

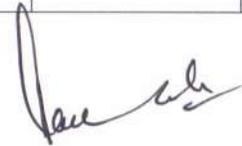
List of Scales/Measures Translated/adopted By Prof. Dr. Farah Malik, Institute of Applied Psychology, University of the Punjab, Lahore, Pakistan

Instructions: the following is the list of the scales / measures translated/adapted by Prof. Dr. Farah Malik or by MPhil, MS or PhD students under her supervision. If any student and researcher wishes to use any scale for research purpose he/she has to take permission from respective author/authors as they have the copy right. Institute has developed an agreement form (attached both) to be signed by the student and supervisor or researcher to get permission from author/ authors. The permission will be granted by the respective author/authors on case to case basis.

Sr. No	Name of the Test	Original Author (s)	Translating and Adapting Author (s)	Thesis / Research Project / Reference	Permission	Year
1.	Index Family Relations	Hudson, (1982)	Farah Malik, PhD 2002	Reference: Malik, D. F. (2003). A study of relationship of home environment and parental acceptance-rejection with child abuse. <i>Pakistan Journal of Social and Clinical Psychology</i> . 1, 35-46.	Sought	2002
2.	Parenting Stress Index	Abidin, (1995)	Naveed Anjum and Farah Malik, PhD	Determinants of Parenting Practices in Mothers of Children With ADHD. (MPhil: 2004-2006) Reference: Anjum, N., & Malik, F. (2010) Determinants of parenting stress and practices in mothers of ADHD children in Pakistan. <i>Pakistan Journal of Social and Clinical Psychology</i> , 8(1), 18-38.	—	2006

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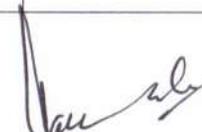
3.	The Brief Cope Inventory	Carver, (1997)	Maryam Bawar and Farah Malik, PhD	<p>Research Project: Psychological Distress and Posttraumatic stress in Earthquake survivor victims in AJK, Pakistan</p> <p>(MPhil: 2004-2006)</p> <p>Reference: Bawar, M., & Malik., F., (2007). Determinants of psychological distress and PTSD in earthquake victims in Kashmir. Unpublished manuscript, Department of Psychology, GC University, Lahore</p>	Sought	2006
4.	Interpersonal Support Evaluation List (ISEL)	Cohen and Hoberman, (1983)	Maryam Bawar and Farah Malik, PhD	<p>Determinants of Psychological Distress and Posttraumatic Stress in Earthquake Survivor Victims in Pakistan</p> <p>(MPhil: 2004-2006)</p> <p>Reference: Bawar, M., & Malik., F., (2007). Determinants of psychological distress and PTSD in earthquake victims in Kashmir. Unpublished manuscript, Department of Psychology, GC University, Lahore</p>	Sought	2006



5.	The Revised Children's Manifest Anxiety Scale	Reynolds and Richmond (1978)	Zahra Fatima, Jamil Mughal and Farah Malik PhD	Influence of Child Abuse Related Anxiety on Change Blindness in Simulated Scenes (MPhil, 2004-2006)	Sought	2006
6.	Parenting Practices Questionnaire	Doyle and McCarty (2002)	Naveed Anjum and Farah Malik, PhD	Determinants of Parenting Practices in Mothers of Children With ADHD (MPhil: 2004-2006) Reference: Anjum, N., & Malik, F. (2010) Determinants of parenting stress and practices in mothers of ADHD children in Pakistan. <i>Pakistan Journal of Social and Clinical Psychology</i> , 8(1), 18-38.	—	2006
7.	Comprehensive Behavior Rating Scale	Neeper, Lahey, & Frick, (1990)	Amara Gul and Farah Malik, PhD	Determinants of Performance on Emotional Stroop Task in Abused and Non Abused Children. (MPhil: 2004-2006) Reference: Malik, F., Gul, A., & Humphreys G. (2010). Behavioral and emotional problems in abused and non-abused children in a Pakistani cohort. <i>Pakistan Journal of Psychological Research</i> , 25(2), 179-202.	—	2006

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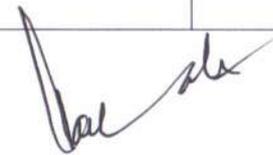
8.	OSU Child Post Traumatic Stress Inventory (OSU-PTSDI)	Bulut, (2003)	Naila Ambreen and Farah Malik, PhD	Determinants of PTSD in Child Survivors of Earthquake in Northern Areas of Pakistan (MPhil: 2005-2007)	Sought	2007
9.	Developmental Behavioral Checklist	Einfeld and Tonge, (1995)	Rabia Zahid and Farah Malik PhD	Parental Stress, Practices and Behavioral Problem intellectually Disable children (MPhil: 2005-2007)	Sought	2007
10.	Parenting Questionnaire	Strauhons Weidman, (1988)	Rabia Zahid and Farah Malik PhD	Parental Stress, Practices and Behavioral Problem intellectually Disable children (MPhil: 2005-2007)	Sought	2007
11.	Interpersonal Competence Questionnaire	Burhrmester, Furman, Wittenberg, and Reis, (1988)	Tina Malik and Farah Malik, PhD	Relationship of Emotional Intelligence With Academic Achievement And Social Competence in High and Low Achievers (MPhil: 2005-2007) Reference: Malik, F., Malik, T., & Anjum, S. (2010). Emotional intelligence, academic achievement and social competence in high and low achiever Pakistani adolescents. <i>Pakistan Journal of Psychology</i> , 41 (2), 75-89.	Sought	2007



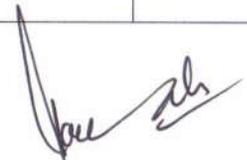
12.	Facially Express Emotion Labeling Test (FEEL)	Kessler, Byerl, Deighton, and Traue (2002)	Farah Malik, PhD and Glyn Humphreys	<p>Internationally Collaborative Research Project : Emotion Recognition in Abused Children and Delinquents (2007-08)</p> <p>Reference: Malik, F., Khawar, R., Chaudhry, H. R. & Humphreys, G. W. (2010). Emotion recognition and duration of untreated first episode psychosis among patients in Pakistan. <i>East Asian Archives of Psychiatry</i>, 20(1), 31-38. (IF =5.61)</p>	Sought	2007
13.	Bar On EQ Inventory: YV	BarOn	Farah Malik, PhD	<p>Internationally Collaborative Research Project: Emotional STROOP Task and Intelligence in abused children (Phase II) (2006-2008)</p> <p>Reference: Malik, F., & Shujja. S. (2013). Emotional Intelligence and Academic Achievement: Implications for children's Performance in Schools, <i>Journal of the Indian Academy of Applied Psychology</i>, 39 (1), 65-73.</p>	Sought	2008

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14.	Detailed Assessment of Posttraumatic Stress	John Briere, (2001)	Kausar Suhail, PhD and Farah Malik, PhD et al. 2009.	<p>Research Project: Psychological Health of Earthquake Survivors in Pakistan: Implications for Counseling (2007)</p> <p>Reference: Suhail, K., Malik. F., Ahmad, I., Hasan, S. S., Sarwar, A., & Tanveer, S. (2009). Psychological Health of Earthquake Survivors in Pakistan: Implications for Counseling. <i>Psychology and Developing Societies</i>. 21(2), 183-207.</p>	Sought	2007
15.	General Health Questionnaire	Goldberg and Hillier, (1979)	Kausar Suhail, PhD and Farah Malik, PhD et al. 2009	<p>Internationally Collaborative Project: Psychological Health of Earthquake Survivors in Pakistan: Implications for Counseling.</p> <p>(2007)</p> <p>Reference: Suhail, K., Malik. F., Ahmad, I., Hasan, S. S., Sarwar, A., & Tanveer, S. (2009). Psychological Health of Earthquake Survivors in Pakistan: Implications for Counseling. <i>Psychology and Developing Societies</i>. 21(2), 183-207.</p>	Sought	2007



16.	Camberwell Family Interview	Vaughan and Leff, (1976)	Rehana Ilyas and Farah Malik, PhD	Expressed Emotion and Burden of Care among Relatives of Patients with Schizophrenia (MPhil: 2007-2009)	Sought	2009
17.	Burden Assessment Scale	Reinhard et al. (1994)	Rehana Ilyas and Farah Malik, PhD	Expressed Emotion and Burden of Care among Relatives of Patients with Schizophrenia (MPhil: 2007-2009)	Sought	2009
18.	Autism Behavior Checklist	Krug, Arick and Almond, (1978)	Shazia Raham Din and Farah Malik, PhD	Behavioral Problems of Autistic Children as the Determinant Factors of Maternal Stress and Depression. (MPhil, 2008 – 2010) Reference: RahmDin, S., & Malik, F., (2014). Behavioral problems in autistic children as predictors of maternal stress and depression. Paper presented at international conference of Pakistan Association of Clinical Psychologists & Centre for Clinical Psychology, 2-3 rd April, 2014.	Sought	2010



19.	Intimate Partner Acceptance-Rejection / Control IPARQ	Ronald P. Rohner, (2001, 2004)	Farah Malik, PhD and Shazia Gulzar (long Version) 2011 Farah Malik, PhD (Short Version) 2012	Spousal Rejection/ Control as Determinant for the Parental Rejection/ Control of Children in Pakistan. (MPhil: 2008-2010) Reference: Internationally Collaborative Project (2010-2011). Unpublished manuscript, Department of Psychology, GC University, Lahore	Sought	2010
20.	Teacher's Acceptance-Rejection Questioner (TARQ/ Control): Child Form, Short Form	Ronald P. Rohner, (2005)	Farah Malik, PhD	International collaborative Project (2012-14) Reference: Malik, F. (2011). Translation of teacher acceptance- rejection questionnaire. Unpublished manuscript, Department of Psychology, GC University, Lahore	Sought	2011
21.	Parental Acceptance Rejection Questionnaire: Child Version (Short and Long Forms)	Ronald P. Rohner, (1976, 2004)	Farah Malik, PhD 2011	Internationally Collaborative Project (2011-12) Reference: Malik, F., & Rohner, P. R. (2012). Spousal Rejection as risk factor for child rejection. <i>Journal of Family Violence</i> , 27(4), 295-301. DOI 10.1007/s10896-012-9425-5 (IF =.95).	Sought	2011

22.	Coping Orientations to Problems Experienced Questionnaire (COPE)	Carver, Sheier, and Weintraub, (1989)	Aisha Parveen and Farah Malik PhD	Coping Strategies of Survivors of Terrorist Attacks (MPhil, 2009-2011)	Sought	2011
23.	Adult Parental Acceptance Rejection Questionnaire (Short and Long Versions)	Ronald P. Rohner, (1986, 2004)	Farah Malik, PhD and Musaffa Butt	Internationally Collaborative Project (2012-13)	Sought	2012
24.	Parental Power Prestige Questionnaire (PQ3)	Ronald P. Rohner, (2010)	Farah Malik, PhD and Musaffa Butt	Internationally Collaborative Project (2012-13)	Sought	2012
25.	Intimate Adult Relationship Questionnaire (IARQ)	Ronald P. Rohner, (2001, 2004, 2010)	Farah Malik and Mussaffa Butt	International Collaborative Project (2013-14)	Sought	2013
26.	Assessment Protocol for Children with Cerebral Palsy: An Indigenous Inventory <i>Subscales:</i> I) Motor Domain a) Gross Motor Functioning Classification System II) Communication Domain a) Communication Skill Scale b) Object Identification c) Phonemes	Samavia Hussain and Farah Malik, PhD Palisano, Rosenbaum, Walter Russell and Galuppi (2008)	— Samavia Hussain and Farah Malik, PhD —	Development and Validation of Assessment Protocol for Children with Cerebral Palsy (MS: 2011-2013)	—	2013

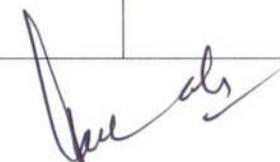
	d) Similarities e) Word Reading III) Cognitive Domain a) Attention/ Concentration b) Comprehension c) Problem Solving d) Memory e) Creativity	Humphreys, Bickerton, Samson and Riddoch (2006)	Samavia Hussain and Farah Malik, PhD			
27.	Adult Attachment Scale	Colins (1996)	Sidra Aslam & Farah Malik PhD	Attachment Style and Relationship Satisfaction in Women with Conversion Disorder (MS: 2011- 2013)	Sought	2013
28.	The Aggression Questionnaire	Buss & Perry (1992)	Rabia Iftikhar & Farah Malik PhD	Interplay of Emotional Behavioral Problems, Emotional Intelligence and Stroop Interference in Abused Children (PhD)	Sought	2013
29.	The ISPCAN Childhood Abuse Screening Tool- Children's Version (CAST)	Runyan, D., Wattam, C., Ikeda, R., Hassan, F., & Ramiro, L. (2009b)	Rabia Iftikhar, Iqra Tariq & Farah Malik PhD	Interplay of Emotional Behavioral Problems, Emotional Intelligence and Stroop Interference in Abused Children (PhD)	Sought	2013
30.	Relationship Satisfaction Questionnaire	Burns and Sayers (1988)	Sidra Aslam and Farah Malik PhD	Attachment Style and Relationship Satisfaction in Women with Conversion Disorder (MS: 2011- 2013)	Sought	2013



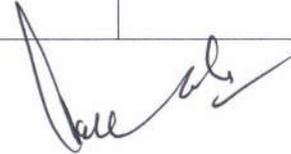
31.	Adult-Rejection Sensitivity Questionnaire	Downey, Berenson, and Kang, (2006)	Maida Arshad, Farah Malik PhD and Madiha Naz	Rejection Sensitivity, Self-Esteem and Depression in Acid Burn Victims. (MS, 2011- 2013) Reference: Arshad, M., Malik, F. & Naz, M. (2013). Rejection sensitivity, self-esteem and depression in acid burn victims. Paper presented at 28 th International Congress of Applied Psychology, Paris, France, 8-13 th July, 2014.	Sought	2013
32.	Treatment Motivation Questionnaire	Ryan, Plant, and O'Malley, (1995)	Nayla Noordin and Farah Malik PhD	Spiritual Well-Being and Self-Efficacy as Mediators in Treatment Motivation of Drug Addicts. (MS, 2012-2013). Reference: Noordin, N. & Malik, F. (2013). Spiritual well-being and self-efficacy as mediators in treatment motivation of drug addicts. Poster presented at 28th Conference of the European Health Psychology Society, 1 st to 5 th September, 2014, Austria.	Sought	2013
33.	Spiritual Well-Being Scale (SWS)	Booth & Martin, (1998)	Nayla Noordin and Farah Malik PhD	Spiritual Well-Being and Self-Efficacy as Mediators in Treatment Motivation of Drug Addicts. (MS, 2012-2013).	Sought	2013



34.	Adult Carer Quality of Life (AVQL)	Elwick, Joseph, Beck and Becker, (2012)	Mahrukh Nawaz and Farah Malik PhD	Behavioral Problems in Dementia Patients and Quality of Life Among their Caregivers (MPhil, 2011-2013)	Sought	2013
35.	Behavioral Assessment Battery for School Going Children Who Stutter	Gene J. Brutton and Matine Vanryckeghem, (2007)	Naila Tariq and Farah Malik PhD	Translation and Adaptation of The Behavioral Assessment Battery for School Going Children Who Stutter (MPhil, 2011- 2013)	Sought	2013
36.	Neuropsychiatric Inventory (NPI)	Jeffrey L. Cummings, MD (1994)	Anam Khan & Farah Malik PhD	Burden of Care and Behavioral Problems in Alzheimer Patients as Moderating Factors of Depression and Quality of Life of Caregivers (MPhil, 2008-2010)	Sought	2013
37.	Child Abuse Scale: Adolescents Form	Farah Malik, PhD and Saima Saeed and Ashiq A Shah (2012)	Khalid Ghaffar and Farah Malik, PhD	Child Maltreatment, Self Compassion, Empathy and Emotional Dysregulation in Destitute Adolescents. (MPhil, 2012- 2014)	Sought	2014

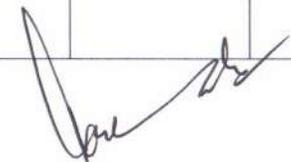


38.	Difficulties with Emotional Regulation Scale (DERS)	Gratz and Roemer (2003).	Khalid Ghaffar and Farah Malik, PhD	Child Maltreatment, Self Compassion, Empathy and Emotional Dysregulation in Destitute Adolescents. (MPhil, 2012- 2014)	Sought	2014
39.	Basic Empathy Scale (BES)	Jolliffe and Farrington (2006)	Khalid Ghaffar and Farah Malik, PhD	Child Maltreatment, Self Compassion, Empathy and Emotional Dysregulation in Destitute Adolescents. (MPhil, 2012- 2014)	Sought	2014
40.	Teachers' Evaluation of Student Conduct (Tesc)	Rohner Research Publications (1986), (2000), (2004)	Rabia Iftikhar & Farah Malik PhD	International Collaboration Project	Sought	2014



List 2015-2016

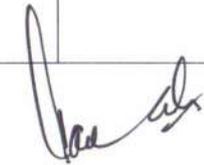
Sr. No.	Name of the Scale	Original Author(s)	Translating and Adapting Author(s)	Thesis/Research Project/Reference	Permission	Year
1.	Fear of Intimacy Scale	Descutnr, C.J., & Thelen, M.H (1991)	Muhammad Faran & Farah Malik, Ph.D.	International collaborative Project (2012-14)	Sought	2015
2.	Early Adolescents Temperament Questionnaire (EATQ_R)	Lesa K. Ellis and Mary K. Rothbart (1999)	Zahra Jaleel Qureshi & Farah Malik, Ph.D.	Temperamental Surgency, Perception of Parents and Social Competence among Early Adolescents (BS 2011-2015)	Sought	2015
3.	Learning Self-Regulation Questionnaire (SRQ-L)	Ryan and Conell, (1989)	Naveera Islam & Farah Malik, Ph.D.	Parental Involvement, Learning Autonomy and Academic Performance in College Students (BS 2011-2015)	Sought	2015
4.	Perception of Parents Scale (POPS)	Grolnick, Deci, and Ryan (1997)	Zahra Jaleel Qureshi & Farah Malik, Ph.D.	Temperamental Surgency, Perception of Parents and Social Competence among Early Adolescents (BS 2011-2015)	Sought	2015
5.	Proactive Coping Inventory	Esther Greenglass, Ralf Schwarzer, & Steffen Taubert, (1999)	Shaista Jamil & Farah Malik, Ph.D.	Stress Anxiety, Proactive Coping and Psychological Well-Being in Patients with Angiography (M.Sc. 2013-2015)	Sought	2015
6.	RAND 36-Item Short Form Health Survey	Hays, Sherbourne, & Mazel, (1993)	Rida-Ul-Wafa & Farah Malik, Ph.D.	Self-Transcendence, Sense of Coherence and Perceived Health in Patients with Coronary Angioplasty (M.Phil, 2013-2015)	Sought	2015
7.	Self-Transcendence Scale (STS)	Red, (1986)	Rida-Ul-Wafa & Farah Malik, Ph.D.	Self-Transcendence, Sense of Coherence and Perceived Health in Patients with Coronary Angioplasty (M.Phil, 2013-2015)	Sought	2015



8.	Toronto Empathy Questionnaire	Spreng, Mickinnon, Mar and Levine (2009)	Sidra Ashiq & Farah Malik, Ph.D.	Empathy Emotional-Behavioral Problems and Cyber Bullying in Young Adults (M.Sc. 2013-2015)	Sought	2015
9.	Cyber Bullying Scale	Cetin and Yaman (2011)	Sidra Ashiq & Farah Malik, Ph.D.	Empathy Emotional-Behavioral Problems and Cyber Bullying in Young Adults (M.Sc. 2013-2015)	Sought	2015
10.	Post-Traumatic Adjustment Scale	Donnell et all, (2008)	Ayesha Saddiqa & Farah Malik, Ph.D.	Resilience, Life Orientation and Post-Traumatic Adjustment in Patients with Burn Injury (M.Sc. 2013-2015)	Sought	2015
11.	Brief Sensation Seeking Scale	Lin, Mulder & Joievan (2007)	Mariyam Khalid & Farah Malik, Ph.D.	Aggressive Temperamental, Sensation Seeking and Psychopathic Tendencies in Juvenile Delinquents (M.Sc. 2014-2016)	Sought	2016
12.	Differentiation of Self Inventory-Revised (DSI-R)	Skowron & Schmitt, (2003)	Wafa Kamran & Farah Mali, Ph.D.	Attachment Styles, Emotional Maturity and Marital Satisfaction in Late Marriage (M.Phil 2014-2016)	Sought	2016
13.	Early Adolescent Aggressive Temperament Questionnaire-Revised	Eliis & Rothbart (1999)	Mariyam Khalid & Farah Malik, Ph.D.	Aggressive Temperamental, Sensation Seeking and Psychopathic Tendencies in Juvenile Delinquents (M.Sc. 2014-2016)	Sought	2016
14.	Measurement of Procedural and Distributive Justice for Self and Others	Lucas, Zhdanova, & Alexander, (2011)	Iqra Abdul-Haq & Farah Malik, Ph.D.	Belief in Just World and Social Competence in Orphans (M.Sc. 2014-2016)	Sought	2016

15.	Organizational Commitment Scale	Meyer, Allen, & Smith, (1993)	Fareeha Arshad & Farah Malik, Ph.D.	Workplace Incivility, Psychological Capital and Organizational Commitment in University Teachers (M.Phil 2014-2016)	Sought	2016
16.	Peer Relations Scale (PRS)	Petersen, Schulenberg, Abramowitz, Offer, & Jarcho, (1984)	Syeda Fatima Hasnain & Farah Malik, Ph.D.	Family Environment, Peer Relations Self-Regulation and Positive Development in Youth (M.Phil 2014-2016)	Sought	2016
17.	Positive Youth Development Inventory	Arnold, Nott, & Meinhold, (2012)	Syeda Fatima Hasnain & Farah Malik, Ph.D.	Family Environment, Peer Relations, Self-Regulation and positive Development in Youth (M.Phil 2014-2016)	Sought	2016
18.	Psychological Capital Questionnaire	Luthans, Avolio, Avey, & Norman, (2007)	Fareeha Arshad & Farah Malik, Ph.D.	Workplace Incivility, Psychological Capital and Organizational Commitment in University Teachers (M.Phil 2014-2016)	Sought	2016
19.	Psychopathic Tendencies Questionnaire	Lynam (1997)	Marriyam Khalid & Farah Malik, Ph.D.	Aggressive Temperamental, Sensation Seeking and Psychopathic tendencies in Juvenile Delinquents (M.Sc. 2014-2016)	Sought	2016
20.	Revised Dyadic Adjustment Scale (RDAS)	Busby, Crane, Larson, & Christensen, (1995)	Wafa Kamran & Farah Malik, Ph.D.	Attachment Styles, Emotional Maturity and Marital Satisfaction in Late Marriage (M.Phil 2014-2016)	Sought	2016
21.	Self-Regulatory Efficacy	Bandura Guide, (2006)	Fatima Siddique & Farah Malik, Ph.D.	Parental Acceptance-Rejection, Self-Regulatory Efficacy and Antisocial behavior in Juvenile Delinquents (BS 2012-2016)	Sought	2016

22.	Short Self-Regulation Questionnaire (SSRQ)	Carey et al., (2004)	Syeda Fatima Hasnain & Farah Malik, Ph.D.	Family Environment, Peer Relations, Self-Regulation and Positive Development in Youth (M.Phil 2014-2016)	Sought	2016
23.	Stigma Scale for Chronic Illness (SSCI)	Rao, (2009)	Asifa Akram & Farah Malik, Ph.D.	Perceived Stigmatization, Resilience and Posttraumatic Growth in Patients with Hepatitis C. (MS Health Psychology (2014-2016)	Sought	2016
24.	Sub Types of Antisocial Behavior Scale (STAB)	S. Alexandra Burt, (2009).	Fatima Siddique & Farah Malik, Ph.D.	Parental Acceptance-Rejection, Self-Regulatory Efficacy and Antisocial Behavior in Juvenile Delinquents (BS 2012-2016)	Sought	2016
25.	Ten Item Personality Inventory (TIPI)	Gosling, Rentfrow & Swann, (2003)	Fareeha Arshad & Farah Malik, Ph.D.	Workplace Incivility, Psychological Capital and Organizational Commitment in University Teachers (M.Phil 2014-2016)	Sought	2016
26.	The Dispositional Resilience Scale (DRS)	Paul Bartone, (1995)	Asad Abbas & Farah Malik, Ph.D.	Sense of Coherence, Hardiness, Social Support and Post-Traumatic Growth among Flood Victims (M.Sc. 2013-2015)	Sought	2016
27.	The Occupational Health Questionnaire (OHS)	Weel & Fortuin, (1998)	Misbah Munir & Farah Malik, Ph.D.	Occupational Health, Safety Measures and Psychological Distress in Technical Staff of an Industry (BS 2012-2016)	Sought	2016
28.	Uncivil Workplace Behavior Questionnaire	Martin & Hine, (2005)	Fareeha Arshad & Farah Malik, Ph.D.	Workplace Incivility, Psychological Capital and Organizational Commitment in University Teachers (M.Phil 2014-2016)	Sought	2016



29.	Work Safety Scale (WSS)	Hayes, Perander, Smecko & Trask, (1998)	Misbah Munir & Farah Malik, Ph.D.	Occupational Health, Safety Measures and Psychological Distress in Technical Staff of an Industry (BS 2012-2016)	Sought	2016
30.	Academic Resilience Scale	Martin and Marsh (2006)	Hafsa Dawood & Farah Malik, Ph.D.	Academic Resilience and Goal-orientation in high and low Achieving Medical Students (M.Sc. 2014-16)	Sought	2016
31.	Achievement Goal Questionnaire	Elliot and McGregor (2001)	Hafsa Dawood & Farah Malik, Ph.D.	Academic Resilience and Goal-orientation in high and low Achieving Medical Students (M.Sc. 2014-2016)	Sought	2016
32.	Behavior Rating Inventory of Executive Functioning	Gioia, Isquith, Guy & Genthworthy, (2000)	Zainab Bukhari & Farah Malik, Ph.D.	Executive Functioning in Children with Emotional Behavioral Problems (M.Sc. 2014-16)	Sought	2016
33.	The Triangular Love Scale (TTLS)	Sternberg, (1988)	Maria Khan & Farah Malik, Ph.D.	Attachment Styles and Love in Long Wed Individuals (M.Sc. 2014-2016)	Sought	2016
34.	1. Parental acceptance-rejection Questionnaire (PARQ) 2. Self-Regulatory Efficacy Scale 3. Sub types of anti-social Behavior Scale (STAB)	1. Rohner, 1976/1997 2. Bandura Guide, 2006 3. Burt, 2009	Fatima Siddique Roll No.01, BS (4 years) Session 2012-2016	Parental Acceptance-Rejection, Self-Regulatory Efficacy and Antisocial Behavior in Juvenile Delinquents	Sought	2016
35.	1. Occupational Health Questionnaire (OHS)	1. Weel & Fortuin, 1998 2. Hayes, Perander, Smecko & Trask,	Misbah Munir Roll No.24, BS (4 Years) Session 2012-2016	Occupational Health, Safety Measures and Psychological Distress in Technical staff of an Industry	Sought	2016

	2. Work Safety Scale (WSS) 3. Work Stress Scale	1998 3. Americal Institute of Stress, 1999				
36.	1. Self-report emotional intelligence Scale 2. Emotional Regulation Questionnaire (ERQ) 3. Job Satisfaction Scale	1. Schutte et al. 1998 2. Gross and John 2003 3. War-Crook and Walls 1979	Maria Idrees Roll No.16, BS (4 Years) Session 2012-2016	Emotional Intelligence, Emotion Regulation and Job Satisfaction in School Teachers	Sought	2016
37.	1. Sternberg Theory of Love Scale 2. Adult Attachment Scale	1. Sternberg 2. Collin, N (1996)	Maria Khan Roll No.46, M.Sc. Replica Session 2014-2016	Attachment Styles and Love in Long Wed Individuals	Sought	2016
38.	1. Academic Resilience Questionnaire 2. Achievement Goal Questionnaire (AGQ)	1. Martin and Marsh (2006) 2. Elliot and Murayama (2008)	Hafsa Dawood Roll No.08, M.Sc. (M) Session 2014-2016	Academic Resilience and Goal-Orientation in High and Low Achieving Medical Students	Sought	2016
39.	1. Early Adolescents Aggressive Temperament Questionnaire (EATQ-R) 2. Brief Sensation Seeking Scale (BSSS) 3. Child	1. Eliis and Rothbart (1999) 2. Lin, Mulder and Joiean, (2007) 3. CSP; Lynam (1997)	Marriyam Khalid Roll No.02, M.Sc. (R), Session 2014-2016	Aggressive Temperament, Sensation Seeking and Psychopathic Tendencies in Juvenile Delinquents	Sought	2016



	Psychopathy Scale (CPS)					
40.	1. Children's morningness/eveningness scale (CMES) 2. Sleep Disturbance Scale for Children (SDSC) 3. KIDSCREEN-27	1. Richard & Kyllonen, (1999) 2. Bruniet al., (1995) 3. Sieberer, (2004)	Saima Shaukat Roll No.39, M.Sc. (R), Session 2014-2016	Sleep Pattern, Sleep Disturbance and Psychological Health in Children	Sought	2016
41.	1. Big Five Inventory 2. Self-Compassion Scale 3. State-Trait Resilience Scale	1. Oliver, (1999) 2. Cronbach's (1992) 3. Chok Hiew's (2002)	Aqsa Mirza Roll No.13, M.Sc. Session 2014-2016	Personality Traits, Resilience and Self-Compassion in Eunuchs	Sought	2016
42.	1. Behavior Rating Inventory of Executive Functioning 2. Strength's and Difficulties Questionnaire	1. Gioia, Isquith, Guy & Kentworthy, (2000) 2. Goodman (1997)	Zainab Bukhari Roll No.10, M.Sc. Session (2014-2016)	Executive Functioning in Children with Emotional-Behavioral Problems	Sought	2016
43.	1. Self-concept Scale 2. Multidimensional Social Support Scale 3. Satisfaction with Life Scale	1. Robson (1989) 2. Zimet, Dahlem and Farley (1988) 3. Diener, et al., (1985)	Mehwish Hanif Roll No.18, M.Sc. IV, (R) Session 2014-2016	Self-Concept, Social Support and Life Satisfaction in Early Adulthood	Sought	2016
44.	1. Academic Resilience Scale 2. Achievement Goal Questionnaire	1. Martin and Marsh (2006) 2. Elliot and Murayama (2008)	Hafsa Dawood Roll No.08, M.Sc. (M), Session 2014-2016	Academic Resilience and Goal-Orientation in High and Low Achieving Medical Students	Sought	2016

45.	1. Locus of Control Scale 2. Scale of Superstitious	1. Muller and Thomas (2000) 2. Riaz and Amjad (2013)	Sidra Iqbal Roll No.40, M.Sc. (R), Session 2014-2016	Locus of Control and Superstitious Beliefs in Young Adults	Sought	2016
46.	1. Belief in Just World Scale 2. Social Competence Scale for Adolescents	1. Lucas, et al., (2011) 2. Shujja & Malik (2014)	Iqra Abdul Haq, Roll No.24, M.Sc. (R), Session 2014-2016	Belief in Just World and Social Competence in Orphans	Sought	2016
47.	1. State Trait Resilience Scale 2. Ten Item Personality Inventory 3. Posttraumatic Growth Inventory	1. Hiew (2002) 2. Gosling (2003) 3. Tedeschi & Calhoun (2008)	Asifa Akram Roll No.07, MS (Health Psychology) Session 2014-2016	Perceived Stigmatization, Resilience and Posttraumatic Growth in Patients with Hepatitis C	Sought	2016
48.	1. Perceptions of Parental Influence Scale 2. The General Self-Efficacy Scale 3. Scale for Assessing Academic Stress	1. Kleanthous & Williams (2013) 2. Tabassum, Rehman & Schwarzer (2003) 3. Sinha, Sharma & Mahendra (2001)	Khadija Rasheed Roll No.07, Tayyaba Nusrat Roll No.11, M.Phil-2, Session 2014-2016	Group Research Report Perceived Parental Aspirations, Self-Efficacy and Academic Stress in Intermediate Science Students	Sought	2016
49.	1. Child Parental Acceptance-Rejection / Control Questionnaire Short Form 2. Locus of Control Scale 3. Moral Disengagement	1. Rohner (2004) 2. Mueller & Thomas (2000) 3. Bandura et al., (1996)	Syeda Fatima Hasnain Roll No.1, Wafa Kamran, Roll No.05, M.Phil-2, Session 2014-2016	Group Research Report Parental Acceptance-Rejection / Control, Locus of Control and Moral Disengagement in Early Adolescents	Sought	2016



	Scale					
50.	1. Uncivil Workplace Behavior Questionnaire 2. Psychological Capital Questionnaire 3. Organizational Commitment Scale 4. Ten Item Personality Inventory	1. Martin & Hine (2005) 2. Luthans, Avolio, Avey & Norman (2007) 3. Meyer, Allen & Smith (1993) 4. Gosling, Rentfrow & Swann (2003)	Fareeha Arshad, Roll No.03, M.Phil, Session 2014-2016	Workplace Incivility, Psychological Capital and Organizational Commitment in University Teachers	Sought	2016
51.	1. Revised Adult Attachment Scale 2. Differentiation of Self Inventory-Revised 3. Revised Dyadic Adjustment Scale	1. Collins and Read (1990) 2. Skowron & Schmitt (2003) 3. Busby, Crane, Larson & Christensen (1995)	Wafa Kamran Roll No.05, M.Phil, Session 2014-2016	Attachment Styles, Emotional Maturity and Marital Satisfaction in Late Marriage	Sought	2016
52.	1. Self-report Family Inventory 2. Peer Relations Scale 3. Short Self-Regulation Questionnaire 4. Positive Youth Development Inventory	1. Beavers & Hampson (2000) 2. Petersen, Schulenberg, Abramowitz, Offer & Jarcho (1984) 3. Carey et al., (2004) 4. Arnold, Nott & Meinhold (2000)	Syeda Fatima Hasnain, Roll No.01, M.Phil, Session 2014-2016	Family Environment, Peer Relations, Self-Regulation and Positive Development in Youth	Sought	2016
53.	Children Rejection Sensitivity Questionnaire	Geraldine Downey (1998)	Sultan Shujja & Farah Malik Ph.D.	Translation and Validation of Children Rejection Sensitivity Questionnaire for Pakistani Adolescents	Sought	2016

List of Scale 2017

Sr. No.	Name of the Scale	Original Author(s)	Translating and Adapting Author(s)	Thesis/Research Project/Reference	Permission	Year
1.	Child Appraisal Questionnaire	Hood, Power, & Hill, (2009)	Saima Majeed & Farah Malik, Ph.D	Parental Perception, Child Temperament, Cognitive with Emotional-Behavioral Problems PhD	Sought	2017
2.	Parental Perception Questionnaire (PPQ-20)	Pasquali et al, (2012)	Saima Majeed & Farah Malik, Ph.D	Parental Perception, Child Temperament, Cognitive with Emotional-Behavioral Problems PhD	Sought	2017
3.	School Aged Temperament Inventory	SATI, McCloyry, (1995)	Saima Majeed & Farah Malik, Ph.D	Parental Perception, Child Temperament, Cognitive with Emotional-Behavioral Problems PhD	Sought	2017
4.	STAXI 2 C&A	Brunner & Speilberger (2009)	Saima Majeed & Farah Malik, Ph.D	Parental Perception, Child Temperament, Cognitive with Emotional-Behavioral Problems PhD	Sought	2017
5.	Brand Love Scale	Batra, Ahuvia & Bagozzi (2016)	Fatima Rehman & Farah Malik, Ph.D	Personality, Brand Love and Impulsive Buying in Young Adults (BS 2013-2017)	Sought	2017
6.	Buying Impulsive Scale	Rook & Fisher, (1995)	Fatima Rehman & Farah Malik, Ph.D	Personality, Brand Love and Impulsive Buying in Young Adults (BS 2013-2017)	Sought	2017
7.	Emotional Autonomy Scale	Steinberg & Silverberg, (1986)	Misbah Tariq, Saima Majeed & Farah Malik, Ph.D	Emotional Autonomy, Self-Criticism and Psychological Wellbeing of Adolescents (MSc 2015-2017)	Sought	2017



8.	Self-Criticism Scale	Gilbert, (2004)	Misbah Tariq, Saima Majeed & Farah Malik, Ph.D	Emotional Autonomy, Self-Criticism and Psychological Wellbeing of Adolescents (MSc 2015-2017)	Sought	2017
9.	Social Adjustment Inventory	Bell. (1934)	Tahreem Iftikhar, Shamim Rafique & Farah Malik, Ph.D	Rejection Sensitivity, Self-Esteem and Social Adjustment in Mothers having only Daughters (MSc 2015-2017)	Sought	2017
10.	General Self-Efficacy Scale	Schwarze, Jerusalem, Weinman, & Johnston, (1995)	Shazia Perveen, Safi Aslam & Farah Malik, Ph.D	Self-Efficacy, Relationship Satisfaction and Commitment Level in Married Couples (MSc 2015-2017)	Sought	2017
11.	15 Item Commitment Measures	Rasbult, Martz, & Agnew, (1998)	Shazia Perveen, Safi Aslam & Farah Malik, Ph.D	Self-Efficacy, Relationship Satisfaction and Commitment Level in Married Couples (MSc 2015-2017)	Sought	2017
12.	The Maas Robbins Alertness Questionnaire	Robbins, (1998)	Noor Fatima & Farah Malik, Ph.D	Breakfast Habits, Alertness and Mood in Undergraduate University Students (BS 2013-2017)	Sought	2017
13.	Four Mood Introspection Scale	Mayer, (1995)	Noor Fatima & Farah Malik, Ph.D	Breakfast Habits, Alertness and Mood in Undergraduate University Students (BS 2013-2017)	Sought	2017
14.	Adjustment to College Scale	Al-Khatib, Awamleh, & Samawi, (2012)	Aleena Irshad, Sabila Naseer & Farah Malik, Ph.D	Personality Traits, Quality of Friendship and Social Adjustment among Undergraduate University Students (MSc 2015-2017)	Sought	2017
15.	Romantic Partner Conflict Scale (RPCS)	Zacchilli, Hendrick, & Hendrick, (2009)	Amara Ilias, Waqas Hassan & Farah Malik, Ph.D	Personality, Empathy and Marital Conflicts in Married Individuals (MSc 2015-2017)	Sought	2017

16.	Toronto Empathy Questionnaire (TEQ)	Spreng, R.N., McKinnon, M. C., Mar, R. A., & Levine, B. (2009)	Amara Ilias, Waqas Hassan & Farah Malik, Ph.D	Personality, Empathy and Marital Conflicts in Married Individuals (MSc 2015-2017)	Sought	2017
17.	Internet Addiction Test (IAT)	Young, (2004)	Sara Amin Kahloon, Sumaira Ayub & Farah Malik, Ph.D	Internet Usage, Level of Frustration Intolerance and Academic Achievement in University Students (MSc 2015-2017)	Sought	2017
18.	Motivated Strategies for Learning Questionnaire (MSLQ)	Pintrich & DeGroot, (1990)	Safi Aslam & Farah Malik, PhD	Physical- Psychological Punishment, Emotional Regulation and Academic Self-Efficacy in High School Students (M.Phil 2015-2017)	Sought	2018
19.	Motivation to Achieve Questionnaire (MAQ)	Joseph N. Njiru (2003)	Shamim Rafique & Farah Malik, PhD	Corporal Punishment, Selective Mutism, Social Competence and Academic Motivation in Children (M.Phil 2015-2017)	Sought	2018
20.	School Speech Questionnaire (SSQ)	Bergman, Gonzalez, Piacentini & Keller, (2008)	Shamim Rafique & Farah Malik, PhD	Corporal Punishment, Selective Mutism, Social Competence and Academic Motivation in Children (M.Phil 2015-2017)	Sought	2018
21.	Coping with Cyber Harassment Questionnaire-Modified	Louise F. Fitzgerald (2005)	Sumaira Ayub and Farah Malik, PhD (2017)	Experiences of Cyber Harassment, Self Efficacy, and Social Adjustment in Female University Students (M.Phil 2015-2017)	Sought	2018

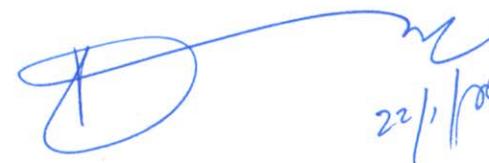
Farah

List of Scale/Measures translated by Institute of Applied psychology, University of the Punjab

Instructions: The following scales/measures have been translated under the supervision of faculty members at the IAP. If any student researcher wishes to use any scale for research purpose he/she have to take permission from the respective original author/authors (after informing them that he/she is interested to use translated version of the scale by selected names of the translators).The measure will be permitted for one time only use after having completed an agreement form available at the IAP (attached herewith). The permission will be granted on case to case basis.

Scales/Measures Translated under the Supervision of Prof. Dr. Rukhsana Kausar

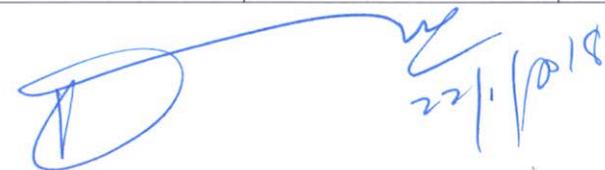
Sr. No.	Name of the Test	Author/Authors	Translated by	Theses Title	Permission Status
1	Abedi Test of Creativity (ACT)	Jamal Abedi	Fatima Aftab & Rukhsana Kausar Ph.D	Intellectual Functioning, Curiosity and Creativity in Children. A comparison of Madarassah and Government Students (BS 2010-2014)	Sought
2	Academic Self- Regulated Learning Scale	Carlo Mango	Mariam Naeem, Alishba Hafeez & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
3	Academic Dishonesty	Eminoglu and Nartgun	Tehmina Riaz, Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Factors of Academic Dishonesty in University Students	Sought
4	Achievement Motivation Questionnaire	John Roy	Zainab Javed & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
5	Adolescent Anger Rating Scale	Deanna Mekainnie Burney	Saira Aslam, Tahera Anwar & Rukhsana Kausar Ph.D	M.Phil Course Work 2010-2012	Sought
6	Adult Attachment Scale	Nancy Collins	Sara Kanwal, Arooj Arshad and Rukhsana Kausar Ph.D	Attachment Styles, Social Support, Resilience and Quality of Life in Obese Individuals (M.Phil 2012-2014)	Sought
7	Anti-Social Behavior Questionnaire	S.Alexandra Burt	Huma Hassan & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought


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Sr. No.	Name of the Test	Author/Authors	Translated by	Theses Title	Permission Status
8	Attachment Style Questionnaire	Feeney, Noller & Hanrahan	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Implications of Early Father Separation in Adolescents and their Mothers (M.Phil 2011-2013)	Sought
9	Attitude Towards Forgiveness Scale	Berry, J.W, Worthington, E.L, Parrot, L.I, O' Connor, L, & Wade, N.G	Anum Javed & Rukhsana Kausar Ph.D	Comparison of Private and Public School Children on Forgiveness and Moral Values (BS 2006-2010)	Sought
10	Aggression Scale	Buss & Warren	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Implications of Early Father Separation in Adolescents and their Mothers (M.Phil 2011-2013)	Sought
11	Bergen Insomnia Scale	Stale Pallesen	Amna Aijaz & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
12	Bergen Insomnia Scale	Pallesen et al.	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Factors and Implications of Usage of Social Networking Sites. A Cross Cultural Study	Sought
13	Bergen Facebook Addiction Scale	Andreassen, Torsheim, Brunborg, & Pallesen	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Factors and Implications of Usage of Social Networking Sites. A Cross Cultural Study	Sought
14	Bergen LudoStar Addiction Scale	Andreassen et al.	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Factors and Implications of Usage of Social Networking Sites. A Cross Cultural Study	Sought
15	Bergen Messenger Addiction Scale	Andreassen et al.	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Factors and Implications of Usage of Social Networking Sites. A Cross Cultural Study	Sought


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Sr. No.	Name of the Test	Author/Authors	Translated by	Theses Title	Permission Status
16	Bergen Twitter Addiction Scale	Andreassen et al.	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Factors and Implications of Usage of Social Networking Sites. A Cross Cultural Study	Sought
17	Bergen Social Media Addiction Scale	Andreassen et al.	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Factors and Implications of Usage of Social Networking Sites. A Cross Cultural Study	Sought
18	Bergen Snapchat Addiction Scale	Andreassen et al.	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Factors and Implications of Usage of Social Networking Sites. A Cross Cultural Study	Sought
19	Bergen WhatsApp Addiction Scale	Andreassen et al.	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Factors and Implications of Usage of Social Networking Sites. A Cross Cultural Study	Sought
20	Big Five Inventory-10	Rammstedt, B & John. O.P	Mahnaz Yousaf, Shahnila Tariq, Shazia Irfan & Rukhsana Kausar Ph.D	Ph.D Research (Ongoing)	Sought
21	Brief Fear of Negative Evaluation	Leary, M. R.	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Implications of Early Father Separation in Adolescents and their Mothers (M.Phil 2011-2013)	Sought
22	Brief Self-Control Scale	Tangney, Baumeister, & Boone	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Implications of Early Father Separation in Adolescents and their Mothers (M.Phil 2011-2013)	Sought
23	Brown Attention-Deficient Disorder Scale	Thomas. E. Brown	Sadaf Nayab & Rukhsana Kausar Ph.D	M.Phil Course Work 2010-2012	Sought
24	Boston University Empowerment Scale	Sciarappa & Rogers	Faiza Rasool, Nashi Khan Ph.D && Rukhsana Kausar Ph.D	International Collaboration Project	Sought

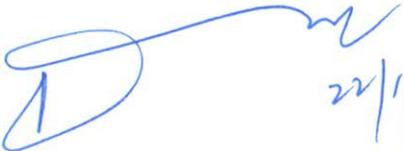
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Sr. No.	Name of the Test	Author/Authors	Translated by	Theses Title	Permission Status
25	Cambridge Depersonalization Scale	Sierra & Berrios	Asma Tahir & Rukhsana Kausar Ph.D	Comparison of Depersonalization Symptoms in Psychiatric And Non- Psychiatric Population (BS 2006-2010)	Sought
26	Centre for Epidemiological Studies Depression Scale	Laurie Radloff, William Eaton	Fauzia Naz Ph.D & Rukhsana Kausar Ph.D	Parental Acceptance-Rejection Childhood Abuse In Adolescents with Somatoform Disorders	Sought
27	Child Abuse Screening Tool-Children's Institutional Version (ICAST-CI)	ISPCAN org	Mahwish Irfan & Rukhsana Kausar Ph.D	Parents Concepts about Child Protection and Abuse In Educational Institute (MSc 2012-2014)	Sought
28	Child Parental Acceptance-Rejection Questionnaire control (PARQ)	Ronald P Rohner	Fauzia Naz Ph.D and Rukhsana Kausar Ph.D	Parental Acceptance-Rejection and Childhood Abuse in Adolescents with Somatoform Disorders (P.hD 2012)	Sought
29	Curiosity and Exploration Inventory (CEI-II)	T. B. Kashdan	Fatima Aftab & Rukhsana Kausar Ph.D	Intellectual Functioning, Curiosity and Creativity in Children. A comparison of Madarassah and Government Students (BS 2010-2014)	Sought
29	Curiosity and Exploration Inventory (CEI-II)	Tod Kashdan	Ghuncha Naqvi & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
31	Cyber Bullying Scale	Stewart et al.	Nida Zafar & Rukhsana Kausar	Psychosocial Factors and Implications of Usage of Social Networking Sites. A Cross Cultural Study	Sought

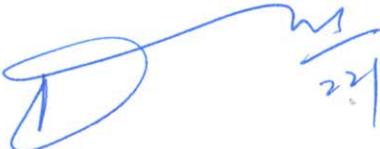


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Sr. No.	Name of the Test	Author/Authors	Translated by	Theses Title	Permission Status
32	Dementia Rating Scale 2	Paul J Jurica, Christopher L. Leitten & Steven Muttis	Noor ul Ain and Rukhsana Kausar Ph.D	Age Related Cognitive and Physical Deficits, Social Support, Coping and Quality of Life among Elderly Living Old Homes (M.Phil 2010-2012)	Sought
33	Depression Scale	Kavist, Archer & Fariba Mousavi	Saira Batool, Salma Batool & Prof. Dr. Rukhsana Kausar Ph.D	Protective Factors and Depression in Young Drug Abusers (M.Phil 2011-2013) Depression in Young Drug Users (MS 2011-2013)	Sought
34	Depression, Anxiety and Stress Scale (DASS)	Lovibond, S. H. and Lovibond, P. F.	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Implications of Early Father Separation in Adolescents and their Mothers (M.Phil 2011-2013)	Sought
35	Diabetes Distress Scale	Polonsky, Fisher, Esarles et al. Hesseler & Mullan	Bushra Awan & Rukhsana Kausar Ph.D	Emotional Distress and Risk Perception of Parients with Diabetes (M.Sc 2010)	Sought
36	Diabetes Distress Scale	Polonsky, Fisher, Esarles et al. Hesseler & Mullan	Mahnaz Yousaf & Rukhsana Kausar Ph.D	Psychological Correlates of Distress Self- Care and Quality of Life in Type I and Type II Diabetes (Ph.D 2014)	Sought
37	Discrimination and Stigma Scale DISC 12	The Indigo Study Group. Professor Graham Thornicroft	Faiza Russol, Nashi Khan Ph.D & Rukhsana Kausar Ph.D	International Collaboration Project	Sought
38	Dissociative Experience Scale	Calson, Armstrong & Putnam	Asma Tahir & Rukhsana Kausar Ph.D	Comparison of Depersonalization Symptoms in Psychiatric and Non- Psychiatric Population (BS 2006-2010)	Sought


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Sr. No.	Name of the Test	Author/Authors	Translated by	Theses Title	Permission Status
39	Driving Behavior Questionnaire	Reason, J	Hassan Azeem & Rukhsana Kausar Ph.D	Driving Voilations and Stress in traffic wardens (BS 2009-2013)	Sought
40	Drug Abuse Questionnaire	Kavist, Archer & Fariba Mousavi	Saira Batool & Rukhsana Kausar Ph.D	Protective Factors and Depression in Young Drug Abusers (M.Phil 2011-2013) Depression in Young Drug Users (MS 2012-2013)	Sought
41	Drug Related Locus of Control (DR-LOC)	Elizabeth A. Hall	Qudsia Nashee & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
42	Dyadic Adjustment Scale: DAS	Graham Spanier	Saima Saghir, FJWU and Rukhsana Kausar Ph.D	Post Traumatic Growth and Marital Satisfaction after Breast Cancer: Patient and Spouse Perspective (M.Sc-2007)	Sought
43	Eating Disorder Diagnostic Scale	Stiee Eric	Gull-e-Sehar & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
44	Eating Inventory	Albert J. Stunkard	Zainab Habib, Faiza Rasool, Saira Batool, Hafsa Tufail & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
45	Educational Stress Scale for Adolescents (ESSA)	Sun, Dune, Hou and Xou	Anum Javed, Komal Ali Hussain & Rukhsana Kausar Ph.D	Academic Stress and Psychological Well-Being of School Children (M.Sc 2011-2013) Psychosocial Risk Factors of Suicidal Ideation in Adolescents (M.Phil 2011-2013)	Sought
46	Emotional Expressivity Scale	Ann M.Kring	Farhana Nasim, Andleeb Zahra & Rukhsana Kausar Ph.D	M.Phil Course Work 2012-2014	Sought


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Sr. No.	Name of the Test	Author/Authors	Translated by	Theses Title	Permission Status
47	Emotional Maturity Scale	Singh & Bharghav	Ayesha Afzal & Rukhsana Kausar Ph.D	Emotional Maturity and Adjustment among Adolescents Living with Widowed Mothers and Intact Families (M.Sc 2011-2013)	Sought
48	Emotional Intelligence Scale	Nicola Schutte	Arafa Khatoon & Rukhsana Kausar Ph.D	Emotional Empathy and Emotional Intelligence in Relation to parental Acceptance-Rejection in Adolescents (M.Sc 2008-2010)	Sought
49	Emotional Empathy Scale	Bryant, B.	Arafa Khatoon & Rukhsana Kausar Ph.D	Emotional Empathy and Emotional Intelligence in Relation to parental Acceptance-Rejection in Adolescents (M.Sc 2008-2010)	Sought
50	Ethical Goodness Scale	Narvaez, Bock, and Vaydich	Tehmina Riaz, Nida Zafar & Rukhsana Kausar	Psychosocial Factors of Academic Dishonesty in University Students	Sought
51	Executive Functioning Inventory	Dawson & Gaure	Nida Zafar & Rukhsana Kausar	Psychosocial Factors and Implications of Usage of Social Networking Sites. A Cross Cultural Study	Sought
52	Eysenck Personality Questionnaire	Eysenck , H. J & Eysenck, S. B. G	Naheed Amjad & Rukhsana Kausar Ph.D	A Comparative Study of Personality of Male and Female Arts and Science Students (M.Sc 1999-2001)	Sought
53	Family Environment Scale	N. K. Chadha & Harpreet Bhatia	Anam Wajeeha Awan & Rukhsana Kausar Ph.D	M.Phil Course Work 2010-2012	Sought


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Sr. No.	Name of the Test	Author/Authors	Translated by	Theses Title	Permission Status
54	Gaming Addiction Scale	Lemmens, Valkenburg, & Peter	Nida Zafar & Rukhsana Kausar	Psychosocial Factors and Implications of Usage of Social Networking Sites. A Cross Cultural Study	Sought
55	Goal Adjustment Scale (GAS)	Michael F. Scheier	Sehrish Farooq & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
56	Gratitude Questionnaire-6 (GQ-6)	Robert Emmons	Saira Aslam and Rukhsana Kausar Ph.D	Gender Differences in Gratitude, Psychological Well-Being and Self Efficacy of Adolescents (M.Sc-2010)	Sought
57	Heartland Forgiveness Scale (HFS)	Laura Thompson	Raisa Zubair & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
58	Helping Attitude Scale	Gray Nickell	Aneeza Sarwar, Sumera Siddique & Rukhsana Kausar Ph.D	M.Phil Course Work 2012-2014	Sought
59	Hospital Anxiety and Depression: HADS	Zigmond & Snaith	Touseef Khalid, FJWU and Rukhsana Kausar Ph.D	Depression and Quality of Life Among Caregivers of Stroke Patients (M.Sc-2006)	Sought
60	Internet Addiction Test	Young	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Factors and Implications of Usage of Social Networking Sites. A Cross Cultural Study	Sought
61	Internalized Stigma of Mental Illness(ISMI)	Jennifer Boyd	Faiza Rasool, Nashi Khan Ph.D & Rukhsana Kausar Ph.D	International Collaboration Project	Sought
62	Incapacity Status Scale	John f. Kurtzke & Granger	Noor-ul-Ain and Rukhsana Kausar Ph.D	Age Related Cognitive and Physical Deficits, Social Support, Coping and Quality of Life among Elderly Living in Old Homes (M.Phil 2010-2012)	Sought


22/1/2018

Sr. No.	Name of the Test	Author/Authors	Translated by	Theses Title	Permission Status
63	Inventory of Peer Attachment	Mark T. Greenberg	Anum Javed and Rukhsana Kausar Ph.D	Psychosocial Risk Factors of Suicidal Ideation in Adolescents (M.Phil 2011-2013)	Sought
64	Interpersonal Relationship Anxiety Questionnaire (IRAQ)	Rohner Research Publication	Fauzia Naz Ph.D and Rukhsana Kausar Ph.D	Parental Acceptance-Rejection and Childhood Abuse in Adolescents with Somatoform Disorders (Ph.D 2012)	Sought
65	Interpersonal Support Evaluation List	Cohen & Hoberman	Sara Kanwal, Arooj Arshad & Rukhsana Kausar, Ph.D	Attachment Styles, Social Support, Resilience and Quality of Life in Obese Individuals (M.Phil 2012-2014)	Sought
66	Kessler's Psychological Distress Scale (K-10)	Kessler Ronald	Muddassir Hussain and Rukhsana Kausar Ph.D	Psychological Distress and Coping Strategies used by the Families of Victims of Suicide Blasts (BS 2006-2010)	Sought
67	Life Engagement Test	Michael F. Scheir	Sakina Gulzar & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
68	Life Orientation Scale LOT-R	Scheier, Carver & Bridges	Noor ul Huda and Rukhsana Kausar Ph.D	Optimism, Affect and Posttraumatic Growth in The Victims of Domestic Violence Living in Shelter Homes (M.Phil 2013)	Sought
69	Lung Information Needs Questionnaire (LINQ)	Michael E. Hyland	Anum Javed & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought


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Sr. No.	Name of the Test	Author/Authors	Translated by	Theses Title	Permission Status
70	Loneliness Scale (L Scale)	Parveen Kumar Jha	Yasmeen Butt & Rukhsana Kausar Ph.D	Psychological Distress, Loneliness and Quality of Life in Old People Living in Old Age Homes and those living with Intact Families (M.Sc 2010-2012)	Sought
71	Marital Relationship Questionnaire	Lock & Wallace	Ambreen, Iqbal, Munera A. Rasheed & Rukhsana Kausar Ph.D	Transition to Parenthood and its effect on Marital Relationship (M.Sc-2002-2004)	Sought
72	Mental Health Inventory	Veit & Ware	Nida Zafar & Rukhsana Kausar	Psychosocial Factors and Implications of Usage of Social Networking Sites. A Cross Cultural Study	Sought
73	Mini International Personality Item Pool	Donnellan, Oswald, Baird, & Lucas	Nida Zafar & Rukhsana Kausar	Psychosocial Factors and Implications of Usage of Social Networking Sites. A Cross Cultural Study	Sought
74	Morisky Medication Adherence Scale	Donald E. Morisky	Saira Batool & Rukhsana Kausar Ph.D	Health Related Behaviors and Medication Adherence in Patients with Hepatitis C (M.Sc-2011)	Sought
75	Motivation Scale	Ibtisam	Memona Mazzafar & Rukhsana Kausar Ph.D	Comparison between Disabled and Able Students in Academic Performance and Motivation Level (M.Sc 2008-2010)	Sought
76	Multidimensional Social Support Scale	Zimet, Dahlem & Farley	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Implications of Early Father Separation in Adolescents and their Mothers (M.Phil 2011-2013)	Sought


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Sr. No.	Name of the Test	Author/Authors	Translated by	Theses Title	Permission Status
77	Neurobehavioral Functioning Inventor	Jeffrey, S. Krutezer	Afifa Tayyab, Nadia Arif & Rukhsana Kausar Ph.D	M.Phil Course Work 2010-2012	Sought
78	Original Questionnaire Older Adults Attritional Style Questionnaire (OAASQ)	Derek M. Isaacowitz	Amarah Qureshi & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
79	PAQ: Child Personality Assessment questionnaire	Rohner Research Publication	Fauzia Naz Ph.D & Rukhsana Kausar Ph.D	Parental Acceptance-Rejection and Childhood Abuse in Adolescents with Somatoform Disorders (Ph.D 2012)	Sought
80	Paranormal Belief Scale	Jerome John Tobacyk	Sania Riaz & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
81	Parental Power Prestige Questionnaire (PQ3) Adult Version	Ronal. P. Rohner	Farah Malik Ph.D, Muhammad M. Butt and Rukhsana Kausar Ph.D	International Collaboration Project	Sought
82	Parent-Teacher Executive Functioning Test	Gerard & Grioia	Maryam Arshad, Nida Zafar & Rukhsana Kausar Ph.D	Cartoon Addiction and Executive Functioning in School Going Children	Sought
83	Perceived Emotional Distress Inventory	Manolete S. Moscoso	Nida Zafar & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
84	Perceived Loneliness Scale	Parveen Kumar Jha	Maria Mahtab & Rukhsana Kausar Ph.D	M.Phil Course Work 2010-2012	Sought
85	Perceived Stress Scale	Sheldon Cohen	Amna Tahira & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
86	Perceived Parental Media Mediation Scale	Valkenburg, Piotrowski, Hermanns, & Leeuw	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Factors and Implications of Usage of Social Networking Sites. A Cross Cultural Study	

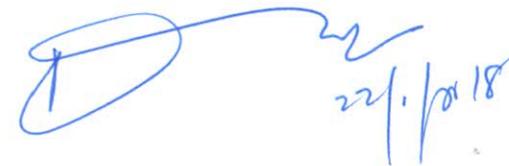


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Sr. No.	Name of the Test	Author/Authors	Translated by	Theses Title	Permission Status
87	Perceived Stigma of Substance Abuse Scale	Luoma, O'hair, Kohlberg, Hyes, Fletcher	Muzzammil Mushtaq, Amna Ijaz & Rukhsana Kausar Ph.D	Social Support, Coping Strategies and Perceived Stigmatization in Drug Addicts (M.Sc 2011-2013)	Sought
88	Peer Pressure Scale	Kiran-Esen	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Factors and Implications of Usage of Social Networking Sites. A Cross Cultural Study	Sought
89	Personal Growth Initiative Scale-II (PGIS-II)	Chris Robitschek	Fatima Liaquat & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
90	Positive and Negative Affect Schedule (PANAS)	Watson, Clark and Tellegen	Ramiza Rasheed & Rukhsana Kausar Ph.D	Development of an Indigenous Scale of Meaning in Life and Assessment of Meaning of Life in Relation to Stress, Social Support and Psychological Well-Being (M.Phil 2010-2012)	Sought
91	Positive and Negative Suicide Ideation Inventory (PANSI)	Augustine Osman	Soulat Khan, Zaeema Farooq & Rukhsana Kausar Ph.D	M.Phil Course Work 2012-2104	Sought
92	Posttraumatic Growth Inventory (PTGI)	Richard G, Tedeschi & Lawrence G. Calhoun	Saima Saghir, FJWU & Rukhsana Kausar Ph.D	Post Traumatic Growth and Marital Satisfaction after Breast Cancer: Patient and Spouse Perspective (M.Sc-2007)	Sought
93	Procrastination Scale	Lay	Tehmina Riaz, Nida Zafar & Rukhsana Kausar	Psychosocial Factors of Academic Dishonesty in University Students	Sought



Sr. No.	Name of the Test	Author/Authors	Translated by	Theses Title	Permission Status
94	Psychological Well-Being Scale	Carol Ryff	Saira Aslam & Rukhsana Kausar Ph.D	Gender Differences in Gratitude, Psychological Well-Being and Self Efficacy of Adolescents (M.Sc-2010)	Sought
95	Psychopathic Tendencies Scale	Phalus	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Factors and Implications of Usage of Social Networking Sites. A Cross Cultural Study	Sought
96	Quality of Life Scale (QOLS)	John Flanagan	Shehar Bano & Rukhsana Kausar Ph.D	Self Esteem, Coping and Quality of Life of Women with Breast Cancer Receiving Chemotherapy (M.Sc-2010)	Sought
97	Quality of Life Scale (QOLS)	Burckhardt, Woods, Schultz, Zeibarth, Clark, Barnat & Flangan	Mahnaz Yousaf & Rukhsana Kausar Ph.D	Psychosocial Correlates of Distress Self-Care and Quality of Life in Type I and Type II Diabetes (Ph.D 2014)	Sought
98	Readiness to Change Questionnaire (RTCQ)	Prochaska & Di Clemente, .cf. Budd & Rollnick,	Madiha Anas & Rukhsana Kausar Ph.D	A Study of Gender Differences in Health Related Behavior and Readiness to Change in Diabetic Patients (M.Sc 2002-2004)	Sought
99	Recent Life Changes Questionnaire	Thomas Holmes & Rahe, R.H	Ramiza Rasheed & Rukhsana Kausar Ph.D	Development of an indigenous Scale of Meaning in Life and Assessment of Meaning of Life in Relation to Stress, Social Support and Psychological Well-Being (M.Phil 2010-2012)	Sought



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Sr. No.	Name of the Test	Author/Authors	Translated by	Theses Title	Permission Status
100	Resilience Scale for Children and Adolescents	Sanda Prince-Embury	Rameeza Rasheed & Rukhsana Kausar Ph.D	M.Phil Course Work 2012-2012	Sought
101	Risk Perception Survey-Diabetes Mellitus (RPS-DM)	Elizabeth A. Walker.	Bushra Awan & Rukhsana Kausar Ph.D	Emotional Distress and Risk Perception of Patients with Diabetes	Sought
102	Rosenberg Self Esteem Scale (RSES)	Nathan Jurgenson	Shehar Bano & Rukhsana Kausar Ph.D	Self Esteem, Coping and Quality of Life of Women with Breast Cancer Receiving Chemotherapy (M.Sc 2010)	Sought
103	Schutte Self Report Emotional Intelligence Test (SSEIT)	Nicole Schutte	Ghazal Zaidi & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
104	Self-Compassion Scale	Kristin Neff	Jaweria Shaukat, Nida Zafar & Rukhsana Kausar Ph.D	Self-Compassion and Positive Psychological Functioning in Women with Primary and Secondary Infertility (M.Sc 2011-2013)	Sought
105	Self-Determination Scale	Edward L.Deci	Sadia Shami and Rukhsana Kausar Ph.D	Gender Differences in Self-Determination and Quality of Life among Physically Disabled Individuals	Sought
106	Sense of Relatedness Scale	Sandra Prince-Embury	Sadia Ishaq & Rukhsana Kausar Ph.D	M.Phil Course Work 2010-2012	Sought
107	Self-Image Profile For Adolescents	Butler	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Implications of Early Father Separation in Adolescents and their Mothers (M.Phil 2011-2013)	Sought



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Sr. No.	Name of the Test	Author/Authors	Translated by	Theses Title	Permission Status
108	Self-Image Profile For Children	Butler	Madiha Saleem & Rukhsana Kausar Ph.D	Effects of Parental Acceptance Rejection on Se Image, Self-Esteem and Academic Performance of Children (M.Sc 2007-2009)	Sought
109	Silver Lining Questionnaire	Michael, Hyland	Noor-ul-Huda & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
110	Social Competence Questionnaire	Susan, Spence, Sheffield & Donovan	Nida Zafar & Rukhsana Kausar Ph.D	Psychological Implications of Early Father Separation in Adolescents and their Mothers (M.Phil 2011-2013)	Sought
111	Social Disconnectedness Scale	Linda J Waite & Gray, K. F.	Anum Javed, Sidrah Ahmed & Rukhsana Kausar Ph.D	Social Disconnectedness, Perceived Loneliness, and Quality of Life in Retired Individuals (M.Sc 2011-2013)	Sought
112	Social Interaction Anxiety Scale	Mattick & Clark	Nida Zafar, Moonam Afzal & Rukhsana Kausar Ph.D	Psychological Implications of Early Father Separation in Adolescents and their Mothers (M.Phil 2011-2013) Psychological Distress and Social Anxiety in Woman Living in Shelter Homes (M.Sc 2011-2013)	Sought
113	Social Interaction and Technology Use Questionnaire	Shyness Clinic	Nida Zafar & Rukhsana Kausar	Psychosocial Factors and Implications of Usage of Social Networking Sites. A Cross Cultural Study	Sought



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Sr. No.	Name of the Test	Author/Authors	Translated by	Theses Title	Permission Status
114	Spheres of Control Scale: Version 3 (SOC-3)	Del Paulhus	Javeria & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
115	State Shame and Guilt Scale	June P Tangey	Faiza Rasool and Rukhsana Kausar Ph.D	Psychosocial Causes of Beggary and its Psychological Implications (M.Phil 2012)	Sought
116	State Trait Anxiety Inventory (STAI)	Charles D. Spielberger	Rukhsana Kausar Ph.D, Shazia Yousaf (FJWU), Nashi Khan Ph.D & Rukhsana Kausar Ph.D	International Collaboration Project	Sought
117	State-Trait-Cheerfulness-Inventry (STCI)	Sarah Auerbach	Mehwish Idress, Arooj Arshad & Rukhsana Kausar Ph.D	M.Phil Course Work 2012-2014	Sought
118	State-Trait Resilience Checklist	Chok Hiew	Rukhsana Kausar Ph.D	International Collaboration Project	Sought
119	Stress Appraisal Measure (SAM)	Paul TP Wong	Rukhsana Kausar Ph.D	International Collaboration Project	Sought
120	Stress Inventory	Thomas Holmes & Rahe, R.H	Mahnaz Yousaf & Rukhsana Kausar Ph.D	Psychosocial Correlates Of Distress Self-Care and Quality of Life in Type I and Type II Diabetes (Ph.D 2014)	Sought
121	Subjective Exercise Experience Scale	Macaully & Courney	Maria Younas & Rukhsana Kausar Ph.D	Subjective Exercise Experience and Mood in Younger Adults (M.Sc 2011-2013)	Sought
122	Suicidal Risk Scale	John Tse	Anum Javed & Rukhsana Kausar Ph.D	Psychosocial Risk Factors of Suicidal Ideation in Adolescents (M.Phil 2011-2013)	Sought



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Sr. No.	Name of the Test	Author/Authors	Translated by	Theses Title	Permission Status
123	Symptoms Severity of Somatoform Disorder (SOMS-7)	Winfried Rief	Fauzia Naz Ph.D & Rukhsana Kausar Ph.D	Parental Acceptance-Rejection and Childhood Abuse in Adolescents with Somatoform Disorders (Ph.D 2012)	Sought
124	Tendency to Forgive Scale	Brown P.R	Anum Javed & Rukhsana Kausar Ph.D	Comparison of Private and Public School Children on Forgiveness and Moral Values (BS 2006-2010)	Sought
125	The Child Post Traumatic Stress Symptom Scale (CPSS)	Edna B. Foa	Uneeza Saeed Qureshi & Rukhsana Kausar Ph.D	Post-Traumatic Stress Symptoms in Children Exposed to Terror Attack (M.Sc 2011)	Sought
126	The Communities That Care Youth Survey	Arthur, Hawkins, Pollard & Catalano	Saira Batool & Rukhsana Kausar Ph.D	Protective Factors and Depression in Young Drug Abusers (M.Phil 2011-2013) Depression in Young Drug Users (MS 2012-2013)	Sought
127	The Exercise-Induced Feeling Inventory (EFI) (Feeling Scale)	Gauvini & Rajeski	Maria Younas & Rukhsana Kausar Ph.D	Subjective Exercise Experience and Mood in Younger Adults (M.Sc 2011-2013)	Sought
128	The Family Environment Scale	Bernice S. Moos & Rudolf H. Moos	Shazia Irfan & Rukhsana Kausar Ph.D	Psychosocial Correlate of Moral Judgement among Adolescents in Pakistan (Ph.D ongoing)	Sought
129	The Marital Disillusionment Scale	Niehuis Sylvia	Ammarah Alam & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
130	The Media and Technology Usage and Attitude Scale	Rosen, Whaling, Carrier, Cheever, & Rokkum, 2013	Nida Zafar & Rukhsana Kausar Ph.D	Psychosocial Factors and Implications of Usage of Social Networking Sites. A Cross Cultural Study	Sought



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Sr. No.	Name of the Test	Author/Authors	Translated by	Theses Title	Permission Status
131	The Moral Development Measure (MOTEC)	Ziv, A. & Shulman, S.	Anum Javed & Rukhsana Kausar Ph.D	Comparison of Private and Public School Children on Forgiveness and Moral Values (BS 2006-2010)	Sought
132	The Self Image Profile For Adults	Richard I Bulter & Sarah L Gasson	Faiza Rasool & Rukhsana Kausar Ph.D	Psychosocial Causes of Beggary and its Psychological Implications (M.Phil 2010-2012)	Sought
133	The Spiritual Intelligence Self-Report Inventory	D.King	M. Khubaib Kayani & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
134	The Stirling Children's Well-Being Scale	Liddle & Carter	Komal Ali Hussain & Rukhsana Kausar Ph.D	Academic Stress and Psychological Well-Being of School Children (M.Sc 2011-2013)	Sought
135	The Summary of Diabetes Self-Care Activites	Deborah Toobert	Mahnaz Yousaf & Rukhsana Kausar Ph.D	Psychosocial Correlates of Distress Self-Care and Quality of Life in Type I and Type II Diabetes (Ph.D 2014)	Sought
136	The Workplace Stress Scale	American Institute of Stress	Fatima Chohan and Rukhsana Kausar Ph.D	Occupational Stress, Resilience and Life Satisfaction in Rescue 1122 Workers. (BS 2009-2013)	Sought
137	Transgression Appeasement and Reconciliation Checklist	Michael McCullough	Ahmad Bilal & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought
138	Transgression-Related Interpersonal Motivation Scale - 12 Item From (TRIM-12)	Mike McCullough	Madiha Nazeer & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought



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Sr. No.	Name of the Test	Author/Authors	Translated by	Theses Title	Permission Status
139	Type A/B Behavior Pattern Scale	Upinder Dhar	Afifa Anjum, Afifa Gull & Rukhsana Kausar Ph.D	M.Phil Course Work 2010-2012	Sought
140	UCLA Loneliness Scale	D. W. Russel, Peplau & Ferguson	Anum Javed, Nida Zafar, Sidrah Ahmed & Rukhsana Kausar Ph.D	Social Disconnectedness, Perceived Loneliness, and Quality of Life in Retired Individuals (M.Sc 2011-2013) Psychological Implications of Early Father Separation in Adolescents and their Mothers (M.Phil 2011-2013)	Sought
141	Vanderbit ADHD Diagnostic Teacher Rating Scale	Wolraich, Mark L.	Sara Kanwal, Saira Afzal, Maira Saeed & Rukhsana Kausar Ph.D	M.Phil Course Work 2012-2014	Sought
142	Ways of Coping Questionnaire	Folkman & Lazarus	Saira Batool & Rukhsana Kausar Ph.D	Protective Factors and Depression in Young Drug Abusers (M.Phil 2011-2013)	Sought
143	WHO-Quality of Life Scale: WHO-QOL	Orley & Kuyken, Szabo, WHOQOL Group	Touseef Khalid, FJWU & Rukhsana Kausar Ph.D	Depression and Quality of Life Among Caregivers of Stroke Patients (M.Sc-2006)	Sought
144	Work and Well-Being Survey	Schaufeli, W.B	Nadia Ashraf & Rukhsana Kausar Ph.D	M.Phil Course Work 2011-2013	Sought



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List of Scale/Measures translated by Institute of Applied psychology, University of the Punjab

Instructions: The following scales/measures have been translated under the supervision of faculty members at the IAP. If any student researcher wishes to use any scale for research purpose he/she have to take permission from the respective original author/authors (after informing them that he/she is interested to use translated version of the scale by selected names of the translators).The measure will be permitted for one time only use after having completed an agreement form available at the IAP (attached herewith). The permission will be granted on case to case basis.

Scales/Measures Translated under the Supervision of Dr. Iram Fatima

Sr. No:	Name of the Test	Author/Authors	Translated By	Thesis Title	Permission Status
1.	Adjustment Inventory For College Students	Sinha & Singh 1971	Aneeqa Mazher & Iram Fatima Ph.D	Satisfaction with Hostel Environment and Different Dimensions of Adjustment in Hostel Students (M.Phil 2010-2012)	Sought
2.	Adolescent Peer Relations Instruments (APRI).	Parada (2000)	Gul-e-Seher & Iram Fatima Ph.D	The Role of Dark Triads. Empathy and Self-efficacy in Bullying and Victimization M.Phil 2011-2013)	Sought
3.	Attribution of Problem, Cause and Solution Scale	Stepleman, Darcy, & Tracey 2005	Amarah Qureshi & Iram Fatima Ph.D	Predictors of Persistence in High School Children (M.Phil 2011-2013)	Sought
4.	Educational Stress Scale for Adolescents	Sun, Dunne, Hou & Xu 2011	Tahira Anwar & Iram Fatima Ph.D	Risk Factors of Academics Stress and Health Risk Behaviors in Intermediate Students (M.Phil2010-2012)	Sought

Iram Fatima

5.	Emotional Maturity Scale	Singh & Bhargava 1990	Aneeqa Mazher & Iram Fatima Ph.D	Satisfaction with Hostel Environment and Different Dimensions of Adjustment in Hostel Students (M.Phil 2010-2012)	Sought
6.	Experience in Close Relationship-Revised	Fraley, Waller, Brennan (2000)	Nadia Arif & Iram Fatima PhD	Marital Satisfaction in Relation to the Types of Marriages (M.Phil 2010-2012)	Sought
7.	Family Relation Subscale of Family Environment Scale	Moos & Moos 1994	Aneeqa Mazher & Iram Fatima Ph.D	Satisfaction with Hostel Environment and Different Dimensions of Adjustment in Hostel Students (M.Phil 2010-2012)	Sought
8.	Grit Scale: Perseverance and Passion for Long Term Goals	Duckworth, Peterson, Mathews & Kelly 2007	Amarah Qureshi & Iram Fatima Ph.D	Predictors of Persistence in High School Children (M.Phil 2011-2013)	Sought
9.	Kansas Marital Satisfaction	Schumm, et al., (1986)	Nadia Arif & Iram Fatima PhD	Marital Satisfaction in Relation to the Types of Marriages (M.Phil 2010-2012)	Sought
10.	Marital Satisfaction Questionnaire for Older Persons (MSQFOP)	Haynes et al (1992)	Arooj Arshad & Iram Fatima PhD	Emotion Regulation, Marital Aggrandizement and Marital Satisfaction in Long-Wed Couples (M.Phil 2012-2014)	Sought
11.	Parental Bonding Instrument	Parker, G., Tupling, H., and Brown, L.B. (1979) A Parental Bonding Instrument. British Journal of Medical Psychology, 1979, 52, 1-10)	Tahira Anwar & Iram Fatima Ph.D	Risk factors of Academics Stress and Health Risk Behaviors in Intermediate students (M.Phil 2010-2012)	Sought

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12.	Partner Interference Scale	(Knoblock and Solomon, 2004)	Zaeema Farooq & Iram Fatima Ph.D	Relational Uncertainty, Partner Interference and Relational Turbulence in Young Married Couples	Sought
13.	Relational Turbulence Scale.	(Knobloch, 2007)	Zaeema Farooq & Iram Fatima Ph.D	Relational Uncertainty, Partner Interference and Relational Turbulence in Young Married Couples	Sought
14.	Relational Uncertainty Scale	(Knobloch & Solomon, 1999)	Zaeema Farooq & Iram Fatima Ph.D	Relational Uncertainty, Partner Interference and Relational Turbulence in Young Married Couples	Sought
15.	Teenage Nonviolence Test	Mayton et al, (1998)	Rida Ashraf & Iram Fatima Ph.D	Predictors of Nonviolent Behavior in Young Adults (M.Phil2010-2012)	Sought
16.	The Almost Perfect Scale	Slaney, Rice, Mobley, Trippi, & Ashby (2001)	Amarah Qureshi & Iram Fatima Ph.D	Predictors of Persistence in High School Children (M.Phil 2011-2013)	Sought
17.	The Basic Empathy Scale (BES).	Jolliffe and Farrington (2006)	Gul-e-Seher & Iram Fatima Ph.D	The Role of Dark Triads. Empathy and Self-efficacy in Bullying and Victimization M.Phil 2011-2013)	Sought

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18.	The Marital Aggrandizement Scale (MAS)	O'Rourke and Cappeliez (2002)	Arooj Arshad & Iram Fatima PhD	Emotion Regulation, Marital Aggrandizement and Marital Satisfaction in Long-Wed Couples (M.Phil 2010-2014)	Sought
19.	The Self-Efficacy Questionnaire for Children	Muris (2001)	Gul-e-Seher & Iram Fatima Ph.D	The Role of Dark Triads. Empathy and Self-efficacy in Bullying and Victimization M.Phil (2011-2013)	Sought
20.	The Short-D3	Paulhus & Jones (2011)	Gul-e-Seher & Iram Fatima Ph.D	The Role of Dark Triads. Empathy and Self-efficacy in Bullying and Victimization M.Phil (2011-2013)	Sought
21.	Youngs Internet Addiction test	Young, (1998)	Beenish Najam & Iram Fatima Ph. D	Internet Addiction and Psychological Wellbeing in Undergraduate students BS (Hons) 2010-2014	Sought
22.	Rumination Response Scale	Hoeksema & Morrow (1991)	Tayyaba Mehboob & Iram Fatima Ph. D	Rumination, Self-Compasion and Stress in Women Living in Shelter Homes BS (Hons) 2010-2014	Sought
23.	Self-Compassion Scale	Neff (2003)	Tayyaba Mehboob & Iram Fatima Ph. D	Rumination, Self-Compasion and Stress in Women Living in Shelter Homes BS (Hons) 2010-2014	Sought
24.	Body Appreciation Scale	Avalos, Tylka & Barcalow, (2006)	Farhat-ul-Ain & Iram Fatima, Ph.D	Personal Belief in Just World, Self- Compassion, Body Appreciation and Quality of Life in	Sought

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				Individuals with Amputation using and not using Prosthesis Mphil (2013-2015)	
25.	Satisfaction with Family Life Scale	Zabriski & Ward (2013)	Shiba Saeed & Iram Fatima, Ph.D	Work-Family Spillover, Relational Communication and Crossover of Satisfaction with Family Life In Dual-Earner Couples Mphil (2013-2015)	Sought
26.	Relational Communication Scale	Burgoon & Hale (1987)	Shiba Saeed & Iram Fatima, Ph.D	Work-Family Spillover, Relational Communication and Crossover of Satisfaction with Family Life In Dual-Earner Couples Mphil (2013-2015)	Sought
27.	Survey Work-home Interaction-Nijmegen	Geurts et al. (2005)	Shiba Saeed & Iram Fatima, Ph.D	Work-Family Spillover, Relational Communication and Crossover of Satisfaction with Family Life In Dual-Earner Couples Mphil (2013-2015)	Sought
28.	List of Threatening Experiences	Brugha, Bebbington, Tennat and Hurry (1985)	Madiha Nazeer & Iram Fatima, Ph.D	Modes of Delivery, Postpartum Post Traumatic Stress Symptoms in Mothers After Birth of First Child Mphil (2011-2013)	Sought

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29.	Perinatal PTSD Questionnaire (PPQ)	Callahan, Borj, Hynan (2006)	Madiha Nazeer & Iram Fatima, Ph.D	Modes of Delivery, Postpartum Post Traumatic Stress Symptoms in Mothers After Birth of First Child Mphil (2011-2013)	Sought
30.	Labor Agency Scale	Hodnett & Simmons (1987)	Madiha Nazeer & Iram Fatima, Ph.D	Modes of Delivery, Postpartum Post Traumatic Stress Symptoms in Mothers After Birth of First Child Mphil (2011-2013)	Sought
31.	The Medical Outcome Study Social Support Survey	Sherbourne & Stewart (1991)	Madiha Nazeer & Iram Fatima, Ph.D	Modes of Delivery, Postpartum Post Traumatic Stress Symptoms in Mothers After Birth of First Child Mphil (2011-2013)	Sought
32.	Instrumental activities of daily living scale	Lawton & Brody (1969)	Ghuncha Naqvi & Iram Fatima, Ph.D	Perception of Aging, Attributional Styles, Social Support and Psychological Well-being of Older Adults Mphil (2011-2013)	Sought
33.	Flourishing Scale	Diener et al., (2010)	Ghuncha Naqvi & Iram Fatima, Ph.D	Perception of Aging, Attributional Styles, Social Support and Psychological Well-being of Older Adults Mphil (2011-2013)	Sought

Madiha Nazeer

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Scales/Measures Translated under the Supervision of Assistant Prof. Dr. Mujeeba Ashraf

Sr. No.	Name of the Scale	Original Author(s)	Translating and Adapting Author(s)	Thesis/Research Project/Reference	Permission	Year
1	The Resiliency Questionnaire	Rahman, Dawood, Ashraf and Sultan		Development of local norms of resiliency questionnaire of the students of the Punjab university (Adv Diploma 2001-2002)	Sought	2002
2	The diagnostic Questionnaire for Psychological Disorder	American Psychology Association (DSM-IV-TR)	Rehman, Sitwat, Dawood, Ashraf, Khan, et al.,	Prevalence of Psychological Disorders in Lahore City	Sought	2008
3	Indigenous Islamic Belief Questionnaire	Mujeeba Ashraf, PhD & Amira Amjad		Development of an indigenous Islamic Belief Questionnaire (BS 2005-2009)	Sought	2016
4	Multidimensional scale of perceived Discrimination (MSPD)	Landrine et al., 2006	Qiraat Rasheed & Mujeeba Ashraf, PhD	Perceived Discrimination, religious group identification and personal self-esteem among religious minority groups in Lahore (Msc 2015-2017)	Sought	2017
5	Adolescent Risk-Perception Questionnaire	Gullone et al., (2000)	Akram Ullah & Mujeeba Ashraf, PhD	Impulsivity & Risk Perception in Convicts (Msc 2016-2018)	Sought	2018
6	Short UPPS-P	Lynam, (2013)	Akram Ullah &	Impulsivity & Risk Perception in	Sought	2018

	Impulsive Behavior Scale		Mujeeba Ashraf, PhD	Convicts (Msc 2016-2018)		
7	Career Decision Self-Efficacy scale, short form (CDSES-SF)	Nancy E. Betz & Karen M. Taylor, (1983)	Hafsa Yasin & Mujeeba Ashraf, PhD	Autonomy, Gender stereotypes career Decision making self-efficacy among high school girls (Msc 2016-2018)	Sought	2018
8	The Modern Sexism Scale	Swim, Aikin, Hall & Hunter, (1995)	Hafsa Yasin & Mujeeba Ashraf, PhD	Autonomy, Gender stereotypes career Decision making self-efficacy among high school girls (Msc 2016-2018)	Sought	2018
9	Career Decision making autonomy scale	Frederic Guay, (2005)	Hafsa Yasin & Mujeeba Ashraf, PhD	Autonomy, Gender stereotypes career Decision making self-efficacy among high school girls (Msc 2016-2018)	Sought	2018
10	Blind & Constructive Patriotism scale	Robert T. Schatz, (1999)	Khatija Mansoor & Mujeeba Ashraf, PhD	Patriotism, Political Identity & Political Involvement among Pakistani Adults (Msc 2016-2018)	Sought	2018
11	Identity with Psychological group	Maen & Tetrick, (1992)	Khatija Mansoor & Mujeeba Ashraf, PhD	Patriotism, Political Identity & Political Involvement among Pakistani Adults (Msc 2016-2018)	Sought	2018
12	Questionnaire on Voting Behavior	Adams & Agomor (2005)	Asmah Gull Chaudary & Mujeeba Ashraf, PhD	Candidate's Personal characteristics & Voter's demographic determinants on intention to vote (BS 2014-2018)	Sought	2018

Mujeeba

List of Scale Under Supervision of Miss Afifa Anjum at Institute of Applied Psychology, University of the Punjab Lahore

Sr. No.	Name of the Scale	Original Author(s)	Translating and Adapting Author(s)	Thesis/Research Project/Reference	Permission	Year
1.	Health Status Questionnaire	Chiropractic, (2000)	Maira Waheed & Afifa Anjum	Psychological Climate, Workplace Harassment and Health outcomes in Female Sales Person	Sought	2017
2.	Interpersonal Needs Questionnaire (INQ)	Orden, Witte & Gorden, (2008)	Ayesha Yousaf & Afifa Anjum	Interpersonal Needs, Perceived Social Support and Self Harm in Transgenders	Sought	2017
3.	Inventory of Statement about Self Injury (ISAS)	Klonsky & Glenn, (2008)	Ayesha Yousaf & Afifa Anjum	Interpersonal Needs, Perceived Social Support and Self Harm in Transgenders	Sought	2017
4.	Psychological Climate for Sexual Assault	Estrada et al., (2011)	Maira Waheed & Afifa Anjum	Psychological Climate, Workplace Harassment and Health outcomes in Female Sales Person	Sought	2017
5.	Work Harassment Scale	Bjorkqvist et al, (1992)	Maira Waheed & Afifa Anjum	Psychological Climate, Workplace Harassment and Health outcomes in Female Sales Person	Sought	2017

Wahid