anthropology, Ethnography, Social Thought, Religious Studies and Theology, Islamic Studies, Sociology of Islam, Islamic Thought and Civilization, Qualitative Research Methodology, Sociology of Family, Gender Disparities, Orientalism, Decolonization, Caste, Religion and Politics in AJK.

## **Educational Background**

<b>PhD</b> ( Sociology / Social Movements) University of Gloucestershire, United Kingdom	<b>2018</b>
<b>Diploma in Teachers Training</b> Anglo Skills College Nottingham, United Kingdom	<b>2015</b>
<b>Professional Training Diploma in Project Management</b> Anglo Skills College Nottingham, United Kingdom	<b>2014</b>
<b>MA Islamic Studies</b> University of Gloucestershire United Kingdom	<b>2009</b>
<b>Diploma in Computer Sciences</b> West London School of Management and Technology London, United Kingdom	<b>2004</b>
<b>Diploma in Arabic Language</b> AJK Board of Intermediate and Secondary Education Mirpur, AJK Pakistan	<b>2002</b>
<b>Graduation (B.A)</b> University of Azad Jammu and Kashmir Muzaffarabad, AJK Pakistan	<b>2000</b>

## **Professional Profile**

**Assistant Professor**, Sociology April 2019 to Date  
Institute of Social and Cultural Studies (ISCS), University of the Punjab, Lahore, Pakistan

Roles and Responsibilities

- Teaching Under and Post-Graduation Courses
- Thesis Supervision Under and Post Graduate Level
- Research
- Student Advisor
- Focal Person, External Linkages at ISCS
- Conference Co-ordinator, International Conference on Society and Religion 2019

**Team Leader**, UNICEF Polio Campaign in Lahore 2019/2020

**Team Leader:** Community World Service Asia Jan 2023 to date

- Mobilisation for the marginalised communities
- Social workers Trainer

**Team Member:** World Bank Group Environmental and Social Framework Oct 2022 to date

**Assistant Examiner** June 2016 to Date

Cambridge International Examinations, UNITED KINGDOM  
Roles and responsibilities

- Marking Scripts of International GCSE and A-level exams as set in the assessment training by the Cambridge University
- Maintaining integrity and confidentiality

**Assistant Librarian**

Aug 2016 - May 2017

The Islamic Foundation Library Markfield, Leicester, UNITED KINGDOM

Roles and responsibilities

- Managing Library Resources,
- Cataloguing,
- Students Services
- Academic Support

**Substitute Lecturer**

Sep 2015 – Mar 2019

Markfield Institute of Higher Education Leicester, UNITED KINGDOM

Roles and Responsibilities

- Teaching Undergraduate Courses on Muslims in Britain and Islam & Society
- Delivering Public Lectures
- Member of Syllabus Development Team, MA in Islam and Sustainable Development

**Learning Support Officer**

Apr 2014 - June 2016

Anglo Skills College Nottingham, UNITED KINGDOM

Roles and Responsibilities

- HRM Co-ordinator
- Assisting learners from diverse backgrounds to study in the United Kingdom educational system
- Exams and class management
- Academic Support

**Visiting Lecturer**

Jan 2013 – Sep 2017

Karimia Institute Nottingham, UNITED KINGDOM

Roles and Responsibilities

- Teaching and delivering Adult class lecturers on Islamic Studies, Social Change and Leadership Training

**Events Organiser & Fund Raiser**

May 2013 - June 2016

SEEDS Foundation Nottingham, UNITED KINGDOM

Roles and Responsibilities

- HR and Strategic management co-ordinator
- Organising fund-raising event
- Public relations and networking

**Radio Presenter**

Sep 2013 - March 2014

Radio Dawn Nottingham, UNITED KINGDOM

Programmes:

- Current Affairs
- Special Transmissions
- Community Awareness

## **International Students Consultant/Recruitment Officer**

February 2006 – Dec 2010

West London College of Business and Management Sciences London UNITED KINGDOM

Roles and responsibilities

- Overseas Student Consultancy
- Recruitment and Advisory

### **Additional Information**

- Full United Kingdom Driving Licence
- **Languages-** English, Urdu, Punjabi, Mirpuri, Arabic

### **Additional Skills**

- Proficient in Microsoft Office
- Excellent computer skills
- NVivo (Qualitative Data Analysis Software)
- IBM SPSS (Statistical Package for the Social Sciences)
- MAXQDA

### **Publications:**

1. **Ishaq, M.** (2021) (Book chapter) Development of Islam in Kashmir and its Influence on Socio-religious Movements in Contemporary Azad Jammu and Kashmir, *in Society and Politics of Jammu and Kashmir*, edited by Serena Hussain, Palgrave Macmillan, ISBN 978-3-030-56480-3
2. Saleem, J., **Ishaq, M.**, Zakar, R., Suddazahi, I.H.K., Fischer, F. (2021) Experiences of Frontline Pakistani Emigrant Physicians Combating COVID-19 in the United Kingdom: A Qualitative Phenomenological Analysis. *BMC Health Services Research* (2021) 21:291  
<https://doi.org/10.1186/s12913-021-06308-4>
3. Maqsood, A., Saleem, J., Butt, M.S., Shahzad, R.B., Zubair, R., **Ishaq, M.** (2021) Effects of the COVID-19 Pandemic on Perceived Stress Levels of Employees Working in Private Organizations during Lockdown. *Avicenna* 2021(1):6. <http://dx.doi.org/10.5339/avi.2021.6>
4. Abbas, R.Z., Saleem, J., Iqbal, U.J., Saqlain, Z., **Ishaq, M.**, Raza, A. (2021) Prevalence of Hair Loss among Men and its Association with Smoking and Stress: A Case Study in the City of Lahore, Pakistan. *Pakistan Journal of Medical and Health Sciences* 15(6):1439-1442
5. Hussain, Z., Yaseen, G., Ahmed, vM. I., Muddassar, M., **Ishaq, M.**, Ali, M.M. (2021) Awareness of Pre-Hospital First Aid Among Multi-Disciplinary University Students: An Analysis. *Journal of Akhtar Saeed Medical & Dental College*. April – June 2021, Volume 03 Issue 02, 74-80
6. Abbas, S., **Ishaq, M.**, Shahzad, R., Aziz, H., Tariq, M., Shahzad, H. (2021) Social Integration and Economic Empowerment of the Transgender: A Qualitative Study in Lahore, Pakistan. *Journal of Akhtar Saeed Medical & Dental College*. October - December 2021, Volume 03 Issue 04, 184-192
7. Raza, A., **Ishaq, M.**, Mehmood, B., Ehsan, R., Iram, A. (2021) Effects of Domestic Violence on Reproductive Health: An Evidence from Pakistan Demographic Health Survey. *Journal of Akhtar Saeed Medical & Dental College*. October - December 2021, Volume 03 Issue 04, 159-168

8. Haq, I., Ahmad, U., **Ishaq, M.** (2022) Perceived Masculinities and Transition to Fatherhood: A Qualitative Study on Opinions of Men in Pakistan. *Pakistan Journal of Social Research* ISSN 2710-3129 (P) 2710-3137 (O) Vol. 4, No. 2, April-June 2022, pp. 645-650  
[www.pjsr.com.pk](http://www.pjsr.com.pk)
9. Butt, M.S., Kuklane, K., Saleem, J., Zakar, R., Bukhari, G.M.J., **Ishaq, M.** (2022) Evaluation of Occupational Exposure to Heat Stress and Working Practices in the Small and Mid-Sized Manufacturing Industries of Lahore, Pakistan. *Avicenna* 2022(1):5.  
<http://dx.doi.org/10.5339/avi.2022.5>
10. Tamkeen, B., Butt, M.S., Saleem, J., Bukhari, G.M.J., **Ishaq, M.** (2022) Factors Associated with Knowledge of Lactational Amenorrhea as a contraceptive Method. *J Soc Obstet Gynaecol Pak.* 2022; 12(2):110-115
11. Elahi, M.M., **Ishaq, M.**, Chaudhary, N.A., Butt, M.S. (2022) Causes of resistance to social distancing in the wake of the COVID-19 outbreak in Pakistan. A qualitative study in Lahore, Pakistan. *JAMDC.* 2022;4(2): 90-98
12. Ullah, K., Saleem, J., **Ishaq, M.**, Khattak, F., Majeed, F. (2022) Effects of the COVID-19 pandemic on the uptake of routine immunization vaccines in Swat District in Pakistan. *Avicenna* (2):11. <http://doi.org/10.5339/avi.2022.11>
13. Saleem, J., **Ishaq, M.**, Zakar, R., Butt, M.S., Malik, U., Iqbal, M.J., Fischer, F. (2022) Oral health perceptions and practices of caregivers at children's religious schools and foster care centers: a qualitative exploratory study in Lahore, Pakistan. *BMC Oral Health* (2022) 22:641  
<https://doi.org/10.1186/s12903-022-02687-0>
14. Hussain, Z., **Ishaq, M.** (2022) Problem-focused Coping, Avoidance Coping and Emotional Coping: Coping Strategies for Daily Stressors among Operational and Non-operational Rescue Workers in Punjab, Pakistan. *Review of Applied Management and Social Sciences (RAMSS)* Vol. 5, (4) 2022, 511-523
15. Majeed, F., Saleem, J., Rafique, S., Najeeb, M., **Ishaq, M.** Shahbaz, F., Tariq, A. (2023). The Relationship Between Socio-demographics and HIV Risk and Outcomes: An Analysis of The Evidence in Lahore, Pakistan. *Central European Management Journal*, 31(2), 734–741.  
<https://doi.org/10.57030/23364890.cemj.31.2.76>
16. Raja, S. A., Saleem, J., **Ishaq, M.** (2023). Participation of healthy volunteers in clinical trials - motives, barriers, and ethical issues. *BioMedica*, 38 (2), 1-6

**References Will be Furnished Upon Request**