

BS (4 Years) Physical Education

Scheme of Studies for First Six Semesters (valid from January, 2013)

Course Title	Course Code	Credit Hours
SEMESTER-I		
Computer (Introduction and Applications)	COMP-111	3
English-I (Language in Use)	ENG-111	3
Islamiat / Ethics	ISE-111	2
Philosophical Basis of Physical Education	PE-101	3
Rules & Techniques of Games	PE-102	2
Rules & Techniques of Games (Practical)	PE-103	2
Fundamentals of Physics	PHY-131	3
Semester's Total Credits		18
SEMESTER-II		
Biochemistry	CHEM-121	3
English-II (Academic Reading and Writing)	ENG-112	3
Elementary Mathematics-I (Algebra)	MATH-111	3
Biomechanics	PE-104	3
Track & Field	PE-105	2
Track & Field (Practical)	PE-106	2
Pakistan Studies	PST-111	2
Semester's Total Credits		18
SEMESTER-III		
English-III (Communication Skills)	ENG-211	3
Elementary Mathematics-II (Calculus)	MATH-211	3
Rules & Techniques of Swimming & Gymnastics	PE-201	2
Rules & Techniques of Swimming & Gymnastics Practicals	PE-202	2
Basics of Human Anatomy	PE-203	3
Practical (Games)	PE-204	2
Elementary Statistics	STAT-211	3
Semester's Total Credits		18
SEMESTER-IV		
Human Biology	BIO-221	3
English-IV (English for Practical Aims)	ENG-212	3
Administration and Management in Sports	PE-205	3
Basics of Human Physiology	PE-206	3
Practical (Track & Field)	PE-207	2
Introduction to Sociology	SOC-211	3
Semester's Total Credits		17
SEMESTER-V		
Science of Sports Training	PE-301	3
Physical Education for Special Population	PE-302	3
Sports Nutrition	PE-303	3
Environmental Sciences	SCI-311	3
Introduction to Modern Technologies	TECH-311	3
Semester's Total Credits		15
SEMESTER-VI		
Specialization in One Group of Track and Field	PE-304	1
Specialization in One Group of Track and Field (Practical)	PE-305	2
Research Methodology in Physical Education	PE-306	3
Planning Sports Facilities	PE-307	3
Test, Measurement & Evaluation in Phy. Edu. & Sports	PE-308	3
Research Proposal	PE-309	2
Practical (Teaching Practice)	PE-310	2
Semester's Total Credits		16