



BS (4 Years) for Affiliated Colleges

Course Contents for Subjects with Code: GS

This document only contains details of courses having code **GS**.



BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-101	Introduction to Gender Studies-I	3	I
Year	Discipline		
1	Gender Studies		

The course is designed as an introduction to interdisciplinary field of Women's Studies and Gender Studies and is focused on the ways that sex and gender manifest itself in social, cultural and political contexts. The primary goal of the course is to familiarize students with the issues, questions and debates central to women and gender studies scholarship, both historical and contemporary. Students will become acquainted with many of the critical question and concepts feminist thought has developed as tools for the study of gendered experiences. The course would help the students in developing critical understanding of women and gender issues as well as prepare them to act as agents for creating social change.

Course Contents

Introduction to Gender Studies

- Gender Studies as an emerging discipline
- Multi-disciplinary nature of Gender Studies
- Difference between Women's Studies & Gender Studies
- Gender Studies in Pakistan

Key terms and concepts

- Sex and Gender
- Gender lens
- Sex disaggregated data
- Gender discrimination
- Gender gap
- Gender sensitization
- Gender equality and equity
- Gender socialization
- Women empowerment
- Gender Mainstreaming
- Gender Analysis

Gender and Language

- Language and Gender Construction
- Gender and Jokes
- Nursery Rhymes, Fairy Tales and Gender Representation
- Gendered Discourse: Reform and Resistance

Matriarchy and Patriarchy

- Origin and development of Matriarchy
- Origin of Patriarchy
- Pakistan: A Patriarchal society
- Gender Issues arising from patriarchy

Gender Sensitive Indicators

- Human Development Index (HDI)
- Gender Empowerment Measure (GEM)
- Gender Development Index (GDI)
- Gender Parity Index (GPI)

Basic Readings

- Siddiqui, S. (2014). **Language, Gender and Power: The Politics of Representation and Hegemony in South Asia**. Karachi: Oxford, University Press.
 - World Bank. (2013). **Little Data Book on Gender**. Herndon: World Bank Publication.
 - United Nations Development Programme. (2013). **Human Development Report 2013**. New York: United Nations Development Programme.
 - Suvarna, Sen. (2012). **Gender and development**. India: Icfai Books.
 - Pilcher, J. (2005). **50 key concepts in Gender Studies**. Sage Publications.
 - K. Sultane (2004). **Woman and Man**. Lahore. Church World Service.
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-102	Global Feminist Movement	3	I
Year	Discipline		
1	Gender Studies		

The course is designed to examine women's issues around the globe and to trace their struggles to achieve social, economic and political rights. The course also aims to make the students able to identify the similarities and differences of the women's movements origination within the same period of times in different countries. It will also give understanding of what women have achieved over the years and what is still need to be approached.

Course Contents

Historical Roots of Feminism

- Concept and Meaning
- Introduction to gender as category of historical analysis

Three Waves of Women's Emancipation

First Wave Feminism (1848-1920)

- Seneca Falls Convention (1848)
- Charter of Women's Rights
- Significance of the Women's Emancipation Movement
- The Golden years in Women's Struggle (1870-1920)

The Suffrage Campaign in Britain

The Struggle for Suffrage in USA

The Intermission Period (1920-1960)

- The Peace Movement
- Role of Women in Parliament
- Population and birth control
- Emergence of "New feminism"

2nd Wave Feminism (1960-1985)

- Struggle for Equal Rights
- Equality in Wages
- Women Journals and Publications
- Changing Gender roles

3rd Wave Feminism (1985 onwards)

- Postmodern feminism
- Eco-feminism
- Political and Legal Rights
- Future of feminism

Struggle for Rights around the Globe

Each of the selected country listed below has some specific historical, cultural, religious and national characteristics that makes the women's movement similar or different from the movement in United States and Britain. The women's emancipation struggle will also be studied in these regions to get an overall understanding.

- France (Western Europe)
- Egypt and Turkey (Middle East)
- Denmark (Nordic Region)
- China (East Asia)
- Afghanistan (Central Asia)
- Kenya (East Africa)
- Sub-Sahara Africa
- Costa Rica and Nicaragua(Latin America)
- SAARC Region

Basic Readings

- Bowden, Peta., Mummery, Jane. (2009). **Understanding Movements in Modern Thoughts: Understanding Feminism.** Durham: Acumen.
 - Giliis, Stacy., Mowie, Gillian., Munford, Rebecca (ed). (2007). **Third wave Feminism: A critical Exploration.** U.S.A. : Palgrave Macmillan
 - Jain, Jasbir (Ed.). (2005). **Women in patriarchy.** New Delhi: Rawat Publications
 - Schotz, Sally J. (2010). **Feminism: A Beginner's Guide.** England.: Oneworld Publications:
 - Shukla, Bhaskar A.(2006). **Women on Women: A Feminist Study.** New Delhi: SARUP Sons
 - Shukla, Bhasker. (2007). **The American Feminist: A Critical Study.** Jaipur: Book Enclave.
 - Smith, Bonnie G.(2000). **Global Feminism since 1945.** Landon and New York: Routledge.
 - Smith, Bonnie. (ed). (2005). **Women's History in Global Perspective.** (Vol. 1 & II). American Historical Association
 - Thomsen, Natasha. (2010). **Women's Rights.** New Delhi: Viva Books Private Limited.
 - Wollstone Craft, Marry. (1796). **A vindication on the Rights of Women: with Structures on Political and Moral Subjects.** Available on line
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-103	Introduction to Gender Studies-II	3	II
Year	Discipline		
1	Gender Studies		

The course traces the overview of international protocols related to gender and organizations working for development of gender. The course will also enhance understanding and knowledge about the gender mainstreaming and development in South Asia. Students will be able to identify, describe, define, explain, and critique the concepts, issues and concerns of women/gender studies.

Course Contents

International and National Protocols related to Gender

- Convention on Elimination of All Forms of Discrimination against Women
- Millennium Development Goals & Situation in Pakistan
- Post 2015 Development Agenda
- International Conferences

Organizations working for Gender and Development

- International, Regional and National

Gender Mainstreaming

- Explanation in reference to Beijing Platform, 1995
- Gender mainstreaming in policies, programmes and projects
- Strategies for gender mainstreaming
- Process of gender mainstreaming in an organization

Comparative Analysis in SAARC Countries

- Politics, Education, Economic Participation
- Customs and Norms
- Legislations for Gender Equality

Basic Readings

- Pascall, G. (2012). **Gender Equality in the Welfare State**. Great Britain: The Policy Press University of Bristol.
 - Suvarna, Sen. (2012). **Gender and development**. India: Icfai Books.
 - Biggs, L., Gingell, S., & Downe, P. (2011). **Gendered Intersections: An Introduction to Women's and Gender Studies**. Fernwood Pub.
 - Trivedi, Tanuja. (2009). **Women and rural Development**. India: Jarada Parkashan.
 - Pilcher, J. (2005). **50 key concepts in Gender Studies**. Sage Publication
 - Tazi Nadia (2004). **Keywords Gender**. Vistaar Publication, New Delhi
 - K. Sultane (2004). **Woman and Man**. Lahore: Church World Service.
 - Janet H. Momsen (2004). **Gender and Development**. London: Rutledge.
 - World Bank (2003). **Gender Equality and the Millennium Development Goals**. World Bank
 - Kamla Bhsan (2000). **Understanding Gender**. New Delhi: Okhla.
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-104	Socio-Cultural Aspects of Gender	3	II
Year	Discipline		
1	Gender Studies		

This course seeks to answer the question, “what does it mean by gender, and how does it shape over every day experiences?” We will look at sex and gender categories in the context of socially assigned meanings and role expectations associated with femininity and masculinity through all stages of lives. The course also examines the impact of gender categorization in creating complex interactions between gender, raise, sexuality, family and the state. More importantly, this course critically evaluates how through a variety of mediums, such as the oral traditions, written texts, electronic media, and state policies, this gendered image is ratified. Thus, this course reviews how gender role assumptions shape the direction of a society.

Course Contents

Introduction to Culture and Society

- Theoretical Understanding
- Socio-cultural Evolution
- Interculturality

Introduction to Socio-cultural Issues

- Theoretical Perspective
- Socio-Cultural issues in Pakistan
- Strategies to Solve the Social Problems

Patriarchy

- Nature
- Role in the Social Construction of Gender

Human Beings: Engendered Species

- Biological construct of the Sexes
- Cross-Cultural Constructions of Gender
- The Social Construction of Gender Relations
- Gender Relations in Modern Period

Gendered Identities and Gendered Institutions

- Family as an Institution
 - The Role and Responsibilities in a Family
 - Reconstituting Family Relationships
- The Gendered Classrooms
 - Traditional Educational Methodologies
 - Towards Gender Equality
 - Barriers, Possibilities and Reality: National Perspective
- The Gendered Workplace
 - Gender Composition of the Labor Force
 - The Changing Gender Composition of the Labor Force

- The Persistence of Gender Ideologies
- The Persistence of Gender Discrimination at Workplace
- Glass Ceiling

Women, Men and Religion: Gendered Beliefs and Practices

The Gender Discourse of Language: Language of Authority and Power

Basic Readings:

- Linda L. Lindsey (2011). Gender Roles: A Sociological Perspective. New Delhi. PHI Learning.
 - Mairtin Mac & Chris Haywood (2007). Gender, Culture and Society: Contemporary Femininities and Masculinities: New York: Pilgrave Macmillan.
 - Michael S. Kimmel (2004). The Gendered Society. Oxford University Press; New York
 - Devender Pal Singh (2010). Man, society and Culture. New Delhi. Damini Garg.
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-105	Women's History in Pakistan	3	II
Year	Discipline		
1	Gender Studies		

The course is designed to trace the struggles of Muslim women in subcontinent in pre-participation era for social, economic and political up gradation of the status of women. It also focus on how political process in Pakistan after partition affected and transformed women's movement over the years. Moreover, it aims to make the students able to analyze women's movement in Pakistan along with the role of women in the national development of the Country.

Course Contents

Women's Movement in Sub-Continent

- The Mughal Period
- The Invasion of Britishers
- Impact of Colonization

Socio-Cultural Transition and Muslim Womanhood in India (1857-1920)

- Muhammadan Educational Conferences
- Efforts by Sir Syed Ahmad Khan & other eminent male personalities for female education
- Role of Magazines, Journals and ----
- 20th Century: A period of awakening

Role of Women in the Independence Movement

- Bi Amma: An opening for female politicians
- Demand for female suffrage
- Women's Participation in the First Round Table Conference
- Women and Elections
- Quaid's Verdict about role of women in the national development
- The First All –India Muslim Ladies Conference

Women Struggle in Post Independence Period (1947-58)

- Efforts by Begum Raana Liaqat Ali Khan & others
- Women's Voluntary Service
- Pakistan Women's National Guard
- Pakistan Women's Naval Reserve
- The role of Women's organizations

Political Process and Transformation of women's movement

Advocacy /Campaign for Gender Equality

Basic Readings

- Sirkat Gah (1999). **Women's Movement in Central Asia**. Lahore: Shirkat Gah.
 - Asghar Ali, Azra. (2000). **The Emergence of Feminism Among Indian Muslim Women (1920-1947)**. New York: Oxford University Press.
 - Visweswarn, Kamala (ed.) (2011). **Perspectives on Modern South Asia: A Reader in Culture, History and Representation**. USA: Blackwell Publishing Ltd.
 - Shaheed, Fareeda, and Mumtaz, Khwar (1987). **Women of Pakistan: Two steps Forward, One step Back**: Vanguard Books.
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-201	Marriage and Family Laws in Pakistan	3	III
Year	Discipline		
2	Gender Studies		

The course gives detailed study of Muslim Family Laws in Pakistan particularly to understand the principal sources of Islamic Laws in the area of family rights. The course also intends to develop understanding among students regarding rights and responsibilities of spouses within marriage and in case of conflicts like in divorce, custody and guardianship of children etc.

Course Contents

- **Historical overview and sources of Islamic Law**
- **Family Laws in the Pre Independence Period**
- **Muslim Family Ordinance, 1961**
- **Marriage**
- **Polygamy**
- **Dower**
- **Dowry (Dowry and Bridal Gifts Restriction Act, 1976)**
- **Dissolution of Marriage**
 - Talaq
 - Khula
 - Dissolution of Muslim Marriage Act (1939)
- **Iddat**
- **Maintenance**
- **Custody and Guardianship**
- **Law of Inheritance**
- **Recent Reforms in Punjab**

Basic Readings

- Sirkat, Gah. (1994). **A handbook on Family Law in Pakistan**. Lahore: ShirkatGah Publication.
 - Iqbal, Safia. (n.d). **Women and Islamic Law**. Lahore: Islamic Publications.
 - Farani, M. (n.d). **Manual of Family Laws**. Lahore: G.F Printings Press.
 - Sustainable Development Policy Institute (2008). **Land Rights for Muslim Women: Review of Law and Policy**
 - International Human Rights Observer (n.d). **Pakistan Law on Human Rights**.
 - NCSW (n.d). **Women's Right of Inheritance**. National Commission on the Status of Women. Available online
 - Lynn Welchman (2004). **Women's Rights and Islamic Family Law: Perspectives on Reform**. Zed Books; London
 - Ali Shaik (n.d). **Law of Divorce and Khula in Pakistan**. Available online
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-202	Feminist Theories	3	III
Year	Discipline		
2	Gender Studies		

The goal of the course is to create among students an understanding of the theories of feminism. At the completion of the course, they are expected to describe various theories of feminism in the context of mainstream sociological theories and social phenomena. It is also expected that students will be able to formulate or adopt a context relevant theory most suitable for individual and professional roles in the society.

Course Contents

Factors leading to emergence of feminism

Approaches to Feminism

- Liberal Feminism
- Marxist and Socialist Feminism
- Radical Feminism
- Queer Theory
- Postmodern Feminism
- Ecofeminism
- Islamic Feminism
- Feminism in Pakistan

Case Studies of Eminent International & National Feminists

Basic Readings

- Mohanty, Chandra Talpade. (2003). **Feminism without borders**. Landon: Duke University Press.
 - Moghissi, Haideh (2001). **Feminism and Islamic fundamentalism in the light of postmodern analysis**. Oxford University Press.
 - Beatrice Kachuck (2002). **Modern Theories of Feminism**. Sage Publication.
 - Christina Haghes (2002). **Key concepts in Feminist theory and Research**. Sage Publications.
 - Pracha Gupta (2008). **International Feminism**. India: ABD Publishers Jaipur.
 - Alison Stone (2007). **Feminist philosophy**. Published by polity press.
 - Karen J. Warren (2007). **Ecological Feminism**. Rutledge press.
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-203	Women and Economic Empowerment	3	III
Year	Discipline		
2	Gender Studies		

The course will provide the comprehensive concept of empowerment, global economic restructuring and its impact on men & women along with current approaches to empowerment. Role of international and national organizations in promoting gender equity and the role of state in the economic empowerment of women will also be discussed.

Course Contents

Empowerment Meaning and Concept

- Features/components of Empowerment
- Process
- Agency
- Need for Women Empowerment
- Dimensions and levels of Women Empowerment

Approaches to Women's Development

Frameworks to Measure Women's Empowerment

Indicators to Measure Women's Empowerment

- Gender-related development index (GDI)
- Gender empowerment measure (GEM)

Women Empowerment in National and International Development

- Feminist strategies for development
- UN decade for women (1975-85)
- Beijing platform of Action (1995)

Gender and Poverty

- Poverty and female headed household
- Participation of women in decision-making
- Access to and control over productive resources
- Role of Women in Informal sector

Initiatives for Poverty Reduction among Women

- Micro credit: A tool for economic empowerment of women
- Grameen Bank and SEWA as case studies
- Micro finance schemes in Pakistan
- National rural support program (NRSP)
- First Women Bank Limited
- Khushali Bank
- Benazir Income Support Program (BISP)
- Efforts of other Non-governmental organizations for economic empowerment of women

- Women Entrepreneurship Development

Problem faced by Women Entrepreneurs

Role of Government for Promoting Women Entrepreneur

- Small-Medium Enterprise Development (SMEDA)
- Women Business Incubation centre (WBIC)
- Women chamber of commerce
- National policies and plans for women empowerment and development

Economic profile of Pakistani Women

- Changing trends of Women's work
- Employment status and wages

Role of International/National organizations for women's empowerment

Basic Reading

- Khan, S.S (2012). **The Agha Khan Rural Support Programme: A Journey Through Grassroots Development**. Karachi: Oxford University Press.
 - Scott, J., Dex, S, Plagnol A.C. (2012). **Gendered Live: Gender Inequalities in Production and Reproduction**. UK: Edward Elgar.
 - ZeoOxad, Sally, Baden.(1997).**Gender and Empowerment: Definitions, Approaches and implications for policy**. UK: Bridge publications, University of Sussex.
 - Halpern, D. F., & Cheung, F. M. (2008). **Women at the top**. Hong Kong.
 - Setty, E. D., & moorthy, P. K. (2007). **Women empowerment through entrepreneurship development**. New Delhi: Anmol publication.
 - Nayrayan, Deepa (ed). 2005). **Measuring Women Empowerment: Gross Disciplinary Perspective**. Washington DC: the World Bank Publication
 - Chaudhary, Amatul R., ChaniIrfan, Muhammad., Pervaiz, Zahid. (2012). An Analysis of Different Approaches to Women Empowerment: A case Study of Pakistan. *World Applied Sciences Journal*. 16(7), 971-980.available online on www.bepress.com/chani/11/
 - Kabeer, Naila. (2005). Gender Equality and Women's Empowerment" A critical analysis of the third Millennium Development Goal. *Gender and Development* 13(1), 13-24. Available online on www.tandfonline.com/doi/abs/10.1080/13552070512331332273
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-204	Gender and Religion	3	III
Year	Discipline		
2	Gender Studies		

The course provides an insight to gender and religion through a focus on two areas: Images of and prescribed roles for women (in particular) and men in the textual traditions of major religions, and ritual and religion in practice. It also aims to encourage students to explore the connections between religious texts, construction of gender and status of women and men in contemporary societies.

Course Contents

Introduction

- Role of religion in creating, preserving and interpreting gender ideology
- Feminist theory in religious studies

Religion and Traditional Gender Roles

- Perspective gender roles and responsibilities in scriptures and authoritative texts in Ilhamic and non-ilhamic religions

Historical Foundations for Women and Gender in Islam

- Representation of women in Quran and Haidth

Constructions of Femininity and Masculinity in Islam

Current issues within the study of gender and Islam

Basic Readings

- Ali, S. H. (2009). **Islam and Education: Conflict and Conformity in Pakistan's Madrassahs**. Karachi: Oxford University Press.
 - Nynas, P. (2012). **Religion, Gender and Sexuality in Everyday Life**. UK: Ashgate Publishing Limited.
 - Trzebiatowska, S.B. (2012). **Why are women more religious than men?** Oxford University Press.
 - Joffe, L.F (2012). **Gender, Religion and Family Law: Theorizing conflicts between women's rights and cultural traditions**. Brandeis University Press.
 - Failinger, M.A & Others (2012). **Feminism, Law, and Religion**. Ashgate Publishing Company.
 - Kirkham, D.M (2013). **State responsive to minority religions**. Ashgate publishing Company.
 - Pauly, C.J. (2011). **Women Under Islam: Gender, Justice and the Politics of Islamic Law**. I.B. Tauris & Co. Ltd.
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-205	Gender and Psychology	3	III
Year	Discipline		
2	Gender Studies		

This course will explore the biological, sociological, and cultural influences on women and gender identity. It will also examine gender differences, similarities in cognitive abilities, self-concept, and sexual orientation, and gendered psychological disorders. Further, the course will assess the role of myths and stereotypes about men and women in creating gender differences.

Course Contents

Introduction

- Psychology as a Science of behavior
- Recent Trends in Psychology/Branches of Psychology
- Psychology and Gender

Parental and Early childhood development

- Physical, Psychological, and Social Aspects of Growth
- Gender differences

Adolescence

- Physical development and psychological and social reactions
- Gender Differences

Motherhood and Psychosocial Reaction

- Mother-Child relationship
- The impact of the mother on the fetus;
- Postnatal Reactions
- Postnatal adjustment
- Planned mother hood
- Infertility
- Role of men in reproductive process

Cognitive Sex Differences

- Verbal ability
- Memory
- Numerical ability
- Creativity problem solving
- Manual dexterity
- Mechanical and spatial aptitude
- Scholastic achievement

Gender Differences in Personality and Social behavior

- Personality Traits
- Communication style

- Leadership
- Power related traits
- Helping and caring qualities/traits

Gender Difference in Perception of Self

- The Development of self-concept
- Factors leading to positive and negative self-concept
- Self-esteem and its practical implication

Achievement Motivation

- Factors in achievement motivation
- Changing gender roles
- Evaluating ones success or failure
- Realistic ambitions
- Decision-making and conflict resolution

Gender Differences in Later Adulthood and Old Age

- Physical and Psychological Changes
- Emotional reactions
- Stress and adaptive techniques
- Problems specific to older women and men
- Aging

Basic Readings

- Matlin, W.Margaret. (2008). **The Psychology of Women** (4th ed.). Singapore: Thomson Learning.
 - **Psychology of women.** (1996). Islamabad: Allama Iqbal Open University.
 - Shahid, S.M. (2006).**Basic Concepts in Psychology.** Lahore: Majeed Book Dept.
 - Unger, Rhodak. (2001). **Handbook of Psychology of Women and Gender.** New Jersey: John Willy & sons.
 - Chrisler, Joan C., Caria Golden, and Patricia D. Rozee. (2004). **Lectures on the Psychology of Women.** Boston: McGraw-Hill.
 - Crawford, M. (2006). **Transformations: Women, Gender, and Psychology.** NY: McGraw-Hill.
 - Eagly, A.H., Beall, A.E., & Sternberg, R.J (2004). **The Psychology of Gender.** (2nd ed.). New York: Guilford Press.
 - Rudman, Laurie A., and Peter Glick. (2008). **The Social Psychology of gender: How power and intimacy shape gender relations.** New York: Guilford Press.
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-206	Men and Masculinities	3	IV
Year	Discipline		
2	Gender Studies		

The course aims to develop an awareness of the concept of masculinity/masculinities. Masculinity Studies emerged in response to the critical feminist discourses on women, femininity, and gender. This course will explore the approaches to the study of men and masculinities and identify key concepts and issues for in-depth analysis. This course will be interdisciplinary, drawing from research and writing in social sciences, literature, psychology, media and feminist theories.

Course Contents

The History and Emergence of Masculinity Studies

- Men's responses to the Women's Movement
- The Emergence of Masculinity Studies as a discipline

Masculinity and Femininity as Gendered and Relational Concepts

- Gender Socialization and the construction of masculinity & femininity
- Key concepts in the study of masculinity
- Masculinities in cross-cultural perspective

Masculinity, Violence, and Power Relations

- Masculine identity, Power and Dominance
- Hegemonic and subordinate masculinities
- Challenging Male Violence

Fatherhood: A Domesticated Man

- Changing Role of Father
- Emerging Challenges

Work and Labour

- The meaning of work in Men's lives
- Work and Masculine Identity
- Family Wage and the Male Breadwinner concept
- Gender division of labour

Masculinity and Male Marginalization

- The Male Marginalization Thesis
- Debates and Critiques of the Male Marginalization Thesis

Basic Readings

- Lynch, J.R. (2013). **Overcoming Masculine Depression: The Pain behind the Mask (2nd ed)**. New York. Routledge.
- Cornwall, A., Edstrom, J., & Greig, A.(2011). **Men and development: Politicizing**

Masculinities. London: Zed Books.

- Kimmel, M.S and Hearn, J. (2005). **Handbook of studies on men and masculinities.** London: Sage Publications.
 - John Beynon (2002). **Masculinities and Culture.** Buckingham: Open University Press
 - Murphy (2004). **Feminism and Masculinities.** New York: Oxford Publications.
 - Reddock, Rhoda. (Ed) .(2004).**Masculinities.** Kingston: The UWI Press
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-207	Introduction to Sociology & Sociological Theory	3	IV
Year	Discipline		
2	Gender Studies		

The course intends to create understanding among students of the discipline of Sociology and Sociological Theories. At the completion of the course, they are expected to describe various theories of sociology in context of social phenomena.

Course Contents

Introduction to Sociology

- Types of Society and Institutions
- Social Change
- Social Interaction
- Stratification and Social Class

Introduction to Sociological Theory

- Defining and Creating Sociological Theory

Classical Theories-I

- Emile Durkheim
- Karl Marx
- Max Weber
- Ibn Khaldun

Classical Theories –II

- Georg Simmel
- Georg Herbert Mead

Contemporary Grand Theories

- Structural Functionalism
- Conflict theory
- New- Marxian theory
- Symbolic Interactionism
- Postmodern theory
- Integrated Sociological Paradigm- George Ritzer Focult
- Structural theory – Anthony Giddens

Basic Readings

- Giddens, Anthony. (2010). **Sociology**. (6th edition). New Delhi: Wiley & Sons.
- Tage, A. Hameed. (2009). **An Introduction to sociology**. Lahore: Abdul Hameed Taga & Sons
- Ritzer. Georg. (2007). **Contemporary Sociological theory and its classical roots (2nd edition)**. Boston: McGraw Hill International Edition.
- Turner H, J. Beeghley, L. Powers H.C, (2002). **The emergence of Sociological**

Theory. Wordsworth Thomson Learning.

- Anderson. H, Kaspersen. B.L. (2000). **Classical and Modern Social Theory.** USA: Blackwell Publications Inc.
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-208	Gender Based Violence	3	IV
Year	Discipline		
2	Gender Studies		

After the study of this course, students will be able to analyze the forms, extent and causes of institutional, social and domestic violence against women within a historical, cultural and structural context. They will also be in a position to analyze the role of different institutions of society regarding gender based violence. Situation in Pakistan regarding violence with facts and figures will also be discussed.

Course Contents

Defining Gender Based Violence

- Definition
- Gender Based Violence and contributing factors
- Declaration on the Elimination of Violence Against Women
- Domestic violence
- Activity: Screening of Documentary on Gender Based Violence for Students' sensitization

Theoretical Explanations for Gender Based violence

- Social learning theory
- Exchange & Resource theory
- Feminist theory

Types of Gender Based Violence

- Stove burning
- Acid throwing & Nose Cutting
- Honor killings
- Forced Marriages and its Types
- Rape
- Violence during armed conflicts
- Trafficking & Prostitution
- Harassment at work places

Impact of Gender Based Violence

- Physical consequences
- Psychological Trauma
- Social Consequences
- Economics Consequences
- Effect on Family and Children

Legislations on Gender Based Violence in Pakistan

- Women Protection Bill 2006
- Protection against Harassment of women at Workplace Act 2010
- Acid control and Acid Crime prevention Act, 2011
- Prevention of Anti-Women Practices Act, 2011

- Child Marriages & the Child Marriage Restraint Act, 1929

International and National Organizations Working for GBV

- Amnesty International UN Women
- Human Rights Commission of Pakistan
- Aurat Foundation & many others

Strategies to reduce and prevent Gender Based Violence

Basic Readings

- Douedoago, Francois.(2013). **Source book on social violence and unrest**. India: Random Export.
 - Singh, A.K, Singh, A.P, Khan, P.A. (2012). **Trafficking in Women and Children in India: Emerging Perspectives, Issues and Strategies**. New Delhi: Serials Publications.
 - Leatherman, Janie L. (2011). **Sexual Violence and armed conflict**. Cambridge: polity Press.
 - Shahida, Ayesha. (2010). **Silent voices, untold stories: women domestic workers in Pakistan and their struggle for empowerment**. Karachi: Oxford University Press.
 - Itzin, Catherine. (2010). **Domestic and sexual violence and abuse**. London: Routledge.
 - Merry, Engle Sally. (2009). **Gender violence: A culture Perspective**. UK: Wiley. Black well.
 - Banerjee, Sunita. (2009). **Violence against women in globalizing Asia**. Delhi: Swastik Publication.
 - Welchman, Lynn &Hossain, Sara. (2005). **Honour: Climes, Paradigms, and violence against women**. Karachi: Oxford University Press
 - Goel, Aruna., Manvinder Kaur & Ameer Sultana (eds). (2006). **Violence against women; Issues and perspectives**. New Delhi: Deep & Deep Publications Pvt. Ltd.
 - Goonesekere, Savitri. (ed.). (2004). **Violence, Law & Women's Rights in South Asia**. New Delhi: Sage Publications.
 - Manderson, Lenore., Linda Rae Bennelt. (2003). **Violence Against Women in Asian Societies**. New York
 - Mckie, Linda. (2005). **Families, violence and Social change**. New York. Mcgrah – Hill.
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-209	Gender and Population	3	IV
Year	Discipline		
2	Gender Studies		

A gender perspective on population helps in better understanding of population issues for sustainable development, by focusing on gender aspects of natural resource use and management; agricultural division of labour; and access to reproductive and productive resources. The course will further help in understanding of demographic factors such as population growth and age structure, fertility, morbidity, health conditions and nutrition levels, spatial distribution and migration indicate different types of constraints, needs and opportunities for males and females in the society.

Course Contents

Introduction to Demography

Theories of population growth

- Social theories of population growth
- Affects of structure on population growth
 - Mortality
 - Fertility
 - Migration

Fertility

- Fertility and its determinants
- Effects of Female Fertility
- Effects of Consanguinity

Family Planning Knowledge and Usage of Family Planning

- Role of public and private sector
- Trends in family planning
- Need for family planning
- Challenges

Reproductive Health

- Antenatal Care
- Delivery and Postnatal Care
- Access to Reproductive Health Facilities
- Situation in Rural and Urban Areas
- Involving men in reproductive health issues and programs

Mortality

- Maternal mortality and its reasons
- Infant and child mortality

Nutrition

- Status
- Gender Differences

Migration

- Gender and determinants of migration
- Theories of migration
- Gendered impact of international migration

Urbanization

- Population distribution and urbanization
- Consequences of Urbanization
- Gender issues due to Urbanization

Gender, Population and Sustainable Development

Population Policy and Planning

- National & International Population Policies

Basic Readings

- Gould, W. T. S. (2009). **Population and development**. New York: Routledge.
 - Poston, d. L. (2006). **Fertility, family planning; and population policy in China**. New York: Routledge.
 - World Bank (2002). **Exploring Gender Perspectives in Population and Health Programs**. Washington USAID.
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-210	Gender and Health	3	IV
Year	Discipline		
2	Gender Studies		

Recognizing the basic truth that good health of both men and women is an indicator of a prosperous society, this course looks at the current health status of the Pakistani community by examining their health needs, facilities for addressing these needs, and more importantly, their awareness about their health needs. This course, thus, looks how men and women perceive their personal health needs and how they look at each other's health needs. In addition to the institutionalized health care-system, in this course we would also study traditional systems of cure and healing, and myths and belief systems.

Course Contents

Introduction

- Health as a gender issue
- Variations in health status
- Access to health care
- Sources of data about health
- Role of traditions and myths

Life cycle of Women's health

- Girl child (from birth to puberty)
- Reproductive span
- Problems of Women's health as a human right

Nutrition, Mal-nutrition and Impact on Health

- Myths and practices
- Preventable and Treatable diseases and their management
- Gender Differences

Reproductive Health

- Menarche
- Pregnancy and childbirth
- Male-Female Infertility
- Abortion and Miscarriages
- Role of Men

Access to health care and services

- Physical Access & availability
- Economic access
- Socio cultural access
- Challenges

Health Care system of Pakistan

- Structure

- Policies and Programme

Gender issues and their influence on health

- Literacy and education
- Employment
- Early Child Marriages
- Gender differences in South Asia

Basic Readings

- Bird, Chloe E., and Patricia P. Rieker. (2008). **Gender and health**. Cambridge: Cambridge Univ. Press
 - Curtis, Sara. (2004). **Health and Inequality**. London: Sage.
 - Kariapper, Rehana. (2007). **Unravelling realities: reproductive health and rights**. Lahore: Shirkat Gah
 - Khan, Ayesha. (2000). **Adolescents and reproductive health in Pakistan**: Islamabad: Population Council
 - Nelson, Debra L., and Ronald J. Burke. (2002). **Gender, work stress, and health**. Washington, D.C.: American Psychological Assoc.
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-211	Introduction to Social Work	3	IV
Year	Discipline		
2	Gender Studies		

Introduction

- Social Work and its definition
- Relationship with Sociology
- Sociological theory and its applications to Social Work

Methods of Social Work

- Case Work
- Group Work
- Community Development

Social Welfare Services

- Psychiatric Social Work
- Medical Social Work
- Social work in Schools
- Child Welfare
- Services of the Older Persons
- Services for Women
- Other services.

Basic Readings

- Skidmore, Rex. A. and Milton G. Thackeray. (1994). **Introduction to Social Work**. New York: Appleton-Century Crofts.
 - S.C. Joshi. (2003). **Handbook of Social Work**. New Delhi: Akansha Publishing House.
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-301	Research Methodology-I	3	V
Year	Discipline		
3	Gender Studies		

The course deals with the traditional as well as emerging research methods used in social sciences. The course will provide an overview on the various phases of carrying out research: planning the research study, selecting appropriate methods for data collection, analyzing the data and reporting the results. By the end of this course, students will be able to apply quantitative research methods in social sciences with special reference to the gender related issues in the society.

Course Contents

The Research Process

- Scientific Method
- Theoretical Foundation of Scientific Method
- Use of Scientific Method in Social Sciences
- Classification of Research by Purpose
- Classification of Research by Strategy

Research Problem

- Selection & Sources
- Developing Statement Problem
- Development Conceptual Framework

Review of Related Literature

- Need
- Sources
- References and Citation
 - APA Style

Variables

- Type of variables
- Control of Variables

Hypothesis

- Formulation and statement of hypotheses
- Types of hypotheses
- Stating the Hypotheses
- Testing the Hypotheses

Sampling

- Definition and Purpose
- Sample Size
- Methods of Selecting a Sample
 - Probability Sampling
 - Non-Probability Sampling

Types of Instruments for Data Collection

- Tests
- Questionnaire
- Interview Schedule
- Observation Schedule
- Checklist
- Rating Scales and other Instruments
- Criteria for the Selection of Instruments

Types of Quantitative Research

- Surveys
- Correlational Studies
- Causal Comparative
- Experimental Research
- Experimental Designs

Validity & Reliability

Report Writing

Basic Readings

- Shamim, F., Qureshi, R. (2010). **Perils, Pitfalls and Reflexivity in Qualitative Research in Education**. Karachi: Oxford University Press.
 - Sherri L. Jackson (2008). **Research Methods: Modular Approach**. SAGE Publications
 - Dossten, Hotchkiss (2004). **Research Methods and Society**. Pearson Education.
 - Jones. L, Barron. I. (2007). **Research and Gender**. New York: Continuum International Publishing Group.
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-302	Gender and Human Rights	3	V
Year	Discipline		
3	Gender Studies		

The course focuses on human rights stated by International Human Rights bodies. It critically looks into legal issues, socio-cultural construction of Pakistani society as well as Pakistan's commitments and compliance to International Human Rights Law with special reference to gender.

Course Contents

Introduction to Human Rights

- Origin
- Theories

International Development of Human Rights

- The United Nation Charter
- Universal Declaration of Human Rights
- Universal Islamic Declaration of Human Rights

Monitoring, Implementing, and Enforcing Human Rights

- The reports system
- Inter-state and Individual Complaints
- Rapporteurs and Special Investigators
- Ratifications, Declarations, and Reservation
- State Reports

Gender and Human Rights

- International Convention on Elimination of All Forms of Discrimination Against Women (CEDAW)
- Beijing Platform for Action
- Millennium Development Goals

Gender, Law and Human Rights in Pakistan

- Fundamental Rights in the Constitution of Pakistan
- Human Rights in Pakistan: Legal Perspective
- Recent Legal Developments in Pakistan

Challenges to Human Rights in Pakistan

- Human Rights Violations and Abuses

Protection of Human Rights: State and Civil Society

- National and International Perspective

Basic Readings

- Rai, U.R (2011). **Fundamental Rights and their Enforcement**. New Delhi: PHI Learning.
 - Rhona K.M. Smith (2007). **Text book on International Human Rights**. New York: Oxford University Press.
 - Shamsi. N (2003). **Human Rights and Islam**. New Delhi: Reference Press.
 - Freeman M. (2003). **Human Rights: An Interdisciplinary Approach**. UK: Polity Press.
 - Human Rights Commission of Pakistan (2012). **State of Human Rights: Annual Report**. Lahore: HRCP
 - Anita M. Weiss (2012). **Moving Forward with the Legal Empowerment of Women in Pakistan**. New York: US Institute of Peace.
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-303	Gender and Environment	3	V
Year	Discipline		
3	Gender Studies		

The course will create awareness among students about environmental hazards for human beings especially on women health. It will also highlight the role of women in environmental conservation. Ecology, ecosystems, pollution, sanitation, global and national trends in environmental protection will be discussed with special emphasis on the Pakistani context.

Course Contents

Introduction

- Theoretical frameworks

Gender and the Ecosystem

- Overpopulation, forest degradation, environmental pollution, and loss of biodiversity

Development and Ecosystem

- Effects of industrialization on environment
- Modern agricultural development and health hazards
- Water crisis- water as an environmental issue; renewable and non-renewable recourses
- Alternative energy sources

Ecological Change and Development

- Impact on quality of life (men & Women)
- Gendered effects of energy crisis, water crisis, social forestry etc

Urbanization and Ecological problems

- Urban life and social and health hazards
- Population density migration, slum life and its impact on women and men lives
- Women as producers and consumers

Green Revolution and its Effects on Women and Men

- The Impact of Technological Changes in Agriculture Rural Women & Men
- Employment Consequence of Technological Change in Agriculture
- Gender differences in the nature of work in Agriculture
- The Effects of Environmental Degradation on Women
- Concern of Food Security: Role of Gender and Intra-Household Dynamics in Pakistan

Gender, Environment, and Sustainable Development

- Contributing factors Hampering development
- Women working to improve the environment, Case studies

Strategies for planning

- UN Agenda for gender Integration in Environmental Development
- Earth Summit to Habitat II
- Environmental law: Globally and Nationally
- Current gender and environmental issues in Pakistan

Basic Readings

- Pandey, Mahendra. (2003). **Environmental Pollutants and Women's Health**. New Delhi: Dominant Publishers
 - Mellor, Mary. (2002). **Eco Feminist Economics: Women, Work and the Environment**. *Women and Environment*, 54/55,7-10
 - Kurian, Priya A (2000) **Engendering the Environment: Gender in the World Bank's Environmental Policies**. Ashgate
 - Sachs, Carolyn E. (2006). **Gendered Fields: Rural Women, Agriculture, and Environment**. West View Press
 - Madrak, Ambarwati (2003) **Environment, Poverty, and Gender**. *Forum of Social Studies*
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-304	Women in Work & Business	3	V
Year	Discipline		
3	Gender Studies		

This course explores women's historical and contemporary work experiences in formal and informal economies. Looking holistically at the issues of Women's work, such as gender-based discrimination, sexual harassment, and non-recognition of women's work, this course focuses on the experiences of women in Pakistan. The course addresses some key questions regarding women and work. Finally, this course explores strategies for the recognition of women's work and its integration into national economy.

Course Contents

Defining women's work

- Conceptual understanding of women and work
- Women's work in the developed world
- Women's work in the developing world

Theoretical Background

- Work, labor process
- Work in the formal and informal sector
- Labor in Capitalist and Socialist economies
- Theories of management and labor
- Women's productive and reproductive work

Gender Issues in the Labor Force

- Patterns of participation rates: Paid work, unpaid work, urban sector, rural sector, formal sectors, multinationals, informal Sector
- Agricultural: Food Production
- Home Based Production and Self Employment

Women's work and the capitalist economy

- Women and Structural Adjustment Programmes
- Women and the global economy
- Women as housewife

Challenges

- Impact of work on Women's psychological, physical, and social health
- Societal attitudes towards working women
- Sexual harassment at work place and economic exploitation

Issues of working women

- Selected Case Studies

Labor Force Survey Pakistan, Five-Year Plans and Statistical Profile of Working Women in Pakistan

Basic Readings

- Dutta, R.K (2003). **Women Empowerment**. New Delhi: Reference press.
 - Robichaud.R et al. (2013). **Female Entrepreneurs' Motives and SME's Growth: An International Study** . pp. 1-27, issues (3). *Journal of Women's Entrepreneurship and Education*.
 - Aguilar, Delia D., and Anne E. Lacsamana. (2004). **Women and globalization**. Amherst, N. Y: Humanity Books.
 - Loutfi, Martha Fetherolf. (2001). **Women, gender and work: What is equality and how do we get there?** Geneva: International Labour Office.
 - Mirza, Jasmin. (2002). **Between Chaddor & the Market: Female Office Workers in Lahore**. Karachi , Oxford University Press
 - Shahid, Ayesha. (2010). **Silent voices, untold stories: women domestic workers in Pakistan and their struggle for empowerment**. Karachi: Oxford University Press.
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-305	Statistics in Social Sciences	3	V
Year	Discipline		
3	Gender Studies		

Statistical techniques are a tool for analyzing the results in empirical research, which is increasingly used in present social sciences research. Understanding of such methods and techniques has become an integral part of conducting research. This course is designed to provide understanding of basic statistical concepts as they are used in social sciences research. It is also intended to develop the sense of selecting appropriate statistical test for appropriate research question. As a result of this course, the students will become better interpreters of data by mastering the statistical concept and techniques.

Course Contents

Introduction to Statistics

Frequency Distributions and Graphs

- Frequency distributions
- Introduction to graphs

Measures of Central Tendency

Measures of Dispersion, Skewness, and Kurtosis

Correlation

- Pearson Product-Moment correlation coefficient
- Spearman Rank correlation

Regression

- Criterion for the line of Best Fit
- Multiple regression and multiple correlation

Probability

- Basic concepts
- Probability of combined events
- Counting simple events

Random Variables and Probability Distributions

- Random sampling
- Random variables and their distributions
- Binomial distribution

Normal Distribution and sampling Distributions

- Normal distribution
- Interpreting scores in terms of Z-scores and percentile ranks

Statistical Inference: One sample

- Introduction to hypothesis testing
- One-sample t-test for comparing means
- Confidence interval for a means

Statistical Inference: Two Samples

- Introduction to hypothesis testing for two samples
- Two- sample t test and confidence interval for means using independent & dependent samples

Statistical Inference for Frequency Data

- One-sample Chi-Square test
- Testing Goodness of Fit

Statistical Inference for Ranked Data

- Introduction to Assumption-Free tests
- Mann- Whitney U Test for two independent samples

Basic Readings:

- Levin, Jack. A, Fox, J.A & others (2013). **Elementary Statistics in Social Research.** Pearson
 - Linnman T.J.(2014). **Social Statistics.** Routledge.
 - Gravettar, F.J and Wallnau, L.B(2012). **Statistics for Behavioural Sciences.** (9thed.) Engag Learning.
 - Kolenikov,S., Thombs, L.& Steinely D. (2010). **Statistics in the Social Sciences.** John Wiley and Sons.
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-306	Gender and Politics	3	V
Year	Discipline		
3	Gender Studies		

The course is based on the understanding of function and importance of politics in a state. It enables students to look through the system of politics with gender lens in national and International context. Further, the course focuses on the understanding of Women's role in politics and how it can increase efficiency of political system.

Course Contents

Introduction to Political thought

Theories of Political Science

Role of Men and Women's in Pakistan movement

- Formal Political Participation
- Informal Political Participation
- Contesting Elections

Representation of men and women in various bodies

- Local bodies, jirgas and village councils, and at grass root levels
- Provincial and National Assemblies
- Senate

Gendered representation in politics

- Role in political parties
- Role in the parliaments
- Sources of empowerment and leadership
- Case studies of female legislators
- Challenges faced by men and women in politics

Political empowerment

- Vote casting
- Awareness regarding political processes and equal opportunities of political representation
- Political participation as human rights
- Electoral System in Pakistan
- Local Government Ordinance 2000

Capacity building

- Men & Women's Leadership skills training
- Role of International and National Organizations

Women's political caucus

- Provincial and National Assemblies

Basic Readings

- Rouse, Shahnaz. (2006). **Gender, Nation, State in Pakistan**. Lahore: Maktaba Jadeed
 - Goertz, Gry and M.G.Amy. (2008). **Politics, Gender and Concepts**. UK: Cambridge University
 - Asian Development Bank. (2004). **Gender and Governance Issues in Local Government: Regional Report of Bangladesh, Nepal, and Pakistan**
 - Rouse. S. (2006). **Gender, Nation, State in Pakistan: Shifting body Politics**. Lahore: Vanguard Books
 - Geertz, G; Mazur. G.A. (2008). **Politics, Gender and Concepts (Theory and Methodology)**. United Kingdom :Cambridge University Press
 - Ayaz, Aazar, and Andrea Flscherberg (2009). **The gender face of Asian Politics**. Karachi: Oxford University
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-307	Research Methodology-II	3	VI
Year	Discipline		
3	Gender Studies		

The course aims at familiarizing the students with the qualitative inquiry methods. The course also aims at developing the skills among students to use qualitative research methods as independent or complementary to the quantitative methods in all spheres of Social Sciences. By the end of the course, the students will be able to design a qualitative inquiry to atleast one selected issue in Gender Studies.

Course Contents

Qualitative Research: Origin and Rationale

Differences between qualitative and quantitative research

Theoretical affiliations and classification of qualitative inquiry

- Ethnography
- Symbolic interactionism
- Feminist Post Modernism

Designs in Qualitative Research

- Case study
- Field study
- Content analysis
- Action research
- Archival Research
- Historical Research

Concepts in Qualitative Research

- Human as instrument
- Grounded theory and ideographic interpretation
- Idea saturation
- Triangulation
- Participatory Action Research

Stages in Qualitative Research

Sampling Techniques

Tools of Data Collection

- Interviews
- Focused Group Discussions
- Observation

Data Collection Process

- Field notes
- Transcripts from taped interviews
- Subjects written words
- Montage/photography
- Official records
- Accounts
- Videos

Analysis of Data

- Analysis of data in the field
 - Field memos
 - Discovering themes and hypotheses

Analysis after data collection

- Developing coding categories
- Data displays

Ethical Issues in Qualitative Inquiry

Report writing

Basic Readings

- Mason, Jannifer. (2002). **Qualitative Researching**. (2nded). London: Sage Publications.
 - Jarvilooma. H, Moisala. P, V.Anni. (2003). **Gender and Qualitative Methods**.New Delhi: Sage Publications.
 - Cassell C. Symon, G. (2004). **Essential Guide to Qualitative Method in Organizational Research**. New Delhi: Sage Publications.
 - Swanborn P (2010). **Case study Research**. New Delhi: Sage Publications.
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-308	Gender and Media	3	VI
Year	Discipline		
3	Gender Studies		

The course focuses on the core concept and effects of mass media with special reference to gender. It is designed to enable the students to have an understanding of function of mass media with its diverse interplays. It also teaches a critical perspective in terms of opportunities as well as challenges media has posed for gender in the contemporary period.

Course Contents

Introduction to Mass Media

- Historical Development
- Classification and Functions

Theoretical Understanding of Mass Media

- Content Theories
- Effect Theories
- Feminist Perspective

Media, Power and Society

- Socialization and Identity
- Social Change
- Feminist Movements

Gender Portrayal in Print Media

- English Newspapers
- Urdu Newspapers
- Magazines

Gender Portrayal in Electronic Media

- News and Talk Shows
- Advertisements
- Dramas and Movies
- Children Programs and Cartoons
- Social Media

Gender and Media in Pakistan: Ethical Aspect

- PEMRA
- Laws and Authorities related to Print Media
- Laws and Authorities related to Electronic Media

Media in Gender Development

- National and International Perspective

Employment Patterns in Media Organizations

- Situation in the Past
- Current Trends

Basic Readings:

- Karen Ross (2012). **Gendered Media: Women, Men and Identity Politics**. Lanham: Rowman & Little field Publisher
 - Karen Ross (2012). **The Handbook of Gender, Sex and Media**. USA: Wiley-Blackwell
 - Rohit Chopra and Radhika Gajjala ed. (2011). **Global Media, Culture, and Identity: Theory, Cases and Approaches**. New York. Routledge
 - Mary Kosut (2012). **Encyclopedia of Gender in Media**. California :Sage
 - Anjumzia (2007). **Media and Gender: Pakistani Perspective**. Available online
 - Julia T. Wood (n.d). **Gendered Media: the Influence of Media on Views of Gender**. Available on Internet
 - Joke Hermes (2007). **Media Representation of Social Structure: Gender**. Available on Internet
 - Tayyebah and Datis (2013). **Construction of Social Identity in Social Media: An Investigation of Iranian Users' Appearance in Facebook**. *Interdisciplinary Journal of Contemporary Research in Business*; vol (4). No. 12
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-309	Gender, Peace and Security	3	VI
Year	Discipline		
3	Gender Studies		

The course aims to have an understanding of the concept of peace and security in the global system. It also aims to develop a critical approach among students to look at the major security threats and its implication for gender.

Course Contents

Introduction to the Concept of Security

- Traditional Approach
- Citizen Centered Approach
- Feminists Re-visioning of Security
- UN Agenda for International Peace and Security

Global Issues of Peace and Security: Gender Perspective

- Weapons of Mass Destruction
- Arm Trade
- Terrorism
- Poverty, Hunger and Famine

Effects of Armed Conflicts: Gender Perspective

- Non-Tangible Effects
- Gender-Based Violence
- Trafficking
- Displacement and Camps
- Refugees

International Laws on Gender, Peace and Security

- International Humanitarian Law
- Geneva Conventions and other Documents
- General and Specific Provisions for Women

Gender and Peace Process

- Formal and Informal Peace Processes
- Women, Peace and Security Agenda: UN Resolutions

Basic Readings:

- Farah Faizal & Swarna Rajagopalan (2005). **Women, Security, South Asia: A Clearing in the Thicket.** New Delhi :Sage
 - Inger Skjelsbaek and Dan Smith (2001). **Gender, Peace and Conflict.** London: Sage
 - J. Ann Tickner (1992). **Gender in International Relations: Feminist Perspective on Achieving Global Security.** Columbia University Press; New York
 - **Security Council Report. UN Documents for Women, Peace and Security.** Available on <http://www.securitycouncilreport.org/un-documents/women-peace-and-security/>
 - Pak Institute for Peace Studies (2009). **Radicalization in Pakistan: Socio-Cultural Realities.** *Conflict and Peace Studies.* Vol. 1, No. 2
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-310	Gender, Art & Literature	3	VI
Year	Discipline		
3	Gender Studies		

The course will explore through readings, writings, and discussions –meaningful and balanced representation gender prose and poetry. The course will look in the question like Has literature been able to sensitize the society on the complexity of gender relations? Does self-consciousness of a woman always mean radical feminism; Is man always responsible for the dismal condition of woman? Further, this course will address socio-cultural factors influencing roles of women and men in arts, culture, and society. This course, however, has limited itself to the study of visual arts, crafts, and stage performances.

Course Contents

Introduction: Gender and Literature

Men and women writers and presentation of gender in literature

Literature in National Regional Languages: Gender Perspective

- Poetry
- Short Story
- Novel/biography/autobiographies

Art and Gender: Social and Cultural Perspectives

Perception, portrayal, and presentation of gender

Gendered classification of Art

- Art on Canvas, Art on textiles
- Wall decorations and needlework
- Stage performances and Art of puppetry
- The Art of pottery and Art of ceramics.

Folk Art and Gender

Basic Readings

- Dadi, Iftikhar. (2010). **Modernism and the Art of Muslim South Asia**, Chapel Hill: University of North Carolina Press.
- Hashmi, Salima. (2009). **Hanging fire: Contemporary art from Pakistan**, London: Yale University Press.
- Hashmi, Salima. (2002). **Unveiling the Visible: Lives and works of women artists in Pakistan**, Action Aid Pakistan.
- Perry, Gillian. (1999). **Gender and Art**. New Haven, CT: Yale University Press.
- Saeed, Fouzia. (1991). **Women in Folk Theatre**. Islamabad: Lok Virsa.
- Wilkinson Weber, Clare M. (2001). **Gender, handicrafts, and development in Pakistan: A critical analysis**. Sage Publication

- Ahmed, Zia. 2009. „Pakistani feminist fiction and the empowerment of women in Pakistani art: **A journal of Pakistan Studies**, Vol. 1, No. 2, 91-102.
 - Bredi, Daniela. 2010. “Women and male Urdu poets- a few examples.” **Pakistan Journal of Women’s studies**: Alam-e-Niswan, Vol. 17, No. 1, 59-70.
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-311	Organizational Behaviour and HRM	3	VI
Year	Discipline		
3	Gender Studies		

The course will help the students to understand the meaning, concepts and theories of formal and informal organization. A detailed discussion, sharing and participation on organizational structure, process, human resource management and general problems of organization with special reference to Pakistan will be carried out with the students.

Course Contents

Introduction

- Meaning and difference between social organization
- Formal and informal organization

Theories of Formal Organization

- Classical organizational theories
- Neoclassical theories
- System approach to organization

Organizational Structure and Human Resource Management

- Meaning and interrelationship of organizational size
- Complexity and formalization

Organizational Processes

- Motivation, power and authority
- Leadership
- Communication
- Conflict
- Decision making

Human Resource Management

- Role of human resource development in organization and socialization of employees
- Training and development of employees
- Career planning and human resource development
- Meaning and problems of performance appraisal

General problems in an organization of Pakistan

- Structural problem
- Operational problems
- Behavior problems

Basic Readings

- Deborah Eade. (2005). **Development: NGOS & Civil Society.** New Delhi: International Thomson Business Press
 - Losey, M., Meisinger, S., and Ulrich, D. (2005). **The Future of Human Resource Management.** Virginia: John Wiley & Sons, Inc
 - Davoudi, S.M.M and Singh, M(2014). **Organizational Behaviour and Human Resource Management: Contemporary Issues.** LAP LAMBERT Academic Publishing
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-312	Family Sociology	3	VI
Year	Discipline		
3	Gender Studies		

The importance of family as a fundamental social unit and the role of family in determining the character and structure of society needs no argument. To understand society study of family sociology is very important. Through this course, students will be in a position to understand the role of family and the functions that it plays and the changes that are occurring with passage of time. Gender roles will be discussed through parent-child interaction.

Course Contents

Marriage, Family and its Function

- Definition and Types of Marriage
- Definition and Types of Family
- Functions of Family

Theoretical Frame works for to understanding Family

Gender Role Socialization

- Gender Socialization Process in Family
- Factors responsible for Gender Role Socialization
- Changing Gender Roles

Parent –Child Interaction and Generation Gap

Family Work and Economics

- Economic changes affecting the family
- Poverty/Unemployment
- Job loss

Women increasing participation in Labour force

- Impact of Women's working status on family dynamics
- Single parent families

Basic Readings

- Benokraitis, N.V (2011). **Marriages & Families Changes, Choices, and Constraints**. New Delhi: PHI Learning Private Limited.
 - Cottrane, Scott (2004). **Families and Society**. Canada: Thomas Learning.
 - Strong, deVAULT, Christine and Cohen, Theodore F. (2005). **The marriage and family experience** (9th edition). Canada: Thomas Learning.
 - Moerbeek. M, Nichof. A, Ophern. V.J.(2007). **Changing Families and their Life Styles**. Vol. 5 Netherlands: Wajenien Academic Publishers.
 - Strong, S. Devault, C. Cotton F. Theodore. (2008). **The marriage and Family Experience**. (9th Ed.). Thomson Wards worth.
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-401	Gender, Development and Globalization	3	VII
Year	Discipline		
4	Gender Studies		

This course will help the students to understand different perspectives on development in a globalized context with gender perspective. Approaches to gender and development have been integrated to create awareness about globalization and changing patterns of economic activity.

Course Contents

Introduction

- Meaning of Development
- Colonialism
- Imperialism

Social and Cultural Dimensions of Development

- Development as social evolution
- Post colonialism and post-modernism
- Ethnic development
- Gender and development

Gender in a Global World

- Defining Globalization
- Key agents of Globalization
- Gender in Globalized World
- Globalization and Transnational Feminist Movements

Approaches to Gender and Development

- The Welfare Approach
- Equity Approach
- Anti-poverty Approach
- Efficiency Approach
- Empowerment Approach
- Women in Development Approach (WID)
- Gender and Development Approach (GAD)

International Forum on Women and Gender Development

- Women/Gender Conferences
- UN Women's Decade
- Indicators Measuring Gender and Development

Gender Planning Approaches for Development

- Moser's gender planning framework
- The Harvard Analytical Framework
- Practice exercises for Moser's Gender Planning
- Practice exercises for Harvard Analytical Framework

Gender, Conflict, and Development

- Gender and peace processes

Basic Readings

- Donmez, R.Q. and Ozmen, F.A. (2013). **Gendered Identities: Criticizing Patriarchy in Turkey**. New York: Lexington Books
 - Suvarna, Sen. (2012). **Gender and development**. India: Icfai Books.
 - In Visvanathan, N., In Duggan, L., & In Wiegiersma, N. (2011). **The Women, Gender and Development Reader**.
 - Momsen, J. (2010). **Gender and Development**. New York: Routledge.
 - Reed, Ananya Mukherjee. (2009). **Human development and Social Power: Perceptive from South Asia**. London: Routledge.
 - Davis, Kathy., Evans, Mary & Lorber, Judith. (eds) (2006). **Handbook of Gender and Women's Studies**. London: SAGE Publications
 - Journal of Gender and Development by Oxfam.
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-402	Gender and Education	3	VII
Year	Discipline		
4	Gender Studies		

The course reviews gender and educational issues within national and international context. Identification of gender gaps both in the formal and non-formal education system, gender analysis of textbooks and curricula at various levels and the comparative analysis of gender gaps in education in the South Asian countries will be discussed in detail. Further, comparative study of the mental faculties of males and females and explanation of such differences, research on impact of women and men education in different fields like health, politics, economic participation, family matters etc. are also interesting components of the course.

Course Contents

Education in the Sub-continent: Gender perspective

- Mughal Period
- Colonial period

Gendered Review of Educational Policies and Development Plans

Education and Gender Equality

- Major concerns in achieving gender equality
- International and national conventions and treaties

Gender Analysis of Education System in Pakistan

- Primary/Elementary Education
- Secondary School Level Education
- Higher Secondary Level Education
- Higher Education
- Technical/Vocational Education for Women
- Adult Literacy

Financial Allocation for Education

- Past and Present Reviews

Cognitive Gender Differences

Gender Portrayal in Textbooks

Demand and Supply Factors in Education: An Analytic Model

Co-education and Single Schools: An analysis

Impact Men and Women Education

- Children's Health and Education
- Population Growth

- Political and Social Participation
- Economic Growth Participation

Basic Readings

- Qureshi, R. and Rariev. J. (2007). **Gender and Education in Pakistan.** Oxford University Press.
 - Lewis, M.A. and Lockheed, M.E (2007). **Exclusion, Gender and Education: Case studies from the Developing World.** Centre for Global Development.
 - Martino, W and Kehler, M. (2009). **The Problem with boys' education: Beyond the Balcklash.** SAGE Publications
 - Hightomer, M.W. (2013). **Leaders in Gender and Education: Intellectual Self Portraits.** McGraw Hill
 - **Bank B.J. (2011). Gender and Higher Education.** Johns Hopkins University Press
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-403	Gender Project Cycle Management	3	VII
Year	Discipline		
4	Gender Studies		

The course will enhance the understanding of students about the concept of Project Cycle Management: instruments, actors, procedures, participatory planning, methods and tools. Further the course intends to know how to make and assess a logical framework: objectives, assumption, indicators, main features of budgeting and assessment of budgets Gender sensitivity and project cycle management.

Course Contents

Introduction

- Project Cycle Management: Concept and Meaning
- Steps in participatory project design

Problem Identification and Analysis: Gender perspective

- Different tools of problem identification, prioritization and analysis
- Ranking matrix, pie chart, transit walk social mapping etc.

Vision, Goal and Objectives: Gender perspective

- Writing Strategic Objectives
- Selection of intervention strategies and steps

Introduction of Logical Framework

- Developing intervention logic
- Assessing feasibility, external factors and risks

Risk Matrix

- Assumptions and mitigation plans
- Indicators and its importance

Monitoring

- Monitoring Process
- Difference between monitoring and evaluation
- Impact assessment
- Output and Outcome

Introduction to Budgeting

- Activity and result based budgets
- Gender Budgeting

Gender and Project Cycle Management

- Different steps of gender sensitive project development
- Gender mainstreaming in project cycle management
- Gender Need Assessment
- Gender and Planning
- Gender and monitoring and evaluation

Basic Readings

- Pinkerton, W. (2003). **Project Management**. McGraw Hill.
 - GEM (2012). **Gender Evaluation Methodology**
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-404	Introduction to Statistical Data Analysis (SPSS)	3	VII
Year	Discipline		
4	Gender Studies		

This is a basic course in data analysis techniques for the beginners. It is assumed that the students taking this course are computer literate and have ability to use MS Office to fair extent. The course intends to take students through the basic concepts to understand, perform and interpret the descriptive and inferential statistical techniques. The students will be given ample opportunity of hands-on practice using purposely structured data sets for each exercise.

Course Contents

Introduction to SPSS

- Planning the study
- Choosing appropriate scales and measures
- Preparing a questionnaire
- Designing a study
- Preparing a codebook

Starting SPSS

- Working with data files
- SPSS windows; Menus
- Dialogue boxes
- Closing and Saving SPSS File

Preparing the data file

- Defining the variables; Entering data; Modifying the data file; Data entry using Excel;
- Creating a data file and entering data
- Screening and cleaning the data
- Checking for errors ; Finding and correcting the error in the data file; Case summaries

Data Handling in SPSS

- Sorting Cases
- Merging Files
- Aggregating Cases
- Splitting Files
- Selecting Cases
- Recoding Values
- Computing New Variables

Preliminary Analyses

- Descriptive statistics
- Categorical variables; Continuous variables; Missing data; Assessing normality; Checking for outliers; Additional exercises
- Using graphs to describe and explore the data
- Histograms; Bar graphs; Line graphs; Scatterplots; Boxplots; Editing a chart or graph; Importing charts and graphs into Word documents; Additional exercises

- Manipulating data
- Calculating total scale scores; Transforming variables; Collapsing a continuous variable into groups; Collapsing the number of categories of a categorical variable; Additional exercises
- Checking the reliability of a scale
- Details of example; Interpreting the output from reliability; Presenting the results from reliability; Additional exercises
- Choosing the right statistic
- Overview of the different statistical techniques; The decision-making process; Key features of the major statistical techniques; Summary table of the characteristics of the main statistical techniques;

Statistical techniques to explore relationships among variables

- Correlation
- Preliminary analyses for correlation; Interpretation of output from correlation; Presenting the results from correlation; Obtaining correlation coefficients between groups of variables; Comparing the correlation coefficients for two groups; Testing the statistical significance of the difference between correlation coefficients; Additional exercises

Statistical techniques to compare groups

- Assumptions; Type 1 error; Type 2 error; Effect size; Missing data

Non-parametric statistics

- Chi-square; Mann-Whitney U Test; Additional exercises

T-Tests

- Independent-sample t-test; Paired-samples t-test; Additional exercises

One-way analysis of variance

- One-way between ANOVA; Additional exercises

Two-way between-groups ANOVA

- Details of example; Interpretation of output from two-way ANOVA; Presenting the results from two-way ANOVA; Additional analysis

Basic Readings

- Agresti, A. (2007). **An Introduction to categorical data analysis**. Canada: John Wiley & Sons.
 - Field A. (2013). **Discovering Statistics using SPSS Statistics** (4th. Ed). London: SAGE Publications.
 - Pallant J.(2007). **SPSS Survival Manual: A Step by Step Guide to Data Analysis using SPSS for Windows** (3rd Ed.) England: Open University Press.
 - Gaur A. S. & Gaur S.S. (2009). **Statistical Methods for Practice and Research: A Guide to Data Analysis Using SPSS** (2nd. Ed). Singapore: SAGE Publications
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-406	Gender and Crime	3	VII
Year	Discipline		
4	Gender Studies		

The course is an combination of theoretical understanding of crime as well as existing criminal justice system. The gender specific issues related to crime and criminal justice system are the prime focus of the course.

Course Contents

Introduction to Criminology

- Definitions and Conceptions of Crime
- Studying Criminology and Criminal Justice
- Key issues in Criminology and Criminal Justice

Theories of Crime

- The Individual and Crime
- Society and Crime
- Social Power and the Construction of Crime: Conflict Theory
- Gender and Criminological Theorizing

Feminism in Criminology

- Feminist Theory and their Implications

Introduction to Pakistan Criminal Justice System

- Gender and Crime in Pakistan: Prevalent Perspective
- Courts and Police Department

Victims and the Criminal Justice System: Gender Perspective

- Victims and the Police
- Victims and Prosecutors
- Victims and Judges

Gendered Cultural Practices/Crimes: National and Provincial Analysis

- Honor Killing
- Dowry Murders
- Forced Marriages
- Child- Marriages
- Marriage To Quran
- Wife Beating and Domestic Violence

Crime Prevention

- Family-based Crime Prevention
- Communities and Crime Prevention
- Labor Markets and Crime Risk Factors

Basic Readings:

- Marisa Silvestri & Chris Crowther (2008). **Gender and Crime**. SAGE Publications; London
 - Chris Crowther (2007). **An Introduction to Criminology and Criminal Justice**. New York: Palgrave Macmillan
 - J. Robert Lilly (2011). **Criminological Theory. : Causes and Consequences**. California: Sage Publications.
 - Maliha Zia Lari (2011). **Honour Killings' in Pakistan and Compliance of Law**. Aurat Publication.
 - HRCP (2013). **State of Human Rights in 2014**. Aiwan-i-Jamhoor; Lahore
 - International Crisis Group (2011). **Reforming Pakistan's Criminal Justice System: Asia Report**.
 - HRCP (2011). **Police Organizations in Pakistan**. Lahore
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BS (4 Years) for Affiliated Colleges

Code	Subject Title	Cr. Hrs	Semester
GS-407	Internship	3	VIII
Year	Discipline		
4	Gender Studies		

Internship is introduced in the last semester. Students are placed in Development organizations (NGOs/CBOs/GOs/Print & Electronic media/hospitals etc.) for eight weeks. The assignment & records have to be completed and checked up by the respective supervisors. At the end of internship period, the students will submit a report of activities undertaken during said period. The students are assessed on the basis of their daily records and a viva-voce is also taken.

Course Contents

Basic information about training/organization institution

- Back ground and nature of institutions/organizations
- Establishment, infrastructure and management of training organization
- Services and programmes
- Facilities available
- Man power, equipments and financial resources
- Problems and future plans

Training programmes for students

- Training methodology
- Manual of training
- Fields of training
- Training duration and certification

Training assignments

- Individual assignments, group assignments, academic assignments
- Seminars, lectures, group discussions, conferences, workshop etc.

Record preparation/Report

- Daily diary
 - Process record
 - Minute book
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