

## **CURRICULUM VITAE**

### **LUBNA RAZAQ**

**M.Sc. Statistics, M.Sc. Gender Studies, M.Phil. Gender Studies, Ph.D.  
Gender Studies**

Cell: 03354936630, 0345-4594138, Email: [lubna.dgs@pu.edu.pk](mailto:lubna.dgs@pu.edu.pk)

## **PERSONAL INFORMATION**

Father Name:	Muhammad Razaq Khan
Marital Status:	Married
Religion	Islam
Nationality	Kashmiri (Pakistani)
Profession	Teaching

## **EDUCATION QUALIFICATION**

<b>YEAR</b>	<b>NAME OF DEGREE</b>	<b>DEGREE AWARDING INSTITUTION</b>
2017-2020	PhD in Gender Studies	University of the Punjab, Lahore
2016	M.Phil. Gender Studies	University of the Punjab, Lahore
2012	M.Sc. Gender Studies	University of the Punjab, Lahore
2010	B.Ed. (Physics & Mathematics)	Allama Iqbal Open University, Islamabad
2008	M.Sc. Statistics	AJ & K University, Muzaffarabad
2006	B.Sc.	AJ & K University, Muzaffarabad
2004	F.Sc/HSSC	AJ & K Board Mirpur
2002	SSC	AJ & K Board Mirpur

## **Working Experience**

Teaching as a Lecturer at the Department of Gender Studies, University of the Punjab, Lahore from 2022.

## Teaching Experience – University of the Punjab

1. Teaching Experience, Institute of Agricultural Sciences, University of the Punjab, Lahore (October 2013 – 2017)
2. Teaching Experience, Department of Gender Studies, University of the Punjab, Lahore (2017 – 2020)
3. Teaching Experience, Department of Persian, University of the Punjab, Lahore (2021 – 2022)
4. Teaching Experience, Institute of Punjabi and Cultural Studies, University of the Punjab, Lahore (2021 – 2022)
5. Teaching Experience, Department of Kashmir Studies, University of the Punjab, Lahore (2021 – 2022)
6. **Permanent Faculty Member**, Department of Gender Studies, University of the Punjab, Lahore (30 May 2022 – Present)

## Working Experience in an International Conferences and resources person

1. Worked as a session coordinator at an international conference on “**Contemporary Gender Issues: Challenges and Opportunities**” (ICGS 2021) organized by **Department of Gender Studies, University of the Punjab**.
2. Worked as a member and session coordinator at an international conference on “**Contemporary Gender Issues: Challenges and Opportunities**” (ICGS 2022) organized by **Department of Gender Studies, University of the Punjab**.
3. Worked as resources person to develop a training manual for “**Institutional care workers of social welfare department**”, Government of the Punjab.
4. Worked as a trainer in social welfare institute, government of the Punjab.
5. Worked as Co-coordinator in 3<sup>rd</sup> International Conference on “**Contemporary Gender Issues: Challenges and Opportunities**” (ICGS 2023) organized by Department of Gender Studies, University of the Punjab.
6. Worked as Session Co-Chair in 3<sup>rd</sup> International Conference (ICGS 2023) organized by Department of Gender Studies, University of the Punjab.
7. Worked as member of Conference Technical Committee for articles review in International Conference on “**Women, Peace & Security Issues, Challenges & Way Forward**” organized by Department of Gender Studies, University of the Punjab.
8. Worked as Session Co-Chair in an International Conference on “**Women, Peace & Security Issues, Challenges & Way Forward**” (ICWPS 2024) organized by Department of Gender Studies, University of the Punjab.
9. Worked as a Moderator for the '**Rolling Resistance: A Theatre on Wheels Campaign for 16 Days of Activism Against Gender-Based Violence**' organized by the Department of Gender Studies in collaboration with UN Women and the Women Development Department (WDD), Government of Punjab, on December 2, 2024.

## Honors and Awards

1. **Honored with merit-based** Laptop Award from Prime Minister of Pakistan 2012 2013
2. **Honored with merit-based** Laptop Award from Chief Minister Shahbaz Sharif Youth initiative 2015.

## Conferences & Certifications

1. Presented a paper in an international conference ‘**Challenges and Opportunities” (ICGS 2022)**’ organized by Department of Gender Studies, University of the Punjab. Research title paper was:  
  
“Women in Armed Conflict: Adverse Effects on Women’s Health in areas adjacent to Line of Control (LoC) in the State of Azad Jammu & Kashmir (AJ&K) “
2. Presented a paper in an international conference ‘**Contemporary Gender Issues: Challenges and Opportunities” (ICGS 2023)**’ organized by Department of Gender Studies, University of the Punjab. Research title paper was:  
“Women in Armed Conflict: Adverse Effects on Child Outcome (Stillbirth) in areas adjacent to Line of Control (LOC) in the State of Azad Jammu & Kashmir (AJ&K).”
3. Presented a paper in 6th conference on ‘**Marginalized Populations**’ organized by Department of Sociology Forman Christian College (A Chartered University) Monday 11<sup>th</sup> December 2024. Research title paper was:  
“Women’s Perspectives on Peace and Security in Conflict Zones: Exploring Life at the Line of Control in Azad Jammu and Kashmir”.

## Conferences & Seminar Participation

1. Attended a national conference on “**Sustainable Development Goals: Achievement and Future in Gender Perspective**” organized by Department of Gender Studies, University of the Punjab.
2. Attended an international conference on” **Contemporary Gender Issues: Challenges and Opportunities” (ICGS 2021)** organized by Department of Gender Studies, University of the Punjab.
3. Attended an international conference on “**Contemporary Gender Issues: Challenges and Opportunities” (ICGS 2022)** organized by Department of Gender Studies, University of the Punjab.
4. Attended a Seminar on “**Gender, peace and Conflict**” organized by department of Gender Studies, Punjab University, Lahore on 20<sup>th</sup> January 2022.
5. Attended an International Conference on Dr.B.R. Ambedkar on “**Unfinished legacy of Dr. Ambedkar & Plight of oppressed in South Asia**” organized by Ambedkar society for South Asian & Centre for South Asian Studies on 13 October 2022 at Al-Razi Hall P.U.

6. Attended a national conference on “**Salaab ki Tabakariyann aur Insaani Hoqooq ki Suratehaal**” organized by HUMAN RIGHTS CHAIR, P.U on December 08, 2022.
7. Attended a seminar on “Transnational Knowledge/ Experience sharing on Social Issues” organized by **DiaPraxis**, A Norway based organization on 9 January 2023.
8. Attended a seminar on “World Environment Day” and to raise the issue of climate change and how its effecting our environment and different important components of society, organized by Department of Gender Studies on 22 June 2023.
9. Attended an awareness session about “Breast Cancer” self-examination and prevention organized by Department of Gender Studies on 27 January 2023.
10. Attended a seminar on “Role of youth in peacebuilding” organized by Department of Gender Studies on 06 September 2032.
11. Attended a screening of a documentary seminar about “Women’s Movement of the 1960s” organized by Department of Gender Studies on October 2023.
12. Attended a seminar to celebrate girl child day on “Commemorating Girl child Day” organized by Department of Gender Studies with collaboration with Mumkin Alliaace on 20<sup>th</sup> November 2023.
13. Attended a seminar on “International Human Rights Day” organized by Department of Gender Studies with collaboration of Ministry of Human Rights on 7 December 2023.
14. Attended a 3<sup>rd</sup> International Conference “Contemporary Gender Issues: Challenges and Opportunities” organized by organized by Department of Gender Studies on 13<sup>th</sup> & 14<sup>th</sup> December 2023.
15. Attended a seminar on “Gender and Climate Change” organized by Department of Gender Studies, on 01-02-2024.
16. Attended a seminar on “Awareness of Pro Women Laws” organized by Department of Gender Studies, on 24/01/2024.
17. Attended a seminar on “Safe migration and safe future” organized by Migrant resource Centre in collaboration with Department of Gender Studies.
18. Attended a three-day Training on “**Qualitative Research and Data Analysis Using NVivo**” Organized by Punjab Higher Education Commission on February 12-14, 2024.
19. Attended an International Conference on “**Women, Peace & Security Issues, Challenges & Way Forward**” organized by Department of Gender Studies, University of the Punjab.
20. Attended a national 6th conference on ‘**Marginalized Populations**’ organized by Department of Sociology Forman Christian College (A Chartered University) on Monday 11<sup>th</sup> December 2024.
21. Attended a one-day “**Hands-on Training Workshop for Qualitative Data Analysis using NVivo Software**” organized by Punjab University Library in collaboration of PULO (Punjab University Library Organization) on 18<sup>th</sup> December, 2024
22. Organized a hands-on training workshop on '**CV Writing & Interview Preparation**' on 6th February 2025, from 10:00 AM to 1:00 PM, at the PU Main Library Computer Lab, University of the Punjab, Lahore.
23. Attended a training session for focal persons organized by the Career Counseling & Placement Centre (CCPC), PU, to announce the launch of the PU Employment Portal.

24. Attended the **International WASH & MHM Expo-Conference 2025** titled *“Breaking Barriers, Building Solutions”*, jointly organized by the **Department of Gender & Development Studies, Lahore College for Women University (LCWU)** and **WaterAid Pakistan**, held on **12 November 2025**.
25. Attended and supported student participation in the **Digital Safety & Youth Advocacy Training** organized by **ITA** under the **UNiTE to End Digital Violence – 16 Days of Activism 2025**, held on 9 December 2025.
26. Attended an **Inter-University Dialogue** organized by the **Department of Gender Studies, University of the Punjab, Lahore**, under the Global Campaign of **16 Days of Activism Against Gender-Based Violence**, held on **International Human Rights Day** on 10 December 2025.

## **Expertise**

- Expert in teaching in all disciplines of Gender Studies/Sociology, Peace and Security Studies, Human Rights, as well as Statistics, SPSS, Research both Quantitative and Qualitative methods.
- Expert in teaching with youth and adults

## **Research Thesis**

- Wrote a thesis in M.Sc. Gender Studies entitled: **“Impact of Gender Discrimination on the health of girl-child in rural areas of Lahore, Pakistan”**
- Wrote a thesis in M.Phil. Gender Studies entitled: **“Women in Armed Conflict: Impact of Cross-fire on Maternal and Neonatal Health in Areas Adjacent to LoC in the State of Azad Jammu & Kashmir”**
- Completed a Doctoral Dissertation on: **“Impact of Armed Conflict on Women’s Health in the Combat zones of Line of Control (LoC) in the State of Azad Jammu & Kashmir (AJ&K)”**

## **Personal Skills**

- Excellent in Communication and interpersonal skills.
- Management and Origination skills.
- Experiences working with youth and adults.

## **Computer Skills**

- Micro soft office
- SPSS, PLS-4 & NVivo Software
- Internet etc.

## **Responsibilities**

- To teach students by using a systematic plan of lecture.
- To prepare the students for the Competition/University Examination.
- To build their confidence, career and motivate them for their interpersonal skills.

### **Convener and Member of Different Committees**

- Member of Departmental Harassment Committee constituted by Department of Gender Studies, University of the Punjab
- Convener Examination Committee constituted by Department of Gender Studies, University of the Punjab
- Convener Disciplinary Committee constituted by Department of Gender Studies, University of the Punjab
- Member of Board of Faculty of Behavioral & Social Sciences constituted by University of the Punjab

### **Focal Person for Hostel Affairs and Career Counseling & Placement Centre**

- Assigned as the Focal Person for Student's Hostel Affairs by the Gender Studies Department, PU
- Nominated as the Focal Person for the Career Counseling & Placement Centre at the University of the Punjab by the Department of Gender Studies, PU

### **Supervisory Experience in BS ADP & BS (Honors) 4-Year Programs**

<b>Sr. No</b>	<b>Thesis Title</b>	<b>Year</b>
01	Understanding Behavioral Patterns and Emotional Regulations of Adult Females Raised in Dysfunctional Families	2023
02	Gender Portrayal in Cartoons: Adopting Gender Roles and Behaviors Among Children	2023
03	A Qualitative Study of Child Marriages: Exploring the Mental & Physical Health related Experiences of the Girls in Pakistan	2023
04	Representation of Female Masculinity in Pakistani Advertisement: A Post-Feminist Analysis	2024
05	Reproductive Health Issues in Girls due to Communication Gap between Mother and Daughters	2024
06	Qualitative Study of the Socioeconomic Challenges faced by Women with Cancer in Lahore	2024
07	The Gendered Effects of Digital Violence on Women Mental Health in Universities of Lahore	2024
08	The Role of Gendered in Mental Health Stigma Among University Students	2025
	The Role of Gender in Mental Health Stigma Among University Students	

	in Punjab	
09	Domestic Hazards: Experiences of Women's Unpaid Household Labor in Rural Areas of Lahore	2025

### M.Phil. Supervision Experience

Sr. No	Thesis Title	Year
01	The Influence of Generational Differences on Career Choice: A Comparative Study between Millennial and Gen Alpha.	2025
02	Domestic Responsibilities and Married Women's Mental Health Challenges: A Qualitative Analysis	2025
03	Exploring the Impact of Childhood Adversity on Pedophilic Tendencies: A Psycho-Social Analysis in Lahore, Pakistan	2025
04	Motivations, Social Forces and Psychological Drivers: Investigation of the use of Ecstasy (MDMA) Among Pakistani Girls	2025-2026
05	Intimate Partner Violence in Digital Age: Effects of Intimate Partner violence on Mental Health among Married women in Pakistan	2025-2026
06	Effect of Social Media Usage on Mental Health and Self- Esteem among University Students	2025-2026

### Publications

1. **Razaq, L.**, & Malik, R. (2022). Women in Armed Conflict: Adverse Effects on Women's Health in areas adjacent to Line of Control (LOC) in the State of Azad Jammu & Kashmir (AJ&K). *Journal of Indian Studies*, 8(02), 253-268.  
[http://pu.edu.pk/images/journal/indianStudies/PDF/6\\_v8\\_2\\_22.pdf](http://pu.edu.pk/images/journal/indianStudies/PDF/6_v8_2_22.pdf)
2. **Razaq, L.**, Iqbal, A., & Ali, T. Z. (2024) Women's Perspectives on Peace and Security in Conflict Zones: Exploring Life at the Line of Control in Azad Jammu and Kashmir. *Journal of Women, Peace and Security*.
3. Mehrdin, N., Tahir, M., **Razaq, L.**, Khan, U. A., & Nadeem, M. (2024). A qualitative study of Indian media's diplomatic strategies to suppress Kashmir issues in international coverage. *Migration Letters*, 21(S1), 1153–1166.  
<https://www.migrationletters.com>
4. Mehrdin, N., Tahir, M., **Razaq, L.**, Nadeem, M., Khan, U. A., Batool, M., Anjum, F., & Khadija, Z. (2024). Religious syncretism in Kashmiri culture and literature: A

critical analysis of Hindu-Muslim influences. *Kurdish Studies*, 12(3), Article 3398.

<https://doi.org/10.53555/ks.v12i3.3398>

5. Siddiqui, A. M., Yaqoob, A., Mehrdin, N., Kiran, F., Jabeen, R., **Razaq, L.**, Asif, H., Tahir, M., & Kanwal, H. (2024). Women empowerment: The rights and duties of Muslim women in the light of Allama Muhammad Iqbal's vision. *Kurdish Studies*, 12(2), Article 3216. <https://doi.org/10.53555/ks.v12i2.3216>
6. Mehrdin, N., Akram, M., Ul Haq, M. I., Zahra, S., Tahir, M., **Razaq, L.**, & Bashir, S. (2024). The legacy of Buddhism in modern Kashmir: A study of the contemporary relevance of Buddhism in Kashmiri society and culture. *Kurdish Studies*, 12(4), 1691–1697. <https://doi.org/10.53555/ks.v12i4.3601>
7. Ms. Talat Yousuf, **Dr. Lubna Razaq**, & Dr. Madiha Nadeem. (2025). Socio-Economic Transformation: Relationship Between Women Empowerment and their Socio-Economic Independence. *Social Sciences & Humanity Research Review*, 3(3). <https://doi.org/10.63468/>