

7th INTERNATIONAL CONFERENCE

Mental Health & Rehabilitation:
Contemporary Trends and Advances
in Clinical Practice



ICMHR - 2024

(Online Mode)

PROGRAM BOOKLET



CONTACT INFORMATION

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Centre for Clinical Psychology University of the Punjab Quaid-e-Azam Campus

DAY II (20th November, 2024)**Time 9:00 a.m. to 10:30 a.m.**

Scientific Session I : Prevalence & Sociodemographic Risk Factors of Psychopathology
Chair: Prof. Dr. Ivan Suneel
 Head, Department of Psychology, Forman Christian College- A Chartered University, Lahore.
Moderator: Ms. Rakia Ashraf
 PhD Scholar, CCP, LHR.
Link: <https://meet.google.com/rxq-rdwm-vky>

Scientific Session II: Psychogenesis of Psychological Dysfunctions (A)
Chair: Dr. Aisha Sitwat
 Assistant Professor (Retd) Centre for Clinical Psychology University of the Punjab, Lahore.
Moderator: Ms. Sara Asad
 PhD Scholar, CCP, LHR.
Link: <https://meet.google.com/toi-cqcw-zjg>

Scientific Session III: Psychogenesis of Psychological Dysfunctions (B)
Chair: Dr. Uzma Ashiq
 Head, Department of Gender Studies, Lahore College for Women University, Lahore.
Moderator: Ms. Wajeeha Zahra
 PhD Scholar, CCP, LHR
Link: <https://meet.google.com/bkc-odss-htx>

Time 10:30 a.m. to 12:00 p.m.

Scientific Session IV: Adaptation and Indigenous Scale Development on Non Clinical Sample
Chair: Dr. Afsheen Gul
 Head, Department of Psychology, Kinnaird College for Women University, Lahore.
Moderator: Ms. Samina Uzair
 PhD Scholar, CCP, LHR.
Link: <https://meet.google.com/hqm-sjpo-nru>

Scientific Session V: Protective factors of Psychosocial Wellness & Growth
Chair: Dr. Rabia Iftikhar
 Head of Clinical Unit, Government College University, Lahore.
Moderator: Dr. Nazia Bashir
 Clinical Psychologist, CCP, LHR
Link: <https://meet.google.com/ozk-qeui-dgx>

Time 12:00 p.m. to 1:15 p.m.

Symposium I: Two Sides of Digital World: Uses and Misuses
Chair: Prof. Dr. Rubina Hanif, Head, National Institute of Psychology, Quaid e Azam University, Islamabad
Moderator: Ms. Rahiya Aftab, Lecturer, National Institute of Psychology, Quaid e Azam University, Islamabad
Link: <https://meet.google.com/onm-wkfw-ncv>

Scientific Session VI: Landscape of Psychological Issues Across Life Span
Chair: Prof. Dr. Amna Muazzam
 Head, Department of Psychology, Lahore College for Women University, Lahore
Moderator: Ms. Mubeena Munir
 PhD Scholar, CCP, LHR
Link: <https://meet.google.com/zkz-xfyf-wkt>

Scientific Session VII: Evidence Based Therapeutic Intervention
Chair: Dr. Shumaila Asad
 Head, Department of Psychology, Riphah International University, Lahore
Moderator: Ms. Sadaf Saleem
 PhD Scholar, CCP, LHR.
Link: <https://meet.google.com/gxs-prsa-xqe>

BREAK**Time 2:00 p.m. to 3:30 p.m.**

Symposium II: Mental Health Conditions: Predictors and Treatment
Chair: Dr. Shameem Fatima, Head, Department of Psychology, COMSATS University Islamabad, Lahore Campus
Moderator: Ms. Zaema Farooq, Lecturer, Department of Psychology, COMSATS University Islamabad, Lahore
Link: <https://meet.google.com/gdh-pdtg-nir>

Symposium III: Crisis and Repercussion of Body Perceptions
Chair: Dr Faiza Safdar, Assistant Professor, Centre for Clinical Psychology, University of the Punjab, Lahore
Moderator: Ms. Hidna Iqbal, Lecturer, Centre for Clinical Psychology, University of the Punjab, Lahore
Link: <https://meet.google.com/hkj-abmz-mze>

Symposium IV: The Psychological Impact of Illness Perception in General Medical Conditions
Chair: Dr. Humaira Naz, Assistant Professor, Centre for Clinical Psychology, University of the Punjab, Lahore.
Moderator: Ms. Sara Latif, PhD Scholar, Centre for Clinical Psychology, University of the Punjab, Lahore
Link: <https://meet.google.com/zfb-soza-sih>

DAY III (21st November, 2024) (Clinical Psychology)

Time 9:00 a.m. to 10:30 a.m.

Scientific Session VIII: Unveiling the Dialectics of Qualitative Inquiry (A)
Chair: Prof. Dr. Masha Asad
Dean, Humanities & Social Sciences, Kinnaird College for Women University, Lahore
Moderator: Ms. Iqra Sahar
PhD Scholar, CCP, LHR
Link: <https://meet.google.com/wgv-kwtd-gpm>

Scientific Session IX: Integrative and Third Wave Therapeutic Approaches
Chair: Prof. Dr. Shazia Hassan
Head, Department of Psychology, University of Central Punjab, Lahore
Moderator: Ms. Amber Baseer
PhD Scholar, CCP, LHR
Link: <https://meet.google.com/unm-oqwy-dzg>

Time 10:30 a.m. to 12:00 p.m.

Scientific Session X: Unveiling the Dialectics of Qualitative Inquiry (B)
Chair: Prof. Dr. Haziq Mahmood
Acting Dean, School of Professional Psychology, University of Management and Technology, Lahore.
Moderator: Ms. Ayesha Sheikh
PhD Scholar, CCP, LHR
Link: <https://meet.google.com/iwb-dhfe-gzs>

Scientific Session XI: Adaptation and Indigenous Scale Development on Clinical Sample
Chair: Prof. Dr. Zainab Bhutto
Head, Department of Professional Psychology, Bahria University, Karachi.
Moderator: Ms. Nadia Rehan
PhD Scholar, CCP, LHR
Link: <https://meet.google.com/gym-awmk-sob>

DAY III (21st November, 2024) (Speech & Language Pathology)

Time 10:00 a.m. to 11:15 a.m.

Panel Discussion: *Brain, Language and Therapy: Bridging Gaps in Neurological Speech Rehabilitation*

Panel Chair: Dr Sadaf Noveen, Senior Speech and Language Pathologist/Head of Speech Therapy Department, National Institute of Rehabilitation Medicine, Islamabad
Moderator: Ms. Hafsa Noreen, Assistant Professor, Riphah International University, Lahore
Panelists
Prof Dr Nazia Mumtaz, HOD, Speech and Language Pathology, Riphah International University, Lahore
Prof Dr. Sikandar Khan, HOD, Department of Rehabilitation Sciences, Faculty of Allied Health Sciences, University of Lahore
Prof. Dr Humaira kiyani, HOD, Speech and Language Pathology, Riphah International University, Islamabad
Dr. Munawar Malik, Assistant Professor, Special Education, University of Punjab, Lahore
Dr. Faiza Badar, Senior Manager, Speech and Language Pathologist, Shifa International Hospital Islamabad
Dr. Atia Ur Rehman, Principal Allied Health Sciences, Rashid Latif Khan University, Lahore
Dr. Nayab Iftikhar, Assistant Professor, Speech and Language Pathologist, Centre for Clinical Psychology, University of the Punjab, Lahore
Mr. Arshad Awan, Senior Speech Therapist, Mayo Hospital
Link: <https://meet.google.com/nzt-sfvt-szn>

Time 11:15 a.m. to 12:00 p.m.

Scientific Session XII: Innovative Interventions in Neurodevelopmental Disorders: Bridging Research and Practice
Chair: Prof. Dr. Nazia Mumtaz, HOD, Speech and Language Pathology, Riphah International University, Lahore
Moderator: Ms Maham Ikram, CCP, LHR
Link: <https://meet.google.com/weo-ewpb-vuo>

Scientific Session XIII: Evidence Based Assessment Measures and Intervention for Speech and Language Pathology
Chair: Dr. Sadaf Noveen, Senior Speech and Language Pathologist/Head of Speech Therapy Department, National Institute of Rehabilitation Medicine, Islamabad
Moderator: Ms. Maryam Ishfaq, CCP, LHR
Link: <https://meet.google.com/ijc-iabn-zku>

Time 12:00 p.m. to 1:15 p.m.

(PANEL DISCUSSION IN COLLABORATION WITH PAKISTAN ASSOCIATION OF CLINICAL PSYCHOLOGISTS (PACP))

Title: Contemporary Trends & Advances in Clinical Practice

Panel Chair: Mr. Nauman Qureshi, Clinical Psychologist & Certified Gestalt Therapist.

Moderator: Hidna Iqbal, Executive Member, PACP

Panellists:

Prof. Dr. Nashi Khan, President, PACP

Dr. Iram Bokharey, Vice President, PACP

Dr. Mirrat Gul, Finance Secretary, PACP

Dr. Abia Nazim, Joint Secretary, PACP

Dr. Shahida Tanveer, Member BOD, PACP

Dr. Tanveer Nasar, Member BOD, PACP

Dr. Mohsina Najeeb, Member BOD, PACP

Mrs. Lubna Azhar, Member BOD, PACP

Dr. Urusa Fahim, Member PACP

Link: <https://meet.google.com/fhd-uswt-mee>

Time 12:00 p.m. to 1:15 p.m.

SCIENTIFIC SESSIONS

IN COLLABORATION WITH PAKISTAN PSYCHOLOGICAL ASSOCIATION (PPA)

Scientific Session A: Psychological Growth and Challenges, Social Influences and Interventions.

Chair: Prof. Dr. Nashi Khan,

Director, Department of Professional Psychology, Rashid Latif Khan University (RLKU), Lahore

Moderator: Ms. Nazish Habib

PhD Scholar, CCP, LHR

Link: <https://meet.google.com/kid-kdng-bdr>

Scientific Session B: Addressing Mental Health Challenges: Interventions and Influences on Wellbeing

Chair: Prof. Dr. Rafia Rafique, Director, Institute of Applied Psychology, University of the Punjab, Lahore.

Moderator: Ms. Rabia Dasti

Lecturer, CCP, LHR

Link: <https://meet.google.com/wzk-tzpr-jzp>

Time 1:15 p.m. to 2:15 p.m.

Symposium V: Emotional Intelligence: Application & Implementation

Chair: Prof. Dr. Saima Dawood, Director, Centre for Clinical Psychology, University of the Punjab, Lahore

Moderator: Ms. Hira Liaqat, Lecturer, Centre for Clinical Psychology, University of the Punjab, Lahore

Link: <https://meet.google.com/bku-zmgb-paw>

Symposium VI: Psychological Correlates of Maternal Mental Health and Third Wave Integrative Approach

Chair: Uzma Ilyas, Senior Lecturer, Forman Christian College - A Chartered University, Lahore

Link: <https://meet.google.com/imb-fpuv-weu>

Time 2:15 p.m. to 2:45 p.m.

Kenynote Address: *Unlocking Potential through AAC: Transforming Communication and Connection*

Speaker: Dr Dinushee Atapattu Bakmeewewe, Head of Department of Disability Studies, University of Kelaniya, Sri Lanka.

Link: <https://meet.google.com/tws-howg-zqn>

Key Note Address: *Importance of Mental Health in Educational Settings*

Speaker: Prof. Dr. Nashi Khan, Director & HOD, Rashid Latif, Department of Professional Psychology, Rashid Latif Khan University (RLKU), Lahore

Link: <https://meet.google.com/vnd-csuf-soe>

Time 3:00 p.m. to 4:00 p.m.

Symposium VII: Advances in Auditory Health: Breaking Otolaryngology, Hearing Screening and Psychological Wellbeing in Diverse Patient Populations.

Chair: Prof. Dr. Sikander Khan, HOD, Department of Rehabilitation Sciences, Faculty of Allied Health Sciences, University of Lahore

Moderator: Ms Anum Ashraf, Assistant Professor, Department of Rehabilitation Sciences, University of Lahore, Lahore

Link: <https://meet.google.com/ich-ehrm-ptr>

Symposium VIII: Speech and Language in Focus: Clinical Insights into Voice Quality, Developmental Assessments and Ethical Perceptions.

Chair: Dr. Atia Ur Rehman, Principal, Allied Health Sciences, Rashid Latif Khan University, Lahore

Moderator: Ms Hafsa Noreen, Assistant Professor, Deptt. Riphah International University, Lahore

Link: <https://meet.google.com/ccw-qctz-cqu>

Symposium IX: Bridging Gaps in Special Education: University Attitudes, Curricular Impact and AI Innovation for Students with Hearing Impairments.

Chair: Dr. Munawar Ahmad, Assistant Professor, Special Education, University of Punjab, Lahore

Moderator: Mr. Arshad Awan, Senior Speech Therapist, Mayo Hospital Lahore

Link: <https://meet.google.com/zqf-ydqc-eue>