

## SCHEME OF STUDIES

### B.S. HOME ECONOMICS PART-II (1<sup>ST</sup> YEAR)

Paper	Code	Subject	Theory	Practical	Total	Credit hours	Page No.
I	HE101	English	100	-	100	04	43
II	HE106	Meal Management & Food Preservation	70	30	100	05	44
III	HE109	Applied Arts I	60	40	100	05	47
IV	HE107	Clothing and Consumer Education	70	30	100	05	48
V	HE108	Early Childhood Care & Development	70	30	100	05	49
VI	HE110	Fundamentals of Economics	100	--	100	04	51
VII (a)	HE103	Biochemistry OR	75	25	100	05	52
VII (b)	HE105	Home Economics Education History & Development OR	100	--	100	05	53
VII (c)	HE120	Essentials of Management	100	--	100	05	54
VIII(a)	HE104	Islamic Studies OR	50	--	50	02	56
VIII (b)	HE114	Ethical Behaviour	50	--	50	02	57
Total					750	35	

## SCHEME OF STUDIES

### B.S HOME ECONOMICS PART-II (1<sup>ST</sup> YEAR)

#### ENGLISH

**Paper: I**  
**HE101**

Credit hours: 04  
Total Marks: 100

**I. Prose** 20 Marks

A Selection of Short Stories and One Act Plays compiled & selected by Dr. Nasim Riaz Butt.

Following stories from the book are deleted

1. Passion in the Desert
2. Take Pity

**II. Plays:** 20 Marks

Two one Act plays" (From the same book)

1. The Bear
2. The Boy Comes Home

**III. Poetry** 20 Marks

A New Anthology of English Verse  
Compiled & Edited by  
Kaneez Aslam & Shoaib-Bin-Hasan.

1-12 Poems  
from 'Leisure' to 'A Poison Tree'

**Functional English** 20 Marks

1. Precis writing with Comprehension

One question on reference to the context (Prose, Plays, Poetry) 20 Marks

**B.S HOME ECONOMICS PART-II (1<sup>ST</sup> YEAR)**  
**MEAL MANAGEMENT AND FOOD PRESERVATION**

**Paper: II**  
**HE106**

Credit hours: 05  
Total Marks: 100  
Theory: 70  
Practical: 30

**Objectives:**

1. To develop skills to plan appropriate meals matching the nutritional needs using available resources.
2. To develop an understanding of market condition and important factors in selection of various food products.
3. To create awareness about selection, care and use of table appointments in different table settings and service of meals.
4. To understand the importance and methods of food preservations.

**A. MEAL MANAGEMENT:**

- I. Meal Management
  - a. Importance of meal planning
  - b. Principles of meal planning
    - i. Meals should meet the nutritive needs
    - ii. Should fit in the family budget
    - iii. Be satisfying and pleasing
    - iv. Make reasonable demands on home makers time, energy and skills.
  - c. Rules of good menu planning
  - d. Factors effecting menu planning in different age groups (infancy, childhood, teenage, pregnancy and lactation).
  - e. Menu planning for families, occasions and parties
- II. Marketing
  - a. Types and functions of market
  - b. Qualities of a good label, brand and grades.
  - c. Study of cost and quality of food in relation to season and market conditions and methods of distribution.
- III. Factors considered in selection of various foods.
  - a. Meat, poultry and fish
  - b. Eggs and Cheese
  - c. Fresh Vegetables and fruits.
- IV. Selection, use and care of table appointments.
  - a. China ware
  - b. Glass ware
  - c. Flat ware
  - d. Table linens.
  - e. Table decorations and flower arrangements.

## SCHEME OF STUDIES

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V. Study of different types of table setting and service for the meals.

- a. Formal/informal
- b. Buffet
- c. Trolley
- d. Tray
- e. Eastern/Western

VI. Table manners and etiquettes.

- a. Eastern
- b. Continental/Western

### B. FOOD PRESERVATION

I. Importance of food preservation for a family.

- a. Spoilage Agents
- b. Food spoilage – causes, risk to health, food borne diseases and hazards of eating out
- c. Methods of controlling rodents, pests and insects.

II. Brief study of colloidal chemistry in relation to food preservation.

- a. Dispersion
- b. Solution
- c. Solids
- d. Osmosis and Osmotic pressure
- e. PH and dialysis

III. Food Preservation

Methods and principles of preserving food:

- i. Refrigeration
- ii. Freezing
- iii. Canning
- iv. Drying
- v. Pickling
- vi. Fermentation
- vii. Irradiation
- viii. Packaging Materials

IV. Role of different types of agents in preservation

- a. Salt, Sugar, Oil and Vinegar.
- b. Importance of understanding the food additives in relation to health hazards.

**Practical:**

- 1. Dietary guides
- 2. Oven temperature guides
- 3. Conversion tables
- 4. Keeping a record of market price (retail & wholesale)
- 5. Comparison of A.P. (As purchased), E. P. (Edible portion) and P. P. (Prepared Portion),  
Weight and Volume of different foods and effect of cooking on colour, taste and texture of different foods.

## SCHEME OF STUDIES

6. Practice of planning menus for breakfast, snack, lunch, dinner and parties for different income groups.
7. Planning, preparation and service of food in given amount for breakfast, snacks, lunch and tea parties.
8. Planning, preparation and service of packed meals.
9. Practice of different types of table setting and food services such as formal, buffet, trolley and tray service.
10. Applying the principles of food preservation in preparation of the following according to the recipes; Jelly, Jam Murabba, Marmalade, Ketchup, Squash, Pickles in oil and vinegar.
11. Baking, plain cake, plain cookies, chocolate cake, fruit cake, jelly rolls, khatai, pizza.
12. Different types of salads with dressings.
13. Demonstrations given by experts on icing and other food preparations.
14. Market visits for cost and quality of food, observation of an enforcement of marketing regulations.
15. Budgeting of meals for low, middle and high income families-comprising 6-8 members.
16. Maintenance of practicals note book.

### Recommended books:

1. Belitz, H.D. (2008). *Food chemistry*. (3<sup>rd</sup> ed.).
2. Dickinson. (2005). *Food colloids: Introduction and microstructure*.
3. Kalam. (2008). *Food preservation and processing*.
4. Kinder, F. & Green, N.R. *Meal management*. (latest ed.) McMillan Publishing Co.
5. Meiselman. (2000). *Dimensions of the meal*. The science culture, business.
6. Rahman, M. (2008). *Hand book of food preservation*. (2<sup>nd</sup> ed.)



## SCHEME OF STUDIES

### B.S HOME ECONOMICS PART-II (1<sup>ST</sup> YEAR)

#### APPLIED ART – I

Paper: III  
HE109

Credit hours: 05  
Total Marks: 100  
Theory: 60  
Practical: 40

#### Objectives:

1. To develop in the students an aesthetic sense, so as to be able to evaluate the various aspects of design in a better manner.
2. To continue with the understanding about art and its movements through a study of various civilization.

#### I. Aesthetics: Meaning & Application

#### II. Design:

- a) Line, Shape and Space, Colour, Forms & Texture

#### III. A brief history of Art.

- |                              |  |
|------------------------------|--|
| a. Indus Valley Civilization | d. Roman Art                           |
| i. Town Planning             | i. Architecture                        |
| ii. Sculpture                | ii. Sculpture                          |
| iii. Seals                   | iii. Painting                          |
| iv. Pottery                  | e. Ghandhara Art                       |
| b. Egyptian Art              | i. Importance of Stupa                 |
| i. Architecture              | ii. Hellenistic Influence on Sculpture |
| ii. Sculpture                |  |
| iii. Painting                |  |
| c. Greek Art                 |  |
| i. Architecture              |  |
| ii. Sculpture                |  |
| iii. Painting                |  |

#### Practical:

##### Portfolio

- a. Different aspects of elements of Design
  - Two exercises in Design development
- b. Designing for Textile, Tiles, and Border
  - Two Designs in each category
- c. Drawing:
  - Basics of Drawing: Still life
  - Pencil and pastels: Two in each medium

All year's work presented in a portfolio for examination.

#### Recommended books:

1. Gardner, H. (2005). *Art through the ages*. (12<sup>th</sup> ed.). USA: Wadsworth/Thomson Learning.
2. Husain, M. (2001). *Aspects of art*. (2<sup>nd</sup> ed.). Oxford University Press.
3. Nadiem, I.H. (2003). *Buddhist gandhara*. Lahore: Sang-E-Meel Publications.
4. Samad, R.U. (2000). *Ancient Indus civilization*. Karachi: Royal Book Company.

**B.S HOME ECONOMICS PART-II (1<sup>ST</sup> YEAR)**  
**CLOTHING AND CONSUMER EDUCATION**

**Paper: IV**  
**HE107**

Credit hours: 05  
Total Marks: 100  
Theory: 70  
Practical: 30

**Objectives:**

1. To understand the economic, social and psychological factors influencing clothing needs.
2. To make students understand the Rights and responsibilities of the consumers.
3. Effect of weaving, knitting on fabric construction.

**Contents:**

- I. Attributes essential for quality clothing
  - a) Economic, Social & Psychological factors influencing clothing needs of the family.
  - b) Values, attitudes and behavior towards clothing, in the cultural milieu.
  - c) Philosophy of clothing.
  - d) Analysis of ready to wear children clothing.
- II. Consumer Requirements:
  - a) Consumer rights and responsibilities
  - b) Consumer problems related to clothing, textiles and accessories (bed linen, towels).
  - c) Advertisements, different types of advertisements, advantage & disadvantages.
  - d) Media of advertisement.
  - e) Different kind of labels.
- III. Characteristics of three basic weaves namely, Plain, twill and satin.
- IV. Effect of basic finishing processes such as mercerization napping calendaring preshrinking.
- V. Textured & Stretch Yarns in relation to comfort serviceability & appearance.
- VI. Woven & knitted fabrics.
- VII. Methods for care and storage of clothing.
  - a) Principles of storage such as cleanliness, neatness orderline and protection from wrinkling, dust, dampness & insects.
  - b) Daily, weekly and seasonal care of clothes.

**Practical:**

1. Drafting of Basic Bodice Block of an infant and preschool child
2. Adaptation of the bodice block to make different styles of design & dress construction of one dress either for an infant or preschool child.
3. Drafting and stitching of Bushirt and Shorts for preschool boy.
4. Construction of Kurta.

**Recommended books:**

1. Jamila & Bhushhan, B. (1995). *The costumes and textiles of India*. Delhi: DoB. Tava Porewala Sons and Co. Private Ltd. India.
2. Joyce, C. (2001). *Textile Design*. New York: Watson Cliphill Publishers. USA.
3. Loing, R.M. (2002). *Clothing Textile and Human Performance*. New York: Allyn and Balcon Pub. Co., USA.

## SCHEME OF STUDIES

### B.S HOME ECONOMICS PART-II (1<sup>ST</sup> YEAR)

#### EARLY CHILDHOOD CARE AND DEVELOPMENT (ECCD)

Paper: V  
HE108

Credit hours: 05  
Total Marks: 100  
Theory: 70  
Practical: 30

#### Objectives:

1. Give a comprehensive overview of the field of early childhood care and development.
2. Study the growth and development of the child from the prenatal stage to the preschool stage.
3. Study the care and protection of the child from the prenatal stage to the preschool stage.
4. Learning techniques of assessing, recording, and reporting meaningful observations

#### I. Introduction to Early Childhood Care and Development (ECCD)

- a. Definition, scope and importance of ECCD
- b. Components of ECCD. Developed vs. Developing countries
- c. Principles of child growth and development

#### II. Studying development of the young child:

- a. Methods of studying development of the child
- b. Importance and purposes of taking observations
- c. Techniques of observing and recording (for example, anecdotal) records, running records, time sampling, rating scale, checklist)
- d. Assessing, recording and reporting a meaningful observation.

#### III. The pre-natal and the neonatal period:

- a. Characteristics and developmental indicators
- b. Genetic foundations and stages of the prenatal period
- c. Physiological adjustments and neonate behaviors, Critical factors and care during pregnancy and birth
- d. Care of the neonate

#### IV. Infancy and Toddler-hood-the first two years

- a. Characteristics and developmental indicators
- b. Development of basic physical and motor competencies
- c. Socio-emotional development
- d. Physical and psycho-social care of the infant and the toddler
- e. Safety measures at home



**V. Early Childhood Developments**

- a. Characteristics and developmental indicators
- b. Physical and motor development
- c. Self-identity and emotional development
- d. Social development, social play and pro-social behavior
- e. Cognitive development and learning environment

**VI. Early Childhood Care and Integration into the Human Group**

- a. Supportive and stimulating environment
  - i) Parent child interaction
  - ii) Sibling relationship
  - iii) Peer relationship
- b. Dealing with behavior problems

**Practical:**

- 1. Observations at the early childhood stage.
- 2. Preparation of observation reports for parents and teachers.

**Recommended books:**

- 1. Hurlock, E. (1992). *Developmental Psychology*. New Delhi: Tata-McGraw-Hill Publishing Company.
- 2. Hurlock, E. (1992). *Child Growth and Development*. New Delhi: Tata-McGraw-Hill Publishing Company.
- 3. Santrock, W. (2001). *Childhood Development*. New York: McGraw Hill Companies Inc.
- 4. Waseem Ahmad, W. (2001). *The State of Pakistan's Children 2000*. Islamabad: SPARC.
- 5. Kassam-Jan, S. (1998). *Children and Women in Pakistan: the situation analysis*. Islamabad: Pictorial Printers Pvt. Ltd.
- 6. Aldecoa, N. I. And Bautista, F. (1995). *Working with young children and families. A resource book on early childhood care and development program in the Philippines*. Los Angeles: Bureau of Child and Youth Welfare Department of Social Welfare and Development.

## SCHEME OF STUDIES

### B.S HOME ECONOMICS PART-II (1<sup>ST</sup> YEAR)

#### FUNDAMENTALS OF ECONOMICS

Paper: VI  
HE110

Credit hours: 04  
Total Marks: 100  
Theory: 100

#### Objectives:

1. Creating awareness among individuals regarding financial Mgt consumption economics, and their role as consumer, in the development of a country.
  2. Students learn about the distinguishing characteristics of historical economic systems with detailed knowledge of current economic systems and their governing principles at micro and macro levels.
- I. Definition of Economics
    - a. Definition of Economics in terms of wealth
    - b. Definition of Economics in terms of material welfare
    - c. Definition of Economics in terms of scarce means and numerous wants
  - II. Basic concepts for understanding economics
  - III. Micro Economics Theory
    - a. Demand law, elasticity, assumptions, limitations
    - b. Supply law, elasticity, assumptions, limitations
    - c. Markets, Competition, monopoly, monopolistic competition
    - d. Price, Price determination under monopoly, and under perfect competition.
    - e. Saving, importance and role of savings in the economy and investment.
  - IV. Macro Economic Theory
    - a. Money, Functions of money, determination of the value of money, Effects of changes in the value of money on different economic groups, the quantity theory of money, the demand for money.
    - b. Banks, Functions and kinds of banks.
    - c. Credits, Role of Credit in the economy.
    - d. Taxes, Principles and classification of taxes
    - e. Inflation and deflation
  - V. The Consumer and the Market.
    - a. The role of consumers in a free economy; their rights and responsibilities.
    - b. Planning and recording expenditure
    - c. Role of advertisement in consumer decision.
  - VI. Economic problems and family welfare.
    - a. Major Economic problems of developing countries with emphasis on Pakistan.
    - b. Economic and social consequences of Government policies on families in a changing society.
  - VII. Home Management Residence Programme.
    - a. Philosophy of Home Management Residence
    - b. Resolving Conflicts.
    - c. Budgeting for the Residence

#### Recommended books:

1. Hussain, M. (2007). *Micro economic theory*. Lahore: Galaxy Books.
2. Nasir, S. (2006). *Economics of Pakistan*. Lahore: Galaxy Books.
3. Shahid, H.A. (2007). *Micro economics*. Lahore: Ilmi Kitab Khana.

**B.S HOME ECONOMICS PART-II (1<sup>ST</sup> YEAR)**

**BIOCHEMISTRY**

**Paper: VII (a)**  
**HE103**

Credit hours: 05  
Total Marks: 100  
Theory: 75  
Practical: 25

**I. Physio Chemical Fundamentals of Biochemistry:**

1. Chemical Equilibria, pH, Buffers
2. Colloids, types, properties, separation of colloidal particles.
3. Gels and Emulsions.
4. Adsorption
5. Osmotic Pressure, isotonic, hypotonic and hypertonic solutions, Role of Osmotic Pressure in Fluid Exchange

**II. Biochemical processes in body**

1. Carbohydrates, identification of functional group, chemical reactivity, intermediary metabolism.
2. Lipids, identification, classification, intermediary metabolism.
3. Proteins, identification, intermediary metabolism.
4. Biological importance and dietary sources of minerals, vitamins and enzymes.
5. Blood, structure, function and origin of plasma protein.

**Practical:**

1. Identification of carbohydrates, lipids and proteins.
2. Determination of Vitamin C.
3. Determination of various ions in the given sample of blood.
4. Determination of fat, ash, total solid and moisture contents of milk.
5. Extraction of Casein from milk and Haemin from blood.
6. Separation of colloidal particles through adsorption.

**Recommended books:**

1. George H. Bell. (2000). *Text book of physiology and biochemistry*. Longman group.
2. David L. Nelson. (2001). *Lehninger Principles of biochemistry*. Worth Publishers.
3. Erric E. C. (1987). *Outlines of biochemistry*. John Wiley & Sons.
4. Mushtaq A. (2000). *Essentials of medical biochemistry (Vol-I&Vol-II)*. Merit Publishers.
5. West & Todd. (2000). *Text book of biochemistry*. John Wiley & Sons.

## SCHEME OF STUDIES

### B.S HOME ECONOMICS PART-II (1<sup>ST</sup> YEAR)

#### HOME ECONOMICS EDUCATION - HISTORY AND DEVELOPMENT

Paper: VII (b)  
HE105

Credit hours: 05

Total Marks: 100

- I. Understanding the philosophy of Home Economics Education
  - a) Concepts and aims of Home Economics Education at Secondary. Higher Secondary and College level.
  - b) Philosophy of education in light of Quran and Sunah
- II. Ideologies of Muslim educationists and philosophers
  - a) Imam Ghazali
  - b) Ibne Khaldun
  - c) Shah Waliullah
  - d) Allama Iqbal
  - e) Maulana Maududi
- III. Review of education in the sub continent
  - a) Early Muslim Education
  - b) British Education in the Sub-Continent
  - c) Education movements in the Sub-continent
- IV. National aims and objectives of Education
  - a) Review of Education commission report and educational policies in reference to Home Economics.
  - b) Brief review of developments in education after independence
- V. Curriculum development
  - a) Bases of curriculum development Ideological Factors
  - b) Psychological factors
  - c) Social factors
  - d) Development of Home Economics curriculum for present day living.
- VI
  - a) The contribution which Home Economics can make to national development
  - b) The changing roles of women and implications for Home Economics Education.

#### Recommended books:

1. Blankenship, L.M., Moerchen, D. B. (1997). *Home economics education*. Houghton Mifflin Company.
2. Iqbal, M. *Education in Pakistan*. (3<sup>rd</sup> ed.). Aziz Publisher, Pakistan.
3. Khan, M.J., (1992). *Introduction to education*. (1<sup>st</sup> ed.). Lahore: Aqeel Book Centre.
4. Shahid, S.M. (2005). *Education*. Lahore: Majeed Book Depot.
5. Wiles, J., Bandi, J. (1990). *Supervision*. A guide to practice. Charles E. Merrill Publishing Company.
6.
  - a) Education Commission Report 1959. Pakistan Printing Press
  - b) Education Policy Report 1974. Pakistan Printing Press
  - c) National Education Policy 1978. Pakistan Printing Press



B.S HOME ECONOMICS PART-II (1<sup>ST</sup> YEAR)

ESSENTIALS OF MANAGEMENT

Paper: VII (c)  
HE120

Credit hours: 05  
Total Marks theory: 100

Objectives:

1. To introduce the students with fundamental management process, principles and methodology
2. To impart the managerial knowledge in order to plan, organize, control, evaluate and improve the activities.
3. To understand and appreciate the managerial role in household and in organization.
4. To understand the principles of organizational structure, environment and its managerial implication.

I. Introduction to management:

- a. Definition of management
- b. The aim of managers
- c. Management as science or an art

II. Functions of managers:

- a. Planning
- b. Organizing
- c. Staffing
- d. Leading
- e. Controlling
- f. Coordination

III. Principles of management:

- a. Principles of hierarchy
- b. Span of control
- c. Unity of command
- d. Principle of delegation of authority
- e. Principle of centralization

IV. Various approaches to management:

- a. Systems approach
- b. Scientific approach
- c. Contingency approach.

V. Organizational environment:

- a. Economics
- b. Technological
- c. Social
- d. Political, legal and ethical
- e. The social responsibilities of managers

VI. Communication:

- a. Definition and importance of communication,
- b. The communication process.
- c. Communication and the enterprises.
- d. Essentials of communication,
- e. Forms of communication,
- f. Barriers and breakdowns in communication.



## SCHEME OF STUDIES

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### VII. Leadership:

- a. Definition
- b. Leadership style
- c. Established theories of leadership
- d. Trait and contingency theory of leadership
- e. Group and exchange theories
- f. Path goal theory of leadership

### VIII. Controlling:

- a. Definition
- b. The basic control process
- c. Control as a feedback system

### IX. Supervision:

- a. Meaning and phases of supervision
- b. Techniques of supervision
- c. What makes a good supervision

### X. Co-ordination:

- a. Meaning and means of co-ordination.

### Recommended books:

1. Felix, A.N. *Modern public administration*. New York: Harper and Row Publishers
2. Koontz, H. (1990). *Essentials of management*. New Delhi: Mc-Graw Hill Co.
3. Luthans, F. (1998) *Organizational behavior*. Singapore: McGraw-Hill Company.
4. Richard, M.H. (1998). *Management theory, process and practices*. Harcourt Brace Jovanovich Publishers.
5. Richard, L.D. (1998). *Management*. Dryden press, U.S.A.
6. Tyagy, A.R. (1994). *Public administration, principle and practices*. Lahore: Naeem Publishers.



B.S. HOME ECONOMICS PART II (1<sup>ST</sup> YEAR)

ISLAMIC STUDIES

Paper: VIII (a)  
HE104

Credit hours: 02  
Total Marks: 50

اهداف و مقاصد

- (1) طالب علموں میں قرآن سے تعلق ہمارے فرائض اور آداب معاشرت کی اسلامی نکتہ نظر سے اہمیت کا شعور پیدا کرنا۔
- (2) ہوم اکنامکس کی بچیوں میں خوراک، لباس، گھر اور بچوں سے متعلق امور کی اسلامی تعلیمات کی روشنی میں انجام دینے کی صلاحیت کو اجاگر کرنا۔
- (3) انہیں خواتین کے حقوق و فرائض کا درست علم بہم پہنچانا اور قرآن و سنت کی روشنی میں اہم شرعی مسائل سے آگاہ کرنا۔

قرآن مجید (I) قرآن مجید اور ہمارے فرائض (II) سورۃ الحجرات (مکمل) صرف ترجمہ

(III) سورۃ الفرقان (آخری رکوع) صرف ترجمہ

خوراک (I) حلال و حرام (قرآن و سنت کی روشنی میں) (II) کھانا کھانے اور پانی پینے کے اسلامی آداب  
(III) حضور ﷺ کی پسندیدہ غذائیں

لباس (I) اسلامی نقطہ نظر سے لباس کے مقاصد

(II) انتخاب و اختیار لباس کے آداب و شرائط (قرآن و سنت کی روشنی میں)

گھر (I) گھروں کی تعمیر و تکمیل کے اسلامی احکام (II) گھروں میں امن و سکون سے متعلق خواتین کے فرائض  
(III) آرٹ اینڈ ڈیزائن

عورت اور بچے (I) تاریخی پس منظر (II) خواتین سے متعلق اسلامی احکامات اور خاندانی مسائل

(III) خواتین کے شرعی مسائل (مختصراً)..... نکاح، مہر، رضاعت، عدت، طلاق، خلع

(IV) بچوں کی روحانی و جسمانی پرورش (قرآن و سنت کی روشنی میں)

حوالہ جات کتب

- (1) اسلام اور ہوم اکنامکس تصنیف و تالیف: پروفیسر فرح یعقوب (2016)
- (2) تعلیمات اسلامی تصنیف و تالیف: مسز ناہیدہ قریشی (2005)
- (3) غذا، لباس، اولاد، بیوت و عمارات، فنون، مدخل و مصارف، نسائہ (قرآن کی روشنی میں) تصنیف و تالیف: ڈاکٹر سیدہ کلثوم کرامت (1983)

## SCHEME OF STUDIES

### B.S. HOME ECONOMICS PART II (1<sup>ST</sup> YEAR)

#### ETHICAL BEHAVIOUR

Paper: IV (b)  
HE114

Credit hours: 02

Total Marks: 50

- I. Definition and scope of ethics:
  - a). Relation of ethics to psychology
  - b). Metaphysics and religion.
- II. A brief view of major theories of the moral standards.
  - a). The standard as Law
  - b). The standard as happiness
  - c). The standard as perfection
- III. Promotion of moral values in society through family and various education and cultural Institutions.
  - a). Concept of good and evil.
  - b). Freedom and responsibility
  - c). Various theories of punishment
- IV. Ethical teachings of World religions with special reference to Hinduism, Christianity, Sundhism, Judaism and Islam.
- V. 100 ethical precepts from the Quran and sayings of the Holy Prophet (Peace be upon him) from "Mishkat" Appendix II.
- VI. Islam's attitude towards minorities.

Appendix II

100 ethical percepts from the Quran and saying of the Holy Prophet(peace be upon him) from Mishkat

وَلَمَنْ صَبَرَ وَغَفَرَ إِنَّ ذَلِكَ لَمِنْ عَزْمِ الْأُمُورِ	صبر ۲۳/۲۲
وَيُؤْتُونَ عَلَى أَنْفُسِهِمْ وَلَوْ كَانَ بِهِمْ خَصَاصَةٌ وَمَنْ يُوقِ شَحْنَفَهُ فَوَلَّكَ هُمُ الْمَفْلُحُونَ .	ایثار ۹/۵۹
وَيَلْ لِكُلِّ هَمْزَةٍ لَمْزَةٍ نَالِيَةٍ جَمْعٌ مَالٍ وَ عَدَدُهُ يَحْسَبُ أَنْ مَالَهُ أَخْلَدَهُ .	جمع مال ۱/۱۰۴
الَّذِينَ يَخْلُونُ وَيَا مَرُونَ النَّاسَ يَا لِبِخْلِ وَيَكْتُمُونَ مَا آتَاهُمُ اللَّهُ مِنْ فَضْلِهِ وَاعْتَدْنَا لَكُفْرِينَ عَذَابًا مِهِينًا .	بخل ۳۷/۴
إِنَّهُ لَا يُحِبُّ الْمُسْرِفِينَ	اسراف ۳۱/۷
إِنَّ الْمُبْذِرِينَ كَانُوا إِخْوَانَ الشَّيْطَانِ	فضول خرچی ۲۷/۱۷
وَمَنْ شَرَّ حَاسِدٍ إِذَا حَسَدَ	حسد ۳/۱۱۳
وَأَوْفُوا بِعَهْدِ اللَّهِ إِذَا عَاهَدْتُمْ وَلَا تَنْقُضُوا الْإِيمَانَ بَعْدَ تَوْكِيدِهَا	قسم ۹۱/۱۶
وَلَا تَطْعَمْ كُلَّ حَلَّافٍ مِهِينٍ	جھوٹی قسم ۱۰/۶۸
هَلْ جَزَاءُ الْإِحْسَانِ إِلَّا الْإِحْسَانُ	احسان ۶۰/۵۵
وَلَا تَقْتُلُوا أَوْلَادَكُمْ خَشْيَةَ إِمْلَاقٍ نَحْنُ نَرْزُقُهُمْ وَإِيَّاكُمْ أَنْ تَقْتُلُوهُمْ كَانَ خَطَاً كَبِيراً	اولاد ۳۱/۱۷
إِنَّ اللَّهَ يَأْمُرُ بِالْعَدْلِ وَالْإِحْسَانِ وَإِيتَاءِ ذِ الْقُرْبَىٰ وَيَنْهَىٰ عَنِ الْفَحْشَاءِ وَالْمُنْكَرِ وَالْبَغْيِ لَعَلَّكُمْ تَذَكَّرُونَ .	اقارب ۹۰/۱۶
وَيَسْأَلُونَكَ عَنِ الْيَتَامَىٰ قُلْ إِصْلَاحٌ لَهُمْ خَيْرٌ	یتیم ۲۴۰/۲
وَاعْبُدُوا اللَّهَ وَلَا تَشْرِكُوا بِهِ شَيْئًا وَالَّذِينَ أَحْسَنُوا بِذِي الْقُرْبَىٰ وَالْيَتَامَىٰ وَالْمَسَاكِينِ	۳۶/۴
وَالْجَارِ ذِي الْقُرْبَىٰ وَالْجَارِ الْجَنْبِ وَالصَّاحِبِ بِالْجَنْبِ وَابْنِ السَّبِيلِ .	
وَفِي أَمْوَالِهِمْ حَقٌّ لِلزَّكَاةِ وَالْمَحْرُومِ	محروم معیشت ۱۹/۵۱
إِنْ أُريدَ إِلَّا الْإِصْلَاحُ مَا اسْتَطَعْتُ وَمَا تَوْفِيقِي إِلَّا بِاللَّهِ عَلَيْهِ تَوَكَّلْتُ وَإِلَيْهِ أُنِيبُ .	اصلاح ۸۸/۱۱



## SCHEME OF STUDIES

يا ايها الذين امنوا اذا قيل لكم تفسحوا في المجالس فافسحوا يفسح الله لكم و اذا قيل انشزوا فانشزوا.	آداب مجلس ۱۱/۵۸
لا خير في كثير من نجواهم الا من امر بصدقه او معروف او اصلاح بين الناس.	برگوشی ۱۱۴/۴
يا ايها الذين امنوا اجتنبوا كثيرا من الظن ان بعض الظن اثم	بدگمانی ۱۲/۳۹
قل يعبادي الذين اسرفوا على انفسهم لا تقنطروا من رحمة ان الله يغفر الذنوب جميعا.	اللہ کی رحمت سے پر امیدي ۵۳/۳۹
وان ليس للانسان الا ما سعى	۳۹/۵۳
والذين جاهدوا فينا لنهدينهم سبلنا	رياضت وعبادت ۲۹/۳۹
رب زدني علما	علم ۱۱۴/۲۰
لا اكراه في الدين	جبر ۲۵۶/۲
قل كل يعمل على شاكلته فربكم اعلم بمن هو اهدى سبيلا	عمل ۸۴/۱۷
واصبر فان الله لا يضيع اجر المحسنين	مصر ۱۱۵/۱۱
و من يشكر فالنما يشكر لنفسه	شكر ۱۲/۳۱
الا لله الدين الخالص	خلوص ۳/۳۹
كونوا مع الصديقين	سچائی ۱۱۹/۹
او فوا بالعهد ان العهد كان مسئولا	عہد ۳۴/۱۷
فاجتنبوا الرجس من الاوثان واجتنبوا قول الزور	جھوٹ ۳۰/۲۲
اتامرون الناس بالبر وتنسون انفسكم وانتم تتلون الكتاب	با عمل ۲۴/۲
و اذا العمنا على الا انسان اعرض ونا بجانبيه و اذا مسه الشر كان يوسفًا.	۸۳/۱۷
ان الله لا يحب من كان مختالا فخورا	غرور ۳۶/۴
ان الله لا يظلم الناس شيئا و لكن الناس انفسهم يظلمون	اللہ ظالم نہیں ۴۳/۱۰
كونوا اقوامين بالقسط	عدل ۱۳۵/۴

او فوا الكيل و الميزان بالقسط لا تكلف نفسا الا وسعها و اذا قلتم فاعد لواء	عدل ١٥٢/٦
و من يشفع شفاعة حسنة يكن له نصيب منها و من يشفع شفاعة سيئة يكن له كفل منها	سفارش ٨٥/٣
ولا تاكلوا اموالكم بينكم بالباطل و تدلوا بها الى الحكام لتاكلوا فريقا من اموال الناس بالاثم	رشت ١٨٨/٢
واخفض جناحك للمؤمنين	تواضع ٨٨/١٥
ولا تصغر خدك للناس ولا تمش في الارض مرحا	١٨/٣١
ان اولى الناس بالله من بدا بالاسلام	٢٢٣٩
لا تاذنوا لمن لم يبد ابا لسلام	٢٢٦٩
من لا يرحم لا يرحم	٢٢٤١
تصافحوا يذهب الغل و تها دوا تحابوا و تذهب الشحناء	٢٢٨٦
لا يسب احدكم الدهر فان الله هو الدهر	٢٥٥٥
لا ينبغي لصديق ان يكون لعانا	٢٦٠٦
لا يدخل الجنة قتات	٢٦١٠
من صمت نجا	٢٦٢٣
اياك و كزة الضحك فانه يميئ القلب	٢٦٥٠
ان الله او حى الى ان تواضعوا حتى لا يفخر احد على احد و لا يبغى احد على احد	٢٦٤٩
حبك الشى يعمى و يصم	٢٦٨٩
ان من ابر البر صله الرجل اهل و دابيه بعد ان يولى	٢٦٩٨
من احب ان يبسط له فى رزقه و ينسأله فى اثره فليصل رحمه	٢٦٩٩
لا يدخل الجنة قاطع	٢٧٠٣
حق كبير الا خوة على صغير هم حق الوالد على ولده	٢٧٢٤
لا يومن عبد حتى يحب لا خيه ما يحب لنفسه	٢٧٢٢
لا يدخل الجنة من لا يا من جاره بوائقه	٢٧٢٣

## SCHEME OF STUDIES

الراحمون يرحمهم الرحمن ارحموا من فى الارض يرحمكم من فى السماء	۴۷۵۰
ليس منا من لم يرحم صغيرنا ولم يوقر كبيرنا	۴۷۵۱
من احسن الى يتيمه او يتيمه عنده كنت انا و هو فى الجنة كهاتين و قرن بين اصبعيه	۴۷۵۵
ما نحل والد ولده من نحل الفضل من ادب حسن	۴۷۵۸
ليس المؤمن بالذى يشبع و جاره جائع الى جنبه	۴۷۷۲
لا يومن حتى يا من جاره بوائقه	۴۷۷۵
الخلق عيال الله فاحب الخلق الى الله من احسن الى عياله	۴۷۷۹
المرمع من احب	۴۷۸۷
اذا احب الرجل اخاه فليخبره انه يحبه	۴۷۹۴
اياكم والظن فان الظن اكذب الحديث	۴۸۰۶
من هجر اخاه سنة فهو كسفك دمه	۴۸۱۳
الا اخبركم با فضل من درجه الصيام والصدقه والصلوة قال قلنا بلى قال اصلاح ذات	۴۸۱۵
البين و فساد ذات البين هبى الحالقة	
اياكم والحسد فان الحسد يا كل الحسنات كما تاكل النار الحسد	۴۸۱۷
من ضار ضار الله به و من شاق شاق الله عليه	۴۸۱۹
حسن الظن من حسن العباده	۴۸۲۵
كار الفقرا ان يكون كفرا	۴۸۲۸
لا يلدغ المؤمن من حجر واحد مرتين	۴۸۳۰
لا حلیم الا ذو عشرة ولا حکیم الا ذو تجربه	۴۸۳۳
ان المنتشار موتمن	۴۸۳۹
المجالس بالا مانه	۴۸۴۰
من يحرم الرفق يحرم الخير	۴۸۴۶
الحيا لا ياتى الا بخير الحيا خير كله	۴۸۴۸
البر حسن الخلق والائتم ما حاك فى صدرک و کرهت ان يطلع عليه الناس	۴۸۵۰