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Researches

RESEARCH PUBLICATIONS

- Khalid, A., **Fatima, I.**, & Tariq, O. (2025). Development and validation of a Coping Scale for pregnant women in Pakistan. *Journal of Health Psychology, 30*(7). <https://doi.org/10.1177/13591053251320062>. ISSN No. 1359-1053, 1461-7277 (**W category; Impact factor: 2.2**)
- Bibi, M., **Fatima, I.**, & Tariq, O. (2025). The varied experiences of widowed and divorced single mothers in rural areas of Pakistan. *Current Psychology, 34*(12). <https://doi.org/10.1007/s12144-025-08205-z>. (**W category; Impact factor: 2.6**)
- Yousaf, K., **Fatima, I.**, Malik, F., Raiza, N., Asif, S., & Fatima, M. (2025). The Game of Exposure: An Experimental Study on the Contrast Effect, the Perception at Second Sight. *Insights-Journal of Life and Social Sciences, 3*(1), 62–71. <https://doi.org/10.71000/w6be9x55>. ISSN No. 3007-2956, 3007-2956. (**Y category**)
- Chobthamkit, P., Sutton, R. M., English, A. S., Wongvorachan, T., Datu, J. a. D., Chung, K. L., Tan, C., Imada, H., Ozkan, Z., Ashraf, F., Cayubit, R. F. O., Chaleeraktragoon, T., Cheng, C., Chien, C., Ching, B. H., **Fatima, I.**, Jiang, D., Kamble, S. V., Khan, A., . . . Yusoff, A. M. (2024). Belief in a just world for the self and others, Karma, system justification and well-being during COVID-19 pandemic: Evidence from 15 Asian nations. *Asian Journal of Social Psychology, 28*(1), e12667. <https://doi.org/10.1111/ajsp.12667>. ISSN No. 1467-839X, 1367-2223. (**W category; Impact factor: 2.1**)
- Ajmal, A., Kausar, R., & **Fatima, I.** (2024). Development and validation of the scale of psychosocial factors in economic decision making. *Research Journal for Societal Issues, 6*(2), 392–411. <https://doi.org/10.56976/rjsi.v6i2.237>. ISSN No. 2788-7219, 2788-7227. (**Y category**)
- Ajmal, A., Kousar, R., & **Fatima, I.** (2024). Psychosocial and personality factors in economic decision making. *Journal of Professional & Applied Psychology, 5*(1), 34–46. <https://doi.org/10.52053/jpap.v5i1.247>. ISSN No. 2710-2785, 2710-2793. (**Y category**)
- Farooq, A., & **Fatima, I.** (2024). Moral perfectionism, moral judgment, altruism and forgiveness in young adults. *Human Nature Journal of Social Sciences, 5*(4), 120–131. <https://doi.org/10.71016/hnjss/djkhjg34>. ISSN No. 2788-5232, 2788-5240. (**Y category**)
- Rasheed, S., **Fatima, I.**, & Qayyum, S. (2024). Perceived control, marital satisfaction, social support and infertility related stress: a mediated moderation. *Journal of Asian Development Studies, 13*(3), 1506–1516. <https://doi.org/10.62345/jads.2024.13.3.122>. ISSN No. 2788-452X, 2304-375X. (**Y category**)

- Hassan, K. Inam, A. & **Fatima, I. (2023)**. Gender differences of resilience among young adults in Punjab province. *Al-Mahdi Research Journal (MRJ)*, 5(2), 111-126.
<https://ojs.mrj.com.pk/index.php/MRJ/article/view/142>. ISSN 2789-4150, 2789-4142. **(Y category)**
- Rasheed, N., **Fatima, I.**, & Tariq, O., **(2023)**. The Impact of Perceived Control on Undergraduate Students' Ability to Tolerate Uncertainty during the COVID-19 Pandemic in Pakistan: Meaning in Life as a Moderator. *Human Nature Journal of Social Sciences* 4 (1). 482-94.
<https://hnpublisher.com/ojs/index.php/HNJSS/article/view/163>. ISSN No. 2788-5240, 2788-5232. **(Y category)**
- Bokhari, N. Q. M., Bokharey, N. I. Z., Warris, N. S. H., Mazhar, N. N., Akhtar, N. N., & **Fatima, I. (2023)**. Urdu Translation and adaptation of Glasgow Antipsychotic Side-Effect Scale (GASS). *PJPPRP*, 14(1). <https://doi.org/10.62663/pjpprp.v14i1.22>. ISSN No. 1818-6416, 1818-6416 **(Y category)**
- Basharat, F., **Fatima, I.**, & Yousaf, K. **(2023)**. Patience, belief in a just world and emotion regulation in mothers of toddlers. *Applied Psychology Review*, 2(1), 66–83.
<https://doi.org/10.32350/apr.21.05>. ISSN No. 2959-1597, 2959-1600 **(Y category)**
- Ilyas, A., **Fatima, I.**, & Yousaf, K., **(2023)**. Parental Expectations, Academic Stress, and Academic Satisfaction in Premedical Students. *Al-Mahdi Research Journal (MRJ)*, 5(2), 325–345. Retrieved from <https://ojs.mrj.com.pk/index.php/MRJ/article/view/168>. ISSN No. 2789-4150, 2789-4142 **(Y category)**
- Ramzan, N., Malik, F., & **Fatima, I. (2023)**. Father Involvement and Psychological Adjustment in Pakistani Adolescents: Family Environment as a Mediator. *Marriage & Family Review*, 59(8), 504-522.
<https://doi.org/10.1080/01494929.2023.2199731>. ISSN No. 15409635, 01494929 (first online on 02.5.2023). **(W category; Impact factor: 1.3)**
- Khaliq, A. A. ., **Fatima, I. .**, & Lewis, C. A. **(2022)**. Efficacy of Intervention Program to Reduce Junk Food Consumption: A Quasi Experimental Study. *Journal of Professional & Applied Psychology*, 3(2), 257–266. <https://doi.org/10.52053/jpap.v3i2.73>. ISSN No. 2710-2785,2710-2793. (Published 30.6.22) **(Y category)**
- Rasheed, N., **Fatima, I.**, & Tariq, O. **(2022)**. University students' mental well-being during COVID-19 pandemic: The mediating role of resilience between meaning in life and mental well-being. *Acta Psychologica*, 227, 103618. <https://doi.org/10.1016/j.actpsy.2022.103618>. ISSN No. 1873-6297,0001-6918.(first online on 16.5.2022) . **(W category; Impact factor: 1.984)**
- Raza, T., & **Fatima, I. (2022)**. Religious Beliefs, Work Motivation, Risk Perception and Posttraumatic Growth in Healthcare Workers during COVID-19. *Journal of Professional & Applied Psychology*, 3(1), 15-28. <https://doi.org/10.52053/jpap.v3i1.84>. ISSN No. 2710-2785,2710-2793 (Published 31.3.2022) **(Y category)**

- Ramzan, N., Malik, F., & **Fatima, I. (2021)**. Development and Validation of Perceived Inter-Parental Conflict Scale for Adolescents. *Pakistan Journal of Psychological Research*, 36(3). 495-514. ISSN 1016-0664 (**Y category**) <https://doi.org/10.33824/PJPR.2021.36.3.27>
- Fatima, I.**, Yaqoob, S., Jamil, F., & But, A. (2021). Relationship between loci of control and health-promoting behaviors in Pakistani women with polycystic ovary syndrome: Coping strategies as mediators. *BMC Women's Health* 21, Article 356. ISSN: 1472-6874. (**Impact factor: 2.742; W category**) <https://doi.org/10.1186/s12905-021-01489-w>
- Iftikhar, M., Qureshi, M. I., Qayyum, S., **Fatima, I.**, Sriyanto, S., Indrianti, Y., Khan, A., & Dana, L. (2021). Impact of multifaceted workplace bullying on the relationships between technology usage, organizational climate and employee physical and emotional health. *International Journal of Environmental Research and Public Health*, 18(6): Article 3207. ISSN -4601. (**Impact factor: 2.849; W Category**) <https://doi.org/10.3390/ijerph18063207>
- Rubab, S. U., Qayyum, S., & **Fatima, I. (2021)**. Organizational trust, organizational identification, psychological contract breach and organizational citizenship behavior. *Psychology and Education*. 58(2). 5075-5087. ISSN 0033-3077. (**Y category**) <http://psychologyandeducation.net/pae/index.php/pae/article/view/2909>
- Malik, U., Qayyum, S., & **Fatima, I. (2021)** Physical work environment, sick building syndrome and mental health of factory workers. *Journal of Contemporary Issues in Business and Government*, 27(1). 558-591. ISSN 2204-1990 (**Y Category**) https://cibg.org.au/article_7483.html
- Yousaf, A., Kausar, R., & **Fatima, I. (2021)** Cognitive behaviour therapy with compulsive hoarding: A single case study. *Journal of the Pakistan Medical Association* 71 (1) 356-359. ISSN 0030-9982 (**X Category; Impact Factor 0.642**) <https://jpma.org.pk/PdfDownload/10410>
- Arshad, T., Kausar, R., & **Fatima, I. (2021)**. Remedying mild cognitive impairment with Cognitive Stimulation Therapy: A trial study in Pakistan. *Pakistan Journal of Social and Clinical Psychology*, 18(1). 3-10. ISSN 1727-4931. (**Y Category**) <https://gcu.edu.pk/wp-content/uploads/2021/03/No.-1-Tehreem-Arshad-Page-3-10.pdf>
- Khaliq, A. A., **Fatima, I.**, Iftikhar, M., & Alam, Q. (2020). Loneliness and aggression in adolescents living in institutionalized care. *Pakistan Journal of Professional Psychology: Research and Practice*, 11(2). 69-84. ISSN 1818-6416. (**Y Category**) http://pu.edu.pk/images/journal/clinicalpsychology/PDF/5_v11_2_20.pdf
- Arshad, T., Kausar, R., & **Fatima, I. (2020)**. Psychosocial determinants of cognitive functioning in older adults. *Journal of Liaquat University of Medical and Health Sciences*, 19(03), 208-14. ISSN 1729-0341 (**Y Category**) <https://www.lumhs.edu.pk/jlumhs/Vol19No03/14.pdf>
- Fatima, I.**, & Suhail, K. (2019). Protective factors for subjective well-being in mothers of children with Down Syndrome. *Pakistan Journal of Psychological Research*, 34 (4), 655-669. ISSN 1016-0664 (**X category**) <https://www.pjprnip.edu.pk/index.php/pjpr/article/view/428/363>

- Farooq, Z., & **Fatima, I. (2018)**. Predictors of relational turbulence in early years of marriage. *Journal of Behavioral Sciences*, 28 (1), 71-88. ISSN 1028-9097 **(X category)**
http://pu.edu.pk/images/journal/doap/PDF-FILES/05_v28_1_18.pdf
- Tabbasum, H., Farooq, Z., & **Fatima, I. (2017)**. Family conflict, perceived work overload, and work Exhaustion in employees of the banking sector. *Pakistan Journal of Commerce and Social Sciences*, 11 (1), 439-451. ISSN 1997-8553 **(Y category)** <http://jespk.net/paper.php?paperid=372>
- Naveed, A., & **Fatima, I. (2017)**. Trait forgiveness, friendship quality, and forgiveness-granting communication styles. *International Journal of Educational Enquiry and Reflection*, 1 (2), 1 – 21. ISSN 2410-2008
- Khalid, S., **Fatima, I.**, & Khan, W. **(2016)**. Types of conflicts in doctors in private and public-sector hospitals. *Annals of King Edward Medical University*, 22 (2), 139 – 143. ISSN 2079-0649 (online); ISSN 1684-6680 (print) **(X category)**
<https://www.annalskemu.org/journal/index.php/annals/article/view/1298/1008>
- Khalid, S., & **Fatima, I., (2016)**. Conflict types and conflict management styles in private and public hospitals. *Pakistan Armed Forces Medical Journal*, 66(1), 122-126 ISSN 0030-9648 (X category).
<https://pafmj.org/index.php/PAFMJ/article/view/397>
- Gul-E-Sehar & **Fatima, I. (2016)**. Dark triad personality traits as predictors of bullying and victimization in adolescents. *Journal of Behavioural Sciences*, 26(1), 51 – 65. ISSN 1028-9097 **(X category)**
http://pu.edu.pk/home/journal/24/V_26_No_1_2016.html
- Farhat-ul-Ain & **Fatima, I. (2016)**. Personal belief in a just world and self–compassion as predictors of body appreciation in individuals with amputation using and not using prosthesis. *Annals of King Edward Medical University* 22 (2), 109 – 114. ISSN 2079-0649 (online); ISSN 1684-6680 (print) **(X category)** <https://www.annalskemu.org/journal/index.php/annals/article/view/1304/1013>
- Anwar, T., **Fatima, I.** & Malik, J. **(2016)**. Risk factors of health risk behaviors in intermediate students. *Pakistan Journal of Psychological Research*, 31 (2), 347-363. ISSN 1016-0664 **(X category)**
<http://www.pjprnip.edu.pk/index.php/pjpr/article/view/319/266>
- Khalid, S., **Fatima, I.**, & Khan, W. **(2015)**. Personality Traits and Conflict Management in Bankers. *Journal of Behavioral Sciences*, 25(2), 165-182 **(X category)**
http://pu.edu.pk/home/journal/24/V_25_No_2_2015.html
- Khalid, S., Amjad, N., **Fatima, I.**, & Arshad, A. **(2015)**. Confirmatory Factor Analysis of ROCI-III. *Journal of Quality and Technology Management*, 11(1), 137-148. ISSN 1816-2185 **(X category)**
http://pu.edu.pk/images/journal/iqtm/PDF-FILES/008-Confirmatory_v_xi_issue1_jun15.pdf
- Arif, N. & **Fatima, I. (2015)**. Marital satisfaction in different types of marriages. *Pakistan Journal of Social and Clinical Psychology*, 13(1), 36-40. ISSN 1727-4931 **(Y category)** <https://gcu.edu.pk/wp-content/uploads/2020/04/pjscp20151-5.pdf>

- Ashraf, R., & **Fatima, I. (2014)**. Role of personality and spirituality in non-violent behavior in young adults. *Journal of Behavioral Sciences*, 24(1), 57-70. ISSN 1028-9097 (**X category**)
http://pu.edu.pk/home/journal/24/V_24_No_1_2014.html
- Kamran, W., & **Fatima, I. (2013)**. Emotional intelligence, academic procrastination and anxiety in intermediate science students. *Pakistan Journal of Social and Clinical Psychology*, 11 (2), 3 – 6. ISSN 1727-4931 (**Y category**) <https://gcu.edu.pk/wp-content/uploads/2020/04/pjscp20132-1.pdf>
- Husnain, S. F., & **Fatima, I. (2012)**. Perfectionism, loneliness and life Satisfaction in engineering Students. *Journal of Behavioral Sciences*, 22(3), 33-48. ISSN 1028-9097 (**X category**)
http://pu.edu.pk/home/journal/24/V_22_No_3_2012.html
- Fatima, I.,** & Suhail, K. (2010). Belief in a just world and subjective well-being: Mothers of normal and Down syndrome children. *International Journal of Psychology*, 45, 461–468. DOI:
[http://10.1002/\(ISSN\)1464-066X](http://10.1002/(ISSN)1464-066X); ISSN:0020-7594 (**Impact factor: 1.226**)
<https://onlinelibrary.wiley.com/doi/abs/10.1080/00207591003774519>
- Fatima, I.,** & Khalid, R. (2007). Some aspects of the reliability and validity of the Beliefs in a Just World Questionnaire. *Pakistan Journal of Social and Clinical Psychology*, 5, 15 - 24. ISSN 1727-4931 (Z category) <https://gcu.edu.pk/wp-content/uploads/2020/04/pjscp2007-2.pdf>

PAPER PRESENTATIONS

- Oral Presentation on “Predictors Of Resilience In Young Adults” in **4th International Conference on Social Sciences and Humanities**, from 26th -28th February 2024 held in Lahore organized by **Kinnaird College for Women: Office of Research Innovation and Commercialization**
- Oral presentation on “Cyber bullying victimization, displaced aggression and bullying behavior in social media influencers”. **International conference on peace building: policies, research and strategies. (15 and 16 March 2023)**
- Oral presentation on “Cognitive stimulation therapy: An effective approach in treating mild cognitive impairment in Pakistan”. **23rd International Psychiatric conference of the Pakistan Psychiatric society. 25th to 27th November 2022.**
- Oral presentation on “Perceived Inter-parental conflicts and adolescent psychological adjustment: Moderating role of gender” in the **9th International Conference, Trauma, Abuse and violence: Thriving for a world without torture, July 23, 2022. National Institute of Psychology, Quaid-i-Azam University, Islamabad**
- Oral presentation on “Effects of Anti-Bullying intervention plan on high school boys” in the **9th International Conference, Trauma, Abuse and Violence: Thriving for a world without torture, July 23, 2022. National Institute of Psychology, Quaid-i-Azam University, Islamabad**

- “Occupational Self-Efficacy, Job Commitment and Performance in Bankers and Teachers” **8th International Conference on Mental Health and Productivity**: The Emerging Challenges for Youth. National Institute of Psychology, **Quaid-e-Azam University, Pakistan**. (21-22nd October, 2021)
- “Development and Validation of Perceived Inter-Parental Conflict Scale for Adolescents” **8th International Conference on Mental Health and Productivity**: The Emerging Challenges for Youth. National Institute of Psychology, **Quaid-e-Azam University, Pakistan**. (21-22nd October, 2021)
- "Attachment with Mothers and Interpersonal Relationships of Married Men" **International E-Conference on Health Psychology**. Department of Applied Psychology, **Bahauddin Zakariya University, Multan**, Pakistan. (March 18th-20th, 2021)
- "Effect of an Educational Program on Junk Food Consumption in Adolescents," International E-Conference on Health Psychology. Department of Applied Psychology, **Bahauddin Zakariya University, Multan**, Pakistan. (March 18th-20th, 2021)
- “The Role of Father and Mother Involvement in Adolescent Psychological Adjustment: The Moderating Effect of Gender,” International Conference on Gender Studies. **Department of Gender Studies, University of the Punjab**, Lahore. (March 8th - 9th , 2021)
- “Personality, Self-Esteem, and Ideal Partner Preferences in University Students” 1st International Conference. Government Post-Graduate Islamia College (Women), **Cooper Road, Lahore**. (February 12th-13th, 2020)
- “Appearance-Based Testing, Social Interaction Anxiety and Quality of Life in Individuals with Acne Vulgaris” **1st International Conference**. Government Post-Graduate Islamia College (Women) **Cooper Road, Lahore**. (February 12th-13th, 2020)
- “Health, Locus of Control, Social Support, Coping Strategies and Health Promoting Lifestyle Behaviors in Young Women with Polycystic Ovary Syndrome,” **1st International Conference**. Government Post-Graduate Islamia College (Women), **Cooper Road, Lahore**. (February 12th-13th, 2020)
- “National identity, ethnocentrism and cultural diffusion in Pakistan. **1st International Conference**. **Kinnaird College for Women, Lahore**. (April 25th-27th, 2018)
- “Parenting styles, moral sensitivity, perfectionism, judgement and virtues in young adults”. **7th International Conference**. National Institute of Psychology, **Quaid-i-Azam University, Islamabad**. (November 29th-30th, 2018)
- “Personality stress and creativity in fine arts and science students”. **1st International Conference**. Institute of Clinical Psychology, **UMT Lahore**. (March 9-10, 2017)
- “Trait forgiveness, friendship quality, and forgiveness-granting communication styles among same sex friends”. 1st International Conference. **Institute of Clinical Psychology, UMT Lahore**.
- “Psychometric properties of the teenage Non-Violence Test”. **International Conference on Peace, Conflict and Violence**. Department of Humanities, **COMSATS, Lahore**. (November 29-30, 2017)

- “Psychological distress, Anxiety and depression in active and passive smokers” **International conference Health and Well-Being**. Department of Applied Psychology, **LCWU, Lahore**. (December 11-13, 2017)
- “Emotion self-disclosure and fear of intimacy in newly married women”. **1st International conference (ICCTP-2016)**. **Bahauddin Zakariya University Multan**, (31 March 2016)
- “Personal belief in a just world, self–compassion and Quality of life in individuals with amputation using and not using a prosthesis. **One-day conference on Islamic traditions in Psychology**. **Lahore School of Management**, (5 March 2016)
- “Emotion regulation and psycho social well-being in social workers”. **14th International Conference of Psychology**. **University of the Punjab** (19-21 March 2015)
- “Rumination, self-compassion and stress in women living in shelter homes”. **14th International Conference of Psychology**. **University of the Punjab, Lahore** (19-21 March 2015)
- “Internet addiction and Psychological well-being in undergraduate students,” **14th International Conference of Psychology**. **University of the Punjab, Lahore** (19-21 March 2015)
- “Perceived parenting styles and assertiveness in college students. **14th International Conference of Psychology** in the **University of the Punjab, Lahore** (19-21 March 2015)
- “Patience and psychological well-being” presented in the **International Conference of Clinical Psychology** held at the **Center for Clinical Psychology, University of the Punjab** (2 – 3 April 2014)
- “Indigenous sources of academic stress in intermediate science students, **ACAP, Singapore** (7 – 8 May 2014)
- “Role of Dark Triads and empathy in bullying” presented in **the International Conference of Social Psychology** held at **Government College University, Lahore** (20- 21 May 2014)
- “Psychosocial and personality factors in economic decision making”. Presented at the **28th international congress of applied psychology-ICAP 2014, Paris, France** (8 – 13 July 2014)
- “Role of work experience in present organization and Personality in conflict management styles at workplace” presented in the **International Research Conference on Business, Economics, and Social Sciences, IRC** in **Istanbul, Turkey** (September 21 – 22, 2014)
- “Persistence for short-term goals in high school children” presented at the **18th National Research Conference (SZABIT)** held at **Shaheed Zulifqar Ali Institute of Science and Technology in Islamabad, Pakistan** (January 16, 2014)
- “Predictors of persistence in high school children” was presented in the **Kinnaird Multidisciplinary Research Conference (KMRC 2013)** held at **Kinnaird College, Lahore, Pakistan** (November 18 – 19, 2013)
- “Belief in a just world and subjective well-being: Mothers of normal and Down syndrome children” presented at the **International Conference arranged by the Department of Psychology, GC University, Lahore, Pakistan** (2009)

- “Belief in Just World and Subjective Well-being” in Mothers of Children with Down Syndrome”
presented at the **12th Biennial Conference of the International Society for Justice Research** in
Adelaide, Australia (*August 14, 2008 – August 17, 2008*)